

MARTLESHAM MONTHLY

incorporating
THE TALKING MARTLESHAM
MONTHLY
**SEPTEMBER
2003**

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Latest copy date is the 18th of the preceding month. Please e-mail contributions to:- martmonthly@tesco.net or deliver your copy to the editor, or to Paul Firman or Fred Hunter (2 Ravens Way), preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number.

Contributors are also requested to limit their articles to approximately 250 words. This is being done in an effort to limit the number of pages of text in the Martlesham Monthly.

**MARTLESHAM MONTHLY
ONLINE**
www.martlesham.org.uk

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

TALKING MARTLESHAM MONTHLY

The Talking Martlesham Monthly is a free audio tape version of the text of the printed 'Monthly' and is available free of charge.

If you or someone you know has impaired vision and would like to receive a copy of the tape, please contact John Tyler on 612736.

POLICE

Community Police Officer
PC Ian Rafferty

In case of emergencies please always call 999. In non-emergency situations call the main switchboard on 01473 613500; you can also contact PC Rafferty on the following numbers for non-urgent matters:
Office—01473 383487
Mobile—07810 654145
E-mail—ian.rafferty1@ntlworld.com

"MUSIC ON THE GREEN"

I am very pleased to be able to tell you that we will be giving cheques for £900.00 to both St Elizabeth Hospice and Guide Dogs for the Blind, as a result of the money raised from Music on the Green 2003.

Many thanks again for your great support this year. Watch out for next year's date in Martlesham Monthly, or visit www.musiconthegreen.com.

Many thanks again to our sponsors : Howard Plant, Douglas Bader, Red Lion, Chalk and Cheese, Martlesham Developments, Martlesham Body Repair, BT exact, Ryan Insurance Group, GMA Warehousing & Transport Ltd, The Property Gallery, The Martlesham Monthly and The Suffolk County Council Locality Budget.

The Music on the Green AGM will be held at The Pavilion on Friday 3rd October 2003 at 8:00 pm.

Paul Firman
Chairman

MARTLESHAM PARISH COUNCIL

New Parish Councillors

We were pleased to co-opt two new councillors at the August meeting: - Mrs Jan Dooley of Burgess Place and Mrs Catherine Farquharson of Dealings Road. They fill the two vacancies and bring the Parish Council up to its full complement of fifteen councillors.

Grants

Any parish organization or society that may need financial assistance from the parish council next year (2004/05) should obtain an application form from the Clerk and submit the completed form and supporting information to the Parish Clerk by 18th November. The November meeting of the council's Finance & General Purposes Committee will be considering all such applications as part of its budget preparations.

Budgets

The parish council will soon be preparing its budget for next year culminating in deciding its precept (i.e. money collected via the Council Tax) in December or January. The council tries to keep any increases to a minimum but with the ever increasing cost of providing the services this will be very difficult. A particularly large expenditure is on land maintenance and this will be reviewed as the current three year contract ends in March and tenders for a new contract will have to be obtained. If you have any comments about the parish council's work and expenditure please write or e-mail them to the clerk as any comments or suggestions will be useful when the budgets are being prepared.

Working Parties

There are often a number of tasks needing to be undertaken that can be safely carried by volunteers. It has been decided to have a monthly working party on the last Saturday each month when parish councillors and any other volunteers will be carrying out these tasks. Volunteers are most welcome; if you are interested please contact the Clerk for further details.

Volunteers are most welcome and if you are interested please contact the Clerk for further details.

Play Areas

The four play areas in Martlesham (Harry Higgins, Centenary, Jubilee and Recreation Ground) are all maintained by the Parish Council. There is an inspection twice a year by an expert inspector and frequent inspections by some councillors. Any faults or repairs are undertaken as soon as practicable to ensure that all equipment can continue to be used safely. If you see any broken or damaged equipment please tell the Clerk as soon as you can so that repairs can be arranged.

Park & Ride

Contact details for day to day site issues - Ian Richardson - SCC site representative at the site office 01473 636951; all other matters - Simon Curl 01473 583031 (at County Hall).

Meetings

- * Parish Council - Wednesday 3rd September and 1st October
- * Development Plans Committee - Wednesday 8th September
- * Recreation & Amenities Committee - Wednesday 15th September
- * Finance and General Purposes Committee—Wednesday 22nd September

All meetings are at 7:30 pm in the Parish Room, Felixstowe Road but please check the notice boards for further details of the above and other meetings.

All meetings are open to the public and there is an opportunity at Council meetings for residents to ask questions or make comments to the council.

Contacting the Council

In writing to the Clerk, Martlesham Parish Council Office, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

Telephone or fax 01473 612632 via any councillor.

E-mail: martleshampc@btclick.com

Laurence Burrows - Chairman

MARTLESHAM IN BLOOM

Garden Competitions

Thank you to the many people who have entered our competitions this

year; the gardens were all colourful, interesting and to a high standard.

The results will be announced with presentation of cups and certificates at:-

THE MARTLESHAM IN BLOOM PRESENTATION EVENING

Tuesday 23rd September

**8:00 pm
the Pavilion,
Martlesham Heath**

The evening will also include refreshments, raffle, quiz, bring & buy sale, photographs of all entrants gardens and a short slide show.

All welcome.

If you would like information on the above or any Martlesham in Bloom activity please contact:- J. Maureen Burrows (Secretary), 17 Squires Lane, Martlesham Heath, tel. 01473 625196.

MARTLESHAM COMMUNITY COUNCIL

(Registered Charity 273769)

Progress of Community Projects

Plans have been drawn up for the proposed replacement village hall and changing rooms adjacent to Martlesham Recreation Ground and a planning application will be made soon. Outline planning permission has been sought from Suffolk Coastal District Council for the Sandlings Sports Hall.

If anyone would like to find out more about the projects, you are welcome to come along to a committee meeting (second Monday of the month) – please contact Jackie on 623007.

Fund Raising

We have been steadily raising money from a variety of events this year. We have some big ones coming up so please support your community council!!

* 28th September is confirmed for a sponsored walk round the

Martlesham Circular route using the Red Lion as a base. This will be a 50/50 walk with 50% to MCC projects and 50% to a charity of the walker's choice if you register before the day. Registration will be £2 per sponsor form from Dave Green (625080), Jackie Bear (623007) or any MCC committee member. Alternatively you can just turn up on the day and pay £5 per person or £10 per family and have a nice day out exploring some lovely local countryside and attempting the wickedly devious treasure hunt clues (actually they are not too hard!). Prizes for the winners (time will count if too many get 100% correct answers!). Registration fees on the day will all go to MCC community projects. **Note you must register at the Red Lion on the day between 10:30 am and 12:00 noon and be back by 16:00 pm.**

* 31st October confirmed for a house-house collection. This is our big fund raising chance and an opportunity to communicate more about the projects that are progressing on your behalf. **WE NEED YOUR HELP!!**

If you can help, please contact Jackie Bear on 623007 or e-mail at jacque.bear@btinternet.com. We still need volunteers to collect in the Viking Heights, Main Rd, Felixstowe Rd, Sandy Lane areas and also Bradford Court, Denham Place and Cresswell Court.

* 18th October in the Community Centre, Giant Jumble sale. Please start collecting and hoarding your jumble – details in next month's Martlesham Monthly.

Dave Green (MCC scribe), dave.green@btinternet.com

MARTLESHAM W.I.

The subject for the meeting on September 19th has had to be changed and will now be "Volcanoes and Earthquakes", with the speaker being Mrs Sulch.

Mrs S Harris

Martlesham Consultants Ltd

A message to all residents of Martlesham Heath -

Do you like living on Martlesham Heath?
Do you appreciate the open space and general environment?
Do you enjoy the special character of the Village?
Do you or your family take advantage of the sporting and recreational facilities provided in the Pavilion, the Control Tower, or on the Green?
Can you offer a little time to help to look after Martlesham Heath?

MCL needs your help.

Many of you will know that MCL is the company that owns and manages land in the village that belongs jointly to all of the property owners on Martlesham Heath. It contributes to the Village by looking after land and buildings, and works with other groups to provide resources for the community.

MCL is run by volunteers, but at present, there are not enough people willing to give a little of their time to keep MCL going. The work is not difficult, is suitable for adults of any age, and is an opportunity for people to put something back into the community.

Unless more volunteers come forward to spend some time as a Director of MCL, or help to manage the land that we own, it is inevitable that MCL will have to go out of business, and the land and other assets be given to a local Council.

If you believe that Martlesham Heath is a special place and can contribute some time to help to keep it that way, then please get in touch.

Please contact the MCL office on Ipswich 61 2207 or e-mail on mcl.mh@btinternet.com

MARTLESHAM CONSULTANTS LIMITED

Looking After Our Village

The time of year is approaching when we shall need to think about the annual tree surgery programme. If members know of trees that they believe may be dangerous, are restricting footpaths or are hazardous in any way would they please either write to MCL, e-mail or telephone. MCL engages the services of a professional tree surgeon for this purpose who is able to advise on necessary remedial action. This work is very costly and the first priority has to be safety but all suggestions from members are welcome and will be given consideration.

Every year MCL charges its members a maintenance fee for grass cutting and tree surgery etc., on the land that we own. Unfortunately some members fail to pay this small charge, even after repeated reminders. We do not believe this is reasonable and will, with regret, be taking legal action against a number of residents who have significant outstanding debts.

We intend to follow up all cases of unpaid maintenance charge. Please help us to keep down the cost and work involved in raising funds to look after our village by paying your maintenance fee promptly.

Voicemail 01473 612207.
E-mail - mcl.mh@btinternet.com

HANGING BASKETS IN THE SQUARE

Have you seen the hanging baskets in the Square this year? They are certainly worth a look. They are brilliant and all due to the hard work, loving care and regular watering by Elizabeth French. Well done Elizabeth, you have done a great job. If you wish to see photos of the baskets taken by Elizabeth, visit www.martlesham.org.uk.

Paul Firman

Tenders sought for contract for litter picking

Martlesham Parish Council invites interested parties to quote for collecting litter in a number of locations within the parish.

The successful contractor would clear litter from the Centenary Playspace and adjacent football pitch and the Harry Higgins Play Area twice a week.

The successful contractor will be notified by 8th December 2003 and the contract will commence on 1st January 2004.

Further details of the work involved and the tendering process to be adopted can be obtained from the Clerk in writing at: Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB or by telephone/fax on 01473 612632 or by e-mail at martleshampc@btclick.com.

Written quotations to be received by **10th November 2003**, at the above address.

MARTLESHAM VILLAGE PRODUCE ASSOCIATION

Fifty-five classes for adults plus children's classes means that there is plenty of scope for everyone to 'have a go' this year in the MVPA Autumn Show. Whether your forte is vegetables or flowers, or if you have a penchant for jams, preserves and cakes, or if your artistry takes you to flower arranging or photography, there is almost certain to be an area in which you can join in, with an exhibit to display your skill and at the same time give pleasure to those who come simply to admire your efforts.

Certainly the annual shows are very enjoyable affairs. Competitors and visitors alike comment on the Martlesham VPA shows as being, above all, enjoyable and friendly.

Schedules are available from Bernard Ward, 17 Whinfield (tel. 626918) or Stan Harris, 36 Black Tiles Lane (tel. 623427)

Entry is free and there are cash prizes and cups to be won. For the first time we have a garden competition (details in schedule).

The judges come to view your garden in the week prior to the show (no later than Wednesday 17th). All you have to do is complete an entry form and return it to Bernard Ward by Saturday 6th September.

Martlesham Village Produce Association

AUTUMN SHOW

Saturday 20th September 2003

St. Michael's Church Centre
Martlesham Heath

2 pm – 4:30 pm

Admission 50p. Children free.

Auction of produce at 4:30 pm (approx.)

Our winter programme of meetings start on 12th September in the Richards Room at 7:30 pm with our President Mrs Betty Darke telling us all about 'Going native in Australia' (I'll say no more about this topic!) followed by a cheese and pickle supper. Then on 26th September, Mrs M. Edwards has 'Your garden as a source of floral decoration' as her subject, which should be of special interest to the ladies. Programme cards giving full details of all our meetings are available on request from Mr Douglas Steggle (tel. 610148), our membership secretary, or myself. Visitors are most welcome.

Stan Harris

Chairman

Tel. 01473 623427

MARTLESHAM & DISTRICT FLOWER CLUB

On a beautiful sunny afternoon several members and friends enjoyed the Garden party at 25 York Road, Martlesham Heath, by kind permission of Mr and Mrs Newton, and Mrs Sheila Woods. Cream teas were served, and as well as the usual plant, cake, tombola and bric-a-brac stalls, people were able to just relax in the sunshine. The funds raised will be shared between the club and St Elizabeth's Hospice.

Our demonstrator for September will be Mr David Thomson and he will be demonstrating "Stage and Screen", and the competition will be an arrangement to

illustrate a show title.

Tickets for the Open meeting on October 15th are available now. We have Mrs Christine Picton, a National demonstrator, for that occasion. Tickets are £8.50 which includes lunch.

The club meets at St Michael's Church Centre, Martlesham Heath on the third Wednesday of each month at 2:30 pm. Annual subscription is £10.00 with visitors welcome at £2.00 per session. There is a plant and flower arrangers stall at each meeting.

Ruth Mellen 01473624401

MARTLESHAM HEATH W.I.

August is the holiday month for many people, so we took the theme of the seaside for this meeting. The raffle prizes were all things like suntan lotion, a bathing cap, books to read, etc., refreshments were ice-cream cornets and the competition, a shell, and a talk on Punch and Judy.

We had a short business meeting and then settled down to enjoy Mr Peter Battey and his Punch and Judy show.

Mr Battey is now working full time with his show and gave us a most entertaining and instructive evening. From three large bags of equipment, he created a full size puppet theatre explaining as it was built up so that all the puppets etc. were ready for the puppeteer to use.

Mr Battey has made all his own puppets, carving them from the traditional limewood. They were all beautifully painted and the ease with which Mr Battey manipulated them was so clever. There was Punch, Judy, the baby, Policeman, Crocodile, the clown, the hangman, everyone but Toby the dog. Mr Battey gave a performance of one of the Punch stories during which we enjoyed ourselves booing and cheering, we hope at the right place. It was a great evening.

We are always happy to have visitors. Our next meeting is on September 8th at 7:45 pm at the Pavilion, so please come along and join. Ring me on 01473 626885.

Mrs Olive E Smith

MARTLESHAM LADIES CLUB

For our Coffee Morning last month we were blessed with warm and sunny weather, and we are pleased to announce that we raised a healthy £502 for CLIC, our chosen charity for this year.

We were introduced to Michelle Gray, The East Anglian fund raiser for CLIC who kindly drew the raffle despite having to depart for her holiday that afternoon. Michelle thanked all those present for their support, assuring us that all monies raised would go to help fund local ancillary staff who assist children with cancer and leukaemia.

Our Chairman extended a big Thank You to Robert and Rita Dunnett for the use of their lovely garden for the occasion, while not forgetting those who helped so diligently to make the morning a resounding success.

To all of you who supported us in any way, by donations or attendance, we extend our thanks, without you there would not be a coffee morning!!

On the evening of August 14th, thirty members enjoyed the annual Mystery Tour which was combined with our Summer Dinner this year. Departing from various pick-up points in Martlesham with Mr Nicholls, our courier on board, we visited many local places where there had been sightings of ghosts and ghouls and where strange happenings had been reported, this included Tangham Forest of UFO fame! Each place had its own mysterious story related by our admirable guide. We then repaired to the Kings Head at Woodbridge where we enjoyed an excellent meal in their dining room before boarding the coach for our homeward journey. Our sincere thanks go to Beryl Dyer for doing all the arranging through Gemini Coaches, and once again coming up with yet another gem of an outing.

Rita Smith

MARTLESHAM MOTHERS' UNION

There was no official MU meeting during August but we held our annual Wave of Prayer Service at St Mary's Church on Wednesday 23rd July. This is the time when we remember particularly those overseas MU groups linked with our own Diocese of St Edmundsbury and Ipswich. They are Mount Kenya Central, Mount Kenya West, Mount Kenya South, Kirinyaga and Thaka also in Kenya, Windward Islands in the West Indies and Ballarat in Australia. We heard a little about work being carried out in all these places and prayed for all those involved in them. We all stayed for tea and cakes and this time we were actually able to sit outside to enjoy them!

Our new season starts on Wednesday 2nd of September when the speaker will be Marianne Fellowes who is the Domestic Violence Officer, serving with the Suffolk Constabulary. Everyone is welcome, and if you are not already a member of MU then now is a good time to come along and find out more about us.

Our hearts and prayers go out to Ruby Howard, our longest serving member, whose husband Paddy died at the end of July. Please also remember Olive Smith, Lillian French, Nesta, Ena, Doreen, Ethel, Brenda and Peg in your prayers, together with any others you feel need our support.

A thought for the month; without the rain there would be no rainbow!

GOD BLESS
SHEILA SMITH

CALLING ALL MUMS...

The next meeting of the Mums' Club will be held on Tuesday 9th September, 12:45 to 2:30 pm at St Michael's Church Centre, Martlesham Heath.

Lunch will be served around 1:00 pm followed by a discussion led by our local policeman, PC Ian R a f f e r t y o n i s s u e s

affecting children.

All mums, babies and toddlers are welcome to join us. For more details please 'phone Sue on 624130.

MARTLESHAM "WIVES" GROUP

Our next meeting is at 8:15 pm on Monday 22nd September at Elaine's, 4 Mayfields - 01473 622269.

"Stories about Eastern Angles" a talk by Penny Griffin, their Stage Manager.

New members are always welcome (marital status immaterial!) - contact Jenny 01473 626253.

MARTLESHAM HEATH BLOOD DONOR SESSION

A session is to be held in the 1st Martlesham Scout H.Q. on Wednesday 10th September at the following times:
1 - 3:30 pm and 5 - 7 pm.

Are you interested in becoming the Local Organiser for Martlesham Heath? I am 'retiring' at the end of this year after sixteen years in the role. If you are interested and want more information please phone me on the number below. Kathy Greenhow (Local Organiser) 01473 623367

MARTLESHAM HISTORICAL SOCIETY

The speaker at our August meeting was the local historian and author Robert Malster. His subject was "Is there history in Ipswich?" and clearly there is because the evening opened with details of Iron Age occupation followed by the Romans, Saxons, Danes and Normans and when the meeting drew to a close we had only reached the period when the Borough was granted its Charter by King John - in May of the year 1200!! So there is obviously a lot more to come.

Our next meeting will be held on Tuesday, October 14th in St Michael's Church Centre at 8 pm. The speaker will be Mr George

Paul of the Mattings family who will speak on "The History of a Family Firm". All are welcome and admission is £1.00.

John Tyler Hon. Secy. Tel. 01473-612736

MARTLESHAM HEATH AVIATION SOCIETY - www.mhas.org.uk

An evening visit replaces our August meeting and this year we visited the museum of the 93rd USAAF Bomb Group at Hardwick in Norfolk. On Friday 1st August 55 members boarded the coach for the journey to Hardwick, which is between Diss and Norwich.

The exhibits are displayed in three Nissen huts and were collected by a small group of keen volunteers. One hut is dedicated to the Eighth Air Force and includes many artefacts and pieces of aircraft recovered from various digs in the area.

The RAF is commemorated in the second hut, together with the American 93rd Bomb Group, who were based here from December '42 to June '45, flying various marks of B24 Liberators. They were the oldest B24 Group in the Eighth Air Force and flew more missions than any other Bomb Group in the USAAF.

Although never based at this airfield, the third hut depicts the history of the 489th Bomb Group, who also flew B24's, but from their base at Halesworth.

A short distance away on the old airfield the P51 that gave us a flying display last September is stored. Maurice Hammond, who owns the restored Mustang and piloted it last year, kindly opened his hangar for us to view the P51 and the other 'planes that he owns. These included a North American Harvard, a Cessna 172 and a Lazer 200.

The party afterwards visited a local pub for refreshments.

Our next meeting will be held at the Community Hall on Friday, 5th September. Mr Mike Ferrer is scheduled to give an illustrated talk about the role of the

helicopters servicing the North Sea oil rigs.

Alan Powell 622458

MARTLESHAM HEATH AVIATION SOCIETY - OPEN DAY, 14TH SEPTEMBER

Martlesham Heath Aviation Society are again holding an Open Day and the date is September 14th. There will be a display by a Spitfire of the "Battle of Britain Memorial Flight" and we are pleased that we have once again obtained the promise of an aerobatic display by the Yak 52 that many on the Heath saw last year. The two Boeing Stearman biplanes will also again be overhead and maybe we will have other light aircraft over to "give us a look".

Come and have a really enjoyable day. Judging by our previous efforts the atmosphere will be great and we are sure that everyone will have a good time. Look over the Control Tower Museum and enjoy the static military vehicle and vintage cars as well as the many stalls and refreshment facilities that will be present.

Alan Powell 622458

NATIONAL OSTEOPOROSIS SOCIETY

Local Group

Our Group activities for September include -

* Saturday September 6th, 10 am to 12 noon - Coffee Morning at Old School Room, Old Market Street, Mendlesham. Bring and Buy, cakes, plants, books, tombola, raffle, etc., etc. For further information ring Peggy on 01449 766432.

* Thursday, September 11th, 1:30 pm - Group walk - venue to be confirmed. Contact Anne on 01394 382534 or Olive on 01394 420489.

On Thursday October 2nd at 7:00 pm our Annual General Meeting will be held at Ipswich Hospital Post Graduate Centre. As well as the usual business of an AGM there will be refreshments and a talk by Sonia Stephenson, Senior Nurse, on Developments at Ipswich Hospital with special reference to Osteoporosis. All are invited.

RDP PARTNERSHIP ON THE MOVE - BUT ONLY JUST!

Many years ago my grandparents sold their house and bought the house next door. We are following in their footsteps by moving our office all of 15 yards from number seven to number six The Square. RDP Partnership have shared the offices of Fraser-Hann Financial Services since October 2001. The old Lloyds Bank building gives us much needed space for expansion and we are delighted to be able to stay within Martlesham Heath.

If we can help with help with all your accountancy and tax requirements please give me a call on 612299.

Simon Lasky

LOCAL PROJECT MEETING LOCAL NEEDS

L'Arche is an international charity that provides homes for people with learning disabilities. The next house/home will be in Ipswich.

If you would like to know more, please come along to our open day on Sunday 21st September at 12:30 pm at St Joseph's College, Belstead Road, Ipswich. A buffet lunch will be provided. To help with numbers for catering please contact: Elizabeth Serpell—tel. 01473 724336 or e-mail elizabeth.serpell@btinternet.com.

MARTLESHAM BRASS

During the summer Martlesham Brass held a concert and awards evening in St Michael's Church Centre, Martlesham Heath. Trophies were awarded from each of the four sections of the band to the players the bandleaders felt were most improved over the last year.

The results were as follows:

Most improved beginner: Bill Bell Runner up—Rachel Smith Lyte

Most improved preliminary: Stefan Noble

Runner up—Joy Porter

Most improved intermediate: Melissa Hawkins

Runner up—Jonathan Nichols

Most improved main band player: Michael Ixer

Runner up—Simon Chalklen.

The prestigious award of 'band

person of the year' was awarded to David Hindmarsh.

During September, Martlesham Brass are out and about with appearances at Sutton Country Fayre on Sunday 7th, Martlesham Heath Aviation Society's annual event at the Control Tower, Martlesham Heath on the 14th and Norwood Nursing Home in Middleton on the 21st.

Our Alternative Talents evening is on 27th September.

Martlesham Brass' 7th Birthday Concert is being held on Saturday 4th October at 7 pm in Martlesham Community Centre. For tickets please telephone 01473 611578.

If you would like to know more about Martlesham Brass please visit our website at www.martleshambrass.btinternet.co.uk or telephone our band secretary, Nicol, on 01473 404472.

Alison Eyley

MARTLESHAM BOWLS CLUB

Over three quarters of the bowling season has gone, the last quarter will go even quicker.

There was no winner for the Thurlow Cup this year as there wasn't enough support. It has been postponed. The committee hope to rearrange the match for 13th September at 2:00 pm. Harry and Joan also had to cancel a friendly match for lack of support.

The committee have placed an order for a new machine to help to improve the green. It is a four in one doing everything, but cut the grass.

Was Sunday 9th August the hottest day of the year? The bowlers who turned up to play in the Keen Cup thought so. Two ends were left off in each game to make it easier. The winning team was Kelly Shannon and Ernie Brooks, second were Susan Golding and Peter Gorham. On this day Tony Cooper distributed his largesse - the prizes for the 100 club.

September is the month for the Lads and Lassies, Wednesday 3rd. On Sunday 7th it is the Cyril Marsh Memorial Shield. After that

there is only talk of past success and future hopes.

Linda Brown our secretary can be contacted on 01394 384698.

Jack Cot

THE RED LION MARTLESHAM

Chocolate and Cheese Launch

From Thursday 18th September for three weeks we will be giving our customers the chance to have a little chocolate treat to end their meal. We will have a choice of Belgium chocolates from Les Chocolats Belges in Woodbridge for sale as a dessert or after meal treat. On Thursday 9th October Neville Stein from Les Chocolats Belges will be giving a 'Chocolate Talk' with tastings too!!! Please call Jane on 01394 382169 to book a table. To complement this we are launching our Cheeseboard which will offer a choice of good quality classic cheeses for you to choose from, at your table. Take advantage of this classic service after your meal or as a lunch time treat.

Sponsored Walk

On Sunday 28th September we will be hosting the Martlesham Community Council's Sponsored Walk. Registration will be £2 per sponsor form or you can turn up on the day for £5. Here at the Red Lion we are passionate about local projects that help the community and would like to offer the returning walkers (hopefully all of them!!) a free bowl of soup and a roll. It would be great to see as many people on the walk as possible, it should be fun day. Please call Jackie Bear on 01473 623007 for a sponsorship form.

MARTLESHAM LEISURE JUNIOR SQUASH

With the new squash season fast approaching Martlesham Leisure are entering a junior team in to the Suffolk and District junior league. This is the first time for a few years that we have been able to and I would like to thank all the parents for their support. I would also like to thank Harvey MacIntyre of MacIntyre Transport Ltd for his sponsorship of the team. The team will be

chosen from the following squad of players, Ashley Scott, Alex Johnson, Dan Gardiner, Jon Ward, Josh Hewitt, Marcus Bennett, Tom Gray, Tom Harvey.

Dave McConnell

MARTLESHAM COMMUNITY COUNCIL presents...

Annual sponsored walk around the Martlesham Circular route.

Sunday 28th September 2003

Registration at the Red Lion from 10:30 am—12 noon

CIRCULAR 7KM WALK

Bring good boots if wet
Not suitable for pushchairs
Lots of short cuts if you are tired and 2 pubs!
Treasure Hunt with prizes!!

Bring the family! Treasure hunt quiz with prizes!

2 Options: - Register before the day for £2 and raise money for your favourite charity with 50% to MCC or

- Turn up on the day (£5 per person or £10 per family money goes to MCC community projects)

Registration and sponsor forms obtainable from Dave Green (625080), Jackie Bear (623007) or any MCC committee member.

MCC is a registered charity—
Registered Number 273769

LEISURE LEARNING

Indian Head Massage & Meditation

Learn to relax and help others relax by enrolling on one (or both) of the following courses:

Indian Head Massage

Learn simple techniques to use on family and friends to help them reach a deep state of relaxation. No oils used and no need to remove any clothes!!

Venue - Dumbarton Hall, Humber Doucy Lane, Ipswich

Time - 9:30 am – 11:30 am

Venue – Kesgrave High School, Ipswich

Time – 7 pm – 9 pm

Date - Both courses commence Thursday 18th September 2003

for 8 weeks

Meditation

Learn a simple method of meditation which, when used on a daily basis, can help you feel less stressed, more confident, less tired and you could find that your work performance and general health improve.

Venue – Dumbarton Hall, Humber Doucy Lane, Ipswich

Time – 12 noon – 1:30 pm

Date - Thursday 18th September 2003 for 5 weeks

Venue – Kesgrave High School, Ipswich

Time – 7 pm – 8:30 pm

Date - Monday 15th September 2003 for 8 weeks

TO ENROLL, please contact Leisure Learning Suffolk College 01473 343666, or for more information please phone Susan Denny on 01473 622974 or e-mail susandenny@ic24.net.

SPEAKERS OF FELIXSTOWE

Last year Steve Roche appeared on BBC TV's "The Weakest Link" and using his communications skills became the biggest ever winner...

What you may not know is that Steve trained with "Speakers of Felixstowe", gaining the Basic and Advanced certificates and going on to become Club Secretary and President. The skills and confidence gained have been of inestimable value to him personally, socially and in business. In recent years he has developed an acting career that spans classical theatre, film extra work and stand-up comedy. Steve now works as a therapist and life coach, often helping people to build their confidence in public speaking.

Come along to a Speakers of Felixstowe demonstration evening at Felix Hall, 8 Gainsborough Road, Felixstowe at 7:15 pm on Wednesday 24th September, and see how Steve learned to speak with such confidence on a wide range of topics. Members of Speakers of Felixstowe will give several short demonstration speeches which will receive immediate feedback from more

experienced members to help improve performance.

You can do it too! If you would like to make a start at being more confident at any level of speaking, be it a wedding speech, chairing a meeting or an interview situation, then please come along or phone Mike on 01473 623918 or Elaine on 01473 729867, or e-mail: felixstowe.speakers.club@btinternet.com.

Mike Saucedo

MARTLESHAM CHRISTIAN FELLOWSHIP

Calling all parents!!

A big Thank-you to all parents who supported the recent Holiday Club held jointly with St Michael's Church. Numbers were not large, but there was great enthusiasm as John Hardwick from Cambridge shared lively songs and Bible stories with the children. There was also lots of interesting craft produced, over the 4 days. Watch this space for details of next year's event!!

Sunday schools in both Churches recommence this month. With so many negative influences affecting our young people, why not take the opportunity of allowing the teachings of the Bible to bring some moral strength into the lives of your children.

"Sunspot" begins at M.C.F. on 7th September (ring Di Russ on 625290 for details).

In our Sunday Morning Services in September (10:30 am) we will be focusing on the life of Daniel.

On Wednesday 3rd September we will also be commencing "House Groups". These will be weekly sessions for Prayer, Praise and Bible study, based on the book "The Purpose Driven Life" by Rick Warren.

Other Fellowship activities include:

* Tuesday Circle – 9th September at 2:00 pm.

* Ladies Bible Study – Commencing Wednesday 3rd September at 10:30 am and weekly thereafter. Open to all ladies.

* Mums and Toddlers - Thursday 4th September at 10:00 am.

* Thursday Youth Club – commencing early September (ring Hannah or Grant on 01473 726535 for information).

More details of the Fellowship and its activities can be obtained from Julia Faulkner 625482, or John Mellen 624401.

It's

QUIZ NIGHT

at

**St. Michael's Church Centre
on
Saturday 6th September 2003**

**Come along and make up teams
of six**

**ENTRANCE £3.00 including a
"Baked Potato" supper.
Tickets available from Lewis
Currie 625320,
Monica Twaits 623194,
or St Michael's Centre between 10
am and 12 noon**

THOUGHTS FROM YOUR PARISH CHURCH

Have you ever wondered what is the role of a 21st century missionary?

We support Andrew and Camilla Symes who work in South Africa. Andrew, whose family-farm in Martlesham recently sent some information to give you an idea of the work God has called them to do...

Beatrice lives in New Brighton Township in the Southern Cape. She is always well turned out in bold primary colours and although she looks a bit stern, she has a lovely smile which shows the corner of a gold tooth. Beatrice cares for people with HIV and Aids and this is why:

"I had three daughters. One is dead as a result of Aids, the other two are both infected. I have three grandchildren, the youngest is three and the oldest eight. All three are HIV+."

Beatrice knowingly risks HIV infection by nursing people dying of the disease without gloves or medical equipment because the desire to help and minister to the suffering is stronger than her concern for herself. She and the group she works with have put themselves at God's disposal on His terms. They overflow with compassion, sitting up all night and praying with the dying, working for no reward, living with soiled sheets soaking in bleach in their kitchens and the orphans of other people in their homes.

Without help, Beatrice and her little group will be swamped by the epidemic. Andrew and Camilla have seen this happen many times which is why they started the Barnabas Trust. This organisation currently helps 28 groups to set up structures that will help them form their own strong community organisations.

It is a slow, patient two year process, but once trained, well run and registered, they will be eligible for Government help. They can then train more volunteers, spread the load and help even more.

However, this is only one aspect of the type of work God is calling Andrew and Camilla to undertake in South Africa. If you would like to hear more, there will be an opportunity to meet them when they visit in December.

BRIGHT STARS FUN AND PRAISE!

From September, Bright Stars will be shining on a new day!

For some time now, we have realized that our regular Thursday morning spot clashes with the Parent and Toddler Group at the Christian Fellowship. So, for a trial period starting on 8th September, Bright Stars will move to **Mondays**.

We would like to invite all carers of babies, toddlers and preschoolers to a service specifically aimed to make children's worship fun and exciting. Our half hour services will be held on the **2nd and 4th Mondays** of each month (during term time), starting at 10:30 am at St Michaels Church Centre. The service is followed by refreshments.

We look forward to welcoming
you!

The dates for the first three services after the Summer Holidays are:

8th September

22nd September

13th October

For details call Pauline 01473
625061 or Liz 01473 625617

**St. Michael's Church
Centre is open daily on
weekdays from 10 am—
12 noon for tea , coffee,
information, etc. Why not
drop in to meet friends old
and new?**

For further information contact:
Julia Faulkner (625482), or John
Mellen (624401).

MARTLESHAM HEATH PAVILION

Did you know that there are regular meetings and activities going on in the pavilion for at least 24 hours each week?

Each week there are –

- Bader Court coffee mornings
- Weightwatchers meetings
- WI market
- Tuesday Games Club
- Brownies
- 4 Parent and Toddler sessions
- Yoga classes
- Youth Club

Every two weeks there are –

- Cross-Stitch classes

Every month there are -

- WI meetings
- Police surgeries

Occasionally there are -

- Woodbridge Model Boat Club meetings
- National Childbirth Trust classes
- Childminding Group meetings
- Martlesham in Bloom meetings
- Conservation Group meetings
- Village Produce Association meetings

During the summer there are –

- cricket matches

Did you know that there is some time available if you want to start a new club or society? For more information on any of these, please contact Paul Firman on 01473 622874

MUSIC ON THE GREEN

Sincere thanks to all those people who baked and gave cakes for the refreshment stall in St Michael's Church Centre. Every one was appreciated, Also a big thank you to all those people who worked so hard in the kitchen that day. It was a tremendous success and very happy occasion. Thank you.

Monica Twaits

It's

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HOLIDAY CLUB

**Tuesday 12th – Friday 15th
August 2003 – 'Out of the
Toybox'**

The Martlesham Church holiday club for all primary school aged children will be an event with a difference this year! As always there will be music, stories, and fun activities, but this time the Parish Church and Martlesham Christian Fellowship are running the event jointly, and we are lucky enough to have John Hardwick coming too. He is a wonderful storyteller who is also proficient in clowning, juggling, songs and even unicycling!

For the first two days we will be meeting at the Christian Fellowship in Black Tiles Lane (next to Beacon Hill School), and for the Thursday and Friday we will be at St Michael's. All sessions run from 10-12. There will be no charge, but you may make a donation to the work of the Toybox Charity if you wish.

We are sure that all children will really enjoy this week, and are already taking bookings. So contact one of the numbers below if your children / grandchildren are at primary school and would like to come. Their friends will be very welcome too!

Julia Faulkner 625482 & Carolyn Smith 625630

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625061 or Liz 01473 625617

THOUGHTS FROM YOUR PARISH CHURCH

Holidays and Renewal

Last Sunday two people on holiday suddenly appeared at St. Michael's, just in time for coffee. They were made welcome, and not only by the folk in the kitchen. I wonder what they made of us? Many, perhaps most of us go off on holiday hoping for some kind of renewal. It is

easy to forget that we can sometimes play a part in such renewal by being there in one of our own home places to greet and help someone else in their travels.

A few years ago my wife and I were spending a week with an Anglo-German couple on Balthrum, a tiny East Frisian island. It was like being translated to an earlier century. The only internal combustion engines were on the ambulance and the fire engine.

Once near the beginning of our stay there was some open-air singing, folk songs I think; we were given a song-sheet and joined in. We found ourselves next to a young Englishman. It turned out he was spending part of his holiday helping the local Pastor. When the time came for us to leave the island, the lack of cars was a great disadvantage to us, as Peter, our German friend's English husband, could only walk very slowly because of a stroke which had immobilised his left side. But suddenly our young Englishman appeared, carried luggage, and found Peter a seat on the ferry handy for getting off. He bade us a cheerful goodbye. He had certainly made a major contribution to our renewal.

Probably the traveller helped by the original Good Samaritan in our Lord's parable of Luke 10, 30 - 37 must be thought of as a man on urgent business or responding to an urgent family crisis, for who else would have gone on that notorious route from Jerusalem to Jericho, save perhaps men protected to some extent by priestly robes. Nowadays, in the age of leisure and tourism, it is quite often the holidaymaker who needs rescue.

We at St Mary's and St Michael's take this opportunity of wishing you all renewal and refreshment in your holidays, and we hope you meet lots of good people. May it all go smoothly - it nearly always does! - but if you should need a bit of help on occasion, may you find your Good Samaritan standing by your side!

Edwin Still, Retired Reader



THE CHURCH IN MARTLESHAM & BRIGHTWELL

PLEASE NOTE if you need to contact the church here are the details—Tel: 01473 625320, Mobile no: 07947 592118 and e-mail address: lcsc@isitme.freeserve.co.uk
CLERGY: The Revd. Tim Breene, 4 Saddlers Place, Martlesham Heath, Tel: 01473 621 658
 The Revd. Elizabeth Corker, 12 Fairfield Avenue, Felixstowe, Tel: 01394 210793
 The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath, Tel: 623770
READERS: Carolyn Smith, 74 Heathfield, Martlesham Heath, Tel: 01473 625630
 Lewis Currie, 18 Parkers Place, Martlesham Heath, Tel: 01473 625320
ELDERS: Ann Little, 60 Deben Avenue Tel: 01473 624002; Margaret Rollins, 9 Angela Close, Tel: 01473 623868; Monica Twaits, 39 Angela Close, Tel: 01473 623194

Services for the Month	Brightwell St. John's	Martlesham St. Mary's	Martlesham Heath St. Michael's
Sunday 7th September Trinity 12	8am Holy Communion	11am Holy Communion BCP	9:45am All Age Worship
Sunday 14th September Trinity 13	6:30pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion Sunday School
Sunday 21st September Trinity 14	8am Holy Communion	11am Family Holy Communion	9:45am Harvest Festival 6:30pm Informal Worship
Sunday 28th September Trinity 15	8am Holy Communion 6:30pm Harvest Festival	11am Matins	9:45am Family Holy Communion Sunday School
Sunday 5th October Trinity 16		8am Holy Communion 11am Holy Communion and Harvest Festival BCP	9:45am All Age Worship 6:30pm Informal Worship

MIDWEEK SERVICES: Holy Communion each Wednesday at 10am in St. Michael's. Bright Stars will meet on Monday 8th and Monday 22nd September at 10:30am in St. Michael's Church Centre. Please note that this is a new day to meet and all are welcome.

PRAYER DIARY FOR SEPTEMBER

Pray daily for world peace, for the Church, our parish and:
 8 give thanks for Mary, the mother of Jesus; pray for mothers
 9 for Martlesham Guides and their leaders
 10 for the residents of Farriers Close
 11 for local organisations beginning after the summer
 12 for the Baby & Toddler Group Open Day
 13 for those taking part in the Suffolk Open Day
 14 that we may follow Jesus faithfully
 15 for the directors of Martlesham Consultants
 16 for the residents of Felixstowe Road
 17 for Martlesham & District Flower Club
 18 for those in national and local government
 19 that those in other countries who produce our food may receive a fair wage

20 for the VPA show
 21 St Matthew: give thanks for the teaching in his gospel
 22 for the "Bright Stars" Fun & Praise Pram Service
 23 "Martlesham In Bloom" Presentations: give thanks for the beauty of our gardens
 24 for the residents of Forest Lane
 25 for acceptance and trust between members of different races
 26 for Margaret Rollins & Monica Twaits, to be re-commissioned as Elders on Sunday
 27 for those preparing for marriage
 28 give thanks for St Michael's Church on our Patronal Festival; and Brightwell's Harvest Festival
 29 for the Conservation and Portal Avenue Groups
 30 for the residents of Fynn Road
OCTOBER 1 for the Mothers' Union
 2 for the residents of Dukes Meadow and Park
 3 for Martlesham Parish Council
 4 give thanks for our schools, and pray for teachers
 5 St Mary's Harvest Festival: give thanks for the faithfulness of God in providing for our daily needs
 6 for Martlesham Christian Fellowship
 7 that we may be open to new opportunities for helping one another