

martlesham monthly

JUNE 2015

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MARTLESHAM MONTHLY ONLINE
www.martlesham.org.uk

DISCLAIMER

The views expressed in the Martlesham Monthly are
those of the contributors and are not necessarily
supported by the editor.

MARTLESHAM VILLAGE HALL

TOP STREET

Although we have regular bookings for
evenings throughout the year, morning
and afternoon sessions are available. The
hall is ideal for small groups who need to
meet at a reasonable cost, discount for
residents of Martlesham.

For any queries or bookings please
contact 01473 623655.

THIS MONTH'S PHOTOGRAPH

Recipients of Grants from Martlesham
Parish Council, from left to right

- Mike Irwin (Parish Council Chairman)
- Laurence Burrows (Martlesham in
Bloom)
- Sarah Holmes (Homestart)
- George Gould (Martlesham Bowls Club)
- Diana Hunt (Suffolk Red Cross)
- Emma Ruddy (Kesgrave Library
Community Group)
- Jenny Morcom (Disability Advice Centre)
- Louise Potter (Homestart)
- Phil Smith (Martlesham Conservation
Group)

"Greenways" which helps with the
management of the common also
received a grant
(Thanks to Sonya Burrows for the
photograph)

COMMUNITY RESPONDERS

Martlesham Community Responders are a
group of 3 volunteers (funded entirely by
donations) who are trained to provide first
aid and resuscitation skills. We provide a
first response to many 999 calls received by
the East of England Ambulance Service Trust
within Martlesham, Martlesham Heath,
Waldringfield, Newbourne and Brightwell, in
support of and until the arrival of an
emergency ambulance.

For further details contact, Paul Stockdale
01473 621225 (e.mail:
paulpstockdale@btinternet.com)

THE MARTLESHAM HEATH PAVILION

The Pavilion is a great location for a
children's party at weekends. If you want
to book the Martlesham Heath Pavilion or
need more information please call the
booking secretary on 07732 199 712
Alternatively, you can book on our website:

**http://www.martlesham.org.uk/
pavillion/index.htm**

which also contains details of our current
rates and hiring conditions

POLICE

Community Police Officer PC 1732 Rachel
Cable

In case of emergencies please always call
999.

In non-emergency situations call the the
new number 101.

E-mail: the Safer Neighbourhood Team
kesgrave.snt@suffolk.pnn.police.uk

GIRLGUIDING MARTLESHAM

For all **NEW** enquiries to join Guiding as a
young member or adult volunteer, please
visit www.girlguiding.org.uk/interested or
call 0800 1 69 59 01.

For general enquiries about Guiding in
Martlesham, please contact
Hannah Panting
(hannahpanting@hotmail.com) Martlesham
District Commissioner
Or Chris Cooper Martlesham District Wait
List Coordinator 01473 626024,

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the
group, becoming a helper or hiring of the
Scout HQ please contact Rachel Pennick
01473 610437

MOBILE LIBRARY TIMES

Tuesdays 16 June, 14 July, 11 August,

Angela Close: 1.35–1.50pm

Redwold Close: 1.55–2.10pm

Falcon Mobile Home Park: 2.20–2.50pm

Douglas Bader: 3.00–4.30pm

Calling every 4 weeks on Thursdays:

Douglas Bader: 10.15–11.45am

4 June, 2 July, 30 July, 27 August,

**MARTLESHAM COMMUNITY HALL AND
RICHARDS ROOM**

To enquire about booking Martlesham
Community Hall or the Richards Room
please telephone the Booking secretary
on 01473 623203 who will be available
to help you with your enquiry or will
telephone you back if not available.

Alternatively e-mail the new e-mail
address **martcomhall@btinternet.com**

MARTLESHAM PARISH COUNCIL

Martlesham Neighbourhood Plan boundary area refused by Suffolk Coastal District Council (SCDC)

On 06 May 2015 SCDC published its decision: it refused the parish boundary area submitted by the Council and approved a revised area which, as expected, excludes an area to the north of the parish considered to be visually and functionally more closely linked to Woodbridge town.

Significantly however and much to our surprise, frustration & disappointment, SCDC has also excluded the area to the south east of the parish which is covered by the still pending BT planning application for housing and employment. SCDC's decision notice can be found at:

<http://www.suffolkcoastal.gov.uk/yourdistrict/planning/policy/community/consultation/>

Please also refer to our Neighbourhood Plan Team's website for further information:
<http://martleshamnp.onesuffolk.net/>

What have we been doing recently?

- New swings for the Jubilee Playspace;
- Approving the end of financial year to 31 March 2015 accounts;
- Extra planning meeting to listen to parishioners' concerns about development in Three Stiles Lane;
- Litter pick on 09 May – more detailed report in July
- Ongoing land maintenance

Martlesham Needs You!

NOBODY cares more about your community than you and your parish council!

**It isn't an accident that Martlesham is such a great place to live
Become a Councillor**

Following the May elections, which were uncontested for our council, we are looking for 3 new councillors for co-option. This is your opportunity to help improve your community and lend your voice and life experiences to help protect your community in these challenging times. No matter what your background or employment status everyone has valuable views that count and would add to the community's voice.

How much work will it be?

The more time and energy you put in the greater the rewards but it is up to you how active you are. Every council is unique. We look after open spaces, footpaths, play areas, bus shelters, litter and dog dirt bins; organise practical working parties; respond to planning applications and consultations; liaise with the principal authorities and local organisations. We face major challenges regarding development in our parish and neighbourhood planning. Please look at our website to find out more.

Will I be paid?

Councillors cannot be paid and do not receive any allowances but they may claim reasonable expenses.

What do I do next?

Please contact the Clerk for more information and also to check whether you are eligible to become a councillor. Please come along to a meeting and find out what we're like!

Forthcoming meetings:

Parish Council –
Wednesday 03 June 2015
Development Plans Committee – Wednesday
10 June 2015
Parish Council –
Wednesday 01 July 2015
All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB
01473 612632
e-mail: clerk@martleshamcouncil.org.uk
website: <http://martlesham.onesuffolk.net> for latest news & events
Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

MARTLESHAM ANNUAL PARISH MEETING—CHAIRMAN'S REPORT

Giving local children the best start in life, enhancing our surroundings and helping those in Martlesham less fortunate than ourselves were the key themes behind the grants awarded to local groups at the Annual Parish Meeting on 22nd April 2015 in the Parish Room.

The meeting's next business was hearing reports from the parish council, its committees and working groups about the activities and achievements of the 2014 – 15 year. Beneficiaries of the Parish Council's work throughout the year included users of the Recreation Ground, Portal Woodlands, the Green, the Common, the Felixstowe Road picnic area, play spaces, football and bowls clubs and the network of public footpaths.

The Parish Council also represented the interests of residents when commenting on planning applications, formulating the neighbourhood plan and responding to consultations on matters as varied as public transport, cables from off shore wind farms and proposed development of Sizewell.

A full report on the activities of the Parish Council will be distributed when the audit process has been completed.

The next round of applications from local groups for grants will be open in September 2015.

JOHN KELSO DISTRICT COUNCILLORS REPORT

Suffolk Coastal Local Election result Martlesham Ward

Chris Blundell	1763
John Kelso	1380
Stephen Attwell	1190
Elisabeth Thompson	528
Julie Lumis	405

I would like to thank the residents of Martlesham for re-electing me to serve as their Suffolk Coastal District Councillor. I promise to serve all of the residents whether they voted for me, someone else, or, did not vote at all. I look forward and am honoured to be representing you for the next four years.

Some good news

It has recently been reported in the East Anglian Daily Times, that, Mr Passmore, Suffolk's Police and Crime Commissioner has decided to keep the Police H.Q. at Martlesham and therefore the threat of developing the site for housing no longer applies .

If you need to contact me to discuss any local issues, concerns or any Suffolk Coastal District Council matters please email me at john.kelso@suffolkcoastal.gov.uk or telephone 01473 631682

John Kelso District Councillor Martlesham Ward

CHRIS BLUNDELL'S DISTRICT COUNCILLOR REPORT FOR JUNE 2015

First I would like to say a very big thank you for the substantial support that you gave me and Stephen Attwell in the recent District Council election.

The results for the Martlesham ward were:

Chris Blundell (C)	1763 (elected)	
John Kelso (LD)	1380 (elected)	
Stephen Attwell (C)	1190	
Liz Thompson (L)	528	
Julie Lummis (L)	405	Majority: 383

The turnout was 77.3% which as far as I could tell was the second highest in the district. The average turnout across the district was 72.3%. The final make-up result of SCDC was 37 Con, 2 LD, 1 LAB and 2 Ind. This accounts for all 44 new seats, down from 55 seats previously.

What happens next. I am expecting to retain an involvement in the Site Specific Allocations group, the Grants allocation sub-committee and possibly the Policy Development Task Group. I will confirm these posts or otherwise in my next article. I have also been advised that the Community Enabling Budget scheme that was started at the end of 2013 will continue so if any organisation in which you are involved has a project that will produce a benefit to the community then please contact me.

The Neighbourhood Plan During the election period the appointed officer agreed our neighbourhood plan boundary that excludes Seckford Heights, Dukes Park and the proposed development south of Adastral Park. I will continue to play an active role in the development of this plan. The next stage is to identify and list those assets that the community wish to retain such as the central and north greens and also to propose any new facilities that will be desirable in and for our continually developing area. If you would like to assist in helping to identify and list those desirable assets the Plan Team would be most grateful. If you would like to discuss these or any other matter with me I can be contacted on 01473 622716 or by email at www.chris.blundell@suffolkcoastal.gov.uk .

MARTLESHAM HEATH SSSI LTD REPORT

Major work has effectively ended until next winter as we are now in the bird-nesting season. Many thanks must go to the small number of volunteers who have put a lot of hard work into the SSSI over the winter, without them we would not be able to make the required improvements to the SSSI.

We have noticed evidence of horse riding on the SSSI this is not permitted on the SSSI (Western Corridor) or any MHHL land. We will be putting up additional signage to that effect shortly. Not only does it cause damage to the land but there are many dogs walked in the area making it unsafe for horse riders and pedestrians alike.

We can be contacted on 01473 612207 or via Email at sssi@martlesham.org.uk. We welcome new volunteers or directors and hold a board meeting once a quarter.

MARTLESHAM NEIGHBOURHOOD PLAN UPDATE

On the 5th May 2015 Suffolk Coastal District Council refused the Martlesham neighbourhood area application which followed the Parish boundary. However SCDC approved an amended area. Their exclusions include:

1. Land now incorporated within the Woodbridge (with part of Martlesham) neighbourhood plan area (Dukes Park, California, Seckford Heights and Woodbridge FC site).
2. Land included within the strategic planning application (C/09/0555) Adastral Park (the whole of the BT site plus development land to the south and east).

The Decision Notices can be viewed via the following link:

<http://www.suffolkcoastal.gov.uk/yourdistrict/planning/policy/community/consultation/>

With reference to Adastral Park the Decision Notice states that *"Any grant of planning permission will be subject to a condition requiring a masterplan to be produced. The community would have input into the masterplan.....The combined neighbourhood plan / masterplan approach is considered to provide a strong local input / influence and a strong framework to ensure the physical and social integration between existing and future communities, service provision and land uses over the next 15 to 20 years."*

We intend to press for meaningful community involvement prior to any planning consent being given.

The planning application is now some 6 years old and much has changed since then (for example the emergence of a much busier retail park). There are also issues that were not covered in the planning application, but which came up later in the Local Plan inspection - eg mitigating open spaces, country park availability etc.

As Martlesham evolves and grows we will endeavour to preserve the best of what already exists and harmoniously incorporate the new.

Email. Martlesham2028@gmx.co.uk

CALLING ALL MUMS.....The June meeting of MARTLESHAM MUMS' CLUB will be held at St. Michael's Church Centre, Martlesham Heath between 12.45 and 2.30p.m. on Tuesday, 2nd June.

We will start the meeting with a sandwich, cake and fruit lunch (provided for you and your child/ren for a donation of £2 per adult). Sam Hughes from TinyTalk will then present a session of Baby Signing activities.

All mums, grans and carers with babies and toddlers will be most welcome.

The DRINKS AND DRIBBLES BABY

CAFE will be open at St. Michael's Church Centre between 10a.m. and 12 noon on Thursday 4th and Thursday 18th June. This is a 'drop-in' for mums, grans and carers with babies and toddlers.

An informal morning offering refreshments, friendship and toys. Why not join us?

For more information please ring Sue on 01473 624130.

KESGRAVE LIBRARY NEWS

Sunday Crafts (10 – 12 noon) – The following craft activities will be taking place in the library in June:

Sunday 7th – The 6th June is Butterfly Education and Awareness Day. Come along and make a 3D butterfly;

Sunday 14th – It's Father's Day – Come along and make a special card for Dad, Grandad or someone special;

Sunday 21st – The 15th – 21st June is Recycling Week. Come along and design a junk model;

Sunday 28th – The 25th June is Eric Carle's birthday. Come along and make a 'Very Hungry Caterpillar'.

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

BookStart – every Thursday

These are free activities for pre-school children and their parents or carers. Why not come along and join Emma every Thursday for songs, rhymes and stories.

Tot Rock - 9.45am – 10.15 am.

BabyBounce - 10.30am – 11.00am.

Book Groups

The afternoon group meets 2.30 – 3.30pm once a month on a Thursday.

The evening group meets 7.00-8.00pm once a month on a Wednesday.

If you are interested in joining either group, please ring and speak to a staff member about when the next meetings are.



Many of our children and families have now had confirmation of their primary school place. Change can be a big event in the lives of children and therefore we will be supporting our school leavers further to develop their independence in self-care, providing opportunities to dress and undress, explore resources which they will need to become familiar with when entering school.

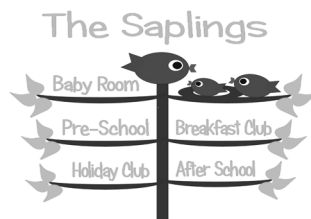
As a setting we will be in contact with all of our feeder schools and support the children and their families with this transition.

The children at our Martlesham setting will be looking at change within our environment, as well as explore how we can change things through experimenting and exploring. Many of our children have already explored making crisps from potatoes, growing seeds, watching the frog spawn change into tadpoles and exploring the woods and seeing how the blossom is falling and the leaves are growing.

The children at our Kesgrave setting have had a fantastic time travelling by bus to the local library, been busy creating their own food shop and this week they have developed it further into a shoe shop. We were also pleased to welcome a member of the Health visiting team which will hopefully become a regular occurrence.

Should you wish to find out about either of our settings please contact MARTLESHAM 01473 625986 or KESGRAVE 07746907060 and anyone of the fantastic staff will be happy to help.

Charlotte, Play Manager.



THE SAPLINGS

Through May and June

This is the time of year that we make the most of being outside. The children are loving the mud kitchen recently created. Aswell as this we will be busy measuring and identifying changes to seeds the children have been planting over the last few weeks. There will be bugs to

explore and colours and sounds of summer.

This theme will run through the baby room, and the babies will be involved in sensory play and tasting new foods. The summer theme and all the activities will also run through from preschool to after school club allowing all of the children to get involved.

It is in May that we start our rising 5's for the children that will be leaving us this summer. It's a fantastic way for them to be prepared for the new adventure ahead of them.

We have spaces in all our rooms and funded two and three year olds can use their funded sessions throughout our opening hours and 'stretch' funding across Holiday Club.

The Saplings is open Monday – Friday, 7.30am – 6pm for children aged 3 months -11 years, offering term-time and year-round care, with a Baby Room and Preschool, Breakfast Club, After School Club and Holiday Club and a 'Walking Bus' to Birchwood Primary School.

We are currently taking bookings for the May half term and if you would like your child to attend over the course of the week we have lots of fun activities planned so please do not hesitate to contact us.

For more information, please call: 01473 614753, email: news@thesaplings.org.uk, or visit our website: thesaplings.org.uk

Where the Wild Things Are – Saturday 13th June – 11.00 a.m. Come along and roar your terrible roar; join in the big wild rumpus! We'll be reading a very noisy version of 'Where the Wild Things Are' and making wild masks. Look out for posters advertising the event.

Volunteers Needed! Summer Reading Challenge - Are you interested in volunteering to help the staff at Kesgrave Library run this year's Summer Reading Challenge? The theme this year is Record Breakers. The challenge runs all through the summer

holidays for primary school aged children. If you are interested, please speak to a member of staff who will explain what the reading challenge entails and the process involved to become a volunteer.

Kesgrave Library, Kinsey House, Kays Close, Kesgrave will be open:

Tuesday	9am to 12 noon,	2.30pm to 5pm
Wednesday		2.30pm to 6pm
Thursday		2.30pm to 8pm
Friday	9am to 12 noon	
Saturday	10am to 5 pm	
Sunday	10am to 3pm	

A TERM IN THE LIFE OF A 1ST MARTLESHAM SCOUT

As part of my Chief Scout's Gold Award, the highest accolade a scout can achieve, I am required to promote my troop through the media in one form or another. Other fields that need to be investigated mentally and physically are the community, our Earth, the Outdoors, Fitness and Creativity as well as developing our beliefs and attitudes. So I decided to write this short article for local magazines to show people the varied ways in which leaders assist us in developing vital life skills, through fun and adventurous weekly sessions.

The term began with a Pioneering task; the construction of a trebuchet-like device using only bamboo poles and short lengths of rope. Both teams completed what faintly resembled the intended machine and were able to fire, to a certain extent and with varying degrees of success, projectiles. The idea of the task was to discuss methods suggested by each member and decide on the most appropriate design. In order to create the best aspect we had to compromise. All that was left to do now was co-operate when building. We all thoroughly enjoyed the evening.

Then followed a Meeting of challenges involving putting a tent up but with a twist; we were asked to do it blindfolded.

Next we began DIY skills; preparation for the Go-Kart race in September which we hope to enter. All teams must craft a vehicle but we currently do not own, the essential, wheels.

The rest of the Programme saw Pancakes, First Aid and Knife and Axe work (although fortunately not on the same night) to finish with the ever popular Chippy Hike.

Two scouts also represented the troops brilliantly at the District shooting competition. In which they were significantly disadvantaged as other teams were twice the size due to two others being absent from illness. Other events, past and future, include the Cub and Scout camp in June and bag packing in Felixstowe. Thank you also to those that came to our Spring Fayre. We are very grateful for the £115 we raised towards the roof fund. The items not sold will, by this time, have been put in tombola at Kesgrave market on the charity stall.

George Pennick (1st Martlesham Scout)



LOCAL CHARITY AIMS TO BRING HOME THE BACON

At Woodbridge Football Club on Saturday 6th June 6.30pm the Hog Roast Runners a dynamic team of battery powered, pink porkers will be returning to the track and individuals will be able to place their bets on their favourite, and hope that their oinker makes it first over the line, in a Pig vs Pig race!

Tickets cost £5pp or £15 for a family/group of 4. And if this isn't enough, tickets include a bacon or ploughman's butty!!! Local companies also have an opportunity to get involved in the action, with 3 different levels of race sponsorship available from £25 in advance.

For more information on sponsorship or for tickets please contact Home-Start on 01473 621104. Tickets can also be purchased from homestarteastsoffolk.org.uk

All money raised will go to the Charity Home-Start Suffolk: East Ipswich & Coastal. The Charity provides support to approximately 140 families per year, who reside in Suffolk Coastal District and the Eastern half of Ipswich. Families are supported through a team of nearly 100 volunteers, who provide 1-1, weekly support to families. Families receive support for many different reasons, which can include Mental Health Problems, Illness, Disability, parenting skills support, multiple births, and isolation.

Home-Start Suffolk is one of 315 local Home-Starts that are spread right across the UK and forms part of the UK's leading family support charity.

MARTLESHAM HISTORY SOCIETY

The next meeting of the Martlesham History Society will be on Monday 15th June 2015

Further Stories from the Millennium Project ~ Bury St Edmunds Cathedral ~ Horry Parsons

Following on from the excellent talk that Horry gave to us in 2013, he is back to talk to us about further "stories" from his time as part of the team involved in the Millennium Project where they built a 150 foot Gothic Lantern Tower on St. Edmundsbury Cathedral for the Millennium. His talk explains how they built a medieval tower in the twenty first century!

Meetings are held at Pavilion, Martlesham Heath, Ipswich, IP5 and commence at 7.30 pm. Admission fee is £2.50 and meetings are open to all

STAR Youth Club Rushmere

Invites you to a

BICYCLE MARKING EVENING

Wednesday 1st July 2015

St Andrew's Church Hall, Rushmere

6-7.15pm ages 9-11yrs

7.15-8.30pm ages 12-16yrs

Rushmere Community Police Officers will be present to mark & check your bikes & answer any safety questions

Refreshments & games available on the night

We look forward to welcoming you

For further information contact

Jo 07857 763150

Other Events this term: Cooking, Tower Bells & a BBQ.

Martlesham Brass

Summer Fayre

Saturday 13th June 2015

1.00pm

St Michael's Church Centre
Martlesham Heath

Grand Summer Raffle
Cake Stall Craft Stalls
Barbeque
Free Entrance
Come & listen to all the Bands

Registered Charity
No.1100922. Visit our website
www.martleshambrass.co.uk

FACILITIES FOR HIRE AT GORSELAND SCHOOL

Gorseland School is lucky enough to have some excellent facilities in the form of a multi-use games area (MUGA), large AstroTurf pitch, playground and large indoor hall. These facilities are available for the benefit of the general public on week day evenings and throughout all school holidays for a very competitive fee. The facilities are currently used for after school clubs, sporting groups, Scout & Guiding groups, fitness classes and other one off events. Weekly, monthly or ad hoc bookings are all welcomed. Facilities such as parking are available on site.

For further information or to make a booking please contact the school office on 01473 623790.

MARTLESHAM CARPET BOWLS

Not too much to report this month as we are between Leagues. Our Summer League gets under way on 12th, May with a match against Old Felixstowe.

our AGM on May 4th resulted in all the same officers were returned for another year and 1 new committee member elected. After 10 years of running the Club Competitions Vic Harrup has decided to stand down; our thanks to him for a job well done. In future Doug Bengner has agreed to take on this onerous task and will be helped by Gary Clarke, Diana Gaskin who has been organising the catering for the Club is also standing down and Josie Gould has agreed to take this on. At the end of the meeting the relevant cups were presented to the winners of all the Club Competitions.

We have 2 friendly games arranged our usual fixture Against the United Reform Church in Felixstowe and another game against Blythburgh which is rapidly becoming an annual event.

Judith Longman

MARTLESHAM LADIES CLUB

We have only one meeting planned for June. This will be the AGM on 11th June It will be followed by 'Nibbles' and possibly a quiz and will bring our season of evening meetings to a close.

We have enjoyed a mixture of very interesting talks and fun evenings with games and bring and share' suppers.

Our annual Coffee Morning in aid of the East Anglian Sailing Trust will be held on Saturday 11th July in the garden of 24, Viking Heights (off School Lane). Do come and support this worthwhile charity which provides sailing opportunities for people with disabilities.

Our meetings are held on alternate Thursday evenings at 7.30pm in the Richards Room. For further information contact Doreen Boar 01473 622768.

MARTLESHAM W.I.

June is always a busy month in the W.I., and this year is no exception. Firstly we have the Centenary AGM at the Albert Hall on June 4th. Unfortunately this year is not our turn to send a delegate, but because it is such a big deal, many W.I.s are arranging live transmissions from London. So several of us are going to Henley to see the meeting on a big screen. Should be an exciting day. Then we have the special meeting of our group of local W.I.s - this year Levington will be the hosts and the speaker will be Terry Hunt, editor of the EADT, on the 75th birthday of the paper.

And here in Martlesham we are looking forward to trying our hands at encaustic wax painting (no, nor me neither!). But Sarah Waldoock will reveal all. So it should be an interesting evening with a chance to learn something new. Please do come along if you'd like to find out more. Competition is for a handmade card. That is on Friday June 19th at 7.30, in the Richards Room, but remember, as from September we shall be meeting in the afternoon. If you've considered joining us before but couldn't make Friday evenings, why not make a note to come to our September "launch". Everyone is always welcome to come to our meetings, we are a small friendly group. For more details contact our secretary Anne Bennett on 01394380110.

Susan Cunliffe

COUNTRY MARKET Tuesday 9.15—11.15 am at Martlesham Heath Pavillon.

Wow what glorious weather we have been having recently! Have you been enjoying the spring sunshine? Our gardeners certainly have! We are now beginning to get home grown plants and seasonal fruit and veg in store. We even have a new producer bringing a wide array of potted herbs to the market. Our cooks are busy creating picnic friendly foods, individual quiches, cupcakes, sausage rolls etc, all freshly homemade.

Did you know we can actually make up picnic hampers ready to go? Just pop in or give me a ring and discuss what you would like.

On top of all this you can still find amazing handcrafted gifts from our talented crafters, including shabby chic aprons, beaded jewellery, cute cardigans, bags, notice boards and much more!

If you need any more information or are interested in becoming a producer, get in touch. Sarah Arch 01473 334956

MARTLESHAM COMMUNITY COUNCIL

Reg. Charity no 273769

All residents are welcome to come to our

Annual General Meeting

to be held on

Monday 8th June 2015,

7.30 pm

in the Parish Room, Felixstowe Road,
Martlesham IP12 4PB

The meeting will include an open discussion for anybody to let us have their views or comments on Martlesham Community Council and how it can help community activities or projects within the parish of Martlesham

For further information about the above or about Martlesham Community Council please contact:-the Secretary

Jackie Bear on 01473 623007.

Friday 5th June 2015

7:30 p.m. Main Hall, Martlesham Heath
Community Centre,
Old Felixstowe Road (behind Tesco),
Martlesham Heath IP12 4PB

David Legg presents:

"Catalinas - past, present and Plane Sailing."

David flies as Crew Chief of the Catalina which delighted the crowds at the 2013 M.A.E.E. (Felixstowe) Centenary Celebrations.

He has been actively involved with Catalinas for 30 years. He will describe the present day operation of the aircraft.

Editor of Catalina News for *The Catalina Society*, his fully illustrated talk on this iconic aircraft could be the highlight of your year!

Admission to this Meeting...

**£2:00 (members) £3:00 non-members)
pay on arrival.**

New members can join on the night.

New members may join the Society on the night if they wish.

See the Society website: www.mhas.org.uk and log into our Facebook page.

or call: H King on 01473 274300 for more information.

MARTLESHAM CONSERVATION GROUP

April and May saw the arrival of many of our spring migrant birds, which have filled our soundscape with their song. On the heath these birds have included Chiff Chaff, Willow Warbler, Blackcap, Whitethroat, Lesser Whitethroat and that master of song the Nightingale. Several male Nightingales have made their presence felt this year across the heath, birch woodland and common, with their loud and very varied song, but will quieten down in early June. I was also fortunate to see a beautiful male Redstart in my garden for a brief few minutes in late April, before he moved on presumably to more northern woodland.

The spring butterflies also seem to have been prevalent this year with Peacocks, Small Tortoiseshells, Brimstones, Specked Wood, Comma, Small Copper, Orange Tip and various whites all around.

As June develops and the temperatures rise we should see more butterflies including the Silver Studded Blue. Like many of the "blues" the Silver Studded Blue has a complex life cycle relying on heather as its food plant and also an interrelationship with specific species of ants. The younger stages of heather are preferred but the structure conditions and flora must be also suitable for the ants too. The adult Silver Studded Blue butterflies can be expected to appear at any time during the month and then be on the wing for about six weeks sometimes a little longer. Please keep a look out and let us know if you have any interesting wildlife observations of your own.

Our next working party will take place on Sunday 14th June at 10am. Please meet on the heath SSSI towards the southern end near the bank, when we will be working on controlling some of the bracken.

Our work party in July will be on Sunday 12th at 10am. On this occasion please meet outside the Douglas Bader. We will be undertaking a survey of the Silver Studded Blue butterflies on the heath SSSI. We may need to move the date forward if these butterflies emerge a lot earlier than anticipated, please watch out for changes towards the end of June. If you are interested in taking part in the survey please get in touch or turn up on the day. We will at least do a general survey of butterflies on Sunday 12th assuming the weather is OK.

Phil Smith 01473 625630

MARTLESHAM HEATH HOUSEHOLDERS LTD

We have received reports of vandalism in Birch woods, if you see any please help us by calling the police at the time.

The board is really pleased to see the main village green being put to good use, the other night there were families playing games, football and kite flying.

We are working with the Martlesham Heath Aviation Society to effect repairs to the control tower. It will have its rendering and windows repaired prior to being painted in its original colour which is Drab Olive.

You will also notice that the Control Tower carpark has had its revetment uncovered, this work was undertaken by the MHAS aided by the Portal Woods group who removed several dangerous trees.

As reported last month we are ramping up to remarking all our parking spaces, we will give as much notice as possible so the spaces can be left unoccupied on the day of the work.

We can be contacted on 01473 612207, or email mhh@martlesham.org.uk our website is <http://martleshamheathhouseholdersltd.onesuffolk.net>

NEWS FROM ANGLIA CARE TRUST

Hi everyone We are Anglia Care Trust a local charity right on your doorstep with our offices located on The Square in Martlesham Heath. We are focused on supporting vulnerable young people and adults across the County. We seek to improve both the quality and standard of life of those in need for the benefit of the individual and the community.

We have a number of volunteering roles available:

- Appropriate Adults
- Money Advisers
- Independent Visitors for children in care
- Advocates for children in care
- Independent Advisors for children and young people
- Mentors for both young people and adults
- Volunteers working within our Domestic Abuse Outreach Service

This month we are highlighting the Mentoring volunteering role

We have a need for Volunteer Mentors to offer support, guidance and encouragement to vulnerable young people aged between 5 and 18, to identify and help to remove barriers to their achievements and set them personal goals.

The service matches a mentor with a young person with an aim to offer support and guidance on a one to one basis.

Normally will be through weekly visits and based on the achievement

of agreed goals such as improvements in social skills or behaviours. The length of the relationship can be between 10 and 20 weeks, depending on individual needs and progress towards personal aims.

The Commitment - Weekly or fortnightly visits with the day and time to suit the volunteer and the young person. Each visit usually lasts around 1.5 hours.

Where would you meet - somewhere outside of their usual environment to experience new activities or simply chat over a coffee.

Training - No previous experience is necessary, training will be provided and we will be there to support you. Travel expenses will be paid.

For all our volunteering roles we provide free training and pay your expenses.

If you would like to help others, expand your skills and experience and give something back to the community then we would love you to be one of our volunteers.

Please contact stephenstokes@angliacaretrust.org.uk for more information

Or visit our website at www.angliacaretrust.org.uk

Best regards
The Anglia Care Trust Team



SUFFOLK WILDLIFE TRUST

Many thanks to all those who came along and supported our Plant Sale on Sunday 3rd May at Foxburrow Farm. We raised £968 on the day, which will put towards the enhancement of wildlife habitats in Suffolk.

Coming up towards the end of June on the evening of 26th June at 9-30pm we have a walk at Blaxhall Heath in search of Nightjars and Glow worms. Please meet at the car park OS Grid Reference TM382565 (just off the B1069).

Contact 01473 625630 or 01394 411237 if you require further information.

On Saturday 4th July at 2pm we plan to take a walk in search of butterflies starting at Blaxhall Heath and then proceed to Tunstall, where we are hoping to see a range of butterflies, including Silver Studded Blues and White Admirals. Please meet at the car park OS Grid Reference TM382565 (just off the B1069).

Contact 01473 625630 or 01394 411237 if you require further information.
Phil Smith 01473 625630

MODERN PATCHWORK AND QUILTING CLASSES

We have got some exciting new projects to stitch up during June and July which are all suitable for both beginner and more advanced sewers.

Weds 10th June – Table runner

Friday 19th June – Quilted bag

Wednesday 24th June – Material maze wallhanging

Saturday 27th June – Tessellating triangles

Friday 3rd July – Start a lap quilt using pre-cut fabric

Pictures of all the projects are on my facebook page www.facebook.com/busybee36.

In September we will be doing a 'Quilt in a Week' where you can make a small sampler quilt, learning a new technique every day. There are only two places left!

If you would prefer to come to the Wednesday evening quilting group, the next dates are 10th and 24th June and the 8th and 29th July before we take a break for the summer holidays. They are 6.30 to 9.30pm and cost £5, including refreshments.

If you would like further details then please contact me, Gillian Strange.

Tel: 07708258765

Email: gillian_strange@talk21.com

WEDNESDAY WOOLLY WONDERS

We are meeting at 10am on 3rd June at the Scout HQ to go to The Range in Ipswich.

Lifts available.

Then 17th June 10.30-12.30 at Scout HQ, Martlesham Heath.

All welcome

MARTLESHAM IN BLOOM

Summer is almost here so why not consider entering our SUMMER COMPETITIONS; residents or businesses within the parish of Martlesham may enter any of the following categories:-

(A) Most Attractive Summer Front Garden.

(B) Most effective use of hanging basket(s) and/or container(s) in the front of your property

(C) Best Summer Floral or Planting Display at a non-residential premises, this could include for example schools, industrial units and other businesses.

(D) Your' Back Garden

Hangin' Baskets and Planted Containers In the Square and elsewhere in Martlesham

We have arranged for there to be floral hanging baskets in The Square for the summer and several containers of summer bedding plants in The Square as well as at other locations in the parish. If you would like to make a donation towards the cost of these baskets and containers please contact the Secretary below.

If you would like a competition entry form or details of any other Martlesham in Bloom activity please contact

J Maureen Burrows (Secretary) on 01473 625196.

ATYCHIPHOBIA AND ALL THAT

Our ancestors the cavemen got us to where we are today by being quite cautious and careful most of the time.

The following are phobias that we inherited and some we have created right up to the present day.

Here are 10 of the most common phobias.

1. Arachnophobia - the fear of spiders
2. Ophidiophobia - the fear of snakes
3. Acrophobia - the fear of heights
4. Agoraphobia: - the fear of situations in which escape is difficult.
5. Cynophobia - the fear of dogs
6. Astraphobia - the fear of thunder and lightning
7. Trypanophobia: - the fear of injections
8. Social Phobias: - the fear of social situations.
9. Pteromerhanophobia - The fear of flying.
10. Mysophobia: - the fear of germs or dirt

So how about speaking in public

There is even a phobia that can cover this subject called

Atychiphobia - is the abnormal, unwarranted, and persistent fear of failure.

This is a very strange sort of phobia. The fear of failure causes some people never to try anything at all in case they fail. Many people have this double phobia simply because they have never stood up in front of an audience of 3 or more simple to say just 3 sentences about their last holiday or something very simple to describe.

FEAR NOT very simple practical help is on hand.

If you attend a local Speaking Club in next to no time you will be helped in a very supportive way to get up and start speaking off the cuff or with a speech you have prepared.

It is very easy and you will impress yourself within a very few meetings how to get rid of that artificial phobia. Come along to our next meeting and observe just how to develop those very important life skills. Please check the website for the latest meeting dates or call on the phone with all your questions.

Your Invitation to Speak-Easy At Martlesham

www.speak-easy.org.uk

mobile 07968372563

**THE ORWELL SINGERS
SUMMER CONCERT**

The Orwell Singers will be holding their Summer Concert on

Saturday 4th July at 7.30 pm

at St Michael and All Angel's Church,
Martlesham Heath, IP5 3PL.

As the day will be US Independence Day, the concert will be a programme of American music, ranging from Gershwin to negro spirituals, folk songs and the musicals of West Side Story and Oklahoma.

The Singers will be joined by tenor, Julian Ochwat, and narrator, Geoff Rogers.

Entry at the door will be £8.00 for adults and 50p for accompanied children and will include refreshments.

For more information please telephone 01473 635955 or email d.sharman@btinternet.com.

BUSY BEES

Einstein once said that if bees became extinct, the human race would only last another 4 years. I don't know about that, but I do know that over 80% of our food needs to be pollinated. Just think how boring our diet would be – it would consist mainly of cereals, walnuts, pecans, cabbage and sprouts all washed down with water or coffee.

I'm a bee keeper and they are fascinating creatures. In high summer there can be as many as 80,000 bees in one hive. We see them buzzing here and there, collecting nectar and pollen but there is more to them than that.

Bees are fascinating insects. They have a short life cycle of only 5-6 weeks in the summer and during that time each one will collect a twelfth of a teaspoon of honey which means it takes 22,700 bees to fill a single jar. Amazing!

But the way they live is even more amazing. Each bee has a role and is valued. When they first hatch, they look after other larvae and keep the hive clean. As they grow and develop a sting, they guard the hive from intruders like wasps and mice. Later they fly, identifying good sources of nectar and pollen which they bring back to the hive for food and vitamins. And that's just the worker bees.

If only we, as human beings with all our technology and brain power could live so efficiently. In the bible we, as individuals, are compared to a body with some members seeming more important than others, but in fact, not a single part of our body can work effectively if all the parts aren't healthy and thriving.

May we learn from the humble bee and work together as a community for the common good.

Rev Margaret Rittman
Martlesham & Brightwell

MOTHERS UNION NOTICES FOR JUNE

Annual Outing planned for June.

Wednesday July 1st at 2.30pm St Michael's Church Centre. Cathie McGregor to talk about MU Social Policy.

All welcome.

CHRISTIAN AID WEEK MAY 2015

Thank you very much to everyone who contributed to this house-to-house collection, and many thanks to all the wonderful volunteer collectors who made this possible. We have been busy counting the contents of all the envelopes and will let you know the final total as soon as we can.

We are sorry if we were unable to deliver or collect in your road this year. If you wish to make a donation, cheques can be sent directly to FREEPOST Christian Aid or you can donate online at www.caweek.org

Together we are helping to tackle the root causes which keep so many people trapped in poverty in the world today. On their behalf, thank you.

Carolyn Smith and Martin Cottrell
01473 625630

BRIGHTWELL CHURCH

Brightwell Church faces another period of looking after itself as we enter a new period of vacancy without a Priest in Charge. As always Brightwell PCC are well prepared for the challenge and at its last meeting adopted a plan for managing this situation. A plan which embraces our whole congregation, the Parish and our supporters. We see this as an opportunity to strengthen our mission with social and outreach functions as well as, most importantly, maintaining our pattern of Worship. As usual our Services of Holy Communion will be held on 1st and 3rd Sunday of each month at 8.00am and traditional Evensong on the 2nd and fourth Sundays at 6.30pm.

Events Planned for June are A Coffee Morning with Judith Stinson at Barrack Row, Fishponds Road, Waldringfield on Tuesday 9th June from 10.00 am to 12.00 noon. You are welcome to join us in the Garden to enjoy views over the Deben. On Sunday 28th June we celebrate our Patron, St. John the Baptist, with a Songs of Praise at the Church at 6.30pm.

Further into the year we will be holding some bring and share lunches, an Away Day and in November, celebrating the 80th Anniversary of the Building of the Village Hut.

Meanwhile the Men in Sheds continue to meet on the 2nd, 4th and 5th Thursdays from 9.30 to 12. We welcome new members.

Please get in touch if you require any further information, you are assured of a warm welcome

Geoff Lambert

PCC Secretary 01473624130

Building
God's
Family
Together

THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: Vacancy

ASSOCIATE MINISTER : The Revd Margaret Rittman Woodlea The Street Martlesham
07914 771061 (working days: Sunday, Wednesday, Thursday)

READERS: Carolyn Smith 74 Heathfield, Martlesham Heath.
Malcolm Rittman, Woodlea, The Street, Martlesham

ELDERS: Margaret Rollins 9 Angela Close, Martlesham. 01473 623868
Liz Welham 23 Deben Avenue Martlesham Heath. 01473 622709
Lynn Wilder Kenton Nr Debenham. 01728 860627

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Brightwell St John's
Sunday 7th June	9.45am All Age Service	11am Holy Communion (Prayer Book)	8am Holy Communion
Sunday 14th June	9.45am Holy Communion with Junior Church	11am Morning Worship	6.30pm Evensong
Sunday 21st June	9am Breakfast@9	11am Holy Communion	8am Holy Communion
Sunday 28th June	9.45am Holy Communion with Junior Church	11am Morning Prayer	6.30pm Evensong

Midweek Services

Holy Communion each Wednesday at 10 am in St. Michael's.

A warm welcome awaits you at all our services

June Prayer Diary Please include the following as an addition to your daily prayers

5th Newly elected Councillors and MPs

6th The Disasters Emergency Committee and all those affected by natural disasters

7th All those in prison because of their faith

8th The patients and staff at Ipswich Hospital

9th Housing Associations and their tenants

10th The residents in Demesne Gardens

11th Guide Dogs for the Blind

12th Mental Health services

13th SARS – Suffolk Accident Rescue Service

14th Pray that we may always count our blessings

15th Holiday at Home activities taking place this week

16th Public transport workers

17th The residents in Denham Court

18th Give thanks for the people who entertain us

19th Farmers and agricultural workers

20th All those working to protect our environment

21st Fathers Day, give thanks for all Fathers

22nd Tourists visiting Suffolk

23rd Water Aid reaching the world's poorest people with water and sanitation

24th The residents in Digby Close

25th World Peace

26th The East Anglian Air Ambulance

27th The Coastguard protecting lives at sea and on our beaches

28th Those leading church services today

29th The businesses in The Square and Industrial Estates

30th All those caring for other people

July

1st The residents in Dukes Meadow

2nd The Saplings and Rhymes Nursery

3rd The PCC and its work during the interregnum

4th All our churches