

# MARTLESHAM MONTHLY

incorporating  
THE TALKING MARTLESHAM  
MONTHLY  
**AUGUST 2003**

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Latest copy date is the 18th of the preceding month. Please e-mail contributions to: [martmonthly@tesco.net](mailto:martmonthly@tesco.net) or deliver your copy to the editor, or to Paul Firman or Fred Hunter (2 Ravens Way), preferably word processed.

**MARTLESHAM MONTHLY  
ONLINE**  
[www.martlesham.org.uk](http://www.martlesham.org.uk)

## DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

## TALKING MARTLESHAM MONTHLY

The Talking Martlesham Monthly is a free audio tape version of the text of the printed 'Monthly' and is available free of charge.

If you or someone you know has impaired vision and would like to receive a copy of the tape, please contact John Tyler on 612736.

## POLICE

Community Police Officer  
PC Ian Rafferty

**In case of emergencies please always call 999.** In non-emergency situations call the main switchboard

on 01473 613500; you can also contact PC Rafferty on the following numbers for non-urgent matters: Office—01473 383487  
Mobile—07810 654145  
E-mail—[ian.rafferty1@ntlworld.com](mailto:ian.rafferty1@ntlworld.com)

## DELIVERER STILL URGENTLY REQUIRED

Unfortunately, I have had no response to my appeal for a deliverer for the California area.

There are only 52 copies involved and it should not take longer than half an hour. The magazines for each round are delivered to the door, so deliverers do not have to collect their copies from a central point.

If we do not get a volunteer, we may not be able to deliver to this area, which would be very sad as we have always maintained 100% delivery within the Parish of Martlesham.

If you can afford half an hour of your time please contact me.

Roy Berridge 611624

## "MUSIC ON THE GREEN"

**Thank you, thank you, thank you, thank you.**

A big thank you to everyone who attended, participated in and helped with **MUSIC ON THE GREEN** on Saturday 12th July. What a fantastic day it was. I have lived in Martlesham Heath for 25 years, and that is the most people I have seen on the Village Green at any one time. Even the weather was fantastic.

A day like that cannot occur without an enormous amount of planning and effort from a lot of people and I would like to thank all the organising committee, who attended numerous meetings throughout the year, and all the volunteers who turned up on the Friday to set up and those who turned up on the Saturday to help put all the equipment away. They all gave their time so willingly over the weekend to enable an event like that to happen.

Thank you also to our

1

sponsors **Howard Plant, Douglas Bader, Red Lion, Chalk & Cheese, Private Properties, Martlesham Developments, Martlesham Body Repair, BT Exact, Ryan Insurance Group, GMA Warehousing & Transport Ltd, The Property Gallery and The Martlesham Monthly**, without them "MUSIC ON THE GREEN" would not exist, and we are very grateful to them.

Thank you to all the bands and musicians who gave us a wonderful range of music throughout the day. Thank you to all the stall holders and car booters, all of whom go towards making the day an enjoyable success, also thanks to The St Johns Ambulance Team and PC Ian Rafferty who, along with his colleague, was on duty all day.

Last, but by no means least, thank you to all the people who attended the event. We hope you all enjoyed it as much as you appeared to. To see everyone dancing and joining in right through until 10:30pm was an unbelievable sight and made all the hours of planning worthwhile.

We shall be announcing soon how much money we have raised for St Elizabeth's Hospice and Guide Dogs for The Blind. It looks to be up on last year.

Looking forward to next year!!

You can now keep up to date throughout the year by visiting [www.musiconthegreen.com](http://www.musiconthegreen.com)

Paul Firman

## **WOULD YOU LIKE TO BE THE PROUD OWNER OF A MOUNTAIN BIKE WORTH £256?**

The winner of the Mountain Bike in the Grand Draw at Music on the Green, (donated by Pedal Power) and worth £256.00, has kindly offered the bike to be auctioned with the proceeds going to the St Elizabeth Hospice.

We are asking for bids together with your name, address and telephone number, in a sealed envelope and addressed to Mountain Bike – Music on the Green, 45 Lark Rise, Martlesham Heath, Ipswich. IP5 3SA to be received by Monday 1st September.

All the envelopes will be

opened at The Douglas Bader Public House at 8:00 pm on Friday 5th September. The highest bid will get the bike.

We are very grateful to the gentleman who is donating this bike for auction, and we would like to encourage everyone to put in a bid.

## **MARTLESHAM PARISH COUNCIL**

### **Vacancy for Parish Councillors**

There are vacancies for two Parish Councillors which will be filled by co-option at the August meeting. The second vacancy has arisen because of the recent resignation of Anthony Taylor.

The role of a parish councillor is varied and interesting as it involves many aspects of the community; it is a voluntary position involving usually only two meetings per month and the amount of any other time needed is as little or as much as you may wish to make of the role. If you are interested in helping to improve your community, perhaps you disagree with some of the things that the parish council does, or maybe you feel that your part of the parish needs better representation, please contact the Clerk who can provide further details or speak to any councillor.

### **Working Parties**

There are often a number of tasks needing to be undertaken that can be safely carried out by volunteers. It has been decided to have a monthly working party on the last Saturday of each month when parish councillors and any other volunteers will be carrying out these tasks.

Volunteers are most welcome and if you are interested please contact the Clerk for further details.

### **Felixstowe Road**

For several years we have been pressing the County Council to provide a kerbed footway along the whole length of Felixstowe Road and last month a representative gave a presentation to us on their proposals. There are

several schemes including a footway only, or schemes that had both a footway and cycle lanes. The plans are on display in the Parish Room and anybody is welcome to look at them by arrangement with the Clerk.

**We welcome any views or comments on these plans.**

### **Park & Ride**

Contact details for day to day site issues - Ian Richardson - SCC site representative at the site office 01473 636951; all other matters - Simon Curl 01473 583031 (at County Hall).

The County Council are proposing a permanent 40 mph speed limit on both the southbound and northbound approaches to the "Black Tiles" roundabout and its new traffic lights; serious concern has been expressed about this as it would be difficult to enforce.

### **Tesco**

Tesco's planning application to extend the store and the car park was recently considered; whilst several of our previous concerns have been overcome the Parish Council was still concerned about the dangers posed by delivery lorries in Felixstowe Road, increased traffic caused by the expansion, lighting and landscaping. The Council also objected to the proposed large increase in the area for non-food sales as this could have a detrimental effect on local businesses.

### **Meetings**

- \* Parish Council - Wednesday 6th August
- \* Development Plans Committee - Wednesday 13th August
- \* Recreation & Amenities Committee - Wednesday 20th August

All meetings are at 7:30 pm in the Parish Room, Felixstowe Road but please check the notice boards for further details of the above and other meetings.

All meetings are open to the public and there is an opportunity at Council meetings for residents to ask questions or make comments to the council.

### **Contacting the Council**

In writing to the Clerk, Martlesham Parish Council Office, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

Telephone or fax 01473 612632 via any councillor.

E-mail: [martleshampc@btclick.com](mailto:martleshampc@btclick.com)

Laurence Burrows - Chairman

## **MARTLESHAM IN BLOOM**

### **Summer Hanging Baskets in The Square, Martlesham Heath**

The hanging baskets are looking very colourful and we are grateful to the following who sponsored these baskets:- Fraser-Hann, RDP Partnership, Duncan's, Viridor Waste Management, Dummett Copp, Merchem Pharmacy, Martlesham Hardware & Video Store, Martlesham Heath, Dental Practice, Drs Schurr & Tesh, The Douglas Bader, Pedal Power, Babbie Group Ltd, Martlesham Consultants Ltd, Martlesham Monthly, Martlesham Community Council, Martlesham Nomads Cricket Club.

### **Planted Containers**

There are also seven planted containers in the parish and we are grateful to the following sponsors for these:-

Martlesham Heath Dental Practice  
Outside the Community Hall - Martlesham Heath Aviation Society and BPT (Residential Management Services) Ltd  
Outside the Post Office Stores - Post Office Stores, HPB Productions & Publications, The Proport Gallery.

### **Garden Competitions**

Thank you to the many people who have entered our competitions this year and, by the time you read this, all of the entries will have been seen by the Martlesham in Bloom Committee. The results will be decided soon and announced at our Presentation Evening which is on Tuesday 23rd September 8:00 pm in the Pavilion.

If you would like information on any of the above please contact:- J Maureen Burrows (Secretary), 17 Squires Lane, Martlesham Heath, tel. 01473 625196.

## **MARTLESHAM COMMUNITY COUNCIL**

(Registered Charity 273769)

### **BARBERSHOP QUINTET**

We would like to thank Charles and Jane of "The Red Lion" for allowing us to have a Barbershop Quintet evening in the Red Lion. This enabled us to raise £65 towards our projects.

### **THE MUSIC IN THE GARDEN AFTERNOON**

In spite of the showers we raised another £94 towards the projects.

### **VILLAGE DAY**

Please save all your pennies for next year as we raised the magnificent sum of £47.00 by filling in the Tennis Racquet and Cricket Bat and partially the Football. Let's see if we can beat this next year by saving all our odd pennies and two pence pieces. We also raised over £100 in the book sale.

### **SPONSERED WALK**

This will be on 28th September 2003 starting from the Red Lion as a base. This will be a sponsored walk around the Martlesham Circular Walk. 50% goes towards a charity of the walkers choice and the remaining 50% goes towards Martlesham Projects (New Village Hall, Multipurpose Sportshall and Skatepark). Registration will be £2 per sponsor form or you can just turn up on the day and pay £5 that will go the MCC PROJECTS. There will be a treasure hunt quiz to keep you looking as you go round. For details please contact Dave Green via e-mail - [dave.green@btinternet.com](mailto:dave.green@btinternet.com).

### **JUMBLE SALE**

This has been booked for 18th October so please do not throw away your jumble - keep it until next month when we will give more details.

### **HOUSE TO HOUSE COLLECTION**

This will be during 1st October to 30th October 2003. We need helpers who will perhaps just collect money in your own road. Please contact Jackie Bear as below if you are willing to help.

### **COMMITTEE MEMBERS**

Unfortunately, committee membership continues to fall and administrative responsibility remains with a stalwart few. With many more fund

raising events and a house to house collection planned in October, new members or helpers are urgently needed. We intend to continue to publicise our activities with regular insertions in the Martlesham Monthly in the hope of encouraging new members.

If you can help, please contact Jackie Bear on 623007 or e-mail [jacque.bear@btinternet.com](mailto:jacque.bear@btinternet.com).

## **MARTLESHAM VILLAGE PRODUCE ASSOCIATION**

There is nothing to report on organised activities this month. Other villages are holding their flower shows and they are always well worth a visit.

I would remind everyone that the Schedules for our Show on 20th September are available from the Show Secretary, Bernard Ward, at 17 Whinfield (626918) or myself. There are 55 classes to select from plus 4 classes for children. The children's classes include the ever popular "an animal made from vegetables".

During our Show week, and for the first time, we will be holding a "best garden" competition with two sections - one for a vegetable garden and one for a flower garden. As with the main show this will be open to all residents in the Parish as well as V.P.A. members and there is no charge for entering the competition. We are looking forward to our visit to the R.H.S. gardens at Wisley on the 8th August. There are still a few seats available on the coach if anyone would like to join us. Details available from me.

Happy Gardening,  
Stan Harris 623427

## **MARTLESHAM & DISTRICT FLOWER CLUB**

Our demonstrator for July was unable to come so Mrs Osman kindly filled the breach. Her theme was "Come Fly With Me". Her travels have taken her as far a field as New Zealand and China so she reflected aspects of her visits in her arrangements. She demonstrated both traditional and modern styles

with New Zealand Flax, painted twigs, sun flowers and gerberas. Due to the hot weather she had taken particular care in conditioning all the plant material. A striking arrangement using just white and green flower and foliage depicted Wngland while the last one was patchwork of colours as seen from a hot-air balloon ride.

A vote of thanks was given by the Chairman Mrs Margaret Forbes and the competition winners were Jean Smith and Sheila Swanwick.

In August we have our annual Garden Party. This will be held at 25A & 25B York Road, Martlesham Heath on Wednesday 20th August, 2:30—4:30 pm. Admission is 50p. There will be a variety of stalls. Refreshments will include cream teas, coffee and soft drinks.

Our September meeting demonstrator will be Mr David Thomson. His subject will be "Stage and Screen".

The club meets on the third Wednesday of the month at 2:30 pm in St Michaels Church Centre. Annual subscription is £10 with visitors welcome at £2 per session. There is always a plant and flower arrangers stall at each meeting.

A. Chisem  
The speaker at the July meeting was Mr Cooper and his subject the "Abbeyfields Society", Abbeyfields being the name of many residential homes for the elderly and its aim is to give a comfortable home to elderly people who can no longer keep their own home and care for themselves.

The first Abbeyfield home was opened in 1956 in Bermondsey and there are now over 1000 in the United Kingdom.

Residents have their own rooms and are able to bring their own furniture as much as space will allow.

On behalf of members the President, Mrs Audrey Burnell, gave a vote of thanks to Mr Cooper for such an interesting and informative

t a l k .

Almost all the members had entered the competition for a photograph of a Granny or Granddad and the result was an extremely interesting display, one photograph even showing three generations of grandparents in one family.

There is no meeting in August but on Saturday 16th we have our Annual outing to the Southwold Summer Theatre.

On Friday 19th September at 7:30 pm in the Richard Room the subject for the evening will be "Hearing Dogs for the Deaf". The competition - a holiday photograph .

Visitors and new members always welcome .  
Contact:- Secretary, Mrs B Darke 624193

Sylvia Harris

### **MARTLESHAM LADIES CLUB**

At our AGM on 26th June 2003, Sheila Swanwick presented a cheque for £479.07 to Mrs Janine Davey, a committed fund raiser for Hope House, which has been our chosen charity for the past year. After Janine thanked us for our valued support and fund raising efforts, she then gave us a short history of how Hope House came into being and all that is being done to raise money for a purposely adapted minibus for the residents.

Hope House is a purpose built home in Kesgrave, designed around the complex care needs for four young people who have profound difficulties.

The joint project was undertaken by Suffolk County Council Social Services, SCDC, Orbit Housing Association and the Hope House Suffolk Charity, who recognised that the needs of these young people made it impossible for their families to care for them at home. Close family contact is maintained.

Janine's son Thomas is one of the residents of Hope House, and it was because of his severe disabilities that the seeds of Hope House were sown, a great deal of hard work went into the raising of funds for the well adapted bungalow,

which has transformed the lives of the residents and their families.

Our Chairman thanked Mrs Davey for giving us an insight to what can be done for the disabled with dedication and hard work, and how happy we, as a club, are to have played a small part in that.

Back to club business. Our Chairman thanked the committee for all their hard work during the past year and for supporting her so ably. The Committee was re-elected en masse with Myrtle Dunn joining us to complete the required number.

After a finger buffet supplied by the Committee members departed for the summer recess. We meet again on September 4th at 7:30 pm in the Richards Rooms.

Rita Smith

### **MARTLESHAM MOTHERS' UNION**

Another full house, this time literally, as the July meeting was held at 12 Fairfield Road, Felixstowe, the home of our leader. It was intended to be a 'Garden Party' but the weather was not very inviting so most of us stayed indoors! Fortunately Elizabeth was in good voice and she managed to keep contact with everybody by standing in the hall and calling out instructions. We started with a quiz about Mothers' Union (which was a doddle for those of us who had our MU diaries handy) and continued with a set of anagrams of Books of the Bible to unscramble. After a short Celtic form of worship, tea and cakes were much enjoyed by all. Thank you Elizabeth for a lovely afternoon!

The weather certainly didn't let us down for our annual MU outing on Tuesday July 15th. In blazing sunshine sixty of us boarded the Orwell Lady in Ipswich Docks for a cruise down the River Orwell. They say that the Orwell Estuary is one of the most beautiful in the country and I'm sure all of us would agree

with that statement. We had a wonderful afternoon which included fabulous refreshments. Our thanks on this occasion go to Ann Berg for arranging it all. I'd love to know how she fixed the weather!

Please remember Lillian French, Nesta, Ena, Doreen, Ethel, Brenda and Peg in your prayers, together with any others you feel need our support.

A thought for the month; those who mind don't matter - those who matter don't mind!

GOD BLESS

SHEILA SMITH

### **MARTLESHAM HEATH BABY & TODDLER GROUP**

For any of you mums with young children ageing from birth to pre-school, you would be made most welcome at any of our sessions. We run our sessions in the Martlesham Heath Pavilion on Wednesday and Fridays from 9:30 am - 11:30 am and 1:30 pm - 3:30 pm. Drinks and biscuits are provided. There is an area for those with very young babies where they can play with some protection from the larger children.

Village Day went well, the guess the name of the teddy bear was won by Gemma Cook and Andy Cook won the beanbag competition with a score of 170.

We will be having our Teddy Bears Picnic on the 23rd, where we will have an entertainer, bouncy castle and ball pool. Tickets for this are priced at £1.50 and are available at any of the toddler sessions.

On Sunday 10th August we are hoping to do a car boot sale to raise funds for the group. Any donations would be greatly appreciated and should be handed into a committee member or session leader at any of the sessions. We would like to try to keep the items for sale to child related toys, clothes or equipment.

We are going to have an Open Day on Friday 12th September after the schools go back, we are hoping this will encourage new members. Committee members will be there to meet and greet anyone interested in joining the group.

Please call me on 01394

387281 if you would like any further information.

Louisa Smith (secretary)

### **THREE BEARS PLAYGROUP**

It's that time of year when we have to say farewell to all those children who will be starting at school next term. Hopefully they have all enjoyed their time with the playgroup and will settle into school life and the new challenges this brings.

We hope everyone has a great break summer break and look forward to meeting all the new children in early September.

This is also a good opportunity to let you know that we have a vacancy for a Play Assistant, to start in September. We are also interested in anyone who feels this may be something they would like to do in the future. If you are interested in the vacancy or just want to have a chat about what's involved, please call me.

If you would like more information and/or you would like your child's name added to the waiting list please contact me on Ipswich 631087.

Lisa Poole  
Business manager

### **MARTLESHAM HISTORICAL SOCIETY**

Our next meeting will be held on Tuesday, August 12th when the speaker will be Robert Malster whose subject will be "Is there history in Ipswich?" The title is deliberately provocative as Mr Malster has written several books on this topic!! The meeting will start at 8pm and all are welcome. Admission is £1.

At the AGM in May the decision was made to discontinue the provision of refreshments at our meetings. This decision can be reviewed if someone is prepared to take on the task on a regular basis.

John Tyler tel. 612736

### **MARTLESHAM HEATH AVIATION SOCIETY**

Our meeting on Friday, 4th June featured an illustrated talk by one of our own members.

Peter Verney entertained us with an account as a sergeant navigator on night fighters. He was

able to show us by way of a video projector, aspects of his career which, for the most part, was in the Canal Zone area of Egypt in the early 1950's. The Egyptians at that time wanted us to vacate our many bases in Egypt and were in a threatening mood. It was therefore very much an "active service" posting.

A very interesting talk which was listened to by an audience of more than 100 members and friends. A vote of thanks was given by Gordon Kinsey.

Martlesham Heath Aviation Society are holding another of our "Open Days" this September. We offer a cordial invitation to everyone to come and enjoy our hospitality on 14th September from 10 am to 4 pm.

There will be a display by a Spitfire of the "Battle of Britain Memorial Flight" and we are pleased that we have once again obtained the promise of an aerobatic display by the Yak 52 that many on the Heath saw last year. The two Boeing Stearman biplanes will also again be overhead and maybe we will have other light aircraft over to "give us a look".

Come and have a really enjoyable day. Look over the Control Tower Museum and enjoy the static military vehicle and vintage cars as well as the many stalls and refreshment facilities that will be present.

There will be no meeting next month. We always arrange an evening visit for August and this time will be going to the Air Museum at Hardwick in Norfolk and also viewing the P51 Mustang that is owned by Maurice Hammond, who gave us a spectacular display on our "Open Day" last year.

Our meeting in September is due to feature Mr Mike Fermor who will give an illustrated talk about helicopters servicing the North Sea oil rigs. All meetings are at the Community Hall and start at 7:30 pm.

Alan Powell 622458

### **MARTLESHAM CONSULTANTS LIMITED**

#### **Looking After Our Village**

We would like to thank all the children who entered the poster competition on Village Day and to congratulate the winners. We hope everyone enjoyed taking part. We did not get to talk to as many residents as we would have liked but hope those who did visit the stand found something of interest.

We are still awaiting permission for the erection of the notice board in The Square. We hope it will not be too much longer.

We have been advised that some of the MCL visitors' car parking spaces are in need of a clean and tidy up. We should mention that one or two spaces have quite a lot of oil on them which is due to cars having been left for some time. It should be remembered that these are visitors' spaces and are for short term parking only.

The Land Maintenance Committee has for the past few months tried to shorten the time between a resident leaving a message at the office and the necessary action being taken. However, this has resulted in a constant flow of E-mails between members of the committee and has generated more work than can reasonably be expected of volunteers. There are only seven directors of MCL in all and four of them are on the LMC.

It has been decided, therefore, that when messages are received at the office, the Secretary will acknowledge their receipt and pass them on to the LMC. They will then be kept on file until the next LMC meeting which is normally held the Monday following the main Board Meetings when decisions will be made on the appropriate action. This means that in some instances it may take longer to resolve problems but with so few volunteers and a seemingly increasing workload there does not seem any alternative unless we are able to recruit a few more volunteers.

The August Board Meeting is on Monday 18th at St Michaels Church Centre at 7:15 pm and members are welcome to attend.

### **THANK YOU**

I would like to thank most sincerely the villagers of Martlesham who donated £153.96 to the House to House collection in aid of Arthritis Research Campaign.  
Ian Craig—Woodbridge ARC

### **BRUSHSTROKES ART GROUP**

I would like to thank all concerned in the little exhibition of our work we staged at the Village Day. A real team effort. The weather was very kind (apart from some sun burn!) and lots of people showed interest in the display. We had some sales of paintings, cards and wood craft, also interest in joining the Art Group. A warm welcome to all awaits you! We all need to get busy for - dare I say it - the Christmas Exhibition. Hope we have some new members to enjoy our next demonstration this Autumn.

We meet fortnightly on a Thursday at St. Michaels Church Annex. at 7:30 pm to 9:30 pm. Cost is £2.00 this includes coffee/tea and biscuits. Bring your own art gear and paint what you like. The idea is that you enjoy time put aside to get a bit of art done, learn from each other, and it doesn't matter what level of skill you are at, you go at your own pace. All forms of Art and Craft making welcomed. For more information about the group we can send you a leaflet or phone me on 01473 610474.

Sue Sharman

### **MARTLESHAM ART GROUP**

Martlesham Art Group would like to thank everybody who helped make our exhibition, sale and raffle so successful by visiting us in the welcome cool airiness of St. Michael's Church Extension during Music on the Green on Saturday, 12th July. A total of 16 paintings and five unframed prints were sold. With 20% of the proceeds going to St. Michael's Church Funds, we were pleased to be able to donate a grand total of £105.20. We were also delighted that our raffle raised £61 for St. Elizabeth Hospice. Well done everyone.

Thanking you,  
Andrea Jones

### **SAINT ELIZABETH HOSPICE - USED STAMPS AND OLD COINS**

Just a reminder to you all that I collect foreign and old British coins and used stamps for the Hospice in Foxhall Road, Ipswich. I am constantly amazed at the generosity of the kind folks who drop bags of stamps and coins through my letter box. Small envelopes full of stamps soon add up to a lot more - one recently took seven carrier bags stuffed with stamps, also one very heavy bag of coins to the Hospice. They are able to sell these on to make money in order to help keep our local hospice running. You do make a difference so keep your donations coming please.

Thank you all for your continued support.  
Bev Read, 15 Demesne Gardens,  
Martlesham Heath, tel. 622721

### **GARDEN OPEN DAIRY FARM, BRIGHTWELL**

**Saturday 23rd and Sunday 24th  
August 2003**

**Noon—5 pm**

**Light lunches and teas**

**Plant Stall**

**Entry £2.50 for adults, children  
free**

***Proceeds to Brightwell Church and  
Comanche Explorer Scouts***

### **MUMMY & ME CLASSES**

We will be having four weeks holiday during August with the last classes in Martlesham and Kesgrave during the week ending August 1. We start again in the week commencing September 1. There are places available in all groups from September with the Kesgrave classes payable per session and, for the time being, the Martlesham class remains bookable in half term blocks. If you would like more information about the classes which include action songs, dancing, games, parachutes and soft play

circuits please phone Julia Drewell on 01473 620511.

### **KEEP FIT CLASSES**

The Adult Keep Fit Classes at St Michael's Church Centre and All Saints Church Hall will be taking a break for the summer during the four weeks of August. The sessions are suitable for all levels of ability and we concentrate on increasing strength, stamina and flexibility, concluding with stretching and relaxation. For further details please contact Julia Drewell on 01473 620511.

### **NATIONAL OSTEOPOROSIS SOCIETY**

#### **Local Group**

Our "Living with Osteoporosis" Day at Ufford Park in June was, as on the previous three occasions, both pleasurable and instructive with some excellent speakers. Thanks to the super staff at Ufford Park the logistics were impeccable while an excellent buffet lunch and a perfect June day weatherwise added to general enjoyment.

Dr Richard Watts' place on our team of Medical Advisers is being taken by Dr Gavin Clunie, so it seemed an appropriate day for a presentation to Dr Watts by our Chairman, Jean Nunn, who expressed the grateful thanks of all the Group for the help and support Dr Watts has given us over the years. It fell to his lot to draw the Raffle held as part of the DXA Scanner Appeal; the first prize went to Mrs Shelagh Wood of Rushmere. The raffle itself raised over £3,000 making a substantial contribution to the Appeal.

The Scanner itself now looks likely to become a reality for Ipswich Hospital and our thanks go out to all those who have so generously donated to this very worthy cause. I hope to have some more positive news for you before too long.

#### **[www.martlesham.org.uk](http://www.martlesham.org.uk)**

I am pleased to say that a number of people have been logging on to the new village web portal and we have received some very favourable comments - so thank you! New this month are several photos taken at Music on the Green.

We have just started to develop a local businesses directory – this is a very low-cost way to get your own web page on the internet. If you are in business in the Martlesham area and would like a page describing your services please take a look at the sample pages on the site. For a small donation to the site development fund you too could advertise your company this way. Even if you already have an active web-site, an entry into the business directory could give you that all important local presence! Log-on or call now for more details.

We are also looking for a talented graphics artist to design an eye-catching banner for the top of the web page – ideally it would represent the whole community. If you believe you can do this for us, or know somebody who would like to try their hand please get in touch.

Malcolm Bell - tel. 01473 610073  
[webmaster@martlesham.org.uk](mailto:webmaster@martlesham.org.uk)

### **MARTLESHAM CONSERVATION GROUP**

Many thanks to all those who came along and supported us at Music on the Green on the 12th July. We took a total of £36.24. The treasure in the treasure hunt was located below a small rock at the foot of Eye Rock. Congratulations to Claire Jordan who was the winner.

Thanks to all those who helped with our Silver Studded Blue Butterfly count on the SSSI on Sunday 13th July. The total count came to 316. This number is substantially below the count for last year of 955, but this result is not surprising as the adult butterflies appeared about 10 days earlier than they have appeared in previous years, so the 13th July was well past the peak emergence. It was a very hot morning and very good for other species of butterflies too. Altogether we saw a total of eighteen different species. These were Silver Studded Blue, Small Skipper, Meadow Brown, Large White, Small Copper, Small Tortoiseshell, Gatekeeper, Essex Skipper, Ringlet, Red Admiral, Small Heath, Peacock, Comma, Painted Lady, Small White, Green Veined white, Speck-

led Wood and Purple Hairstreak.

In August we have no work party planned. The next one will be on Sunday 14th September when we will be cutting the grass in the grassy glade in the wood. Meet outside the Douglas Bader at 10 am.

Phil Smith 625630

### **SUFFOLK WILDLIFE TRUST**

The Woodbridge Group of the Suffolk Wildlife Trust have an evening walk at Hazelwood Marshes in search of migrant waders at 7 pm on Friday 8th August. Meet in the reserve car park grid reference TM435575. The car park is located on the road into Aldeburgh, on the right hand side of the road just before the golf club. All are welcome and admission is free.

Phil Smith Chairman Woodbridge Group - 625630

### **PORTAL AVENUE WOODLANDS MANAGEMENT/ CONSERVATION GROUP**

For those who receive the seasonal newsletters, my apologies, we will be repeating ourselves, but hopefully this will go to a much wider audience. The Glow Worm survey on the 28th June was successful, although we started too early. We assembled at the Control Tower at 9:00 pm and it was not until 10:05 pm that we saw our first glow worm. However, in the next one and a half hours we logged 43 females and their glowing tails, although only 2 males responding to the invitation. Still, I am reliably informed by the female members of the survey party that males are quite often late on a Saturday night!

Two new edifices may have bewildered walkers in the woodland. We have finally built two Stag Beetle pyramids. The vertically erected logs are sunk two feet in the ground and hopefully as they decay will provide a habitat for many types of wildlife as well as the endangered stag beetle. We have also planted local honey

7

suckle and ivy around the base of

the pyramids to provide additional cover for wildlife, and to make the pyramids blend into the landscape.

The Group's display at Music on the Green seemed to go down well and hopefully the models, displays of activities, wildlife, etc. may have encouraged more of you to join us with your children, in keeping this local amenity open and accessible to all. The plant and jam sales were successful and will help finance the Groups activities, although the thought of having to prepare for next years sales **NOW** is not particularly welcome!!! Any volunteers, yes please!

Unfortunately fly tipping and litter dumping is again increasing. Green waste, despite the Brown Bins in Deben Avenue is still being dumped, and glass, rubble, etc., dangerous for children and pets, and even an old Moped has had to be cleared. Clearing this takes away time which volunteers could spend on clearing paths, improving the woodland as an amenity for local people and developing it as an area for wildlife to enjoy. PLEASE THINK TWICE BEFORE DOING THIS!

The next Group Workday will be on the 20th September, starting at the Force HQ Sports Field entrance at 10 o'clock for a two hour session. We just need you as tools, gloves, etc. are provided, and tasks cater for all ages. Our current volunteer ages seem to vary from 5 – 70, although we have to ask parents to take responsibility for the safety of the youngsters. However, the children, despite the parents, seem to thoroughly enjoy themselves.

If you require more information Group contacts are: Chairman – Duncan Sweeting 01473 622859, Secretary – Peter Izzard 01473 611291, Martlesham Parish Council 01473 612632.

### **MARTLESHAM BRASS**

Martlesham Brass would like to acknowledge the support our activities have received over the few months. Our summer fair on 21st June raised over £1100 for band funds. This fantastic result would not have been possible without the

hard work and support of the families and friends of band members, other local people and especially local businesses who generously donated prizes to our grand draw. Thank you all for being so generous with your time and money.

During July Martlesham Brass bands performed at both the Kesgrave Fun Day and also the Martlesham Music on the Green spectacular. The sun shone down on both days, making them great events to be involved in. The Martlesham Brass fund raising stall at Music on the Green raised nearly £250 for band funds, most of which was from the Teddy Bear Raffle. Thanks to all those who bought a ticket - it finally found a new home with one of the Air Cadet Force (who shall remain nameless to preserve his dignity!) Martlesham Music on the Green was followed on the Sunday by 'Service on the Green' and Martlesham Brass were pleased to provide accompaniment for the choir and some of the hymns.

July started on a 'high' note with several members of the band flinging themselves off the Ipswich Maternity Block at the annual abseil (thanks to all who sponsored them). On July 19th we ended our summer season with the Preliminary band performing at Chelmondiston fete in the afternoon, followed by a summer concert and band awards evening, featuring all four bands, at St Michael's Church Centre.

August is a very quiet month for Martlesham Brass, but our programme of events starts again in September with appearances at Sutton Country Fayre on Sunday 7th, Martlesham Heath Aviation Society's annual event at the Control Tower, Martlesham Heath on the 14th and Norwood Nursing Home in Middleton on the 21st. We are then holding our Alternative Talents evening on 27th September, where members of the band will put down their usual instrument and entertain each other with their sometimes unusual alternative 'talents'.

Finally, an important date for your diary - Martlesham Brass 7th Birthday Concert is being held on Saturday 4th October at 7 pm

in Martlesham Community Centre.

If you would like to know more about Martlesham Brass please visit our website at [www.martleshambrass.btinternet.co.uk](http://www.martleshambrass.btinternet.co.uk) or telephone our band secretary Nicol, on 01473 404472.

Alison Eyley  
Martlesham Brass Publicity Officer

### **1ST MARTLESHAM SCOUT GROUP**

Like other local organisations and charities, the Scouts were proud to be involved in this year's Music on the Green. For us, the event was not about raising funds, but a chance to show how keen we are to be actively involved in the local community. That said, we achieved a small contribution to Group funds, and would like to thank those who gave up their time to help (working very hard and suffering a little sunburn in the process!), and everyone who visited us and joined in our fun.

As the school holidays near, Cubs and Scouts head for Hallowtree on 25th July for what promises to be a truly memorable Canadian theme camp. We then take a break for the summer, reconvening in September after the school holidays.

The Group relies on help and support from parents, and we always welcome new faces, both as Leaders and members of the Executive Committee (and, of course, new Beavers, Cubs and Scouts too). For Scout enquires, call Keith Gleen (626506), or if you would like to support the Executive Committee, Bruce Mitchell (611757).

### **2ND MARTLESHAM HEATH GUIDES**

Another busy year has passed by for our Guide Company, welcoming some new faces & saying goodbye to some that have become very familiar. In the Autumn the Guides worked as Patrols towards Go For It Challenges, such as Peace & Music; held a party to celebrate our Unit's 12th Birthday & performed a Christmas Entertainment. 22 of us shared a coach with Bealings & Kesgrave Guides & went to the BIG

8

GIG, a concert at Wembley Arena,

stars such as D-side/Busted/Blue/Atomic Kitten & many more entertained us & if my ears have recovered we may go again in Oct 03. In the Spring we covered the World Guiding badge, had a cooking evening, practised our camping skills & went bowling. This term we held an Inter Patrol Netball & Rounders tournament, held a Water Safety Badge evening, run by the RNLI, covered the Independent Living Badge & spent the rest of the Summer out & about doing archery/canoeing/orienteering/map & compass skills, finishing off the year with a Treasure Hunt. This last activity was organised by Phil Lodge, to whom we say a big THANK YOU! Some of the Unit joined in a sponsored Sleepout with the Bealings Guides in June & we have raised around £150 for a local homeless charity, 7 of us attended the Ramsholt Scout & Guide Wet Weekend, enjoying canoeing/dragon boating/sailing/kayaking & 11 of us will be camping at Hallowtrees in the summer.

Our Guide Company is still running at full capacity, which is proving very hard work, so even with some of the older girls leaving this Summer, I cannot offer places to all of those waiting to come up from Brownies or on my list - therefore I renew my plea of February 2002 - could YOU be the person to set up a new Guide Company for us? I have 2 Mums who have offered their assistance within a new Unit, but neither wish to actually be in charge. Perhaps you were once a Brownie or a Guide or even a Leader elsewhere & would like to take up this opportunity? If you have a free evening once a week, enjoy working with young women, relish a challenge & have a good sense of humour, then you could be just the person we are looking for. We offer full training & support & give you the opportunity to join an international organisation, dedicated to the development of girls & women worldwide.

I am, however, pleased to announce that we are hoping to start a Ranger Unit in September, for the older Guides 14+. Anyone who would like further details,



please contact me on the number below.

I would just like to say thank you to our Assistant Guider Angela, Unit Helper Diana & ex Young Leader (soon to gain her Adult Leader's Certificate) Laura for their continued help & support throughout the year. Have a good Summer Holiday Guides & see you back for the first meeting on September 9th.

Jo - 622160

### **THE MOB**

These notes have two reasons. Firstly to forewarn you all for the coming season, which starts on 7th September this year, we don't know whether we are home or away yet but as soon as we know we will publish monthly fixtures in advance, as we did last year. We have, as was expected, been promoted, going up two divisions to Div 3, so the standard will get a bit higher and I'm sure all the lads are just itching to get started. So much so that in fact they haven't stopped playing during the summer, having taken part in a 7-a-side league at Copleston Sports Centre, and having a kick about on the Green on Friday evenings.

Mark Isaacs has taken over as Secretary this year and came to his first league AGM where we had the pleasant duty of collecting another trophy, being named as the Junior Team of the year.

Secondly we want to thank everyone who supported our stand at The Music on the Green / Village Day where we raised about £100 for club funds. Thanks must be given to the following players who went out of their way to run the stall and really made the money by their enthusiasm—Mark Isaacs, Rory and Kirk Jackson, Simon Boyd and Eddy Barton. On the day we were presented with the largest trophy in the league for winning Division 5 by Keith Buckles, the General Secretary. So the full set is Junior Cup winners, Division 5 winners, and junior team of the season. A hard act to follow this season, but watch this space to see how we get on.

The Mobster

**MARTLESHAM CARPET BOWLS**

The Carpet Bowls Club is still thriving and we are well into our summer programme. In the summer we meet on Tuesday afternoons 2 pm - 5 pm, and Tuesday evenings 7:30 pm - 10 pm. We bowl at the Community Centre behind TESCO so if you are interested just come along or contact me on 01394 384075, or Vic Harrup (secretary) on 01394 387161.

Sieve Danby (Captain)

### **SHOEBOX THEATRE**

#### **COMPANY**

Notice is hereby given that the Annual General Meeting of the Shoebox Theatre Company will be held on Tuesday 9th September 2003 at 8 pm in The Pavilion.

The main item on the agenda will be the proposal to wind up the group and hand over responsibility to the Trustees.

#### **THE ANGEL PLAYERS**

The Angel Players would like to say a big thank you to the organisers of Music On the Green for a great day and for allowing us to perform a few of our favourite songs.

We were especially proud of our younger cast members for their rendition of a few Bugsy Malone numbers and sincerely hope that you will come along to see them at the Angel Theatre, Rendlesham, in September when they will be performing Bugsy Malone in full.

For further information about us please contact: Box Office: 01394 420272, Angel Players general information 01473 625477, or visit our web site [www.angelplayers.co.uk](http://www.angelplayers.co.uk)

A thank you is also due to everyone who visited us during the day.

### **WOODBRIDGE PROBUS CLUB**

Woodbridge Probus Club meets at Martlesham Leisure Centre, Gloster Road, Martlesham Heath, at 1 pm on the first Monday in every month. Lunch is taken first, followed by a talk given either by a member, or a visiting speaker.

9

At the Meeting on 7th July, an ex-

tremely interesting talk, illustrated by slides, was given by Martin Lloyd, on the subject of the Isles of Scilly.

The speaker for the 4th August is to be Mrs Jane Leason, who will speak on the Deben Family Centre.

Prospective new members are welcome to attend as guests in the first instance. Please contact the Secretary, Ron Fisher, 5 Bader Court, Martlesham Heath IP5 3UY, tel. 01473 631347.

### **THE DEBEN PROBUS CLUB**

On 8th July, our Deben Probus Club were joined by two other local Probus clubs for our annual outing, together with wives and friends. This year we visited the Shuttleworth Collection and the adjacent Swiss Gardens.

We were given a comprehensive tour of all the hangars and spent considerable time looking at the vast collection of planes dating from 1909 to 1995, most of which are still flown on special flying days.

After a very pleasant lunch, we were escorted to the Swiss Gardens which were originally landscaped and created in the 'Swiss picturesque manner' by Lord Ongley in the 1820s.

Our next meeting will be on 23rd July when the Deputy Chief Constable of Suffolk, Mrs G Parker, BSc(Hons) Met(Cantab) will be talking about "Policing in Suffolk".

There will not be a meeting in August (our traditional summer break) and we return on September 15th for a talk by Gordon Kinsey on Kesgrave Hall.

For further information and membership details, please contact Walter Gormer on 01473 252294, or Maurice Bush on 01394 386380.

### **SPEAKERS OF FELIXSTOWE**

#### **Kick Start Your Career Now**

Does it sometimes seem that no one listens to what you say and all your friends are too polite to tell you why not?

Do you get frustrated at work when smart Alec always butts in first, steals the stage and you

never get to put your point across?

Do you envy those who seem so eloquent and convincing when they start to speak?

Do you quake at the thought of a job interviews?

Well **Speakers of Felixstowe** is the answer! Between us we have 1000s of years of experience, and you can rely on us to be honest and truthful yet sympathetically give you some constructive feedback. We can give you guidance, examples and lots of practise getting up on your feet and facing a benign audience.

By simply following a series of guidelines it has been proven that this method has achieved amazing results, and our members have met new interviews with confidence and advanced their careers.

Our new season begins on Thursday 4th September, meeting alternate weeks, so pencil this in your diaries now. Also, look out for our demonstration evening at Felix Hall on Wednesday 24th September.

If you would like to practise what we preach at our regular meetings then contact Mike on 01473 623918 or Elaine on 01473 729867 for a warm welcome and free introductory visit, or e-mail: [felixstowe.speakers.club@btinternet.com](mailto:felixstowe.speakers.club@btinternet.com)

### **ENSIGN G-ADSW**

With reference to Mr Hart's photograph of Armstrong Whitworth Ensign, G-ADSW, *Eddystone* (cover of May edition). This aircraft was the sixth Ensign off the Coventry production line and flew for the first time during April 1939. The aircraft was delivered to Martlesham Heath at the end of that month to undertake air worthiness trials to evaluate the more powerful Tiger IXC engines with which she was fitted. The trials showed the aircraft to be longitudinally unstable, which resulted in an amendment to the air worthiness certificate.

*Eddystone* was delivered to Imperial Airways in August 1939. However, with the outbreak of war the Ensign class was taken over by the Air Ministry and *Eddystone*, along with the other Ensigns, was

flown to Baginton, Coventry - her birthplace, and then to Whitchurch, near Reading. All Ensigns were transferred to the newly formed British Overseas Airways Corporation (BOAC) in November 1939. It was recognised the class was under-powered and in line with the other aircraft, *Eddystone* was re-engined with American Wright Cyclone engines of 1,000-hp during the summer of 1940 for service as a war transport aircraft.

The Ensigns flew mainly in the Middle East and the European theatres, where they gave good service and were never involved in a fatal accident. Ironically, *Eddystone* was the last of the class in operational service. Following a wheels-up landing at Castel Benito, Libya, she was repaired and flown back to Britain in June 1946 and scrapped at Hamble.

Ian White

### **MARTLESHAM CHRISTIAN FELLOWSHIP**

Hot summer days remind one of the words of Jesus in the Sermon on the Mount. "Be like your Father in heaven, who causes his sun to shine on the evil and the good, and sends rain on the righteous and the unrighteous". He was encouraging us to pray for people we may not like very much! Why not take a moment to praise God for His goodness, and pray for someone whom you find difficult.

The morning Family Services (10:30 am) and Evening Communion (6:30 pm) continue throughout August, apart from the 31st, when Communion is included in the morning service. Normal weekday activities will be suspended for August, and will recommence in September. Wednesday evening Prayer and Discussion times will continue in various homes at 7:45 pm. 'OUT OF THE TOYBOX' A Holiday Club for Primaries runs from the 12th to 15th August. (See separate advert for details).

For further information contact: Julia Faulkner (625482), or John Mellen (624401).

### **MARTLESHAM HEATH PAVILION**

Did you know that there are regular meetings and activities going on in the pavilion for at least 24 hours each week?

**Each week there are –**

- Bader Court coffee mornings
- Weightwatchers meetings
- WI market
- Tuesday Games Club
- Brownies
- 4 Parent and Toddler sessions
- Yoga classes
- Youth Club

**Every two weeks there are –**

- Cross-Stitch classes

**Every month there are -**

- WI meetings
- Police surgeries

**Occasionally there are -**

- Woodbridge Model Boat Club meetings
- National Childbirth Trust classes
- Childminding Group meetings
- Martlesham in Bloom meetings
- Conservation Group meetings
- Village Produce Association meetings

**During the summer there are –**

- cricket matches

**Did you know that there is some time available if you want to start a new club or society? For more information on any of these, please contact Paul Firman on 01473 622874**

### **MUSIC ON THE GREEN**

Sincere thanks to all those people who baked and gave cakes for the refreshment stall in St Michael's Church Centre. Every one was appreciated, Also a big thank you to all those people who worked so hard in the kitchen that day. It was a tremendous success and very happy occasion. Thank you.

Monica Twaits

It's

## QUIZ NIGHT

at

**St. Michael's Church Centre**  
on  
**Saturday 6th September 2003**

**Come along and make up teams**  
of six

**ENTRANCE £3.00 including a**  
**"Baked Potato" supper.**  
Tickets available from Lewis  
Currie 625320,  
Monica Twaits 623194,  
or St Michael's Centre between 10  
am and 12 noon

### HOLIDAY CLUB

**Tuesday 12th – Friday 15th**  
**August 2003 – 'Out of the**  
**Toybox'**

The Martlesham Church holiday club for all primary school aged children will be an event with a difference this year! As always there will be music, stories, and fun activities, but this time the Parish Church and Martlesham Christian Fellowship are running the event jointly, and we are lucky enough to have John Hardwick coming too. He is a wonderful storyteller who is also proficient in clowning, juggling, songs and even unicycling!

For the first two days we will be meeting at the Christian Fellowship in Black Tiles Lane (next to Beacon Hill School), and for the Thursday and Friday we will be at St Michael's. All sessions run from 10-12. There will be no charge, but you may make a donation to the work of the Toybox Charity if you wish.

We are sure that all children will really enjoy this week, and are already taking bookings. So contact one of the numbers below if your children / grandchildren are at primary school and would like to come. Their friends will be very welcome too!

Julia Faulkner 625482 & Carolyn Smith 625630

### BRIGHT STARS FUN AND PRAISE!

**From September, Bright Stars will be shining on a new day!**

For some time now, we have realized that our regular Thursday morning spot clashes with the Parent and Toddler Group at the Christian Fellowship. So, for a trial period starting on 8th September, Bright Stars will move to **Mondays**.

We would like to invite all carers of babies, toddlers and pre-schoolers to a service specifically aimed to make children's worship fun and exciting. Our half hour services will be held on the **2nd and 4th Mondays** of each month (during term time), starting at 10:30 am at St Michaels Church Centre. The service is followed by refreshments.

We look forward to welcoming  
you!

The dates for the first three services  
after the Summer Holidays are:

**8th September**

**22nd September**

**13th October**

For details call Pauline 01473  
625061 or Liz 01473 625617

### THOUGHTS FROM YOUR PARISH CHURCH

#### **Holidays and Renewal**

Last Sunday two people on holiday suddenly appeared at St. Michael's, just in time for coffee. They were made welcome, and not only by the folk in the kitchen. I wonder what they made of us? Many, perhaps most of us go off on holiday hoping for some kind of renewal. It is

easy to forget that we can sometimes play a part in such renewal by being there in one of our own home places to greet and help someone else in their travels.

A few years ago my wife and I were spending a week with an Anglo-German couple on Balthrum, a tiny East Frisian island. It was like being translated to an earlier century. The only internal combustion engines were on the ambulance and the fire engine.

Once near the beginning of our stay there was some open-air singing, folk songs I think; we were given a song-sheet and joined in. We found ourselves next to a young Englishman. It turned out he was spending part of his holiday helping the local Pastor. When the time came for us to leave the island, the lack of cars was a great disadvantage to us, as Peter, our German friend's English husband, could only walk very slowly because of a stroke which had immobilised his left side. But suddenly our young Englishman appeared, carried luggage, and found Peter a seat on the ferry handy for getting off. He bade us a cheerful goodbye. He had certainly made a major contribution to our renewal.

Probably the traveller helped by the original Good Samaritan in our Lord's parable of Luke 10, 30 - 37 must be thought of as a man on urgent business or responding to an urgent family crisis, for who else would have gone on that notorious route from Jerusalem to Jericho, save perhaps men protected to some extent by priestly robes. Nowadays, in the age of leisure and tourism, it is quite often the holidaymaker who needs rescue.

We at St Mary's and St Michael's take this opportunity of wishing you all renewal and refreshment in your holidays, and we hope you meet lots of good people. May it all go smoothly - it nearly always does! - but if you should need a bit of help on occasion, may you find your Good Samaritan standing by your side!

Edwin Still, Retired Reader



**THE CHURCH IN MARTLESHAM & BRIGHTWELL**

**PLEASE NOTE** if you need to contact the church here are the details—Tel: 01473 625320, Mobile no: 07947 592118 and e-mail address: [lcsc@isitme.freeserve.co.uk](mailto:lcsc@isitme.freeserve.co.uk)  
**CLERGY:** The Revd. Tim Breene, 4 Saddlers Place, Martlesham Heath, Tel: 01473 621 658  
 The Revd. Elizabeth Corker, 12 Fairfield Avenue, Felixstowe, Tel: 01394 210793  
 The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath, Tel: 623770  
**READERS:** Carolyn Smith, 74 Heathfield, Martlesham Heath, Tel: 01473 625630  
 Lewis Currie, 18 Parkers Place, Martlesham Heath, Tel: 01473 625320  
**ELDERS:** Ann Little, 60 Deben Avenue Tel: 01473 624002; Margaret Rollins, 9 Angela Close, Tel: 01473 623868; Monica Twaits, 39 Angela Close, Tel: 01473 623194

Services for the Month	Brightwell St. John's	Martlesham St. Mary's	Martlesham Heath St. Michael's
Sunday 3rd August Trinity 7	8am Holy Communion	11am Holy Communion BCP	9:45am Worship
Sunday 10th August Trinity 8	6:30pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion
Sunday 17th August Trinity 9	8am Holy Communion	11am Family Holy Communion	9:45am Worship
Sunday 24th August Trinity 10	6:30pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion
Sunday 31st August Trinity 11	6:30pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion
Sunday 7th September Trinity 12	8am Holy Communion	11am Holy Communion BCP	9:45am All Age Worship 6:30pm Informal Worship

MIDWEEK SERVICES: Holy Communion each Wednesday at 10am in St. Michael's.

**PRAYER DIARY FOR AUGUST**

- |  |  |
|--|--|
| Pray daily for world peace, for the church and:        | 18 for young people awaiting exam results  |
| 8 for the VPA, and its outing to Wisley Garden         | 19 for those celebrating wedding anniversaries this month                                  |
| 9 Mary Sumner Day: give thanks for the Mothers' Union  | 20 for the residents of Denham Court   |
| 10 give thanks for Jesus, the Bread Of Life            | 21 for child minders   |
| 11 St Clare: for women training for ministry           | 22 for those living far from home  |
| 12 for the Children's Holiday Club this week           | 23 for all who travel today  |
| 13 for the residents of Demesne Gardens                | 24 St Bartholomew: give thanks that Jesus calls us to follow him                           |
| 14 for the Quiet Day in the Garden                     | 25 for those who feel lonely on Bank Holiday   |
| 15 for parents and children in separated families      | 26 give thanks for the beauty of the countryside   |
| 16 for those who will have no holiday this year        | 27 for the residents of Digby Close  |
| 17 give thanks that Jesus gives us strength for living | 28 for those who feel anxious about their health   |
|  | 29 for the people of NE Uganda   |
|  | 30 for those who come to Martlesham to work  |
|  | 31 that we may put our faith into practice   |
|  | <b>SEPTEMBER</b> 1 for those beginning new work this month, and for those who have no work |
|  | 2 for the residents of Dukes Meadow and Park   |
|  | 3 for Martlesham Parish Council  |
|  | 4 give thanks for our schools, and pray for teachers                                       |
|  | 5 and for children and young people preparing to start a new year                          |
|  | 6 for those who promote Fair Trade   |
|  | 7 that we may be welcoming to people of other races  |