

MARTLESHAM MONTHLY

incorporating
**THE TALKING MARTLESHAM
MONTHLY**
JANUARY 2005

Editor:
Neal Goldsmith
10 Lark Rise (01473 624124)
Advertising and leaflets:
Paul Firman
45 Lark Rise (01473 622874)
Distribution:
Roy Berridge (01473 611624)

Latest copy date is the 18th of the preceding month. Please e-mail contributions to:- martmonthly@tesco.net or deliver your copy to the editor or to Paul Firman, preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number.

Contributors are also requested to limit their articles to approximately 250 words. This is being done in an effort to limit the number of pages of text in the Martlesham Monthly.

**MARTLESHAM MONTHLY
ONLINE**
www.martlesham.org.uk

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

EDITORIAL

I would like to wish all our readers, contributors and advertisers a

very happy New Year, and I hope you all had a very enjoyable Christmas.

TALKING MARTLESHAM MONTHLY

The Talking Martlesham Monthly is an audio tape version of the text of the printed 'Monthly' and is available free of charge.

If you or someone you know has impaired vision and would like to receive a copy of the tape, please contact John Tyler on 612736.

The Talking Martlesham Monthly can also be accessed online via the Martlesham Community Web Portal at

www.martlesham.org.uk.

POLICE

Community Police Officer
PC Ian Rafferty

In case of emergencies please always call 999. In non-emergency situations call the main switchboard on 01473 613500; you can also contact PC Rafferty on the following numbers for non-urgent matters: Office—01473 383487
E-mail—ian.rafferty@suffolk.pnn.police.uk

MARTLESHAM MONTHLY

Martlesham Monthly are pleased to tell you that we have hired a garage in the Village for Community storage. This is available to all groups and organisations for storage of small equipment. There will be no charge for this service.

Please contact Paul Firman 01473 622874.

MARTLESHAM HEATH PAVILION

To book The Martlesham Heath Pavilion please call 01473 621406, not the telephone number shown in the advert. Also the Management Committee now have some tables and chairs which can be hired at a very reasonable rate.

Please contact Paul Firman 01473 622874.

MUSIC ON THE GREEN

Saturday 9th July 2005 will see the fifth annual "Music on the Green" event. This is a free live music event and the proceeds are donated to charity. The 2004 event was hugely successful, with continuous music from 10.00 am until 10:30 pm. The committee are now meeting and getting together a varied programme of music for 2005.

We welcome a new sponsor this year, **RDP Partnership**, who are the accountants in The Square. If you want to be a sponsor of "Music on The Green" please contact Paul Firman.

We are indebted to our sponsors for 2005 which at the moment include **Howard Plant, Douglas Bader, Chalk & Cheese, GMA Warehousing & Transport Ltd, The Property Gallery, Universal Control System and The Martlesham Monthly.**

Visit our web site for the latest news - www.musiconthegreen.com

Paul Firman, Chairman

MARTLESHAM PARISH COUNCIL

Budgets and the Precept

The parish council has agreed to a budget of £75,916 for next year (2005/06) which includes £7606 for grants to various local organisations; these grants are partly funded by the recycling credits from Suffolk Coastal and the expected bank interest.

The parish council has agreed to set a precept of £60,000 which is the same as that for the current and previous year; the precept is the sum that is collected from Martlesham households via the council tax. The rest of the money for the budget will come from the council's reserves and some savings expected in this year's expenditure.

If you have any comments about the parish council's work and expenditure please write or e-mail them to the clerk or attend the Annual Parish Meeting in April.

New Parish Councillor

We were pleased to welcome Mrs Rosie Scott of Crown Close, who was elected as a new councillor at the recent election.

Odours from Foxhall Tip

Many residents have complained for some time about the odours from Foxhall Tip. We have just been told that the tip needs to obtain an Integrated Pollution Prevention & Control permit and that it may be issued within the next two months. Any complaints regarding odours from the site or health related issues should therefore be sent soon to:- Mr J Gladwin, Environment Agency-Lower Trent Area Office, Trentside Offices, Scarrington Road, West Bridgeford, Nottingham, NG2 5FA.

Once the permit has been issued any complaints should be directed to the Environment Agency whose hotline number is 08708 506 506.

Parking on verges and footways

We often receive complaints about vehicles being parked partly or wholly on footways and verges. Footways are often blocked by a parked car causing a nuisance and hazard to pedestrians. Verges get damaged and very unsightly when regularly parked on. Please park carefully and considerately.

Good Neighbour Scheme

The purpose of this is to establish a network of volunteers in the parish to answer the need for a variety of help such as giving lifts to hospital or doctor appointments, befriending the lonely and bereaved, helping the elderly, sick or have disabilities with shopping, etc., letter writing or help with form filling or minor odd jobs around the house or garden. Any such scheme would be set up with the help of Suffolk ACRE and we would be pleased to hear from anybody who may be interested; please let the clerk know.

Grit Spreading

There are several grit bins on some of the steeper roads in Martlesham and their use and who spreads grit from them is currently not known. If there are any volunteers who already spread grit occasionally or would be willing to check the bins regularly and spread grit when needed, please give your name to the clerk so that they can be covered by SCC's insurance for such work.

Meetings

* Parish Council - Wednesday 5th January and Wednesday 2nd February.

* Development Plans Committee - Wednesday 12th January.

* Recreation and Amenities Committee - Wednesday 19th January.

All meetings are at 7:30 pm in the Parish Room, Felixstowe Road but please check the notice boards for further details of the above and other meetings.

All meetings are open to the public and there is an opportunity at Council meetings for residents to ask questions or make comments to the council.

Contacting the Council

In writing to the Clerk, Martlesham Parish Council Office, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB. Telephone or fax 01473 612632 via any councillor. E-mail: martleshampc@btclick.com

Laurence Burrows - Chairman

REPORTING NTL CABLE TELEVISION FAULTS

Correction!!

NTL have altered their system for reporting faults to the standard cable TV system which is installed in most homes on the Heath.

The procedure now is as follows:

Have your Account Number ready!
Dial 0800 052 2000

You will be told to enter your telephone number. Do not do this but enter 01582123456.

When prompted, enter "2" for "faults" followed by "4" for "Analogue". Be very patient!!!

MARTLESHAM CONSULTANTS LIMITED

Looking After Our Village

First of all, the Board would like to thank all those members who have already paid the annual maintenance charge for the coming year. This is appreciated as it not only helps with cash flow but also eases the administration burden.

The Annual General Meeting will be held at St Michael's Church Centre on Thursday 10th February at 8:00 pm. The usual notices will

be sent out prior to the meeting. The notices will also include an appeal for more helpers for MCL!

We wish all members a happy and prosperous New Year.

The web site address is:

www.martlesham.org.uk/mcl.

Voicemail 01473 612207.

E-mail: mcl.mh@btinternet.com Post: 6 The Square.

SUFFOLK PASS

Putting you in control of your care needs with Direct Payments

What are Direct Payments?

Direct Payments are cash payments directly from local councils to individuals who are eligible to receive community care services. People receiving Direct Payments take responsibility for choosing and providing their own support services.

Direct Payments enable you to live more independently by giving you more control over decisions affecting your life and the people who come into your home to help you. They enable you to choose how you'd like your needs to be met.

Direct Payments are not considered as income when assessed for welfare benefits.

Who's eligible?

Direct Payments are available to people with physical disabilities, sensory impairments, long-term medical conditions (e.g. HIV/AIDS), learning disabilities and mental health support needs.

They are also available to older people with care needs, carers and parents/carers of disabled children.

In order to be eligible you must have an assessment by Social Services and be considered as eligible for services according to their criteria.

If I get Direct Payments, what will I need to do?

If you receive Direct Payments, you are responsible for arranging your own services. This could include employing your own workers or purchasing care from a provider (e.g. care agency or independent day centre).

Who will help me organise my services?

Having responsibility for managing

your own services can seem a bit daunting. However, you are not on your own. Support services are available to help you with every aspect of setting up and managing your Direct Payment for more information contact the Suffolk PASS on 01473 620200 or e-mail suffolkpass@yahoo.co.uk

MARTLESHAM COMMUNITY RESPONDERS

End of Year Report

The Martlesham Community Responder team has now been operational for a year. Over the past 12 months the team have responded to over 100 emergency calls for the East Anglian Ambulance NHS Trust in the Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell community.

Since the first call out on New Year's Eve 2003, the team has survived with very few members. For much of the year, cover has been provided by Andy, Mark, Julie, Johnny and Peter. I'd like to take this opportunity to give them a public thank you for their commitment.

Over the past 5 months we have been joined by Lynne Parham, Tara Bharakhda and Paul Stockdale who have just completed their training to become community responders; and also by David Watson. Dave is bringing a lot of experience to the team, as he is part of the RAF Search & Rescue Squadron at Wattisham. We're not too sure where he is going to park his company "car" on any callouts though!!!

I would like to take this opportunity of saying a big thank you to our sponsors who donated money so that we could get our scheme up and running so quickly, but in particular Cllr John Kelso, Paul Firman, the Martlesham Monthly team, BT Exact and SGR Operation Santa Claus.

We are still looking for volunteers, so for further information, please contact Andy Oxborrow on 01473 620432.

Happy New Year,
Andy Oxborrow, Group Co-ordinator

MARTLESHAM W.I.

The December meeting was, as usual, a social evening.

After the business and correspondence, members enjoyed a Beetle Drive and a humorous sketch acted by the President Mrs Audrey Burnell and the Secretary Mrs Betty Darke.

Miss Pat Brown had devised a clever Christmas Quiz which was won by Mrs Margaret Forbes.

The Rose Bowl Cup given to the member who had gained most points for the year in the monthly competitions was presented to Miss Brown.

The meeting concluded with carol singing.

At the next meeting, January 21st, Mrs Burrows will be the speaker and the subject will be "Walking the Great Wall of China".

Visitors and new members welcome.

S. D. Harris

MARTLESHAM HEATH W.I.

Members were welcomed to our Christmas Party by re-elected President, Kay Hall. The Pavilion looked very festive with table decorations provided by Gilian Maylin and the buffet table, laden with food, had a very attractive flower arrangement by Liz Copeland.

Business was kept to a minimum after which the President introduced Mr Michael Stagg, our speaker for the evening. Using slides of paintings by many famous artists Mr Stagg gave us a serene insight into the meaning of Christmas, for instance the lighted candle as a symbol of light in the darkness. Pictures by Rossetti showing the Girlhood of Mary and another showing the visit of the Angel to Mary were just two of the works of art shown by Mr Stagg.

We were brought back to Christmas now, by slides of toys on sale and houses decorated inside and out with lights. Nature was not forgotten in its association with Christmas. The final picture was a black and white abstract of the face of Christ. Some of us, but not all, could recognise it! Our speaker was

warmly thanked by Kay.

The Buffet followed and was accompanied by a punch made by Sue Fountain. Each member went home with a gift given by another member.

Our next meeting is on Monday 10th January in the Pavilion at 7:45 pm. The speaker will be Paula Slater from the Make a Wish Foundation. You are very welcome to join us.

Jean Penny 01473 626627,
Betty Dickenson 01473 624250

COUNTRY MARKET AT MARTLESHAM HEATH

Tuesdays 9:00-10:30 am

Martlesham Heath Pavilion

Following a successful year's trading the committee are pleased to say that we will be open for business in the New Year on Tuesday 11th January. If you have a talent for cooking, gardening or craft and would like to join the market please feel free to chat to us about joining - it's a friendly way to make an income at home with your skills. For further information please contact marie@whinney89.freereserve.co.uk

Don't forget we are also open for home made goods and refreshments every Saturday morning from 10:00 to 12:00 at the new Scout Headquarters in Kesgrave. Visit the website to order or view the full range of food and craft items available. www.marketonthegreen.org

MARTLESHAM PLAYSCHOOL

We hope you all had a lovely Christmas and have a Happy New Year. The children return on the 6th January to enjoy a half-term filled with activities and crafts on the topic of communications.

Visitors are always welcome to come and see us. If you would like more information about the playgroup please contact Nikki Smith, our bookings secretary, on 01473 614055.

Louisa Smith, Secretary

THREE BEARS PLAYGROUP

We would like to begin by welcoming all of the existing and new children and parents back to Three Bears Playgroup, after the Christmas

break, and wishing them all a very Happy New Year.

This term our topic will be "All About Me". The children will begin by learning about symmetry in our "Faces Week" and in our "Hands Week" the children will learn why adults shake hands! They will investigate their thumb prints through magnifiers and learn about the importance of keeping your hands clean and healthy. We have lots of other activities planned for the rest of this term to help children learn and understand how their bodies work.

By the time you read this article, we hope to be settled in our brand new building, adjacent to Cedarwood Primary School. This is going to be a very exciting year for Playgroup and we very much look forward to all the opportunities our own building offers us. We hope to include further details about our Playgroup in a future issue.

If you wish to receive a copy of our Prospectus and Registration Form, or require further details about our Playgroup, please contact Elizabeth Leonard (Chairperson) on 01473 635944.

ST MICHAEL'S PRE-SCHOOL **Martlesham Heath**

Our theme for next term is 'Senses'. Roleplay will include opticians, restaurant and florists. Activities will include making drums, popcorn, binoculars and gingerbread men. The children will also make a trip to the bakers. We will also be looking at how Chinese New Year is celebrated and making masks to celebrate the Year of the Rooster.

Thank you to everyone who participated in Operation Christmas Child. As a group we collected 27 boxes, so well done.

Our Table Top Sale held on Saturday 20th November raised £150 and the Tempest photograph session raised a further £76 for the pre-school. Thank you to everyone who participated in these events.

Half-term runs from Monday 14th - Friday 18th February 2005.

If you are interested in sending your child to our pre-school and would like more information, please

contact the pre-school on the following mobile number - 07712 506123. This number will be answered during session times (9:15 - 3:15 Monday, Tuesday and Friday, 1:15 - 3:45 Wednesday and 12:45 - 3:15 Thursday) and is available during school holidays.
Rachael Vest

CHILDCARE

Ofsted approved Registered Childminders of Martlesham/Martlesham Heath are now able to offer early education grant funded sessions for three and four year olds.

During these sessions we will be able to implement the curriculum for the 'Foundation Stage' - the main emphasis being on the children learning through play.

For further information about grant funded places, please contact me on 01473 610411 or e-mail childminding@fiona-jackson.com.

Look forward to hearing from you.

Fiona Jackson

GORSELAND PRIMARY **SCHOOL PARENTS' AND** **FRIENDS' ASSOCIATION**

We have had a busy autumn term. In September we organised a disco for the key stage 2 children, which was followed by a disco for all the family. We ended the terms' fundraising by being involved with the Kesgrave Fireworks evening. We would like to say a big thank you to everyone that supported these events and helped to raise £1,600, some of which has been spent on the new lighting rig that was used for our brilliant Christmas Productions. Thanks also to the PFA members who gave up two Saturdays to make the footpaths in the school more interesting by constructing two pebble mosaics beside them.

We would like to wish everyone a Happy New Year. Just one date for your diary: 5th February - Quiz Night - details from the school. Helen Theobald, Gorseland PFA

CALLING ALL MUMS...

The first meeting of the Mums' Club in 2005 will be held on Tuesday 11th January when Nicki and Liz of 'Creative Kids' will talk about arts

and crafts for young children.

At the February meeting on Tuesday 1st February, Julia Des-saur, Community Safety Project Officer from Suffolk Constabulary, will give a talk entitled 'Making Women Feel Safer.'

Both meetings will be held at St Michael's Church Centre from 12:45 to 2:30 pm. All mums, babies and toddlers are welcome to join us for lunch.

For more details of the Mums' Club please 'phone Sue on 01473 624130 or Kay on 01473 626169.

MARTLESHAM MOTHERS' **UNION**

Fun, fellowship, and food were the main ingredients of our December meeting when Martlesham Mothers' Union members entertained between 60 and 70 visitors at our annual Christmas party. The drama group had hoped to stage the pantomime 'Snow-white and the Seven Dwarfs' but they couldn't run to seven dwarfs and, of course, small people dislike being referred to as 'dwarfs', so political correctness won the day and they gave a performance of 'Snowdrop and the 4 Vertically Challenged Persons' instead. The highlight of the afternoon was when one of our oldest guests, Bill Bell, enchanting us all with his rendering of 'Passing By'.

Our first meeting of 2005 will be held on Wednesday January 5th at 2:30 pm at St. Michael's and will be a Corporate Communion Service followed by our Annual General Meeting. It is hoped that all members will make a determined effort to attend, as it is vital that we all make a contribution to the continuation of the World Wide mission of promoting Christian Family values.

Please remember Olive Smith, Betty Dickinson, Doreen, and Peg in your prayers, together with any others you feel need our support.

A thought for the month; May all the seeds of goodwill sown at Christmas grow to fruition during the coming year.

GOD BLESS, Sheila Smith

MARTLESHAM LADIES CLUB

On November 11th our speaker for the evening was Mr Warwick, who, assisted by helpers and slides, gave us a talk entitled 'Churchill's Private Army'. Mr Warwick gave a detailed account of the life of those involved in underground war work, and also of Parham Museum, which is having an open day on 3rd July. It was a most enlightening talk received warmly by members.

Joyce Moore read a poem called D-Day, both items being very appropriate as it was Remembrance Day.

One of our members, Doris Shute, was invited to speak to us at our meeting on November 25th. Doris spoke about her school life, where she worked, and how her husband to be first asked her out during their final year at school. They married in 1951. Doris has been involved in the Guide movement all her adult life, and when they finally moved to Martlesham she was instrumental in setting up the First Martlesham Brownie Pack and then the Girl Guides, all of which has given her great pleasure. It was she, along with a few others, that started the Martlesham Ladies Club, first meeting in each others homes and later the old village hall, finally making it to the Richards Rooms which is now its regular meeting place. Members found Doris's talk very interesting and Sheila Swanwick gave an enthusiastic vote of thanks.

The Club would like to take this opportunity to wish you all a very happy and peaceful New Year

Rita Smith

MARTLESHAM WIVES GROUP

The next meeting is on Monday 17th January 8:15 pm

"Little Bits of Suffolk"

A talk by Peter Driver (back by popular demand!). The venue is Kathy's - 46 Forest Lane.

For further details contact Jenny 01473 626253.

QUIZ NIGHT

for
Saint Elizabeth Hospice
at
Martlesham Community Hall

Friday 28th January
at **7:30 pm**

Supper provided

Tickets **£8**

BYO drinks

Ring **Mrs O'Donovan**
before **Jan 24th** on
01473 625797

POPPY APPEAL 2004

My thanks to all who collected and to those who gave to the appeal.

The results are as follows:

Tesco's - £1339.43

BT - £606.84

House to house and business -
£1240.70

Martlesham Church - £400

Wreath - £40

TOTAL - £3,626.97

K J Wilding M.B.E.

Poppy Appeal Organiser

MUSIC QUIZ

at
THE DOUGLAS BADER
on **Sunday 13th March 2005**

7 pm for 7:30 pm

£4 per person includes a light
supper

Up to 6 per team

Book your table now as this quiz
evening is very popular.

Please call **Karen 01473 625394**

**Presented by Geoff and Simon
Lambert**

In aid of "MUSIC ON THE GREEN"

LIPREADING CLASSES

Lipreading classes are held in the Pavilion every Thursday morning from 10:30 until 12:30. They are run by the Suffolk Deaf Association. The classes are free and for any one who has a hearing loss.

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The classes are in a relaxed atmosphere with other people who also have hearing difficulties. The Pavilion now has a wonderful induction loop for hearing aid users. Ring me if you have any questions or would like to join in. **The classes re-start on 13th January.**

Christine Steward, 01449 674160

MARTLESHAM HISTORICAL SOCIETY

At our meeting on Monday December 20th, the speaker was Dr Sam Newton who gave an illustrated talk entitled "King Raedwald's Sons & Heirs - Saints & Kings of the Early 7th Century". The audience of 27 was entertained by one of this country's experts on the history of the dynasty which was largely responsible for transforming the many mini-kingdoms into what came to be England as we know it today.

Our next meeting, on Monday February 21st will be a talk entitled "Frolics, Fervour and Fornication in Suffolk Parishes". More details in February's "Monthly"!!

John Tyler, Hon. Sec., tel. 01473 612736

MARTLESHAM HEATH AVIATION SOCIETY

In place of our usual Christmas party we were entertained by our own member, Stan Ward. A very good gathering were present to hear Stan at his best, with a talk entitled "Humour in Aviation".

A lifelong obsession with flying was revealed when he described how, in 1934, he and some friends cycled overnight to Mildenhall in time to see the DH Comets take off for the Mildenhall to Melbourne Air race. His stories of flying from the time that he joined the RAF as a boy entrant, pilot training in Oklahoma, when he was very lucky to survive a crash in a Stearman, his time as a flight instructor in the RAF and his post-war flying both at Marshall's airfield at Cambridge and at Ipswich airfield, were all told with a terrific sense of humour.

He hardly touched on his experiences as a display pilot and the audience would happily have stayed until midnight to listen to

more and laugh with Stan. He clocked up approximately 13500 hours flying during his eventful career. 9500 of those hours was with the RAF. His log book reveals that he flew 211 different Tiger Moths.

A vote of thanks was given by Gordon Kinsey.

Our meeting in January falls, as usual, on the first Friday of the month, which is the 7th. Our President, Gordon Kinsey, has written a book about the development of Radar at Bawdsey Manor and he will be giving a talk entitled, "The Birth of the Beam", at the Community Hall at 7:30 pm. Non-members are very welcome at a cost of £2 at the door.

Alan Powell 01473 622458

PORTAL AVENUE WOODLANDS MANAGEMENT/ CONSERVATION GROUP

We all hope you have had a good Christmas and wish you a Happy New Year. Fingers crossed that one of your New Year Resolutions will have been to give the Group a couple of hours voluntary work during 2005 to keep the woodland amenity open and user friendly for all. Just coming out once a year helps, although we will try to persuade you to come out more often.

One or two people are anti what is being done in the woodland. We call them 'poison pens' and they will do anything to disrupt our activities. Trees planted by Gorseland School pupils have been vandalised, paths kept clear of leaves are immediately covered by piles of leaves and the Group's activities are verbally lambasted. From our own consultations 99% of users are grateful for the volunteers work and enjoy this woodland on our doorstep, so sorry 'poison pens' but we will continue!

Of interest, the operating costs of the group are covered by plant sales at the secretary's home and village day and donations from the supply of surplus logs from SCDC approved felling of weakened or dangerous trees. Only wood which we cannot use for habitats or protection of the old airfield revetments is cut into logs. All money generated is paid into

PORTAL AVENUE CELEBRATIONS

the Parish, and before we spend any of it, approval is needed from the Recreation and Amenities Committee. It is totally open, and anyone can inspect this by going to the Parish.

We also get a small grant from the Parish Council but for large purchases or projects we apply for funding from larger organisations.

The next month's workday is Saturday 15th January, meeting at 10 o'clock at the Force HQ Sports field gate and all are welcome.

Contacts: Chairman - Duncan Sweeting 01473 622859, Secretary - Peter Izzard 01473 611291, Martlesham Parish Council 01473 612632.

VILLAGE VIEWS

The chance for you to write in and have your say...

NTL LINK UPDATE

We chose to disconnect our NTL connection and installed an aerial in our loft but with the advent of Sky and having two adult sons still in-house we have been struggling to get a decent picture on terrestrial channels.

We took the details from the Martlesham Monthly and rang NTL to enquire about reconnection to be advised that they no longer offer this service to Martlesham Heath.

Others may not be aware of this - is it something that could be shared via the Monthly?

Our only option to improve reception is the "illegal" installation of an external aerial - which we have noticed are beginning to appear in clandestine corners of the Heath.

Do others have any views on this? Is this something that we should take up with MCL?

Denise & Robin Guy

MARTLESHAM BRASS

As a daughter of the County of Yorkshire, I share, with Lesley Garrett a love of brass band music and to be able to listen to the combined bands which make up Martlesham Brass is a delight.

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BARN DANCE

On Saturday morning, December 4th, we were invited to dress the Christmas tree, have some refreshments, buy raffle tickets and browse the various stalls and then listen to the Intermediate Band whilst they entertained us with a selection of traditional Carols and Seasonal Music. Their rendition of 'Winter' by Vivaldi which was particularly fine.

As usual all the soloists shone and the applause and stomps were very well deserved. Any volunteers to polish the Sousaphone?

Never mind the chores...
Come, listen to the Band. Thank you.
Jennifer Beynon

LOCAL PARAMEDICS— MARTLESHAM COMMUNITY RESPONDERS

A short while ago my wife felt ill whilst shopping in Tesco's at Martlesham Heath. An ambulance was called but several minutes before it arrived two paramedics arrived with full kit from BT. They reassured my wife and gave her some oxygen, took her blood pressure and carried out other tests until the ambulance arrived and took over.

We were very impressed with the prompt response and actions of the local paramedics and wished to put on record our thanks.

We do not know who they were, but we do know that The Martlesham Monthly contributed towards equipping the paramedics.

If you know who organises the local paramedics' scheme, can you please pass on our sincere thanks to all concerned.

Our thanks also go out to all those responsible for the Martlesham Monthly and we hope you will continue to support this excellent cause.

With kind regards and best wishes for the New Year.

Mick

1ST MARTLESHAM SCOUT GROUP

As reported last month, Messrs Green and White retired as cub leaders, marking the event with a mini gang show, the finale being an 'Alas Green & White' sketch where they indulged in past memories

at St. Michael's Church Centre

from the last 14 years and a surprise 'Mastermind' where Dave Green was put under the spotlight in a leather chair, chosen subject – 'Deben Pack 1988-2004'. He got about 50%!!

Peter and Dave would like to publicly say a big 'thank you' to everyone for their Akela and Baloo plates and other gifts and cards.

The highest cub section badge - the Chief Scout Silver Award – was awarded to Stephen Parham, James Day and Joel Pinder. Well done to the three of you.

A very big 'thank you' to those who supported the Scout Post; people who used the service (about 1,500 card were posted in our collection boxes!); Duncan's and BT for once again allowing us to have collection boxes on their premises; Martlesham Monthly for helping with publicity; and last, but by no means least, the parents and children who gave up time to sort and deliver cards.

This is an enjoyable exercise, and once again has made us appreciate how difficult a postman's job can be. The number of envelopes with indecipherable handwriting, road names with no numbers, and addresses that simply don't exist, was surprisingly high. Something that doesn't affect the Post Office is the restriction on our delivery area (postcodes IP1-5 only). We had an awfully large pile of cards outside this area, including one to an address in Berkshire! As far as possible, we have dealt with all of these, by either stamping and posting them through the Royal Mail, or by individuals going out of their way to deliver – but please bear in mind that we end up paying for this. If you know you posted cards outside our delivery area, a small donation to the Scouts would be appreciated.

We wish everyone a very happy 2005.

You can find more information on the Martlesham Community website under 'Youth Groups' at <http://www.martlesham.org.uk/>.

MARTLESHAM BOWLS CLUB

It was with great regret that we heard of the death of our member and friend Ken Segger, on 8th December. He was one of the long serving members. It was only of recent years that age prevented him from working on the green. The committee and members offer his wife Pam, who has also worked for the benefit of the club, all our sympathy at this sad time.

At the AGM the officers gave reports which showed improvements on the previous year. Peter Gorham gave a run down on how the Martlesham teams did in the various leagues. Woodbridge 6th, Ipswich Triples runners-up, Ipswich 2 Woods in the penultimate position, Flynn 3rd. In the Daniels Cup, Martlesham reached the semi-finals and in the Salter Cup we were the losing finalists. Brian thanked all the committee and others for the work they had put in over the year, as he said it is thanks to them that the club is a successful club.

This year the AGM was held in the morning and the members thought it was an improvement on previous years, so perhaps this is the start of a new tradition?

A blast from the past! Well, last month's report of the club's visit to Potter's. The local bush telegraph sent the wrong results of the game. Susan, George, Ernie and Vi were credited with being in the last 16 but should have been in the semi-finals.

The officers and committee wish all members a Happy New Year and good bowling, and do not forget to pay your subs by the end of the month!

Linda Brown, our secretary, can be reached on 01394 384698.

Jack Cot

MARTLESHAM CARPET BOWLS

At the time of reporting, we are halfway through the winter league programme in the first division. We started off very well but, unfortunately, lost our last three matches against Claydon, Chelmondiston and Tithe Barn. Here's hoping 2005 will bring forth better results.

In November, four couples

7

entered the Suffolk Carpet Bowls Closed Pairs 2004/5 Championships at Hadleigh Leisure Centre when 84 pairs took part. This was played on a round robin basis and two of our pairs progressed into the second round. Despite the freezing cold day, indoors and out, there was a great atmosphere amongst the players, but the finals do not take place until April.

Please note that the third Friday evening in the month is booked so, if there is no match on, there will be a roll-up session.

Wishing you all a very happy and healthy New Year. See you in 2005.

Chris Chamberlain

KESGRAVE TENNIS CLUB

Established 1947

www.kesgrave.org.uk/tennisclub

Encouraging tennis at all levels - adults, beginners, children, improvers and wheelchair.

Any one wishing to join the Tennis Club please phone Sally Bovey on 01473 253287 or come along to club night on Wednesday 7:10 pm and collect an application form.

Results of the boys Mini green event held at Next Generation on the morning of Saturday 4th December, winning team Kesgrave - Ben Coupe and Matthew Harris, runners-up Woodbridge A - Felix Ward and Cameron Williams. Well done to Ben and Matthew on your win and good luck in future tournaments.

Winners of the Mulled Wine tournament were Tom Crow and Jenny Ware, runners-up Paul Ware and Debbie Stebbings. Thanks to Jenny and Dick for organising and every one who took part and made mulled wine.

Happy New Year to all members and we hope to see you on court. If you are interested in playing in matches please speak to team captains.

Visit our website

Please visit our website - www.kesgrave.org.uk/tennisclub for up to date information on club activities.

We have a very busy coaching programme in place. Wheel-

chair coaching is on Sunday evenings at Ensors Indoor Tennis Centre, Henley Road, Ipswich. We have spare chairs so if you haven't played before you are most welcome to come and have a go. We just ask you to contact Dick McDonald on 01394 384791 to book your place, and that goes for any other courses.

Debbie Stebbings 01473 626919

DEBEN PROBUS CLUB

Woodbridge

The Deben Probus Club met on 20th December for their traditional Christmas Luncheon and 51 members were present for an excellent meal in the pleasant surroundings of the Deben Suite at Ufford Park Hotel. After the meal a raffle was held to provide a welcome addition to funds. Our speaker, Mr Keith Manley, then took over and gave a most interesting and informative talk on the Barnardo's children's charity. 2005 is the centenary of the death of the founder, Dr Barnardo, whose original vision was that no destitute child should be refused admission to one of their homes whilst today's vision is that all children should be free of poverty, abuse and discrimination, both being extremely challenging objectives. After the vote of thanks, members were advised of a planned visit to Norwich, and that further local visits were being considered.

The club meets monthly on the third Monday in each month at Ufford Park Hotel for luncheon followed by a speaker on a topic of interest. In addition a number of visits, mainly to local venues, are arranged during the summer months as also are a number of short walks, both of which are open to member's wives and family. New members are always welcome and anyone interested in joining should contact either the Chairman, Mr D Tucker on 01394 385011, or the Secretary, Mr W Gormer on 01473 252294.

SPEAKERS OF FELIXSTOWE

Where Have all the Gentlemen Gone?

Congratulations to our new lady members Deborah Stone, Wendy Boothe and Ellie Crisp with their speakers manuals.

Surprisingly though, we have very few members from Felixstowe. Without the support from members who travel from Woodbridge, Martlesham, Kesgrave, Rushmere and Saxmundham, the club would have folded years ago. We will be looking for new members when our new term starts in January. How about supporting your local speakers club?

People join a speakers club for a variety of reasons. Perhaps you already speak to groups of people but you often wondered what they thought of your performance. We can provide you with feedback and encouragement. Or are you looking to exercise the mind? Then you will find the 2 minute topics challenging and fun. You will be surprised what interesting experiences the members have to tell.

If you would like to make a start at being more confident at any level of speaking, be it a wedding speech, chairing a meeting or an interview situation, then please come along or phone Mike on 01473 623918 or Elaine on 01473 729867, or go to www.felixstowespeakers.org.uk

MARTLESHAM CHRISTIAN FELLOWSHIP

Black Tiles Lane

2005! - "A Year With a Difference?"

A new year ahead! Will it be similar to last year? Or the year before? Could 2005 be a year which marks some significant change in life? A different job? A rewarding relationship? A new home? It could, of course, be the usual round of work, pleasure, and family life, with the odd holiday thrown in.

But every new year brings its opportunity for a change of direction.

For Christians, the future is

always exciting! It is an opportunity for deepening our relationship with God, through Jesus Christ. ("Walking in the light" as the Apostle John puts it). Also helping to forward God's purposes in our world, and extending His Kingdom.

Would you consider sharing this experience? Beginning in 2005, for the first time a walk with God? (Some people start in their seventies or eighties!) As Paul wrote, "If anyone is in Christ (i.e. becomes a Christian)- He is a new creation, old things are past away and all things become new", or, as it says in the book of Proverbs:- "The path of the righteous is like the first gleam of dawn, shining ever brighter till the light of day".

You are welcome to any of our services, or to ring one of the people mentioned below if you would like to talk about Faith in Christ.

FELLOWSHIP ACTIVITIES IN JANUARY

SUNDAYS

Family Service—10:30 am

Communion—6:30 pm

MONDAYS (Fortnightly)

Art Club—7:30 pm

This is a new venture, for any age or ability. For details contact Ian Pearson (01473 274604)

TUESDAY CIRCLE

11th January—"Out and About" (slide show)

WEDNESDAYS

Fun-Fit—9:30 am

Ladies Bible Study—11 am

House Groups—7:45 pm

THURSDAYS

Youth Club—7 pm

In House Groups in January and February we will be studying Paul's letter to the Galatians.

In our Family Services in January we will be looking at incidents in the life of David, who lived a chequered life - many good experiences, but some disastrous! (Does that sound familiar?)

For further information ring Julia Faulkner (01473 625482) or John Mellen (01473 624401).

BRIGHTWELL CHURCH

A happy New Year to all parishioners and we hope you had a happy Christmas. Our first social function this year is to be a **Fun Evening** in the **Church Hall on FRIDAY 28th JANUARY at 7:30 pm**, a veritable compendium of entertainment for all ages with our usual delicious refreshments. Please don't be put off by the weather if there should be snow, because with a good push off on your skis from the top of the hill by the church, followed by a deft slalom over the bridge at the bottom, you will be outside the Hall on the other side of the valley in no time. Right way up or not is a different matter.

More seriously, we do need to raise funds to meet the cost of the new extension planned for the Hall and we hope that these social events will help to do that. Best wishes for 2005.

Geoff Lambert
PCC Secretary

QUIET DAY

There is a quiet day at St Michael's Church Centre on Saturday February 5th, starting at 10 am and finishing with a cup of tea at 4 pm.

Our leader for the day will be the Revd. Lindsay Spendlove from Green Blade Retreat House, Wenhaston.

All are welcome for the whole, or part of, the day. Bring a packed lunch. The timetable for the day is displayed in St Michael's and St Mary's. If you need more information, please ask the clergy, or Rosemary Still on 01394 385333.

THOUGHTS FROM YOUR PARISH CHURCH

New Year's Resolutions

As we come into this New Year, a large proportion of us will make a resolution. Apparently the top four resolutions are: 1. Increase exercise, 2. Be more conscientious about work or school, 3. Develop better eating habits, 4. Stop smoking, drinking, or using drugs (including caffeine). It is interesting to note that, generally, people make more resolutions to start a new habit than to break an old one.

According to studies, 63% of people who make them keep their resolutions after two months, and 67% of people who make them make three or more resolutions. There is also a lot of advice 'around' to help us with our resolutions, (I have found most of this article on the internet). Here is just a tiny proportion of it; Have a strong initial commitment to make a change. Have coping strategies to deal with problems that will come up. Keep track of your progress. The more monitoring you do and feedback you get, the better you will do.

There is also advice on what not to do. Do not think about making resolutions at the last minute. Do not react on New Year's Eve and make your resolutions based on what's bothering you or is on your mind at that time. Do not frame your resolutions as absolutes by saying, "I will never do X again."

What does the Christian church think about resolutions? Well, God wants us to be whole and healthy people; mentally, physically and spiritually. But he is also a God who loves to forgive.

Revd Ian Naylor

**St. Michael's Church
Centre is open daily on
weekdays from 10
am—12 noon for tea ,
coffee, information, etc.
Why not drop in to
meet friends old and
new?**

MARTLESHAM HEATH PAVILION

Did you know that there are regular meetings and activities going on in the pavilion for at least 24 hours each week?

Each week there are –

- Bader Court coffee mornings
- Weightwatchers meetings
- WI market
- Tuesday Games Club
- Brownies
- 4 Parent and Toddler sessions
- Yoga classes
- Youth Club

Every two weeks there are –

- Cross-Stitch classes

Every month there are -

- WI meetings
- Police surgeries

Occasionally there are -

- Woodbridge Model Boat Club meetings
- National Childbirth Trust classes
- Childminding Group meetings
- Martlesham in Bloom meetings
- Conservation Group meetings
- Village Produce Association meetings

During the summer there are –

- cricket matches

Did you know that there is some time available if you want to start a new club or society? For more information on any of these, please contact Paul Firman on 01473 622874

THE CHURCH IN MARTLESHAM & BRIGHTWELL



PARISH MINISTER: The Revd. Ian Naylor, 17 Lark Rise, Martlesham Heath, IP5 3SA,
Tel: 01473 622424 and e-mail address: inaylor17@aol.com

CLERGY: The Revd. Elizabeth Corker, 12 Fairfield Avenue, Felixstowe, Tel: 01394 210793
The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath, Tel: 623770

READERS: Carolyn Smith, 74 Heathfield, Martlesham Heath, Tel: 01473 625630
Lewis Currie, 18 Parkers Place, Martlesham Heath, Tel: 01473 625320

ELDERS: Margaret Rollins, 9 Angela Close, Tel: 01473 623868; Monica Twaits, 39 Angela Close,
Tel: 01473 623194

Services for the Month	Brightwell St. John's	Martlesham St. Mary's	Martlesham Heath St. Michael's
Sunday 2nd January Christmas 2	8am Holy Communion	11am Holy Communion BCP	9:45am All Age Worship
Sunday 9th January Baptism of Christ	3pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion
Sunday 16th January Epiphany 2	8am Holy Communion	11am Family Holy Communion	9:45am All Age Worship 6:30pm Informal Worship
Sunday 23rd January Epiphany 3	3pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion
Sunday 30th January Presentation of Christ	3pm Evensong	8am Holy Communion 11am Matins	9:45am Family Holy Communion
Sunday 6th February Sunday before Lent	8am Holy Communion	11am Holy Communion BCP	9:45am All Age Worship and Baptism 6:30pm Informal Worship

MIDWEEK SERVICES: Holy Communion each Wednesday at 10am in St Michael's Church Centre. Bright Stars on Monday 10th January and Monday 24th January at St Michaels at 10:30am. A warm welcome awaits you at all the services.

PRAYER DIARY FOR JANUARY

Pray daily for peace throughout the world and:

6 make us worthy of God's call
7 may we be transformed by God's love
8 pray for peace and reconciliation
9 pray for all those being baptised today
10 pray for all children at school
11 for teachers and carers
12 for the residents of Alban Square
13 for all travelling on our roads today
14 for road makers and menders
15 for all office workers
16 for the Police Force
17 for justice
18 pray for Christian Unity
19 for the residents of Angela Close
20 pray for spiritual wholeness
21 for all family and friends
22 give thanks for the beauty of creation
23 give thanks for our individual gifts
24 give thanks for the diversity of people
25 give thanks for modern day conversions

26 for the residents of Avocet Lane
27 be still and know God
28 pray for all electricians and plumbers
29 seafarers and fishermen
30 for all children in church today
31 for all married couples
FEBRUARY 1 those at Keep-Fit class today
2 those at the MU meeting today
3 for the residents of Bader Court
4 for blind and partially sighted people
5 for carers of the sick and elderly