

MARTLESHAM MONTHLY

incorporating
THE TALKING MARTLESHAM
MONTHLY
**SEPTEMBER
2008**

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Latest copy date is the 18th of the preceding month. Please e-mail contributions to:- martmonthly@gmail.com or deliver your copy to 54 Rosebery Road, Ipswich, IP4 1PS preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number.

Contributors are also requested to limit their articles to approximately 250 words. This is being done in an effort to limit the number of pages of text in the Martlesham Monthly.

**MARTLESHAM MONTHLY
ONLINE
www.martlesham.org.uk**

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

TALKING MARTLESHAM MONTHLY

Now that the continued production of the Talking Monthly is assured, please contact the Editors if you, or someone you know, would benefit by receiving one of the monthly audio tapes. These are available free of charge and are delivered by Royal Mail, normally on the second Saturday of the month. When the recipients have finished with the tape it can be returned to Graham Downing post-free merely by reversing the address label and dropping the package in a letter box.

Martlesham Monthly Editors

POLICE

Community Police Officer
PC 651 Richard Wright

In case of emergencies please always call 999. In non-emergency situations call the main switchboard on 01473 613500; you can also contact PC Wright on the following numbers for non-urgent matters: Office—01473 334980
E-mail—richard.wright@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 4 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to most 999 calls received by the East Anglian Ambulance Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details, contact Andy Oxborrow 01473 620432 (e-mail Andy.Oxborrow@suffolk.sja.org.uk), or see our web pages on www.martlesham.org.uk.

VIRGIN MEDIA PHONE NUMBER

We are still trying to establish a telephone number that we can call for all enquiries about the Virgin Media Cable service here at Martlesham Heath.

For the time being can you

1

call Paul Keane on 01206 507473. Paul is a manager with Virgin Media and is trying his best to help us. He is based at Colchester and is as frustrated as we are. So please call him for all your problems and hopefully he will sort them out.

Martlesham Monthly

MARTLESHAM PARISH COUNCIL

Projects and Grants

The Parish Council will be considering all applications for grants from local organisations in the autumn. If your group wishes to apply for a grant, please contact the Parish Council for an application form (details below), to be completed and returned to the Parish Council by **Monday 17th November 2008**. These grants are awarded for the financial year 2009/10 and the funds will be issued in May 2009. Also any group with a project requiring Parish Council support/funding should submit their project details and business plan by **17th November 2008** at the latest.

Local Government Review

The Boundary Committee has issued proposals for Unitary local government for Suffolk. Martlesham is included in an authority with responsibility for Ipswich, Felixstowe and surrounding areas. Suffolk County Council and Suffolk Coastal DC would cease to exist. Full details are available on the Electoral Commission web site at www.electoralcommission.org.uk/boundary-reviews/all-reviews/eastern/suffolk/suffolk-structural-review. Deadline for comments is **26th September 2008**. By the time you read this the Parish Council will have held an exhibition on 30th August giving parishioners an opportunity to view and comment on the proposals. The Parish Council would really like to know what you think so it would still welcome any comments in writing to assist in preparing its response or please do respond directly to the Boundary Committee, with a copy to the Council.

Suffolk Coastal District Council (SCDC) - Local Development Framework (LDF)

Consultation took place earlier this

year on the preferred location for approximately 1,000 houses in the Eastern Ipswich policy area. At the meeting of SCDC's LDF Task Group on 28th July the following resolution was agreed for the East of Ipswich - "the Task Group endorses the choice of Option 4, land east of Martlesham Heath, as its preferred option". Option 4 extends from Mr Pipe's field (off Main Road, next to the Common) to the land east and south of BT's Adastral Park. Martlesham Parish Council presented arguments against this option in its response to the consultation. The recommendation will now be considered by a special SCDC Cabinet meeting on 21st October. Following this a Core Strategy Preferred Options document will probably be published for consultation in late autumn 2008 resulting in a report to the LDF Task Group in March 2009. Further recommendations will go back to the Cabinet in April 2009. A final consultation will take place in June or July 2009 followed by a Public Enquiry. There is still therefore a long way to go before proposals are adopted. The Council will attempt to keep the parish informed of developments and respond at each stage of consultation. If you have any queries re the LDF you can contact the SCDC Planning Policy Section on 01394 444761 or e-mail development.policy@suffolkcoastal.gov.uk

Suffolk Coastal District Council Recycling Roadshows

Suffolk Coastal DC will be extending the wheeled bin refuse and recycling service to more parts of Martlesham. As part of their publicity they are holding two road shows on **Tuesday 9th September** as follows: 10 am - 12 noon in the car park off The Drift, next to The Square, and 1 pm - 3 pm in the car park at the Recreation Ground, The Street, Martlesham.

Cyclists

Please have regard to pedestrians when cycling around the village. Slow down on cycle/footways. It is also helpful if you make pedestrians aware of your presence by using a bell politely!

Forthcoming meetings

*Parish Council – Wednesday 3rd

September

*Recreation & Amenities Committee - Wednesday 10th September

*Development Plans Committee - Wednesday 17th September

*Parish Council - Wednesday 1st October

All meetings start at 7:30 pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

In writing to the Clerk to the Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

Telephone: 01473 612632

e-mail: clerk@martleshamcouncil.org.uk

MARTLESHAM COMMUNITY HALL

To contact Martlesham Community Hall or Richards Room for details of booking them, or any other reason, please use any of the following methods:

- phone and leave a message on the answer phone. The number is 01473 623203.

- e-mail martleshamcommunityhall@btinternet.com

- send post to Martlesham Community Hall Management Committee, Martlesham Community Hall, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

(Martlesham Community Hall is a registered charity - no. 1009602)

MARTLESHAM HEATH HOUSEHOLDERS LTD (Formerly Martlesham Consultants Ltd)

Are you interested in the open spaces we enjoy around the Heath? Do you want to have an input into maintaining the special character of the village? If so, have you thought about becoming a volunteer director for MHHL? No special qualifications are needed, we only meet monthly (in the evening) and we are a friendly bunch. We only put in what time we can manage and it is all towards maintaining and improving the open spaces and

environment for everyone who lives here. Please think about it and if you want to talk to an existing director you can get in touch with us via e-mail or telephone and we will be pleased to talk to you.

MHHL are responsible for the care and maintenance of the Control Tower. This has just been re-roofed and painted at a cost well in excess of £10,000.

Residents are reminded that many trees in the village and in the woods are becoming mature. Consequently there is an increasing likelihood that during stormy weather branches may fall. Walkers should be aware of this.

There have been several reports of rats in the vicinity of the Western Corridor. It is not clear whether they have originated from the Foxhall Road tip. Any pet food left in a position accessible to rodents will, of course, encourage them. Any householders who leave food to encourage foxes will obviously be taken by rodents.

The next monthly MHHL (MCL) Directors meeting will be held on Monday 15th September. This is an open meeting and all who subscribe to the maintenance charge are welcome to attend. It begins at 7:30 pm in the Committee room at St Michael's Church Centre.

Contact us on voicemail – 01473 612207

e-mail – mcl@martlesham.org.uk

By letter – C/O 6, The Square, Martlesham Heath, Ipswich, IP5 3SL

DISTRICT COUNCILLOR'S REPORT

Police Investigation Centre update

It was reported in the local press that the officers recommendation to the Planning Committee at Suffolk Coastal was to refuse the planning application to build a Police Investigation Centre at Martlesham due to the loss of trees resulting in a loss of amenity to local residents especially those living in the flats at The Paddocks.

Sadly I have to report that the Police Constabulary issued an amended plan on the afternoon before the meeting was held, showing the building in a different position but within the same site, still only

twenty metres away from the Pad-dock flats fencing and with an amended road layout. Officers felt that fewer trees would be lost to the development and that they should be given authority to determine the application once the new plans had been re-consulted on.

Fortunately the committee did not agree with this proposal and have requested that the new plans should once again be sent out for consultation and that the matter should return to committee for them to make the final decision.

The latest news is that Suffolk Coastal are awaiting receipt of the official amended plans along with an updated tree survey from the applicant.

It is envisaged that the matter will be reconsidered by the South Area Development Control Committee meeting to be held at 9 am Thursday on 18th September at the council chamber, Melton Hill.

Please be aware that this meeting is open to all members of the public to attend and a single representative may speak against the plans (no longer than 3 minutes).

I will keep you advised of any developments via the Martlesham Portal at www.martlesham.org.uk

Update on 1,000 new homes for Eastern Ipswich Policy Area consultation document

At the meeting of Suffolk Coastals Local Development Framework (LDF) Task Group held on Monday 28th July it was decided to select area 4 as the preferred location for over 1,000 houses for the Eastern Ipswich policy area.

Area 4 includes the BT proposals, Walk Farm, Mill Farm and Mr Pipes field (the field opposite the Black Tiles and next to the common).

What happens next?

The recommendation will go to the Cabinet Meeting to be held 21st October.

If supported by cabinet a further consultation plus possibly an exhibition will be held sometime in November or December. This will provide more information

of the exact location or locations of the proposed development plus any proposals for new infrastructure.

In March 2009 another report will be made to the LDF Task Group either supporting the original suggestion or recommending amendments or even another site. Once again any recommendations will be put to Suffolk Coastal's Cabinet in April 2009.

A final consultation will take place in June or July 2009 and last but not least a Public Enquiry will be held where all parties can raise issues of concern or support with a Government Planning Inspector.

Please do not assume that all of the other sites that were proposed are now safe from development as lots of things can happen between now and July 2009.

I will keep you updated about any developments regarding this issue.

If you wish to contact me about any of the above issues please call 01473 626308 after 6 pm. Or e-mail john.kelso@suffolkcoastal.gov.uk

John Kelso, Suffolk Coastal District Councillor, Martlesham Ward.

DISTRICT COUNCILLOR REPORT ON THE LOCAL GOVERNMENT REVIEW WITH AN UPDATE ON THE LDF

When the Government divided England and Wales into regions the 'East of England' region was created. This gave rise to the 'East of England Regional Assembly' (EERA). Another new body then arose called the 'East of England Development Agency' (EEDA). EEDA in conjunction with the relevant government department(s) has identified a number of sub-regions where they want to encourage housing and economic growth. The sub-region that affects Martlesham was named the 'Haven Gateway'. This area covers the coastal part of the region from Aldeburgh in the north to West Mersea in the south. The Haven Gateway boundary then forms an inland arc that embraces both Colchester and Ipswich and their surrounding parishes.

However, the coastal area from Aldeburgh to the river Deben is designated as an Area of Outstanding Natural Beauty (AONB) and is therefore unlikely to be developed. The creation of the Ipswich and Felixstowe Unitary Authority appears to be based on economic development and housing needs as defined by the regional planners. This proposed new authority is now referred to by the Boundary Committee as: the NORTH HAVEN COUNCIL.

The Local Government Review is a very important subject because of the proposed abolition of both the County and District Councils and possible changes to the way that parish councils conduct their business. If you wish to comment on this please remember that the deadline for submission of your views to the Boundary Committee is 26th September. Comments should be evidence based.

Members of Local Development Framework Task Group (LDF) are currently a little confused. In July it was announced that the preferred area for building 1000 new homes was to be area 4, i.e. on land to the east of the A12 and Adastral Park. BT has now indicated their intention to proceed with the redevelopment of Adastral Park and to create a new community to the south of BT of approximately 2000 new homes. This has raised a question about the total number of homes to be built in the Martlesham/Waldringfield area: is it to be 1000, 2000 or 3000? I suspect that the two proposals will be merged.

If you would like to discuss any of the above items or other local matters with me you can do so either by phone on 01473 622716 or by e-mail to chris.blundell@suffolkcoastal.gov.uk. Alternatively come and join me for a chat and a 'cuppa' at St Michael's Church hall on Monday 1st September between 10 am and 12 noon or in the Parish Council room, Felixstowe Road on Saturday 30th August between 10 am and 12 noon.

Chris Blundell, Suffolk District Councillor (MartleshamWard)

**MARTLESHAM COMMUNITY
COUNCIL**
Registered Charity No 273769

**JUMBLE, PLANT & BOOK SALE
ON SATURDAY 4TH OCTOBER
IN THE PAVILION,
MARTLESHAM HEATH
10 AM - 12 NOON
ADMISSION 30P**
Jumble, bric-a-brac, china, etc.,
is still required, however we do
not want magazines,
newspapers and plastic flower
pots. Contact Jackie Bear on
01473 623007

FUTURE EVENTS

**ART EXHIBITION
17TH NOVEMBER
IN THE PAVILION,
MARTLESHAM HEATH
7 PM – 9:30 PM**

**CHRISTMAS CRAFT FAIR
29TH NOVEMBER
10 AM - 4 PM
IN ST MICHAEL'S CHURCH
CENTRE, MARTLESHAM HEATH**

If anyone would like to book a stall in order to raise money for their favourite charity, please contact Jackie Bear on the above number.

MCC SCRIBE

MARTLESHAM IN BLOOM
Our next event:

'Do plants wear coats?'

Presented by Sonya E Burrows
BA (Hons)
Associate Member of the Land-
scape Institute

followed by

**Presentation of the
results and awards
for our Summer
Gardens competitions**

Tuesday 30th September
7:30 pm
St Michael's Church Centre,
Martlesham Heath

Light refreshments,
plants for sale, raffle & quizzes.
Everybody welcome.
Admission free.

**MARTLESHAM & DISTRICT
FLOWER CLUB**

At our last meeting Mrs Mary Griffiths' title for her demonstration was 'Kaleidoscope' and her arrangements were very bright and colourful. Her first was in a cherub container with pale pink carnations complementing the dark foliage and large white roses coming down through the centre. Her second design was in a 'Roman' pot with twisted willow and phormium leaves laid horizontally. Hosta leaves covered the oasis and white carnations, gerberas and longiflora lilies were added. She then produced a large upright piece of driftwood creating an arrangement at the base using yellow gerberas and roses. All the various foliage had come from her garden and gave a good basis for the designs. A large silver basket from Holland was filled with dark blue delphiniums, hosta flowers, deep red gerberas, orange roses and mauve freesias. Lastly she had an 'Art Deco' vase with large palm leaves, bergenia and hosta leaves to which were added pink lilies, cream lisianthus and pink gerberas.

The competition was won by Sheila Swanwick with Dorothy Willett winning the novice class

The club meets at St Michael's Church Centre, Martlesham Heath on the third Wednesday each month at 2:30 pm. The annual subscription is £12.50 with visitors welcome at £2.50 per session. The next meeting will be on 17th September when Miss Ann Berg will show us how to make an autumn ring. Following her instruction we will then try our hand at creating our own.

ALL ARE MOST WELCOME.
Barbara Bown - 01394 383033

MARTLESHAM HEATH W.I.

A journey to the base camp of Mount Everest was the subject of Tina Oldfield's talk at our July meeting. This was undertaken with sponsorship to raise money for Breast Cancer Care research. Tina's daughter died in 2006 from this disease at the tender age of twenty six and left behind a husband and two young children. Her talk, illustrated by many slides, was excellent and much appreciated by the rather small number of members present.

Numbers had increased for our August meeting when members enjoyed a social evening together with a quiz and refreshments.

Our monthly walks are continuing with Tuddenham Fountain being our lunchtime stop in July and Martlesham Red Lion on our August walk.

A visit to Radio Suffolk has been arranged for an evening in October and also a trip to the Spa Pavilion to see the 'End of the Pier Show'. Arrangements are also being made for a lunchtime and evening Christmas meal.

Any lady is welcome to join us in the Pavilion on the second Monday of the month at 7:45 pm.
Mary Bloomfield – 01473 625577

MARTLESHAM W.I.

Due to a combination of holidays, illness and family commitments, there was a smaller than usual attendance at our July meeting which was a shame because we enjoyed a truly outstanding speaker. One got the feeling that Jenny Gibbs could make the telephone directory interesting; such was her animated and lively delivery. But her story was absolutely fascinating.

She entered the room wearing a spectacular costume: a white headscarf topped with a red beaded bandeau, a full skirted patterned shirt-waister with a tartan apron and voluminous pink bloomers protruding below. She explained that this was the everyday dress of all the women in the remote Turkish village where she lives with her Turkish partner.

The story of how she came to be living in a village where no for-

eigners had been seen had us all amazed and full of admiration at her courage as she set out to live in Turkey knowing not one word of the language, or even where she would sleep for the first night.

After her talk we were able to purchase some of the delightful scarves and pashminas made in the local town – some from silk made by silkworms grown in her village.

Our next meeting will be in the Richards Room, Martlesham at 7:30 p.m. on 19th September. Mrs Jane Parker will give a talk entitled 'Four Weddings and a Funeral'. New members are always welcome to join our friendly group of ladies. Contact can be made to Audrey Burnell on 01394 386738.

Susan Cunliffe

MARTLESHAM LADIES CLUB

Well that was the Summer that was! Very disappointing weather but do hope you all had a good Summer. We start back to our Autumn 'term' on 25th September and look forward to seeing our members as well as any 'new faces'. New members are always welcome. Why not come along and bring a friend as well? Our meetings up to Christmas are:

*25th September - 'On the Trail of St Edmund'; speaker Chris Parfitt

*9th October - Harvest Supper

*23rd October - 'Great Rail Journeys - Switzerland'; speaker Colin Fox

*6th November - 'Working as a Volunteer in India'; speaker Jane Bradshaw

*20th November - 'DNA'; speaker Angela Pratt

*4th December - 'Welcome Stranger' (Christmas Special); speaker John Goodhand

*18th December - Christmas Party

We meet alternate Thursdays at 7.30 pm in the Richard Room, Martlesham Community Centre.

Any enquiries please contact Rita on 01473 624510.

Margaret Green

MARTLESHAM WIVES

Next Meeting

Monday 15th September at 7:45 pm

Safer Neighbourhood

Full lower 0173 5 5001

Talk by PCSO Lorraine Spall
We enjoyed belly-dancing - let's try salsa!

Venue

Gaynor's

8 Fynn Road

Martlesham

Tel: 01394 388502

(Near 'The Seal' Woodbridge – lifts are available)

For further details please contact:

Maureen - 01473 622670

Elaine - 01473 622269

MARTLESHAM MOTHER'S UNION INVITE YOU TO A

WEDDING & SPECIAL OCCASIONS FAYRE

SATURDAY 11TH OCTOBER

10 am – 4 pm

ST MICHAEL'S CHURCH CENTRE,
MARTLESHAM HEATH

Refreshments available

Come and find out how local businesses could create your perfect day.

"The price of true love – must your wedding or special celebration, cost the earth?"

MARTLESHAM HEATH BABY & TODDLER GROUP

As the summer holiday is now drawing to a close, just a reminder that when term time begins our usual sessions will resume. Please note however the Pavilion is being re-decorated and will be closed on Wednesday 27th August and Wednesday 3rd September.

We have a vacancy for a Session Leader to run the Wednesday sessions. Hours of work are 9:15 am until 11:45 am and 1:15 pm until 3:45 pm. If you are interested and would like more information, please contact Nikki or Donna on the numbers below.

For anyone who would like to join us, our group is a friendly, fun

place to meet with lots of toys, a sing-a-long music session and a great craft activity table for the children. Refreshments are included and your first visit is ABSOLUTELY FREE!

Our play sessions are held at the Martlesham Heath Pavilion on Wednesdays and Fridays from 9:30 am until 11:30 am and from 1:30 pm until 3:30 pm during term-time. During the school holidays, we run just one session a week on the Wednesday afternoon. Our members pay just £2 per session for the first child and only £1 for each additional child attending (subject to a small annual membership fee). Please note that our play sessions are unsupervised and the children do remain in the full care of the accompanying adult at all times.

If you would like any further information, please do not hesitate to call Donna on 01473 610495 or Nikki on 01473 614055.

MARTLESHAM PLAYSCHOOL

Our end of summer term fundraising events went extremely well. The Pamper Evening held on July 8th raised a superb £449. Many thanks to all the stall-holders and everyone who came along on the evening, for making this (hopefully the first of many!) such a success.

Our rescheduled Fun Day on July 19th was also an outstanding success. After an early rain shower the weather improved and we had a very busy day. Thank you to everyone who came along and enjoyed lots of fun and games. All our stalls did very well, especially the barbecue and refreshments. This is our best-ever fun day, raising a staggering £1100!! A big thank you goes to our fundraisers Jane, Sandra and Clair, who have made this a brilliant year of fundraising activities. We have enough funds to do some exciting projects at the playschool, and we hope our children and their families will notice the changes when we return in September. More details later!!!

We would like to take this opportunity to thank Councillor Hudson for kindly donating monies to the playschool. This is going to-

wards a new sink area in our 'messy' room.

At the end of the summer term, as well as saying goodbye to some of our children, we also said goodbye to one of our Play Assistants, Delyth. On behalf of the staff, committee, parents and children, we thank her for everything she has done for the playschool and wish her all the very best for the future.

All our parents/carers - existing and new - should have received an invitation to a Parents Information Evening at the Control Tower, on Wednesday September 10th at 8 pm. We do hope as many people as possible are able to attend as we shall be talking about the 'Early Years Foundation Stage' and parental involvement with this.

We currently take children from two-and-a-half years old, so if you are interested in sending your child to Martlesham Playschool, please contact me for a copy of our prospectus, and a registration form to join our waiting list, on 07857 309365, or 01473 621315.

Caroline Swale
(Admissions Manager)

ST MICHAEL'S PRE-SCHOOL

Martlesham Heath

www.stmichaelspreschool.org.uk

Our new term runs from Monday 8th September to Friday 24th October.

This term's general theme is 'All About Me'. We will also be organising a walk to explore the woods at Birchwood School and a trip to the Bakery to buy a cookie.

The Pre-School committee is looking for new members for both general and specific roles. Please contact Nicole Harris on 01473 612560 if you are interested in becoming a member.

Our children leave us to go on to all the local schools including Birchwood, Gorseland, Cedarwood, Waldringfield, Little Bealings and Rendlesham.

Please visit our webshop at **<http://www.buy.at/stmichaelspreschool>** to help us raise funds. All purchases made via the webshop result in commission payments to the Pre-School.

We have places available

and take children from two-and-a-half, so if you are interested in sending your child to St Michael's Pre-School and would like a prospectus or to arrange a visit please call Sarah Tait on 01473 614174 or e-mail admin@stmichaelspreschool.org.uk

CALLING ALL MUMS...

The Mums' Club meets at St Michael's Church Centre, Martlesham Heath on Tuesday 9th September from 12:45 to 2:30 pm. Lunch will be served around 1 pm. There will be no speaker at this meeting so after lunch you will have a chance to chat to your friends while your children play.

For more details please 'phone Carolyn on 01473 625630 or Pauline on 01473 610177.

MARTLESHAM HISTORICAL SOCIETY

At our meeting on Monday August 18th an audience of fifty were treated to a trip down memory lane by Mrs Linda Sexton who gave an illustrated talk 'The Ipswich to Yarmouth Turnpike'. Travelling what is now the A12 Trunk Road was so very different then! We even learned the origin of Sidegate Lane!

Our next meeting will have something of a frivolous nature when Roy Tricker tells us of 'Anglican Eccentric Characters' on Monday October 20th.

Our meeting on December 15th will be a more festive affair when we shall experience 'A Victorian Christmas' in the company of Mr and Mrs Clive Paine (in appropriate costume!!)

Both meetings will be held in the Pavilion on the Green at 8 pm and all are welcome. Admission is £1.50 at the door.

John Tyler - 01473 612736

MARTLESHAM HEATH AVIATION SOCIETY

Our visit to Vintage Fabrics at Audley End near Saffron Walden went very well and 42 of our members enjoyed the visit to an old friend of ours.

Clive Denny runs Vintage Fabrics with his wife Linda and a partner. The company is principally involved in restoring fabric on vintage aircraft. A Messerschmitt 108 vintage German trainer was present. Clive recently displayed this at the Lowestoft Air Show. They were also shown other vintage aircraft partly restored.

On the way home the party had an excellent buffet supper at the Three Horseshoes at Helions Bumpstead.

Our September meeting on Friday 5th September will feature Cdr. Adrian Orchard, OBE, RN. The talk is entitled 'Fleet Air Arm - from Korea to Afghanistan in 45 minutes'.

All meetings are held in the Community Hall, Felixtowe Road and start at 7:30 pm. Non-members are welcome for a payment of £2 at the door.

Alan Powell - 01473 622458

MARTLESHAM COUNTRY MARKET

We have had a steady flow of regular customers visiting our markets and would love to see new ones as well, so if you have not been to visit us yet, please do come along and see what is on offer.

A new cook has joined our team and has introduced food items with an Indian taste, so there are new dishes for you to try.

The craft section has expanded with a new range of greetings cards to add to our knitted items, local photographs illustrated in various ways, jewellery and other assorted items.

With Autumn nearly upon us, it is a good time to plant and fill those gaps in the border. We have an excellent range of shrubs and perennials. Advice is on offer from our knowledgeable plant sellers. Fresh locally-grown vegetables are also available.

British Food Fortnight is taking place from 20th September to 5th October. We shall be supporting this event with various activities which will include taste-sampling sessions. Come and visit us to see what other events are taking place.

We are open at the Martlesham Heath Pavilion every Tues-

day between 9 am and 10:30 am and at the Scout HQ, Twelve Acre Approach every Saturday between 10 am and 12 noon. Both venues offer tea, coffee and cakes during opening hours.

Any enquiries about the market, please contact Margaret Gayfer (Chairman) on 01473 623849.

'Musical Afternoon'
3 pm, Sunday 5th October
at
St Mary's Church, Martlesham

Featuring:-
Martlesham Cantilena Choir
and
Melton Folk

There will be a varied
programme of song, music and
poems to entertain you.

Tickets £6 including light
refreshments.

Profit to St Mary's (Martlesham)
and St Michaels and All Angels
(Martlesham Heath) Church
funds.

Tickets available from
Burrows, tel. 01473 625196 or
Ann Berg, tel. 01394 387049

Martlesham Cantilena Choir

Helen Ellison (nee Burrows) is a composer and musician, now living in Kesgrave. She is an established private teacher of music to students of all ages and standards.

In 2006 Helen formed the Martlesham Cantilena Choir which is a small group of singers from Martlesham and the surrounding area; their repertoire includes mainly light and popular music.

Since it was formed Martlesham Cantilena Choir has performed in many local venues, including Howard Blake's 70th Birthday Concert at the Quay Church, Woodbridge, and for Martlesham in Bloom, Women's Institutes and Martlesham Community Council.

Melton Folk

The Melton Folk group was formed

approximately ten years ago and is made up of accordion, keyboard, guitar, violin and flute players. They play a range of folk and light music at concerts, parties and barn dances throughout the local area.

Further details of the above concert or groups from Burrows, tel. 01473 625196.

MARTLESHAM CARPET BOWLS CLUB

A team from our club entered the Suffolk Charity Fours Competition at East Bergholt on 27th July and were successful in reaching the quarter-finals - a very good result in view of the standard of the competition.

We had a disastrous game against Tuddenham when our club went down very badly. As our Captain said in his thank you speech, after two of our members won a melon and a measure in the draw, "If we had played with the melon and used the measure we would surely have done better!"

Maureen Banthorp

KESGRAVE TABLE TENNIS CLUB

Kesgrave Table Tennis Club at Kesgrave Sports Hall will restart for adults on Friday 5th September from 7 pm until 9 pm. The junior sessions start the following week on Friday 12th September from 7 pm until 8 pm. After a successful first year, the club has grown from 4 to 12 tables. If you haven't picked up a bat before or have played sometime in the past, you can try your hand every Friday from 7 to 9 pm. Contact 01473 610177.

MARTLESHAM CONSERVATION GROUP

Our work party this month will be on Sunday 14th September at 10 am when we will be working on cutting and clearing the grassland glade in the woodland on the heath. This action prevents the glade from becoming completely covered by brambles and helps to maintain a greater range of plant diversity. The grassland supports a range of insects including moths and butterflies, and provides sources of

7

food for animals higher up the food chain such as birds, amphibians and reptiles. Please meet outside the Douglas Bader at 10 am on Sunday 14th September to help us on this task. All tools and equipment will be provided, or contact us if you would like further information about the group.

Phil Smith - 01473 625630

SUFFOLK WILDLIFE TRUST

Woodbridge Group

Our first indoor meeting of the autumn-winter period will be on Thursday 16th October at 7:30 pm in the Woodbridge Community Hall when we will have a presentation from Karen Kenny on 'Wildlife Gardening'. Everyone is very welcome. Admission will be £2.

Phil Smith - 01473 625630

SPEAK EASY @ MARTLESHAM

Local speakers club gains award

The achievements of members of Speak Easy @ Martlesham speakers club have been recognised by Toastmasters International, of which Speak Easy is a local branch. The club has been awarded 'President's Distinguished Club' for the year 2007-2008. This is the second year running that the club has gained the top award.

At a recent meeting members were asked why they came to Speak Easy. Some of the reasons were as follows: to hear speeches on a wide range of subjects; to be challenged (by being a speaker or taking on another meeting role); to enjoy the friendship of other members and, particularly, to have fun! If these sound like good reasons to you to come out on a Thursday night then come and join us one evening. There is no pressure to speak and you will be made very welcome.

Guests are welcome at every meeting but there will be a special Taster Evening on October 2nd.

Future Speak Easy @ Martlesham meetings:

*September 4th

*September 18th

*October 2nd 'Taster Evening'

Meetings are 7 pm for 7:15 pm start at the Richards Room, Martlesham Community Hall, Felix-

stowe Road, Martlesham (behind Tesco).

Further details can be found at <http://www.speakeasyatmartlesham.co.uk>

Or contact Dave Nightingale on 07969 598633.

MEN'S HEALTH EVENT AT IPSWICH TOWN FOOTBALL CLUB

The Ipswich and District Osteoporosis Group is inviting men of all ages to a health awareness evening at Ipswich Town Football club on Thursday 25th September at 6 pm at a cost of £5.

The evening will provide information on osteoporosis, prostate and testicular cancer and heart disease. This will be a chance to learn about these important health issues from doctors and nurses. Ipswich Town defender Richard Naylor will be joining us in the evening to listen to talks from the experts and National Osteoporosis Society ambassador Robert Rees' personal story of how osteoporosis has altered his life.

A supper will start the evening and for an additional cost, a tour of Ipswich football grounds will be available. For application forms and further information please contact Diana Thomas, telephone 01394 277337 or e-mail diana@midith.co.uk (application forms to be returned by 8th September).

U3A LAUNCH DAY

U3A in East Suffolk is about to start its 2008/9 year. The U3A is a national co-operative organisation for those no longer in full time employment and provides educational, leisure and creative opportunities. The East Suffolk branch has over 700 members and over 50 specialist interest groups as well as a programme of talks and meetings at Kesgrave, Saxmundham and Felix-towe.

A launch day will be held on Tuesday 9th September at Kesgrave Community Centre between 10 am to 1 pm. The launch day is an opportunity for existing and prospective members to see what groups are offering for the coming

season. The groups offer a wide range of subjects from poetry and creative writing to science and history as well as lunch clubs and walking groups.

For further information about the U3A in East Suffolk, contact the secretary on 01728 668100 or secretary@u3a-es.org.uk or visit the website www.u3a-es.org.uk Registered Charity number 1112974

LIONS CLUB OF WOODBRIDGE & DISTRICT

With the memory of summer holidays already fading, we concentrate our attention on our next major event, the Martlesham Heath 10k and Fun Run. This event has grown greatly in popularity over the years is now a major part of the local athletics calendar. This year's event will be held on Sunday October 12th - details and entry forms available from our website www.woodbridgelions.org.uk

The Martlesham 10k is not only a great race for competitors, but for spectators offers the unusual chance to see every stage of the race, as runners lap the course a total of four times. The Fun Run is a hugely rewarding event, encouraging younger runners to experience the atmosphere of an athletics event. All younger runners will receive a certificate for completing the course, plus a Lion Bar (well, what else could we do?) and every finisher, 10k or Fun Run, receives a runners medal.

Whether running or spectating we would be delighted to see you on the day - and don't forget to sample the homemade cakes, tea and coffee available throughout from the Pavilion. As with every public event, all proceeds will be returned to the community.

For more about this event or anything to do with the Lions, please phone 0845 8332820.

IPSWICH & DISTRICT TALKING NEWSPAPER

Thank you to the two ladies who volunteered their help after my last appeal for volunteers.

We have a gap on our rota

for two more people who could provide technical help to copy the weekly local newstapes using high-speed copiers.

This service allows more than 350 blind and visually impaired people to access local news and therefore to keep them in touch with their local community.

If you can spare 2 hours one Thursday evening every 7 weeks for this vital service, please contact: Eileen Damant (Chairman) tel: 01473 652217 or Rachel Pennick (Vice-Chairman) tel: 01473 61037

SAFER NEIGHBOURHOOD TEAM, KESGRAVE

"Don't Worry, Be Happy" - Bobby McFerrin - 1988 - ProbNoBlem Music (BMI)

In April 2006, Rushmere St Andrew, Kesgrave and Martlesham saw the launch of one of the first pilot sites for SNT's.

As a result of a comprehensive review of the Constabulary, the way SNT's and 'response teams' were working together was looked at to see if any improvements could be made.

For the last 18 months, Kesgrave & District SNT has been doing both the problem solving and to some extent the response work alongside colleagues from Woodbridge - but from October, we will be reverting to the model we used as a part of the pilot - in other words, we will be dedicated to problem solving alone.

One other thing to change is the 3PT - you'll remember my telling you about them some time ago - the team of local representatives that work to target local issues on your behalf. Well, they remain almost the same, but will now be known as the 12PT which will consist of the existing parishes of Rushmere St Andrew, Kesgrave and Martlesham plus Grundisburgh, Little Bealings, Great Bealings, Culpho, Swiland, Winesham, Westerfield, Tuddenham and Playford (Twelve Parishes Together).

Again, this is good news as it opens up the team to an influx of new skills and individuals who can assist in problems that are common across all the parishes.

Just to round off this month's offering, I'd like to offer up on behalf of the team a vote of confidence in the local youth population for their involvement in the decoration of the Martlesham underpass by Police HQ - and also for their behaviour during the school holidays. Traditionally, we see a rise in minor crime during school holidays but this summer has seen no noticeable increase at all - and that is a direct and positive reflection on our younger population. Nice one.

Mick Richardson Ps 535, Safer Neighbourhood Team, Kesgrave & District

kesgrave.snt@suffolk.pnn.police.uk
mick.richardson@suffolk.pnn.police.uk

www.safersuffolk.org.uk/kesgrave

- Switchboard (24/7) 01473 613500

DEBEN PROBUS CLUB: MAY AND JUNE MEETINGS

Deben Probus is a social dining club for retired professionals and businessmen; meetings are held on every third Monday at Ufford Park.

At the meeting on 21st July, Chris Hopper, chairman of Ipswich Magic Circle, gave a fascinating talk on 'The History of Playing Cards'. He traced their appearance in Europe to Italy in 1300 via the Middle East, their arrival in England in 1400, the creation of the standard English pack to 1675 modelled on a French pack from Rouen, through its current dominance via American casinos in the 19th century. He explained that the suits were originally seen as armies representing medieval feudal classes; hearts or chalices the Church, clubs or cudgels the peasantry, diamonds or tiles the masons or guilds and spades or spears the nobility. He also mentioned that playing cards had been taxed in England for centuries until 1966.

Contacts: Peter Heath (Chairman) 01394 385828, Peter Booth-Smith (Secretary) 01394 610881

WOODBRIIDGE PROBUS CLUB

At the Club's August meeting 48 members were entertained by Peter Booth-Smith's most interesting talk

entitled "Something Good Can Come Out Of Africa".

The theme mainly centred on the development of the tea industry in Kenya.

On September 1st the Club will meet as usual at Waldringfield Golf Club when Derek Bowden, Chief Executive Ipswich F.C., will be the guest speaker.

Retired or semi-retired men over 50 interested in membership are invited to contact Ron Fisher on 01473 631347.

MARTLESHAM VILLAGE HELP DESK

Trees, Footpaths, Planning Permission, Development of the Area? HAVE YOU GOT A PROBLEM IN THE VILLAGE?

IF SO COME TO THE PAVILION on Saturday 10th October 10 am – 12 noon

Do you have a problem in the Village?

Not sure who owns what land near you?

Need to discuss a problem with The Police or Local Village representatives?

No matter what your problem is The Village Help Desk can help you.

On **Saturday 10th October 10 am – 12 noon** come to The Pavilion on The Green at Martlesham Heath.

There will be a representative from

- The Parish Council,
- Martlesham Heath Householders, formerly MCL
- The Suffolk Constabulary
- District Councillors
- County Councillor

So no matter what your problem or your concern is, there will be somebody who can help you on the day. This was a huge success when we launched this in November 2007 and many people have now been helped following a visit to The Village Help Desk.

MARTLESHAM CHRISTIAN FELLOWSHIP

**Black Tiles Lane
www.m-c-f.org**

HOLIDAYS - A TIME TO REST!

"In the first book in the bible,

Genesis, the Lord got tired of creating the world, so He took the Sabbath off."

The above was an answer from an Old Testament exam paper!

The Sabbath was, indeed, God's rest day, and has been bequeathed to mankind as a day of relaxation.

Jesus also taught His disciples the need for rest. In Mark Ch. 6, the disciples were excited. They had travelled to many villages, sharing the good news of the kingdom of God.

Jesus said to them, "Come with me to a quiet place and rest for a while!" He knew the wisdom of taking time out, when our lives are busy, to rest and recharge our batteries.

In a better known verse from Matthew Ch. 11, Jesus said, "Come to me anyone who is weary and carrying heavy burdens, and I will give you rest. Take my yoke upon you and you will find rest for your souls." The picture is of two oxen yoked together, so that the load is shared. Jesus is saying, in effect, "Let me come alongside you and share your burdens, and I will help you to enjoy an inner rest and peace."

The day will come when Christ returns, when He will bring rest to our confused, troubled world. Then the earth will be filled with the Glory of God as the waters cover the sea.

ACTIVITIES IN SEPTEMBER

Sunday Services

Family Service - 10 am

Communion - 11:45 am

Tuesday Circle

9th September - Autumn Lunch

Tuesdays/Wednesdays

Housegroups - 7:30 pm

Thursdays

Toddler Group - 10 am

Youth Club - 7:30 pm

Friends on Friday

10 am - 12 noon

Sunday

14th September - 'The Living Room'

For further information see the website, or contact Julia Faulkner (01473 625482), or John Melten (01473 624401).

A BARN DANCE

**(with Supper)
is to be held at the
Martlesham Christian
Fellowship Centre -
Black Tiles Lane
at 7:30 pm
on 22nd September
Tickets (£3 each),
can be obtained from
Ruth Mellen (01473 624401)**

**Any proceeds remaining will
be donated to Tear Fund or-
ganisation**

CALLING ALL CHILDREN

**Martlesham Christian
Fellowship
wishes to decorate it's Hall
with 'Harvest' pictures for their
Harvest Thanksgiving Service
on 21st September**

**For every picture received,
M.C.F. will donate £1 to the
'Tear Fund' organisation, who
help the poor in the Third
World.**

**Pictures (A4) can be handed in
at Black Tiles Lane Stores,
Duncan's Bakers on the Heath,
or the M.C.F. Centre. It is
planned to collect also from
Beacon Hill and Birchwood
Schools.**

**(Name, age and school on
reverse)**

**Your chance to help feed the
poor!!**

OPEN EVENT AT HOSPICE

The £1 million building project at St Elizabeth Hospice will soon be completed, followed by an open event on Wednesday 17th September.

The Hospice was fortunate enough to be awarded a grant from the Department of Health last year to make alterations to the

Hospice building to improve the physical environment for patient care. The Hospice Board agreed additional funding and embarked on a £1 million refurbishment project with the aim of making a difference to future services offered to patients. This project has transformed the day care services, dining room, physiotherapy and occupational therapy and also upgraded the nurse call system in the in-patient unit.

The Open Event on Wednesday 17th September 13:30 – 16:30 and 17:30 – 20:00, will allow the local community to see the new facilities and find out more from Hospice staff about developments in the services provided by their local Hospice. There will also be an opportunity to see an exhibition of patients' creative work, entitled 'The Sharing Exhibition' and enjoy some refreshments.

For more information on the open event, please call Helen Causer, Marketing and Communications Manager, on 01473 707033 or e-mail helen.causer@stelizabethhospice.org.uk

GET ACTIVE AND SUPPORT ST ELIZABETH HOSPICE

Why not team up with St Elizabeth Hospice and Get Active with our annual sports appeal?

If you are running or organising a sporting event, why not do it in aid of St Elizabeth Hospice? This is a great opportunity to help raise vital funds for the hospice and Get Active at the same time.

You can hold any kind of sporting event, whatever your interests and levels of fitness. How about organising a sponsored walk, holding an aerobics marathon or arranging a bowls competition? The Hospice's community fundraising team will support you by providing posters tailored to your event, invitations, balloons, sponsorship forms or any help and advice you might need.

St Elizabeth Hospice continually needs the support of the local community to enable us to care and support our patients and their

families, friends and carers. The Hospice is an independent charity and all of the wide ranging services are provided free of charge. It costs £10 per minute to run the Hospice, with annual running costs of £5.2 million. Your support will enable us to continue to provide care for the people of East Suffolk.

For more information, please contact the fundraising team on 01473 723600 or e-mail fundraising@stelizabethhospice.org.uk

ON YOUR BIKE: PLEASE !

Why not combine keeping fit with the joys of visiting beautiful churches and enjoying time in the countryside.

Saturday 13th September is the annual **Historic Churches Sponsored Bike Ride**, where nearly every church in the county is open for visiting. Half the sponsorship money goes to the upkeep of YOUR church and half goes to the Suffolk Historic Churches Trust, which helps look after some of the most beautiful buildings in the county.

If you require them, special routes have been worked out for riders and walkers and if you don't want to go on the roads you can take the exercise, free, in the gyms in Felixstowe or Martlesham: ask the Organiser for the 'virtual route'!

Finally, you could help make your contribution by doing a stint recording the names of the riders that visit your church.

Speak to your church Organiser, who has all the details.

This could be a day filled with joy and satisfaction and you would be supporting a wonderful cause.

ORGANISER: Paul Jordan - 01473 625061

BRIGHTWELL CHURCH

Services at the Church during September will be:

- 8 am Holy Communion on Sundays 7th and 21st
- 6:30 pm Evensong on Sunday 14th with Harvest Festival on Sunday 28th (6:30 pm)

A warm welcome awaits you at the Church.

Our thanks to all of the Ministry Team for their dedication in leading our Services week by week.

On Saturday 13th September it will be eyes down at the Church Hall at 7:30 pm for our Annual Prize Bingo with Charles at the mike. Please join us for an evening of fun and laughter, you might even win a prize. Admission is £4.

During October, date to be announced, our Churchwarden Sandie Little will be hosting 'Sandie's Supper', an informal meal as a means of saying thank you to all those who have supported the Church during the year. At no charge, please feel free to join us for a meal and a chat. We are grateful to Sandie who will be preparing the meal for us and for her commitment to her duties throughout the year.

Geoff Lambert, PCC Secretary
01473 624130
brightwellpcc@tesco.net
www.achurchnearyou.com

HOLY FAMILY & SAINT MICHAEL

Holy Family & Saint Michael on the main A1214 is the Catholic Chapel serving Martlesham and Kesgrave. It is part of the parish of Saint Mary in Ipswich.

September sees the start of activities which take place after the summer. For example we have the 'Journey of Faith', a series of sessions for those who wish to explore or deepen their understanding of the faith, a quiet day at Clare Priory and a deanery quiz, amongst other things.

If you would like to be kept informed of services and activities please visit the website at www.st-mary.org.uk or ask to receive a regular copy of the weekly parish newsletter and monthly parish magazine by telephoning the Presbytery on 01473 728115.

Regular 'Sunday' Masses at the Holy Family are celebrated at 6 pm on Saturdays and 9:15 am on Sundays. Weekday masses are normally on Wednesdays and Fridays at 10 am.

B R I G H T S T A R S

FUN AND WORSHIP

**For babies, toddlers and
pre-school children
in St Michaels Church Centre
Martlesham Heath**

**Services for September
Monday 8th September
Monday 22nd September
Starting at 10:30 am**

**Service lasts for about half an
hour with a chance to meet for
refreshments and a chat
afterwards**

**For more details contact
Pauline Jordan on
01473 625061
or
Jo Dixon on 01473 622160**

**Look forward to seeing you
there!!**

GREETINGS FROM MARTLESHAM CHURCH

Back to school, in all the High Street shops we have been seeing 'back to school' ever since the children began their Summer holidays. Back to school at the beginning of September and the parks and playgrounds are quiet again.

Have you thought of going 'back to Church' if you used to go and stopped for whatever reason. On Sunday 28th September all churches are having a 'Back to Church' Sunday, when you can go to church, sure that you will not be the only person going again after a long break, sure of a welcome - as you would be for any service at any time.

If you have often thought of going to Church but never got round to it, why not put the date in your diary and go 'Back to Church' - it could be life changing.

MARTLESHAM HEATH PAVILION

Did you know that there are regular meetings and activities going on in the pavilion for at least 24 hours each week?

Each week there are –

- Bader Court coffee mornings
- Weight Watchers meetings
- Country Market
- Tuesday Games Club
- Brownies
- Rainbows
- Bridge
- 4 Parent and Toddler sessions
- Yoga classes
- Youth Club
- Street Dancing
- Computer Training
- Lip Reading
- Kick Boxing

Every two weeks there are –

- Cross-Stitch Club
- Crossroads

Every month there are -

- WI meetings

Occasionally there are -

- Martlesham Historical Society meetings
- Woodbridge Model Boat Club meetings
- Martlesham In Bloom meetings
- Conservation Group meetings
- Village Produce Association meetings
- Martlesham Consultants Limited meetings
- Choir Group meetings
- Ipswich Photographic Society meetings

During the summer there are –

- Martlesham Nomad Cricket matches

Did you know that there is some time available if you want to start a new club or society? For more information on any of these, please contact 01473 621406

THE CHURCH IN MARTLESHAM & BRIGHTWELL

**BUILDING
GOD'S
FAMILY
TOGETHER**

PARISH MINISTER: The Revd. Ian Naylor, 17 Lark Rise, Martlesham Heath, IP5 3SA,
Tel: 01473 622424 and e-mail address: inaylor17@aol.com

CLERGY: The Revd. Elizabeth Corker, 12 Fairfield Avenue, Felixstowe, Tel: 01394 210793
The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath, Tel: 623770

READERS: Carolyn Smith, 74 Heathfield, Martlesham Heath, Tel: 01473 625630
Lewis Currie, 18 Parkers Place, Martlesham Heath, Tel: 01473 625320

ELDERS: Margaret Rollins, 9 Angela Close, Tel: 01473 623868; Monica Twaits, 39 Angela Close,
Tel: 01473 623194

PRAYER DIARY FOR SEPTEMBER

Please use the following suggestions as a basis for your thanksgiving and intercessions:

5 give thanks for summer holidays

6 for the 'drop in' for teenagers at St Michael's

7 for church leaders

8 for married couples

9 for those involved in local government; for wise decisions about the development of our area

10 for all those living in The Paddocks

11 for peace in areas of conflict

12 give thanks for the beauty of God's creation and the area in which we live

13 for youth leaders and workers in our area

14 for God's guidance for the work of His church

15 for parents and children

16 for those at Suffolk Police HQ

17 for all those living in The Square

18 for those without enough food and water

19 give thanks for the harvests

20 for those starting or returning to university

21 for those who have yet to know the love of God; for the return of the prodigals

22 for those who live alone

23 for health service workers; for volunteers; for the Community Responders

24 for all those living in The Stirrups

25 for the homeless

26 give thanks for our homes

27 for protection for young people from the effects of drink, drugs and violence

28 for visitors to church on 'Back to Church Sunday'

29 for those whose family live far away

30 for those who travel to work in this area; at Adastral Park, Tesco, The Square, the industrial and retail areas

OCT 1 for all those living in Thirling Court

2 for those working to spread God's love and God's word around the world

3 give thanks for God's word, God's love, God's Holy Spirit

4 for Town Pastor teams in Suffolk