

martlesham monthly

Incorporating The Talking Martlesham Monthly

AUGUST 2012

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approximately 250 words.

MARTLESHAM MONTHLY ONLINE

www.martlesham.org.uk

TALKING MARTLESHAM MONTHLY

Please contact the Editors if you, or
someone you know, would benefit from
receiving one of the monthly audio
tapes. They are available free of charge
and are delivered by Royal Mail on the
second Saturday of the month. The
tape can be returned to Graham
Downing free of charge by reversing the
address label and dropping the
package in a letter box.

DISCLAIMER

The views expressed in the Martlesham
Monthly are those of the contributors
and are not necessarily supported by the
editor.

MARTLESHAM BIRDS August Greater Spotted Woodpecker (Dendrocopos major)

The drumming sound on a tree is
often the greater spotted
woodpecker. It builds its nests and
feeds from tree trunks. It eats insects
and beetle larvae which hide under
the bark of trees.

This woodpecker has nested in the
Portal Woodlands for the last ten
years.

POLICE

Community Police Officer
PC 651 Richard Wright
In case of emergencies please always
call 999.

In non-emergency situations call the
main switchboard on 01473 613500
or the new number 101.

You can also contact PC Wright for non-
urgent matters:

Office: 01473 334980

E-mail:

richard.wright@suffolk.pnn.police.uk

Or the Safer Neighbourhood Team
kesgrave.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders
are a group of 5 volunteers (funded
entirely by donations) who are trained
to provide first aid and resuscitation
skills. We provide a first response to
most 999 calls received by the East
Anglian Ambulance Trust within
Martlesham, Martlesham Heath,
Waldringfield, Newbourne and
Brightwell, in support of and until the
arrival of an emergency ambulance.

We now have our own website, which is
updated regularly. Why not have a look
at the site **www.martleshamcfr.co.uk**

For further details contact, Paul and
Claire Stockdale 01473 621225.

(e.mail:

paulpstockdale@btinternet.com) or see
our web pages on
www.martlesham.org.

MARTLESHAM MONTHLY NEEDS YOUR HELP

Please can you spare a few
hours a month to help
Martlesham Monthly?

The Martlesham Monthly relies
entirely on voluntary helpers to put
the magazine together and, for
various reasons, several of our
helpers have now left. I need help for
approximately 3-4 hours on the
morning of the last Thursday of every
month.

If you have some spare time and
would like to join our friendly group
we will be very pleased to see you.

We meet in St Michael's Church
Annexe and coffee and biscuits are
provided.

Please call me on 01473 626169
or email mikej.hall@btinternet.com

Thank you
Kay Hall

MOBILE LIBRARY TIMES FOR AUGUST

The mobile library is expected to visit
on the following days/times in
August:

Tuesday 14th & 28th:

Falcon Mobile Home Park:
2:15-2:45pm

Douglas Bader: 2:55-4:30pm

Thursday 9th & 23rd:

Douglas Bader: 10:20-11:45am

Wednesday 8th & 22nd:

Angela Close: 1:40-1:50pm

Redwold Close: 1:55-2:05pm

The planned route and time changes
for September are as yet apparently
undecided, so watch this space!

MARTLESHAM PARISH COUNCIL

New Parish Councillor

We welcome Sue Nichol to the Parish Council. She was appointed by co-option on 04 July 2012. Many thanks to all those who expressed an interest.

Please do not be deterred from applying again should another vacancy arise.

Bike Trails: Project update

We can report continuing progress with the provision of the Diamond Jubilee Bike Trails (formally the BMX project) and by the time this note is published the Royal Society for the Prevention of Accidents (RoSPA) will have inspected the facility and produced any recommendations for additional work before bringing them into use. An operational committee is being put in place consisting of local residents, the Police Safer Neighbourhood Team and local town and parish councillors to establish a regular inspection programme and for the resolution of any issues arising from the day to day use of the trails. The Team will report to the Parish Recreation & Amenities Committee. It is hoped that we will be able to organise a formal opening ceremony, however, our concentration is upon bringing the facility into general use for the school's summer break if possible.

Police Direct

The Parish Council has an excellent working relationship with the local Police Safer Neighbourhood Team (SNT) and at their request we are pleased to remind

parishioners of a free messaging service offered by Suffolk Constabulary. Known as Police Direct the scheme provides the latest local news about crime and policing direct to your email, mobile phone or voicemail. Recent messages have included requests for assistance in locating missing persons, advice of major traffic problems and warnings of offences of burglary and theft which provide a prompt response for all residents to take simple measures to avoid becoming victims of crime – for instance, remembering to secure windows and remove items on display in motor cars! The service is accessed through the Suffolk Police website or for more details contact the local SNT by ringing 101.

Projects and Grants

The Parish Council will be considering all applications for grants from local organisations in the autumn. If your group wishes to apply for a grant, please contact the Clerk (details below) for an application form, to be completed and returned to the Parish Council by Monday 15 October 2012. These grants are awarded for the financial year 2013/14 and the funds will be issued in May 2013. Any group with a project requiring Parish Council support/funding should also submit their project details and business plan by 15 October 2012 at the latest.

Grit Blins

During the last few winters the Parish

Council has received requests from residents for grit bins at local trouble spots which otherwise are not routinely gritted. The process takes 3 months for a new bin to be installed. If the need for a grit bin is identified the Parish Council has to consult with Suffolk County Council of its suitability and will then be considered by the Recreation & Amenities Committee.

Forthcoming meetings:

No Parish Council meeting in August

Development Plans Committee –
Wednesday 08 August 2012

Parish Council meeting – Wednesday 05
September 2012

Recreation & Amenities Committee –
Wednesday 12 September 2012

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

Clerk to Martlesham Parish Council,
Parish Room, Felixstowe Road,
Martlesham, Woodbridge IP12 4PB
01473 612632

e-mail: clerk@martleshamcouncil.org.uk
website: [http://
martlesham.onesuffolk.net](http://martlesham.onesuffolk.net) for latest

news & events

Parish Office opening times: 9am –
12noon, Mon – Fri, excluding public
holidays, but please book an
appointment in advance.

CHRIS BLUNDELL'S DISTRICT COUNCIL REPORT FOR AUGUST 2012

The District Council from Martlesham's point of view appears to be fairly quiet at the moment. However meetings are now under way with the Sizewell Task Group who are concerned with the impact that the proposed new nuclear power plant will have on the Leiston Community, the surrounding area and of course their local infrastructure. Your local District councillors will be observing their progress most keenly. Another matter that is occupying the minds and energies of the district council officers at this point in time is the change in funding. The basic difference from 2013 onwards will be that a proportion of our income will have to come from a bonus grant for building more homes and from a proportion of the business rates that are normally passed direct to government. The block grant that has been paid direct to the council will in future be reduced. Unfortunately we will not be able to retain the income from the big firms such as BT since their business rates would make us all very happy if we could keep it in the community.

I recently attended the Annual General Meeting of the Leiston and District Citizens Advice Bureau (CAB). The organization is well supported by the County, District, Town and Parish councils. I was impressed with the amount of family support they give and the number of families in the course of one year that they help.

By the time that you read this article the Government Inspector (Mr. Moore) will have had his public meeting at on the Core Strategy of the LDF at Trinity Park on the 12th July 2012 so we will be very interested to learn of his views/decisions with regard to the 'green spaces' and the 'mitigating factors' etc. If you would like to discuss these or any other matters with me, you can do so either by phone on 01473 622716 or by e-mail to chris.blundell@suffolkcoastal.gov.uk.

JOHN KELSO DISTRICT COUNCILLORS REPORT

Bloor Homes Mr Pipes Field and Mill Farm

Suffolk County Council Archaeology department have been on site doing trial holes to see if any important archaeology exists on this site prior to the application for new houses being dealt with. I have been advised that they are likely to be onsite for about one week and will do their best to avoid any damage to the trees. They will need to return to the main field to carry on with the tests once the potato crop has been harvested, this phase of the work will take approximately three weeks. I have requested that the County Council should advise the Parish Clerk when this work is likely to take place.

The latest information I have as to when the housing planning application will go to committee is likely to be November at the earliest.

Local Development Framework (LDF Core Strategy)

The LDF Core Strategy has now been placed before the Government Planning Inspector Mike Moore BA (Hons) MRTPI CMILT MCiHT. After having read the papers provided by Suffolk Coastal Mr Moore had requested additional points of clarification on two main issues regarding housing provision and the Appropriate Assessment- delivery of mitigation in relation to the protected European sites. Having received a written response to his concerns he felt that further questions needed to be put to the Planning officers and decided that it would be necessary to have an Exploratory meeting to discuss his concerns.

This public meeting took place on the 12th July prior to the Pre-Hearing meeting. After much debate which included input and questions from members of the public Mr Moore decided to allow the Council a few days in which to decide how long it would take them to provide him with the additional information he was requesting. The Council officers felt that this could take up to two weeks. If this proved to be the case Mr Moore would suspend the process for this short period of time. If he is still dissatisfied with the evidence provided the following options may be considered:

The Examination is temporarily suspended to enable further work on the Core Strategy

The concerns are resolved and the Examination continues

The concerns are not resolved but the Examination continues.

Or it is decided to withdraw the Core Strategy.

Mr Moore's decision and all of the up to date information and correspondence will be available to view at www.suffolkcoastal.gov.uk under the LDF Core Strategy Section and then follow the link to Examination by the Planning Inspector latest information. If you do not have access to email Please contact the Programme Officer at Suffolk Coastal 01394 444251 or contact me on 01473 631682 (after 6p.m.)

John Kelso District Councillor, Martlesham

MARTLESHAM HEATH HOUSEHOLDERS

The next open meeting is scheduled for Monday September 17th 2012 at the Church Centre Extension. The topic to be discussed is Tree Maintenance and Policy. We have many members contact us about trees around the heath and this is an ideal opportunity to find out about our policy on dealing with the trees we are responsible for around the village.

Football pitch near Gorseland School - We have recently observed people exercising their dogs on this pitch. While we are sure most dog owners are responsible and clear up after their dogs it is not always possible to remove all the excrement. We have recently put up polite laminated signs asking people not to take their dogs on the pitch. However, these have been removed. We do not want to go to the expense of getting more official signs put up, but with the football season approaching in September this may be necessary. Please refrain from exercising your dogs in this enclosed area for health reasons.

Maintenance charge – A reminder to all householders that the annual maintenance charge becomes due on 1st October and we will be sending out maintenance charge letters shortly.

To contact MHHL please leave a voicemail on 01473 612207, send an email to mhh@martlesham.org.uk or write to PO Box 897, Martlesham Heath, Ipswich, Suffolk IP1 9PB. Volunteers always welcome to help MHH maintain and improve the village.

MARTLESHAM COMMUNITY COUNCIL

Registered Charity No 273769

Our Next Events are as follows:-

BOOK AND WHITE ELEPHANT SALE:-

Saturday 18th August in
Martlesham Village Hall, Top Street,
Martlesham IP12 4RD

CRAFT FAIR

Saturday 27th October 2012 in
St Michael's Church Centre,
Martlesham Heath IP5 3PL

If you would like to have a stall to sell your craft at our annual Craft Fair, please contact Jackie Bear on 01473-623007 to book a stall or for more information

JUMBLE, PLANT AND BOOK SALE

Saturday 17th November 2012 in
The Pavilion, Martlesham Heath,
IP5 3PI

If you would like further details on the above or any other Martlesham Community Council activity, please contact the Secretary, Jackie Bear on 01473 623007

FREE INSULATION FOR ALL SUFFOLK HOMES

It may be summer, but Suffolk residents are being urged to think ahead and get their homes properly insulated well in advance of next winter by taking advantage of a scheme that offers residents free cavity wall or loft insulation.

Under the slogan of 'Ensure your home is as warm as toast next winter' Suffolk County Council and the District/Borough Councils of Suffolk, are working in partnership with accredited local companies to provide free insulation to all residents in Suffolk.

Although subject to survey, access and existing levels of insulation, this insulation offer is not dependent on income levels or age, but it is time limited. All applications must be received by 30/09/12. To apply simply phone 0845 603 7686 (local rate) or go to www.greensuffolk.org/toast

In order to encourage the public to take up this time limited offer, Suffolk schools, sports clubs, charities and community groups are being getting involved in the promotion of the campaign - and by doing so will be financially rewarded. The Greener Homes community cash-back scheme works by school, clubs and groups registering on-line at www.greensuffolk.org/cashback and then assisting the campaign by displaying posters and distributing leaflets to parents and members. In return they will receive a cash-back of £15 for every home insulated as part of this scheme, funded by the large energy companies. Just seventy installations will raise over £1,000 for a school or community group.

Suffolk employers can also get involved by nominating a Suffolk school, charity, sports club or community group that has registered with the cash-back scheme and publicising the free insulation offer in their workplace.

For more information on the scheme visit; www.greensuffolk.org/toast or phone 0845 603 7686 (Monday-Friday 9am- 5pm).

1ST MARTLESHAM HEATH RANGERS

The Rangers would like to say a big THANK YOU, to everyone who donated us wool & fabrics over the past couple of months, particularly persons unknown who left several large bags outside my front door. Template bags, glasses cases, bookmarks & fleece hats are ready & knitted squares are in production Apologies to the lady who contacted me from Desmesne Gardens, I lost your details, when I find them again, I will contact you.

By the time you read this, the Rangers, with the Guides, Brownies & Rainbows will have performed as the first act on stage at Music on the Green, we will have been to the beach, tidied the Scout Hut garden, had a games night, helped run the District Jubilee party & be planning a camp.

Have a good holiday everyone & see you in September. Rangers is open to young women aged 14-25 years, we have spaces available from September, so please contact us for further details.

Jo Dixon 01473 622160

GIRLGUIDING MARTLESHAM DISTRICT

For more details about Guiding in Martlesham, please contact the following:-

Jo Dixon Martlesham District
Commissioner 01473 622160

Chris Cooper Martlesham District Wait
List Co-ordinator 01473 626024

MARTLESHAM HEATH BABY AND TODDLER GROUP

Due to popular demand, and the long stretch of potentially wet summer holidays, Martlesham Heath Baby and Toddler Group will now be opening throughout the summer holidays! We will be ready to play and chat every Wednesday morning, 9.30-11.30am at Martlesham Pavilion from 25 July and all through August, and we will go back to our usual Wednesdays and Fridays once we arrive in September. We know a lot of our children have older brothers and sisters who are off school over the summer, so we are happy to welcome them to our morning sessions through the summer too (we might even let them at the biscuits if they are good!).

Hopefully our new committee will have lots of fantastic activities planned for the new term in September - thank you to all our attendees for supporting our events throughout the year, we need your help to keep running! Keep an eye on our Facebook page for updates of what exciting events are coming up or email us. We hope to see you some time over the summer (unless the sun actually comes out, in which case we'll all be at Felixstowe beach!).

mhbabyandtoddlergroup@yahoo.co.uk

THE SAPLINGS

During term-time, we offer childcare from 7.30am to 6.00pm for ALL children aged 2 to age 11 years with a breakfast before school and a light cooked tea served after school. We offer a 'Walking Bus' for children to and from Birchwood Primary School.

We have highly qualified, experienced staff who ensure each child is treated as an individual and is given opportunities through play to progress their development. Our full-time Manager, Irene Greenfield, holds 'Leading Practitioner Status' and therefore ensures 'The Saplings' provides high quality childcare with the highest standards of best practice and care.

For further information on any of the above, please call us on 01473 614753, email news@thesaplings.org.uk or visit our website www.thesaplings.org.uk.

Its still not too late to book your child into our funpacked HOLIDAY CLUB for children from age 2 up to age 11 from 8am to 6pm.

Break up the long summer with fun sessions including boat building, jewellery making, swimming, ready steady cook and much more!

Our convenient, flexible sessions can be booked at just £3 per hour (min 2 hours) or on a daily basis at £26 per day.

Summer holiday fun for children at affordable rates with very flexible hours.

MARTLESHAM PLAYSCHOOL

What a busy June and July we had !! Our fun day in mid-June was a great day for everyone thanks to our fundraisers' hard work, making a profit of £867. Thank you to those who helped on the stalls and for everyone who came along to support us.

At the end of June children and parents went to visit Ipswich Museum and Christchurch Park, travelling by coach to add to the excitement! They thoroughly enjoyed themselves in the park and had a fantastic time seeing what the museum had to offer, looking at all the brilliant displays – a great day out!

We had a super end to the school year with an end of term party. There was the usual noise and excitement with lovely party food and refreshments. We said a sad goodbye to over half of our children as they moved on to “big” school or nursery. We wish them all well for the future and hope everyone has a super summer holiday ! In September we will welcome lots of new children and hope they settle quickly with us

To put your child's name on the waiting list please visit www.playschool.martlesham.org.uk or contact me on 01473 621315 for more details. We urge you to do this as soon as possible as we have a very long waiting list. We are a popular and well thought of playschool and as such are now full and will only have a very limited number of places in January. We are registered to take children from 2 years and the younger you register your child the better. We are next to Gorseland School and serve families in Kesgrave, Martlesham Heath, old Martlesham as well as all surrounding areas.

Caroline Swale (Business Manager)

PORTAL WOODLANDS CONSERVATION GROUP

Our Glow Worm Survey and Bat Walk at end of June were enjoyed by all with the weather being kind. There was a good display of several species of bat and a count of 23 female glow worms, better than last year but still well below average. The group attended Birchwood School's summer Fete where we had a display of live animals which attracted a lot of interest from adults and children. The volunteers have been repairing the Northern revetment that has received some damage from children.

Please note there are no activities in August but we will be pleased to meet you at the MHAS Open Day on Sunday 9th Sept at the Control Tower.

Dates for the diary next month:

Nature Watch Club

Saturday 8th Sept 10:00am-Noon

Woodlands Work Morning

Saturday 15th Sept 10:00am-Noon

Nature Explorers Saturday 15th Sept 9.00am to 11.00am

Dates for 2012 Work Mornings, Nature Watch and Nature Explorers are now available at <http://pwcg.onesuffolk.net/> For more information about PwCG and its activities or if you have any questions please email us at pwcg@martlesham.org.uk or phone Martlesham Parish Council on 01473 612632

MARTLESHAM HISTORY SOCIETY

The next meeting of the Martlesham History Society will be on Monday 20th August 2012, the AGM will commence at 7.30pm, followed by the talk at 8.00pm.

Talking of Suffolk Towers & Turrets ~ Roy Tricker

Meetings are held at The Pavilion, Martlesham Heath, Ipswich, IP5 3PI and start at 8.00pm. Admission is £2.00 and newcomers are always welcome

MARTLESHAM HEATH AVIATION SOCIETY

Our

**Control Tower museum
is now open**

Sunday afternoons
from 2 to 5pm.

**Come and see the
extraordinary aviation history
of
Martlesham Heath.**

YOUR LOCAL COUNTRY MARKET.

Every Saturday morning you will find us at the Scout H/Q Twelve Acre Approach Kesgrave offering seasonal vegetables, and fruit. Surplus to customer needs is now being made into jams, jellies etc, whilst the vegetables will be made into various chutneys, and will be ready later in the year.

We are approaching British Food Fortnight when we will have for sale cooked items using as many ingredients sourced locally or produced in the UK with samples for you to try.

We have enjoyed meeting new residents as we have attended local fund raising events, and hope that the variety and quality of items offered at market impresses more of you to support us on a regular basis either at Kesgrave, or Martlesham.

Martlesham Heath market day is a Tuesday at the Pavilion, The Square, Martlesham Heath between 9am and 10.15. At both venues we offer refreshments when we can sit, if invited, and listen to what you would like to see at your market.

Margaret: 01473 623849 or visit our website www.kesgravemarket.co.uk .

40+ YEARS OF YOGA AT MARTLESHAM

If you're near the Village Green on a Thursday evening you will have seen people turning up at the Pavilion with rolled mats and blankets under their arms to begin their regular weekly yoga practice.

It is an everyday scene, but marks a considerable achievement. There has been Yoga teaching at Martlesham Pavilion for about forty years – almost since the village was first built. In the late 1970's the classes were taught by Gwen Moore; she was succeeded by Izzy Ixer who continued to teach students at the venue for a further magnificent 23 years. In 2006 one of her regular students, Angie Punaks, took over the classes after teacher-training with the British Wheel of Yoga.

This autumn Angie is giving up teaching classes in the evenings, but the yoga will continue, and indeed develop. Manon Palmieri, another of Izzy's former students and also teacher-qualified with the British Wheel of Yoga, will take over the two Thursday evening classes. Meanwhile, Angie has decided to concentrate on daytime teaching and is starting a new class in the Pavilion on Wednesday afternoons as from September.

Although many students continue to attend the classes for years, there are usually places available, especially as there will now be an additional class.

You never know there may be a celebration in another 20 years of the Martlesham Pavilion Yoga Diamond Jubilee!

Manon: 07773 456078

Angie: 01394 446054 angie@erik.punaks.waitrose.com

MARTLESHAM HEATH AVIATION SOCIETY

Our meeting on Friday, 6th July was a very well attended talk by a remarkable man who flew night fighters during WW2.

John Pemberton explained that he hails from Czechoslovakia and arrived in England just before war broke out in September 1939. He had always wanted to fly and immediately volunteered to join the RAF to help in the struggle to free his homeland.

Hitler had decided to switch his offensive from airfields in 1940 to blitzing London and other cities. The Germans realised that their bombers were no match for fighters in daylight and switched to night bombing. John became a night fighter pilot and remained so throughout his flying career. He managed to get himself shot down by London Ack ack gunners when he strayed over a part of London that had been out of bounds of fighters. He and his navigator bailed out and the very next day was flying another Beaufighter.

John flew many different types of aircraft from Blenheims to Phantom F4's. He is now 91 and spoke for the best part of 2 hours with only a few notes. He also explained that he had adopted his English wife's name because his own was unpronounceable by most Englishmen.

A vote of thanks was given by our President, Gordon Kinsey.

There is no meeting on the first Friday of August because this is the occasion of our evening outing. We will be visiting The Combined Services Museum at Maldon in Essex. There may be one or two seats left if any non-members are interested?

The next monthly meeting will also not be held on our usual date of the first Friday in the month. It will be held one week earlier, on Friday 31st August. The talk will be given by Mike Peters and the subject is "Glider Pilots at Arnhem". It is based on the book by Mike Peters and Luuk Buist.

Meetings are held at the Community Hall Felixstowe Road and start at 7.30pm with a coffee/tea break half way through. Non-members are welcome for a payment of just £2.50 at the door.

Alan Powell 622458

SUFFOLK ACRE

COMMUNITY OIL BUYING NEWS

www.suffolkacre.org.uk

Suffolk ACRE launched its community oil buying scheme in January. We already have over 300 members who have on average made savings of over 5.8p per litre (including VAT) with an average saving per order of more than £50.

With over 113,000 premises in Suffolk not on mains gas we know there are a lot more people that could benefit from lower oil prices; particularly those that can perhaps least afford the ever increasing costs of heating; the elderly and those on lower incomes that may not have access to the internet.

The scheme is open to everyone in Suffolk and the more people that join the greater the savings, which will benefit all of us in the County and it also helps the environment too by reducing delivery miles.

According to Consumer Focus (the government's consumer champion organisation) buying oil before the winter period when suppliers are usually less busy, offers better value than purchasing in the peak months of the year. Other top tips suggested by the organisation include group buying schemes.

Suffolk ACRE brings together orders from all across the County which are then added to other counties who operate similar buying groups, to get the very best price.

Membership of the scheme costs £20 a year but for local co-ordinators membership is free.

If you would like to know more or are able to offer some help as a co-ordinator, please do not hesitate to give us a call on 01473 345300 or email oil@communitybuying.org.uk. Further information about the scheme is also available at www.communitybuying.org.uk

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the group, becoming a helper or hiring of the Scout HQ please contact Sarah Cooke on 01394 387858

MOTHERS' UNION

The Mothers' Union has been very mobile during the last couple of months. During June, 40 members of the Mothers Union set off for Chester for a 6 day holiday, which incorporated the MU Annual Meeting, this year held in Llandudno. The weather was damp so say the least, but we were not affected by floods which had beleaguered South Wales the previous week. Members enjoyed visiting places of interest including The Gt Orme, Ellesmere Port and Bodelwyddan Castle. A guided tour of Chester proved to be very popular, led by the real Tom Jones! We attended a Service of Welcome in St Asaphs Cathedral on the Friday evening and the meeting was held in the Cymru Venue at Llandudno on Saturday. We all enjoyed lots of fun, faith and fellowship and we look forward to next year's holiday, when we hope to visit Bath. Incidentally the high light for some, was a service held in the coach on the return to Suffolk on Sunday. It's amazing what can be done when you put your mind to it!!!

Our local branch visited Dunwich and Westleton during the first week of July and enjoyed a fish and chip lunch

Another trip was to Norwich Cathedral where 50 members enjoyed a guided tour followed by free time to shop or eat or both!

Martlesham Branch meets on the first Wednesday of each month at St Michael's Church Centre at 2.30pm More details can be obtained by phoning Florence Fisher on 01473 631347

MARTLESHAM WI

Although most of us have heard of Suffolk Accident & Rescue Service we were not really sure of their function in the community. Our speaker Mr. Colin French is a member of the Service and was able to explain in detail the vital work they do. The Suffolk Accident Rescue Service (SARS) is one of 85 Immediate Care Schemes which currently exist in the UK providing skilled medical help at the scene of an accident, medical emergency or during transportation to hospital. Colin told us how the service was started in 1972 and how it operates today. Although the ambulance services provide the statutory emergency response, there are certain procedures (mostly involving the use of special items of equipment or drugs) which can only be undertaken by doctors. The doctors are unpaid volunteers and it is SARS who sponsor them to attend Immediate Care training courses. Because the equipment is also costly there is always a need to raise funds. The volunteer doctors have responded to more than 15000 calls since the Service was formed and after hearing about the excellent work they do we realised how much they are needed.

We meet in the Richards Room, Felixstowe Road at 7.30 p.m. There is no meeting in August but on 21st September Dr. Geoffrey Kay will give an illustrated talk entitled 'Story of the Crystal Palace & Great Exhibition'. Do feel free to come along either as a visitor or with a view to joining our small friendly group. Contact can be made to Susan Cunliffe on 01394-382199.

Barbara Bown

Village Views

A HAPPY TAIL?

Woof! I am a very loving, friendly, but nervous liver & white rescue Springer Spaniel I am 8 years old, but only moved in with my new owner 2 weeks ago onto the Heath, you may have met us out already. I get so excited when I see other dogs, I just can't help barking & pulling & wagging my tail very hard, but I'm not allowed to meet any of you yet, until I can calm down. I've lived with other dogs, but not been walked regularly, so my lead etiquette needs work. If you see me out walking & my owner suddenly turns & walks away, or asks you to call off your dog, it's not because she's being rude, but she needs to focus all her attention on me, to make me feel safe & calm & stop my barking habits. I'm not allowed off the lead yet, but hopefully with time, patience & understanding from other dogs & their owners, I'll get there. Thank you, Robbie.

Martlesham and District Flower Club

INDOOR GARDEN PARTY

Wed 15th August 2.30pm – 4.30pm

At St Michael's Church Centre

Martlesham Heath

Cream Teas and various stalls

Admission 50p.

***In aid of Guide Dogs for
the Deaf***

and

Woolverstone WISH Fund

MARTLESHAM & DISTRICT FLOWER CLUB

We were pleased to welcome Mrs Brenda Evers to our Club and enjoyed a lovely demonstration by Brenda using various unusual stands and containers, filled with superb mixtures of roses, lilies, gerberas, freesias, chrysanthemums and gladioli. She also included peacock feathers for height. All her arrangements were complemented by grouped foliage chosen for shape and colour and each piece brought back some happy memory including a holiday in Spain and seeing wonderful sunsets whilst cruising down the Nile.

The competition was won by Ann Chisem (senior) Shelagh Goddard (intermediate) and Frances Davies (novice).

The Club meets at St. Michael's Church Centre, Martlesham Heath, on the third Wednesday of each month at 2.30pm. The annual subscription is £12.50 with visitors welcome at £2.50 per session. There is a plant and flower arrangers stall at each meeting.

The next meeting will be our indoor "Garden Party" on 15th August 2012 in aid of Guide Dogs for the Deaf. Please come along and support us.

Margaret Doveston 01473 624422

RSPCA EVENTS

Annual Open Day with Fun Dog Show on Sun 2nd Sept (Animal Centre Mill Lane, Martlesham, IP12 4PD) – why not bring your pooch along to take part in this ever popular Fun Dog Show or wander round the stalls and enjoy the refreshments – all starts at 1pm.

Please contact 01473 6213280 or email
martlesham.rspca@btconnect.com for further info

It's Quiz Time again

on Sat 13th October at St. Michael's Church Centre, Martlesham.

Doors open at 7 for a 7.30pm start. For more info and to book please contact Kate on 01449 614057 or
katebranchadmin@talktalk.net

Tickets £7.50 each – ticket price includes sandwiches and nibbles. Soft and hot drinks available to buy but please bring your own alcohol. Teams of up to 6 people. Raffle

IMPROVE YOUR COMMUNICATION SKILLSWITH SPEAK EASY AT MARTLESHAM

Speak Easy at Martlesham Speakers' Club is a Toastmasters' International affiliated club providing educational programmes in communication and leadership. The meetings are held fortnightly on alternate Thursdays in the Richards Room, Martlesham Community Hall, Felixstowe Road, Martlesham IP12 4PB (behind the Tesco superstore). Meetings are 7.00 pm for a 7.15 pm start and finish at 9.30pm. Guests are always welcome to attend, we look forward to seeing you.

Future Speak Easy at Martlesham meetings 2012:

August 2nd

August 16th

August 30th

Further details can be found at
www.speak-easy.org.uk

KESGRAVE BANDSTAND TWENTY YEAR CELEBRATION

A delightful afternoon was held at the Kesgrave Bandstand on 16th June 2012 despite the weather. Martlesham Brass were the first performers and did a excellent job of keeping their music on their stands despite the wind. Ten members of Springfield Follies gave a melodic performance to engage all ages. Funky Voices over powered the wind with their performance and were a huge success with the crowd. The Trad Jazz Band gave it their all to finish the afternoon and were a delight, thank you La Fontaine. The cream teas provided by Yvonne Mills and Angela Finch went down a real treat, thank you ladies.

A very big thank you to all those who came and gave their support to this special event.

Geraldine Maskey

KESGRAVE MARKET

The next Kesgrave Market is on 18th August, from 9.00 am – 12.30 pm, as usual. Once again, as this article is being written, it's pouring with rain – surely we will see some more sun soon? Stallholders and customers don't seem to be allowing the rain to dampen their spirits, however, as the Market is noticeably increasing in popularity. Mandy, the Market Manager, would still like to make a stall available in the future for local Charities. It will be just one stall each month and any local Charity which has something it can offer the Community can have it free of charge. If you would like to discuss this idea with Mandy, please contact her via email:
marketmanager@kesgravetowncouncil.org.uk

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back if not available.

Alternatively E-Mail the new E-Mail address
martcomhall@btinternet.com
Charity Number 1009602

LIONS CLUB OF WOODBRIDGE & DISTRICT

The crowds came out to support Woodbridge Regatta and Riverside Fayre, even if the sun was a little late! The Lions Club organises all the shore side events and at the third time of trying, the weather had not caused us to cancel an event. A few cars got stuck in the mud and some gazebos were nearly blown away but Lions were on hand to help out. In coming Lion President Peter See said 'cancelling events in which so much effort has gone into is very disheartening. Also what we tend to forget is that if our income is reduced, then so is our ability to help those who really need our support. So we are really happy that the Regatta has been such a great success'. Congratulations to the three lucky winners of the Spectacular Duck Dive which was the finale to the day's events. The Lions raised in excess of £1300 for its Charitable Trust so thank you to all who took part including the students from Kesgrave 6th Form and everyone who gave so generously.

We now look forward to a new event, a Pig Race to be held at Hacheston Village Hall Saturday 15 September, details to follow. Shortly after in October we will hold our 30th Charter Anniversary at Fynn Valley Golf Club where two of our members will also be celebrating 30 years membership!

The Lions Club is not just about raising money. It's about community service – doing something for your community, getting involved and having fun. So if you want to, give us a ring on 0845 833820 or check out
www.woodbridgelions.org.uk

MARTLESHAM HEATH PAVILION

The Pavilion is a great location for a children's party at weekends.

If you want to book the Martlesham Heath Pavilion or need more information please call Becky on 07732 199 712

Alternatively, you can book via our website: <http://www.martlesham.org.uk/pavilion/index.htm> which also contains details of our current rates and hiring conditions.

MARTLESHAM CHRISTIAN FELLOWSHIP

Black Tiles Lane

"Was Jesus truly Human ??"

When people are speaking their conversation will often include words relating to their professions.. A Musician e.g. might lace his sentences with words like harmony, tempo or rhythm etc. Jesus was a carpenter, so it is not surprising that his talks to crowds and individuals have illustrations from the world of wood. He spoke, once, of timber being green or dry. He said there were two gates from which we could chose - a broad Gate or a narrow one (leading to Eternal Life).- He said of Himself - "I am the Door!". The word Carpenter also includes mason or builder, so it's not surprising that He spoke of buildings and foundations. (The wise man builds on rock, the foolish man on sand!) This is a real tradesman talking and no doubt his hands were rough from the saw and the plane. One of the most interesting illustrations comes in Matthew's Gospel Ch.11. The chapter ends like this :- Jesus said "Come to me, all you who are weary and carrying heavy burdens and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle and you will find rest for your souls. For my yoke fits perfectly and the burden I give you is light". - I have no doubt that the yokes made by Jesus were the smoothest in town! - It's the carpenter speaking again! -Advising us to seek His help in the stresses and strains of daily living. He was divine, yes! - but also truly human.

ACTIVITIES IN AUGUST

SUNDAYS

Worship and Communion - 10.00 a.m.

There will be no Tuesday Circle or Mums and Toddlers during August.

Friends on Friday will continue (10.00 to 12.00 each Friday).

For further information contact

John or Ruth Mellen on 01473 624401

AUGUST 2012

For many of us August brings a much needed break from the routine of work and opportunity for an extended time of leisure. I am not sure that people work harder now than they had to in previous generations but certainly there are more opportunities to work today than there used to be and, in consequence, there is a temptation for some to fill every waking hour with work.. I won't be the only person to have noticed a parent on the beach working on a laptop rather than playing with his or her small children. It is good to sometimes pause in the busyness and re-assess how we spend our leisure time and what better time to do that than in the traditional holiday month of August. If we don't plan our leisure time it is all too easy for the tired and weary to habitually flop in front of the TV, DVD or computer screen. The worrying thing about this is that there is a general feeling that the mass media is becoming less and less wholesome – and yet all the figures say that we are giving more and more time to it. So perhaps we need to think differently, to think Biblically, about how we spend our leisure time.

The Ten Commandments express God's scale of values – the first five are to do with protecting our relationship with God, next the sanctity of life – the person, then the sanctity of marriage and finally with property, things. So how might those principles relate to leisure time?

From the days of the Early Church many Christians have prioritised the importance of the Sabbath Day, spending time worshipping God and in the company of fellow believers. I would certainly endorse that. Family should also be a priority for our leisure time. One writer recently wrote that time spent together is becoming rarer as families consist of a group of individuals living under the same roof who come and go doing different things but who share the same fridge. Somewhat cynical perhaps but with an element of underlying truth. Time with friends is also important of course. Time spent on things is important for many today but the Ten Commandments remind us that people matter more than things. Maybe this Summer is the time to reassess priorities and re-evaluate how much of our leisure time is focused on people and building relationships rather than on something else. Maybe it is also an opportunity to re-assess your relationship with God.

Tricia Shuler

Vicar

BRIGHTWELL CHURCH

Pecunia Floribunda!! Thank you to all who helped or supported us in any way over the Festival of St. John the Baptist in June. The Concert by the Decibelles was an enjoyable evening and the weather stayed dry for us to partake of strawberries and cream in the churchyard. The Flower Festival on Saturday and Sunday was very well supported and we enjoyed meeting friends old and new over the two days. Finally we rounded off with a Songs of Praise, with hymns chosen by some of our congregation and it was good to be able to welcome Revd Shuler to the first Patronal Festival since she became our Priest in Charge. Financially it was a success with some £661 being raised.

In August we have two further fund raising functions- A Coffee Morning with Sue and Geoff Lambert at 21 Whinfield, Martlesham Heath on Friday 15th August from 10.00am to noon and at the beginning of the month Simon Lambert is planning to walk Hadrian's Wall and has agreed to accept sponsors for the Walk. He will be funding all his own expenses so all sponsorship will go to Brightwell Church Funds. If you would like to support us as a sponsor contact Marjorie or myself.

Geoff Lambert PCC Secretary 01473 624130

Marjorie Manning – Churchwarden 01473 625512.

brightwellchurch@btinternet.com

Building
God's
Family
Together

THE CHURCH IN MARPLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd Tricia Shuler 17 Lark Rise Martlesham Heath IP5 3SA

01473 612659

CLERGY: The Revd. Heather Cooke 9 Swan Close Martlesham Heath. hcookema@aol.com

READER: Carolyn Smith 74 Heathfield, Martlesham Heath.

ELDERS: Margaret Rollins 9 Angela Close, Martlesham. 01473 623868

Liz Welham 23 Deben Avenue Martlesham Heath. 01473 622709

Lynn Wilder Kenton Nr Debenham. 01728 860627

Services for the Month	Brightwell St John's	Martlesham St Mary's	Martlesham Heath St Michael's
Sunday 5th August 9th Sunday after Trinity	8am Holy Communion	11am Holy Communion (BCP)	9.45am All Age Worship
Sunday 12th August 10th Sunday after Trinity	6.30pm Evensong	11am Family Worship	9.45am Family Communion
Sunday 19th August 11th Sunday after Trinity	8am Holy Communion	11am Holy Communion (CW)	9.45am Worship
Sunday 26th August 12th Sunday after Trinity	6.30pm Evensong	11am Matins	9.45am Family Communion
Sunday 2nd September 13th Sunday after Trinity	8am Holy Communion	11am Holy Communion (BCP)	9.45am All Age Worship
MIDWEEK SERVICES	Holy Communion each Wednesday at 10 am in St. Michael's. Bright Stars will not be meeting in August A warm welcome awaits you at all our services		

AUGUST PRAYER DIARY

Please use these thoughts as an addition to your daily prayers and pray for

5th Lord, may we be aware of your loving presence every day.

6th Loving Lord renew the world in these troubled times.

7th Thank you for holidays and time to relax.

8th We pray for all residents of The Grove.

9th Mary Sumner Day: Pray for the MU worldwide.

10th Dear Lord bless all people in their needs.

11th Thank you, Father, for keeping us in your love.

12th Loving God, thank you for the time to pray and reflect.

13th Forgive me, Lord, for anything foolish I've done today and every day.

14th Help us to learn from others, Father.

15th We pray for all those who live in The Street and Top Street.

16th Thank you Lord for the skill and attention of those who care for us.

17th. Lord, be our rock through difficult times.

18th. Dear Lord, help us to say sorry when we are wrong.

19th Father I believe you love and care for me.

20th Thank you for your presence among us, Father.

21st We pray for farmers and food producers during harvest time.

22nd We pray for all residents of The Paddocks.

23rd Thank you, God, for our friends and neighbours

24th Pray for comfort for the lost and lonely.

25th Help us, Father, to think of others before ourselves.

26th Thank you for the gift of your Word.

27th Thank you for quiet days, Father.

28th We remember all who serve in the Armed Forces.

29th We pray for all who live and work in The Square.

30th Thank you, loving Father, for forgiveness.

31st Lord, help us to be masters of ourselves that we may be servants of others.

SEPTEMBER

1st Loving God, open our hearts and minds to the beauty of your creation.

2nd Thank you for our many blessings.

3rd We pray for young people starting a new phase in their lives.

4th We ask for your blessing, Lord, in our daily lives