

MARTLESHAM MONTHLY

incorporating
**THE TALKING MARTLESHAM
MONTHLY**
MARCH 2005

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Latest copy date is the 18th of the preceding month. Please e-mail contributions to:- martmonthly@tesco.net or deliver your copy to the editor or to Paul Firman, preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number.

Contributors are also requested to limit their articles to approximately 250 words. This is being done in an effort to limit the number of pages of text in the Martlesham Monthly.

**MARTLESHAM MONTHLY
ONLINE**
www.martlesham.org.uk

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

TALKING MARTLESHAM MONTHLY

The Talking Martlesham Monthly is an audio tape version of the text of the printed 'Monthly' and is available free of charge.

If you or someone you know has impaired vision and would like to receive a copy of the tape, please contact John Tyler on 612736.

The Talking Martlesham Monthly can also be accessed online via the Martlesham Community Web Portal at www.martlesham.org.uk.

POLICE

Community Police Officer
PC Ian Rafferty

In case of emergencies please always call 999. In non-emergency situations call the main switchboard on 01473 613500; you can also contact PC Rafferty on the following numbers for non-urgent matters: Office—01473 383487
E-mail—ian.rafferty@suffolk.pnn.police.uk

Police Surgeries

This is your opportunity to have an informal chat with your local policeman at the following dates and times (all surgeries will be held in **Martlesham Heath Pavilion**):

Mondays 12:30-2:00 pm

21st March, 18th April, 16th May, 20th June, 18th July, 15th August, 19th September, 17th October, 21st November, 19th December

Thursdays 4:45-5:45 pm

3rd March, 7th April, 12th May, 9th June, 7th July, 11th August, 1st September, 6th October, 3rd November, 1st December

MARTLESHAM MONTHLY

Martlesham Monthly are pleased to tell you that we have hired a garage in the Village for Community storage. This is available to all groups and organisations for storage of small equipment. There will be no charge for this service.

Please contact Paul Firman 01473 622874.

MUSIC ON THE GREEN

The committee are pleased to tell

you that the two charities we will be supporting this year are **St Elizabeth Hospice** and **Martlesham Community Responders**.

Saturday 9th July 2005 will see the fifth annual "Music on the Green" event. This is a free live music event and the proceeds are donated to charity, with continuous music from 10 am until 10:30 pm.

If you want to be a sponsor of "Music on The Green" please contact Paul Firman. We are indebted to our sponsors for 2005 which at the moment include **Howard Plant, Douglas Bader, Chalk & Cheese, GMA Warehousing & Transport Ltd, The Property Gallery, Universal Control System, RDP Partnership and The Martlesham Monthly**.

More news soon!!

Visit our website for the latest news - www.musiconthegreen.com

Paul Firman, Chairman

MARTLESHAM PARISH COUNCIL

Speeding

SID was out in January as we regularly receive complaints about speeding vehicles. In Eagle Way and The Street, 50% of vehicles were exceeding 30 mph but in Top Street over 60% were exceeding 30 mph with the highest speed recorded being 49 mph. Many of these would have been local people and it is disappointing that they are ignoring the speed limit especially as their actions are hazardous and inconsiderate. Please respect, and encourage others to respect, the speed limits as they are there for your and other residents safety.

Planning applications

The Parish Council receives copies of all planning applications made within the parish and if anybody needs to see a current application, instead of going to the Suffolk Coastal offices in Woodbridge, they may see them at the Parish Room, Felixstowe Road provided they make arrangements with the Clerk to do so beforehand.

The Parish Council comments on all planning applications, usually at our Development Plans Committee and residents are welcome to

attend - their views can be very useful.

East of England strategy

This is a large document covering development in the eastern region for many years. It is relevant to Martlesham in that it sets out the amount of new housing proposed and includes a substantial increase in new houses in what the planners call the Ipswich Eastern Fringe (i.e. Rushmere, Kesgrave and Martlesham area).

Unfortunately it is not clear on the supporting infrastructure for the new housing (e.g. transport, water supplies, etc.). It is available on the Government's website and the Clerk has some summary information.

Parking on verges and footways

We often receive complaints about vehicles being parked partly or wholly on footways and verges. Footways are often blocked by a parked car causing a nuisance and hazard to pedestrians. Verges get damaged and very unsightly when regularly parked on. Please park carefully and considerately.

Felixstowe Road improvements

Plans have been drawn showing possible improvements including a proper footway, cycle lanes and ideas for slowing traffic speeds. The County Council officers also informed us that some work could be started by the end of March. The parish council has been campaigning for a proper footway for many years and we are pleased that it may at last be provided. Money for these improvements will come from the County Council, Tesco and Sustrans.

There are plans in the Parish Room and if you wish to look at them please contact the Clerk.

Meetings

- * Parish Council - Wednesday 2nd March
- * Development Plans Committee - Wednesday 9th March
- * Recreation and Amenities Committee - Wednesday 16th March
- * Finance and General Purposes Committee - Wednesday 23rd March

Advance notice - Annual Parish Meeting - Wednesday 27th April

All meetings are at 7:30 pm

in the Parish Room, Felixstowe Road but please check the notice boards for further details of the above and other meetings.

All meetings are open to the public and there is an opportunity at Council meetings for residents to ask questions or make comments to the council.

Contacting the Council

In writing to the Clerk, Martlesham Parish Council Office, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB. Telephone or fax 01473 612632 via any councillor. E-mail: martleshampc@btclick.com

Laurence Burrows - Chairman

MARTLESHAM IN BLOOM

Anglia in Bloom

Martlesham has been entered in the Anglia in Bloom competition 2005

Hanging Baskets in The Square, Martlesham Heath

We are arranging to have summer hanging baskets in The Square again this year. We have sent forms for sponsoring baskets and/or containers to everyone who sponsored last year and already we have sponsorship from Fraser-Hann, The Douglas Bader, Martlesham Heath Dental Surgery, Viridor, Dummett Copp, Jacobs Babbie and HPB Productions. More sponsors are always welcome and if any other firms or individual residents would like to sponsor a basket or container (Baskets £28 each and containers £23 each) please contact the secretary, name below.

Summer Garden Competitions

The Garden Competition forms are now available for 2005. We will send these forms to last years entrants but if you would like a form for yourself or a friend please ring the secretary and we will send you one.

"Spring Surprise"

A date for your diary - we will be holding Martlesham in Bloom's "Spring Surprise" at 8 pm on Tuesday 19th April in the Martlesham Heath Pavilion. This will include the launch of our summer competitions. More details in the April Monthly.

If you would like information on the above or any Martlesham in Bloom activity please contact:-

J. Maureen Burrows (Secretary), 17 Squires Lane, Martlesham Heath. Tel. 01473 625196.

REPORTING NTL CABLE TELEVISION FAULTS

Correction!!

NTL have altered their system for reporting faults to the standard cable TV system which is installed in most homes on the Heath.

The procedure now is as follows:

Have your Account Number ready!
Dial 0800 052 2000

You will be told to enter your telephone number. Do not do this but enter 01582123456.

When prompted, enter "2" for "faults" followed by "4" for "Analogue". Be very patient!!!

ST ELIZABETH HOSPICE STAMPS, OLD BRITISH & FOREIGN STAMPS APPEAL

On behalf of the Hospice in Foxhall Road, Ipswich, may I say a very big THANK YOU to all of you kind folk who have been collecting used stamps and old coins, foreign and British. It is wonderful to see such great support from the community for this local charity. Small parcels and envelopes of used stamps drop onto my doormat daily and it is heartening to receive them.

Just a reminder that I collect stamps and coins all year round and will be extremely pleased to receive these to pass on to the Hospice. Please remember to leave a small margin of about 1 cm around the edge of stamps to avoid damage.

Thank you everyone for your continued support.

Bev Read, 15 Demesne Gardens, Martlesham Heath, tel. 01473 622721

MARTLESHAM VILLAGE PRODUCE ASSOCIATION

Gardeners in the area are planning their entries for our Spring Show coming up on April 9th. If you are yet to look through the schedule of classes, please telephone Bernard Ward on 01473 626918 and he will arrange for one to be sent to you. If you need any support in de-

ciding what to enter and how to ensure it will be ready and flowering on time, please ask Bernard for some help.

The programme for the next few weeks includes the Annual quiz versus Woodbridge H.S., held at the Martlesham Community Hall on 11th March, 7:30 pm where the 'Ivor Richards' cup will be won by one of the teams. The Quiz master is Mr Matthew Tanton-Brown. Please come along and enjoy an interesting evening.

On Friday 1st April at 7:30 pm in the Richards Room we have Bob and Doris Ling coming to talk on the subject of 'Two Country Lives around Snape Maltings.'

Bookings for the Thursford Christmas Show are coming in well. There is still time to put your name down, but you will need to speak to Cyril Watson on 01473 622280 very soon if you are interested (members, friends and non-members welcome).

We have two outings planned for the summer time – a May visit to Hyde Hall and a June visit to Marks Hall near Coggeshall. Watch for more details later.

If you are not yet a member of the MVPA and wish to join, please contact our membership Secretary on 01473 610148 who will be able to help you. The joining fee is £4 per family.

Happy Gardening,
Hon. Secretary Linda Mitchell,
Chairman Stan Harris tel. 01473 623427, Show Secretary Bernard Ward tel. 01473 626918

MARTLESHAM & DISTRICT FLOWER CLUB

Our February meeting started on a sad note with a minute's silence for Thora Kirkwood, a committee member who died at the beginning of February.

Mrs Lindo Harman gave us a demonstration entitled "Pantomime" and while working told us tales of the pantos she had helped with over many years by making costumes.

She made six designs entitled "Snow White", "Alice in Wonderland", "Dick Whittington", "Aladdin", "Jack and the

Beanstalk", which featured the longest runner beans in Suffolk grown by Mrs Harman's father, and finally "Cinderella".

Mrs Mary Pratt gave the vote of thanks for a lovely afternoon.

The arrangements were raffled and tea and biscuits served.

The competition for a pantomime was well supported and won by Mrs Sheila Swanwick,

The club meets at St Michael's Church Centre, Martlesham Heath on the third Wednesday of each month at 2:30 pm. Annual subscription is £10 with visitors welcome at £2 per session. There is a plant and flower arrangers stall at each meeting.

The next meeting is on Wednesday March 16th with a short AGM followed by a talk by Mary Edwards - "Your Garden as a Source of Floral Decoration". There will be no competition.

Mrs Margaret Forbes, 01394 382209

SUFFOLK ORCHID SOCIETY

The Suffolk Orchid Society will be holding its Spring Show on Saturday 5th March at St Michael's Church Centre, (near The Douglas Bader Public House), Martlesham Heath, between 10 am and 4 pm. In addition to our own magnificent display of orchids there will be first class orchids for sale, repotting demonstrations, advice on the cultivation of orchids and problem solving. Refreshments including light lunches will be available.

**Saturday 12th March 2005
3 pm**

MUSICAL AFTERNOON

**Given by the Pupils of
Helen P. Burrows**

Profit to

The Children's Society

Reg Charity No. 221124

**Admission: Adults £2
Children 50p**

**St Michael's Church Centre
Martlesham Heath**

Further information: Burrows tel.
01473 625196

MARTLESHAM HEATH W.I.

The evening started with Kay Hall, our President, giving us the sad news that Thora Kirkwood, who had been a member for only a short time, had passed away. We were asked to remember her as we sang Jerusalem.

The business of the evening started with Kay's welcome to another visitor this month, Mariette Batterham, plus the return of an established member Ann Hyslop after some months of not being able to be with us. Thirdly we welcomed Bronwen Tyler, our first new fully paid up member of 2005. Secretary Gilian Maylin read the minutes of the last meeting which was duly signed as correct. Some members will be at the A.G.M. of S.E.F.W.I. held at Pakefield on Tuesday 22nd February, our delegate being Jean Penny.

Kay then introduced Julia Des-saur from Suffolk Constabulary speaking on "Safety in the Community". Julia is involved in a one year project called Making Women Feel Safer. We were very pleased to learn that Suffolk comes third in the safest county in the country. There was certainly plenty to think about and full marks to Julia for putting the case for awareness at all times so clearly. The vote of thanks from Ann Little was warmly endorsed.

Tea, coffee and biscuits followed while the raffle was being drawn and competition winners announced.

The meeting closed with Kay wishing us a safe journey home. We will be very pleased to see you in the Pavilion on 14th March at 7:45 pm when Andy Oxborough of Martlesham Responders will be telling us about their work.

Jean Penny 01473 626627

Betty Dickinson 01473 624250

MARTLESHAM WOMEN'S INSTITUTE

Maureen Simpson was congratulated on her recent appearance on 'Look East' showing her many achievements in typewriting skills both nationally and internationally. Maureen has been collecting typewriters for several years and now owns over 100 models, some dating from the 1880s.

The meeting on Friday 18th March at 7:30 pm in the Richard

Room will be an "Open Meeting" when it is hoped that members from neighbouring Institutes and other visitors will join us. Mrs Bullard will be our speaker for the evening and her topic will be "Going for a Song". The competition - open to all - will be "An Antique".

Sylvia Harris

SPRING RETURNS TO THE COUNTRY MARKET AT MARTLESHAM

The Tuesday morning market held at the Pavilion is keeping very busy. There is a well-stocked plant stall and a craft stall selling locally made cards and gifts. There is a wide selection of sweet and savoury baked goods on offer including ready meals and there are jams, chutneys, pickles and honey on the preserve stall.

If you would like to become a producer you would be very welcome. There is a small joining fee and a weekly commission is taken but the profit is all yours. It's a great way of earning money from home if you enjoy cooking, gardening or crafts.

The market is open every Tuesday from 9 to 10:30 am and every Saturday including **Easter Saturday** at the new Scout HQ in Kesgrave from 10 to 12 am. Home-made refreshments are served at both venues.

Please note the market will be closed on 29th March.

www.marketonthegreen.org

For any further information please contact marie@whinney89.freeseerve.co.uk

"WHOSE BAD BEHAVIOUR IS IT ANYWAY?"

Tuesday 12th April, 7:30 pm start at St Michael's Church, Martlesham Heath

Ofsted approved Registered Childminders of Martlesham Heath have organised a fantastic evening with Jo Bell, a children behaviourist. The evening is geared for people who have children or who look after children between the ages of 0-5 years.

For the past 30 plus years Jo has been involved in many aspects of early years. This has included running a small nursery attached to

an independent school and setting up and supervising a playgroup.

As an Early Years Advisor with Nottingham Social Services she helped pilot Open University material for childminders and worked closely with Education and Health to create and further a more multi-disciplinary approach to Childcare issues.

In Suffolk her role at the N.S. P.C.C. as Neglect Project Coordinator and Family Care Manager extended her interest in children's negativity. She began to write and facilitate training for professionals and parents with specific regard to the effect we, as adults, have in the behavioural process.

For the past five years she has worked as a freelance workshop facilitator and is continuing to build up a range of training inputs for various groups including Home-start and Foster Carers.

Entry costs £5 per person and this includes a complimentary glass of wine. Tickets are available from Sandra Philips on 01473 624551 or myself, Fiona Jackson, on 01473 610411. Tickets will also be available from the Mother & Toddler sessions at the Pavilion, Martlesham Heath on Wednesday and Friday mornings.

Look forward to seeing you there!

Fiona Jackson

MARTLESHAM HEATH BABY & TODDLER GROUP

We would like to warmly welcome Karen, our new Wednesday toddler group co-ordinator.

Each week we have our activity table, we will be doing crafts associated with Mothers Day and Easter.

We will be having a visit from Usborne Books where there will be a chance to buy some books or games/puzzles. This also helps towards fundraising for the group.

During the Easter holidays the sessions will only run on a Wednesday afternoon. This is the same for all school holidays.

We have lots planned for the Spring and Summer terms if you fancy joining us. We're in the Martlesham Pavilion on a Wednesday and Friday from 9:30 am until 11:30 am and 1:30 pm until 3:30

pm. We have lots of toys for the children to amuse themselves with, some crafts and a music session. We also provide refreshments. We look forward to seeing you...

If you require any further info please contact Joanne Warren on 01473 611958.

MARTLESHAM PLAYSCHOOL

The children are enjoying a half term filled with activities and crafts on the topic of Nursery Rhymes.

We recently received a donation of £1000 from local Councillor, John Kelso. The money was used to install some emergency lighting inside the playschool. We would therefore like to thank him for his commitment towards our project.

Visitors are always welcome to come and see us. If you would like more information about the playgroup please contact Nikki Smith, our bookings secretary, on 01473 614055 or visit our website at www.controltower.org.uk

Louisa Smith, Secretary

THREE BEARS PLAYGROUP

This term the children will be learning about Spring. We shall be going for a walk to look for signs of Spring. We shall also be learning about Spring weather and about the life cycles of animals associated with Spring and Easter. We shall also be visiting Foxburrow Farm.

We would like to say goodbye and thank you to Jane for all that she has done in her two years at Playgroup - we will all miss you. We would also like to wish Sue well as she becomes a Trainee Play Assistant.

A few children will be leaving us at Easter; we very much hope that they have enjoyed their time with us and hope that they will have lots of fun at Nursery.

The outside appearance of the garden will be changing shortly as we should be seeing some turf laid to provide us with an area for the children to play on and we hope to be able to plant some pots up. Now that we have settled into our new building, we would like to employ someone to undertake the cleaning. This would probably re-

quire approximately 3 hours per week but would need to be done outside our session times. If you are interested in this position, please contact me on the number below and I will be happy to discuss it with you.

If you wish to receive a copy of our Prospectus and Registration Form, or require further details about our Playgroup, please contact me on 01473 635944.

Elizabeth Leonard, Chairperson

ST MICHAEL'S PRE-SCHOOL

Martlesham Heath

Our theme for this term is 'Spring'. Roleplay will include Spring picnic, hairdressers, building site, pet shop and dressing up. The children will also be making tissue paper bumble bees, bunny napkins, mini-beast plaster of paris, Easter baskets and go on a nature walk.

A trip to Foxburrow Farm has been arranged for Thursday 24th March. The children will be able to see the sheep and lambs on the farm. They will learn how the fleece is made into a jumper and they are also going on a scavenger hunt around the farm.

Spring term runs from Monday 21st February – Thursday 24th March, then we break for Easter.

Summer term runs from Tuesday 12th April – Friday 15th July, with half term Monday 30th May – Friday 2nd June.

If you are interested in sending your child to our pre-school and would like more information please contact the pre-school on the following mobile number - 07712 506123. This number will be answered during session times (9:15 – 3:15 Monday, Tuesday and Friday, 1:15 – 3:45 Wednesday and 12:45 – 3:15 Thursday) and is available during school holidays.

Rachael Vest

CALLING ALL MUMS...

The next meeting of the Mums' Club will be held at St Michael's Church Centre on Tuesday 1st March from 12:45 to 2:30 pm. After lunch the speaker will be Emma Dalton from Woodbridge Complimentary Health Centre, who will tell us about 'Homeopathic First Aid for

Arian Powell 01473 022400

Children'.

The April meeting will be on Tuesday 12th when we will be celebrating our fifth birthday.

All mums, babies and toddlers are welcome to join us at both of these sessions.

For more details please 'phone Sue on 01473 624130 or Kay on 01473 626169.

MARTLESHAM MOTHERS'

UNION

Our February Overseas Lunch was very successful, raising just under £400 for the continuation of the excellent work undertaken by the Mothers' Union in our many projects abroad, mainly in Africa and the Windward Islands. Our thanks are due to all those who worked so hard in preparing the lunch and making it such a happy occasion.

Our next meeting will be on March 2nd, when our speaker will be Sylvia Craig, our Diocesan press officer who keeps us so well informed about local MU matters every fortnight in the East Anglian Newspaper. She is an excellent speaker and I'm sure she will keep us on the edge of our seats!

If you haven't already booked your ticket for the MU AGM at Portman Road you may still be able to do so if you ring Monica on 01473 623194.

Don't forget that we can still find a happy home for unwanted toiletries, copies of Reader's Digest and knitted hats.

Please remember Betty Dickinson, Olive Smith, Lillian, Nesta, Doreen, and Peg in your prayers, together with any others you feel need our support.

A thought for the month: He who laughs - lasts!

GOD BLESS, Sheila Smith

MARTLESHAM LADIES CLUB

Neville Stein came to our meeting on January 20th with his talk entitled 'Belgian Chocolates'. After a fun quiz, Neville gave us quite a detailed history of chocolate, from the early days of drinks made from the cocoa bean to the varied confections we know of today, during

which he passed round chocolate bars for us to taste. Many members purchased items from the assortment that Neville had bought with him. Sheila Swanwick gave a vote of thanks for such an interesting evening and we all agreed it had been quite a yummy one!!!

On a completely different theme, Dr James Harper was introduced to us at our meeting on February 3rd. With the aid of coloured slides he gave us a talk on Papua New Guinea. When Dr Harper retired from teaching he took up a post in Papua New Guinea as The Anglian Schools National Education Secretary. In this capacity, and during his free time, he has been able to travel the country extensively, coupling it with being a keen photographer, thus enabling him to put together a very detailed picture of this fascinating country which is still evolving. With explanations of the past and present administrations, climate, crops grown, education, religion and very much more we all learned a great deal about the country. Our Chairman thanked Dr Harper for a most fascinating talk.

Our March meetings will be on the 3rd, 17th and 31st. Why not come and join us?

Rita Smith

MARTLESHAM HEATH

AVIATION SOCIETY

At our monthly meeting on February 4th at the Community Hall we welcomed back someone who we last heard from several years ago. Flt Lt Hedley Molland had an interesting career in the RAF and he entitled his talk '50 Years of Flying - 1951-2001'. His talk was illustrated with slides and video.

Hedley told us that he passed fit for flying training and was posted to one of the Commonwealth Flying Training schools in what was then Southern Rhodesia. He learned to fly in Tiger Moths and then on to Harvards. Hedley was a fighter pilot for many years. He progressed from Meteors to Hunters and then the fearsome Lightning.

A vote of thanks was given by our member Ralph Rutherford, who flew Meteors and Vampires.

We will be celebrating the 60th anniversary of VE Day on Sunday 8th May. The Control Tower museum will be open from 11 am till 4 pm on that day. A parade of vintage cars and military vehicles should be on display. We will have a barbeque on the go and are hopeful that we may have a visit by a Spitfire. Do come and give us a look and take the opportunity to visit the museum!

Our next meeting will be on Friday 4th March. Mr Chris Bartlett will be giving an illustrated talk entitled "Through the Looking Glass". He is chief technologist for Avionic systems at BAE. He will talk about the development of "head-up" displays.

This starts at 7:30 pm and visitors are always welcome at a cost of £2 at the door.

Alan Powell 01473 622458

SUFFOLK EAST & IPSWICH BRANCH OF THE R.S.P.C.A.

Martlesham Heath and Martlesham £745.25

The Martleshams have seen a drop of £99.87 on the joint door-to-door cash collection for 2004. Three volunteers gave up during that year and the two travelling from Felixstowe were unable to visit, resulting in parts of both areas seeing no RSPCA collector during 2004.

Door-to-door collecting can provide the greatest financial asset, next to legacies, for the Martlesham Animal Home and the Ipswich Clinic. Both depend for running costs, repair and necessary expansion, mainly on fund raising within the Branch. Cruelty cases, abandonments, unwanted pets and the beloved animal companions the elderly and unemployed are often forced to give up - to name but a few. The lucky ones will find sanctuary at the Home until eventually a new and caring person takes them home. The Home and Clinic must always be able to cope with unfortunate, needy creatures. I appeal to the animal caring fraternity that I know exists in plenty - please just give an hour or so, over a six week period of your choice between April and October, and you will have the gratification of seeing the

FOR THE AVENUE

Martleshams total rise again. Please ring 01394 284605 - your help is urgently needed.

Finally and most importantly, my gratitude for the continued generosity of Martleshams residents and for the constant help of dedicated collectors.

Martlesham Heath: Ann Bartholomew, Caroline Hawkes, Sandra Martin, Pamela Taylor-Neale (Denise Roberts now retired)

Martlesham: Sheila Cotting, Ann Fenton, Mary Harlott, Mr. & Mrs. Whitbread.

**OVERALL BRANCH TOTAL
£13,107.09**

VILLAGE VIEWS

The chance for you to write in and have your say...

EXTERNAL AERIALS

Regarding the latest on outside aerials in 'Village Views', I would like to correct some misunderstandings. We have lived on the Heath for 25 years, first in Swan Close and now on the other side of the village in Heathfield. For the whole of this time we have used loft aerials for TV and FM radio with excellent results, now including digital terrestrial TV.

For the majority of people living on the Heath the combination of a high gain loft aerial and a low noise aerial amplifier will give perfectly acceptable results for all TV, both analogue and digital terrestrial, and for FM. For those wanting the best radio reception then the simple answer is to buy a DAB radio which will work on its own built-in aerial!

So the comment about aerials not working in a loft space is simply not true. Aerial riggers simply prefer outside aerials as they are quicker to fit. All householders in Martlesham Heath have signed a covenant agreeing to manage without outside aerials. They are thus legally obliged to avoid these unsightly additions if at all possible. As explained above other perfectly workable options are available for the majority of houses so there are

no excuses for most people.

Those people finding the cable system inadequate should therefore make it clear to an aerial installer that a covenant is in place and that a loft aerial must be fitted unless real on-site tests show this to be unworkable. Outside aerials will of course always give higher signal levels but this in itself is not a good enough excuse for defying the covenant.

Incidentally, satellite dishes do have to be fitted outside due to the higher frequency band where losses through wet tiles are significant but they also do not need to be at rooftop level but only facing the correct southerly direction which can usually be achieved from a wall mounting. They thus pose a far less serious threat to our environment visually. Since most programmes available on terrestrial broadcasting are also available on satellite, for those few houses where a loft aerial is not adequate then the use of satellite reception should be considered before an outside TV aerial is fitted.

G T Hathaway

SURPRISE YOURSELF

A thriving Brownie pack in Martlesham Heath needs your help! Can you spare a couple of hours a week to help out? No experience required - just enthusiasm and willingness to get involved. If you would like to find out more, please come along for an informal chat about what Brownies do and why we need people like you to help. Come and meet us on Tuesday 22nd March at St Michael's Church Annex, Martlesham Heath at 7:45 pm or contact Jocelyn 01473 620519 or Jackie 01473 622772 for further information.

MARTLESHAM BRASS

At the Band AGM held on Friday 11th February, Martlesham Brass were extremely proud to hand over our donations raised over Christmas to our three nominated groups - the Barnabus Trust, Martlesham Community Response Unit and The Ipswich NHS Trust Rheumatology Unit.

In total, well over £2,000
at St. Michael's Church Centre

was raised over the hectic Christmas period. Martlesham Brass would like to thank the people of Martlesham and Kesgrave, as well as the staff and customers of Sainsburys Warren Heath and Tesco's Martlesham Supermarkets for their astounding generosity and hospitality.

The Band also had a day collecting with the Red Cross, at Martlesham Tesco, for the Tsunami appeal, raising £400, and we understand the Red Cross collectors raised a lot more than that. Sincere thanks to the shoppers at Tesco for their amazing generosity.

Martlesham Brass are looking forward to some massive events in 2005 - we have a main band concert on 16th April at Martlesham Community Centre (tickets will be in short supply, please contact number below for details). Later in the year we will be taking three Bands to contest at the East Anglian Brass Band Association Spring Festival in Norwich, taking place on 8th May. The Band are also hugely excited at the prospect of having the Black Dyke Brass Band's principal Trombonist, Brett Baker, coming to do a workshop with the Band and perform in a Concert with us on 16th July.

As well as these major events Martlesham Brass will be performing all around Suffolk throughout the year, at various fetes, concerts, etc.

For any information about Martlesham Brass, how to book us, where to see us, etc., please give Matthew Ellis a call on 01728 820009, or 07813 760499, or e-mail matthew.ellis@archant.co.uk

MARTLESHAM CONSERVATION GROUP

Thank you to all those who came on our last work party. We have moved on well this year in clearing the gorse out of an area of heather. This clearance work will enable us to cut the heather in patches promoting fresh growth for wildlife to feed on.

March brings the first signs of spring. Birdsong has been on the increase since January and high

on Saturday September 20th

above, the delightful Skylark can still be heard in a few places.

Other welcome harbingers of spring are the first emerging butterflies. The Peacock, Small Tortoiseshell and Comma should all be on the wing before the end of the month and also, if you are lucky, the bright yellow Brimstone. Be sure to open up your garages and sheds to let these hibernators out!

White-tailed Bumblebees have been quietly visiting gorse and garden flowers in mild spells since early February but look out for increased numbers over the coming days.

If you have any interesting or unusual observations on our local wildlife please pass them on. We are always grateful for your reports.

We intend to hold a work party this month on Sunday 13th March, meeting outside the Douglas Bader at 10 am. We will be returning to the SSSI area on the western corridor, clearing more scrubby areas and trying to promote more heather growth to the benefit of the special wildlife that we have on our heath. Please come along and help your local wildlife. All equipment provided, no previous experience necessary.

Steve Goddard & Phil Smith - 01473 625630

SUFFOLK WILDLIFE TRUST

On Thursday 17th March at 7:15 pm we will explore an exotic subject and location when we will be joined by Andrew Bennett, whose talk will feature "Rathambore - Land of the Tiger", also in the Woodbridge Community Hall. We will also hold a brief AGM.

On Thursday 14th April at 7:30 pm we will have an illustrated talk on "The Woodland Trust" by Jennifer Tyson in Wickham Market village hall. NOTE the change of location from usual.

Please come along and join us for these terrific talks. Entrance is only £1.50. Non-members very welcome.

If you feel able to help at any of our events please get in touch with me. We are planning

7

4 pm until 7:30 pm

several for the late spring and summer.

Phil Smith 01473 625630

CLAIRVOYANT EVENING with MEDIUM SHARON-DENISE TAYLOR

Wednesday 27th April

Woodbridge Community Hall

Friday 27th May

Martlesham Community Hall

Tickets £7 each

Doors open at 7:15 pm to start at

7:30 pm

In aid of

"Breast Cancer Awareness"

For tickets, please call:

07765852887

or visit

www.sharon-denise-taylor.co.uk

MARTLESHAM BOWLS CLUB

The Committee, on behalf of the club, wishes to thank both Suffolk County Council and Councillor John Kelso for the grant of £1,000 as contribution to the purchase of much needed equipment. This sum was part of John's Locality Budget.

Some dates for your bowls diary:

* Pre-season get together 16th April at 2:30 pm. Weather permitting there will be a photo call for all members.

* 23rd April, the green will be opened. First will be the Spider then the Spoon Drive. This is also the day potential new members can come and try their hand at bowling and join the club.

* For the benefit of non-members the open competitions are on Wednesday 4th May, 1st June, 29th June, 27th July and 24th August, all starting at 10:00 am.

* This year the two big competitions are the Shelia McIntyre Rose Bowl on 11th June and the Cyril Marsh Memorial Shield on 10th September. To play in any of the open competitions please contact Linda (see below).

Next Committee meeting will be Monday 4th April at the Pavilion, 7:30 pm.

Linda, our secretary can be

reached on 01394 384698.

Jack Cot

MARTLESHAM CARPET BOWLS

After our defeat away at Chelmondiston on 14th January, we then played in the Chairman's Plate match on the 18th against East Bergholt at home, which we won, thus taking us forward into the next round.

The league match on 25th January at home against Tuddenham was a loss by us of 4-6.

Congratulations to Susan Golding, Martyn Shakespeare and Peter Mullett on winning the Fred Hunter Triples Cup, played for on the Sunday afternoon of February 6th. This is a club competition and was very well supported.

Our thanks must go to Maureen and Oscar Banthorpe for arranging the Annual Club's Dinner held on 10th February at Black Tiles Restaurant and for organising the lists of menus so efficiently. 26 people attended but it would be very nice if more members could join us in future.

The home match of the Chairman's Plate against Bramford on 15th February saw us knocked out unfortunately, but there are still some league matches to play off, two at home and two away.

Chris Chamberlain

SPEAKEASY@MARTLESHAM

'Making Effective Communication a Reality'

Come and join the new Speakers Club at Martlesham.

Joining a Speakers Club is the best way to improve your communication skills. Lose your fears of public speaking and learn skills that will help you be more successful in whatever path you've chosen in life.

Why join?

- Increase your confidence
- Deliver great presentations
- Easily lead teams and conduct meetings
- Give and receive constructive evaluations
- Be a better listener
- Socialise and have fun

Anyone over the age of 18 years may join. Visitors can come along free and are always assured

of a friendly welcome without any obligation.

REGULAR MEETINGS ALTERNATE THURSDAYS (start 7:15 pm, finish 9:30 pm) at Martlesham Community Hall in Richard Rooms.

For further details please contact: Teresa Dukes (01473 607283) or Jeff Bartrop (07860 732218) or visit

www.speakeasyatmartlesham.co.uk

MUSICAL EVENTS AT KESGRAVE COMMUNITY CENTRE

Venue - Kesgrave Community Centre, Twelve Acre Approach (off Bell Lane), Kesgrave

1 Saturday 12th March - Geoff Short Big Band - Tickets £8.50

2 Saturday 29th October - As 1 above - Tickets £8.50

A 15 strong live band performing Glen Miller style music. (It is intended that this event be a Hangar Dance)

3 Friday 25th March - La Fontain Jazz Ensemble - Tickets £6.00

A five strong live band playing New Orleans/Traditional jazz

4 Friday 27th May - As 2 above Tickets £6.00

5 Saturday 2nd July - Gordon Bennett Four - Tickets £6.00

A four strong live band playing 60/70 plus

6 Friday 22nd July - As 2 above Tickets £6.00

7 Friday 23rd September - As 2 above - Tickets £6.00

All events start at 8:00 pm and finish at 11:30 pm.

Bar and light refreshments are available. Dance floor available.

Tickets are limited to 170 so pre-booking is recommended. Contacts for tickets:

Kesgrave Community Centre - 01473 612648

Booking Secretary - 01473 631180

Pat Mills - 01473 623776

SILVER SURFERS

Are you over 50 and wondered what the Internet is all about? Are you interested in finding out what you could use the Internet for? Kes-

grave High School is running a five week training course beginning in 18th April 2005! The course will run on Monday evenings from 6:00 pm until 8:00 pm in our ICT Centre and the preliminary plan is to cover the following aspects of the Internet:

- How to connect to the Internet and use of the browser
- Using search services to find the information you want
- Setting up and using Internet e-mail
- Buying products online

The courses start on Monday 18th April and is completely FREE. As places are limited, enrolment will be on a first come, first served basis. If you are over 50 and interested in learning more about the Internet, please call Colette Bourne at Kesgrave High School on 01473 624855 for more information and to request an enrolment pack.

Andrew Gardner - ICT Department - Kesgrave High School

HEARTBEAT EAST SUFFOLK

At the February meeting of Heartbeat, held at the Trinity Rooms on the Suffolk Show ground, members heard a very interesting and informative talk on "Climbing Mount McKinley", the highest mountain in North America, which happens to be situated in the all year round snow, ice fields and glaciers of Alaska. Denis Warner, one of a group of six climbers who successfully scaled this mountain in 2004, kept members amused and amazed with his tales and wonderful slides of his adventure. Clearly this extremely dangerous expedition was not for the "faint hearted" in either sense!

Heartbeat meets at the Trinity Rooms on the first Tuesday of every month at 7:30 pm. On March 1st we have David Padwick, who is a light entertainer, with a theme of "The Fifties" and on 5th April we have a talk by Pip Wright entitled "A Journal of a Poor Suffolk Woodman".

Heartbeat is a local support group in East Suffolk for individuals and families coping with heart disease. It meets each month at the Suffolk Show ground and membership is free. Heartbeat also provides weekly swimming and exer-

cise sessions and has established close links with the Ipswich Hospital Cardiac department. For further details of Heartbeat's activities or membership contact Tessa Hawes on 01394 384431.

HAVE YOU GOT TWO HOURS A WEEK TO SPARE?

Would you have the skills to help an adult work on their reading and writing or basic maths skills? Suffolk Basic Skills needs volunteers to help in their adult classes.

We offer:

- Free training for level 2 qualification
- Induction and support
- Payment of any necessary expenses

We ask for a time commitment of two hours per week for one year.

Interested? Phone Jenny on 01473 749837

VOLUNTEERS NEEDED FOR WOODBRIDGE GATEWAY CLUB

The club meets on Tuesday evenings during term time from 7:15 to 9:15 pm at the Woodbridge Youth Club, The Avenue, Kingston Road, Woodbridge. The members have learning disabilities and are aged from 20 to 65 years. The activities include snooker, table tennis, carpet bowls, roller ball, darts, card games and bingo. Members also enjoy singing, dancing and Karaoke evenings. They also enjoy outings to the pub, going on river trips and walks and need extra help especially then. You only need a sense of humour and common sense. Contact Peter 01394 385886 or Diana 01394 460551 for more details.

WOODBRIDGE PROBUS CLUB

Woodbridge Probus Club is the oldest of the three Probus Clubs in the Woodbridge area.

Next year it will be celebrating its 30th Anniversary. During this time the ever enlarging Club extended to form another Club called Deben, who in turn divided to form a third Probus called Kyson.

The 29th AGM was held on

7th February when the outgoing Chairman, Mr Ed Stanford, handed over his Jewel of Office to Mr John Goode. The new Chairman outlined an extensive programme for the year, which included lunchtime talks, a Ladies Luncheon in October and a number of outings, including one to the Cotton Mechanical Music Museum in August. In addition, the Chairman will be leading a series of short local walks for members and friends.

Woodbridge Probus Club meets on the first Monday in the month for a social get together which includes lunch followed by an excellent after dinner speaker. New members are most welcome, particularly new retirees. Anybody interested in membership should contact our Hon. Sec. Mr Ron Fisher on 01473631347 or Jeff Franklin on 01473 620377.

QUILLS - WOMENS NETWORKING GROUP

Quills is a social networking group for women with bi-monthly meetings and a social programme of events. Our meetings and events provide the opportunity to make new friends, have fun, and help to raise money for charity at the same time!

The next meeting of Quills is on Thursday 10th March at Seckford Hall. Guest Speaker Cathy Love will be demonstrating Egyptian Wire Sculpture Jewellery. Non-members are welcome to attend at a cost of £5. For details or to reserve your place contact Clare on 01473 621453 or e-mail committee@quills.org.uk. We are also planning a trip to see Miss Saigon at the Theatre Royal in Norwich on April 9th. This is a fantastic opportunity to have a great day out with time for shopping and lunch before the show. There are limited places so don't miss out! Full details about Quills and forthcoming events can be found on our website - www.quills.org.uk

SPEAKERS OF FELIXSTOWE

Congratulations to Keith Dickerson who won the Area Evaluation contest at Bury St Edmunds on Friday 11th. Speakers of Felixstowe have won this shield for the past 5 years, which supports our philosophy that good evaluations are the cornerstone to developing member's skills and confidence. Keith excels in this area with his analytical skills and vast experience to offer suggestions for further development.

Our last meeting was very industrious with members keen to progress their assignments towards the interim certificate and preparing themselves for special occasion speeches. Trevor gave his speech as father of the Bride. I would love to tell you more but that might spoil the impact if you will be attending the wedding.

Fiona gave us 'A small but important point' - yes, the apostrophe, its use and misuse with numerous examples. She proposed that we should support those services that demonstrate the correct use and shun those who cannot. It was clearly, confidently delivered with good pace and pause, with a scattering of personal humour to maintain our attention.

If you would like to make a start at being more confident at any level of speaking, be it a wedding speech, chairing a meeting or an interview situation then please come along or phone Mike on 01473 623918 or Elaine on 01473 729867 or go to <http://www.felixstowespeakers.org.uk/>

QUIET DAYS IN A GARDEN 2005

Jeremy and Cynthia Walsh are offering informal Quiet Days in their garden and home again this year on the following Thursdays: May 12th, July 14th, August 11th and September 8th (10 am - 4 pm).

All are welcome. There is a maximum of six places on each day, so booking in advance is essential. A simple lunch will be provided. Cost £5, payable on the day. Ring 01473 620797; or write to 6 Warren Lane, Martlesham Heath, Ipswich IP5 3SH; or e-mail:

[iandcwalsh@warrenlane6.
freereserve.co.uk](mailto:iandcwalsh@warrenlane6.freereserve.co.uk)

LENT AND EASTER AT THE CHURCH OF THE HOLY FAMILY & SAINT MICHAEL

Holy Family & Saint Michael on the main A1214 is the Catholic Chapel serving Martlesham and Kesgrave. During Lent there is a full programme of services and events in preparation for Easter in conjunction with Saint Mary's, Woodbridge Road, Ipswich, from where the chapel is serviced.

Easter services in Kesgrave are as follows:

Good Friday - 25th March, 12:00 noon, Stations of the Cross
Easter Sunday - 27th March, 9:15 am, Sung Mass

In addition to this, the full liturgies of Easter will be celebrated at Saint Mary's:

Maundy Thursday - 24th March, 7:30 pm, The Mass of the Lord's Supper
Good Friday - 25th March, 3:00 pm, Solemn Commemoration of the Passion
Holy Saturday - 26th March, 8:00 pm, The Easter Vigil
Easter Sunday - 27th March, 9:00 and 10:30 am, Sung Mass

If you would like further details of these events or would like to be kept informed of services and activities, ask to receive a regular copy of the weekly parish newsletter and monthly parish magazine by telephoning the Presbytery on 01473 728115.

MARTLESHAM CHRISTIAN FELLOWSHIP

Black Tiles Lane

DEMOTING GOD TO SUNDAYS AND CATHEDRALS

At the school party the tables were laden with tempting food. The boy looked at the notice against the apples - "Only take one!! - Remember God is looking!" Being a thoughtful lad he put up a notice of his own further down the table alongside the chocolate biscuits - "You can take as many of these as you like 'cos God is looking after the apples!"

Is this how we limit God? - Is He only awake on Sundays? - Is He restricted to Churches or holy places? - Does He never venture into offices, schools, factories, or motorways?

The bible says, "In Him we live and move and have our being" - "Our very breath is in His hands".

David wrote, "The heavens declare the glory of God, and the earth is the Lord's". God is anywhere and everywhere (as Jonah found out!). He is not present to judge or to condemn, like a heavenly policeman! Rather He is available to be a shepherd or a strong support.

Jesus said, "The kingdom of God is within you" - but this depends on having an "open door" policy!

FELLOWSHIP ACTIVITIES IN MARCH

SUNDAYS

Family Service - 10:30 am
(includes Sunspot)
Communion - 6:30 pm

MONDAYS

Art Club - (for details ring Ian on 01473 274604)

TUESDAY CIRCLE

8th March - 2 pm
(cake decorating for Easter)

WEDNESDAYS

Fun-Fit - 9:30 am
Ladies Bible Study - 11 am
House Groups - 7:45 pm

THURSDAYS

Youth Club - 7 pm

MAUNDY THURSDAY SUPPER -
7:30 pm (24th March)

GOOD FRIDAY SERVICE - 10:30
am

For further details of the work of the Fellowship ring Julia Faulkner (01473 625482) or John Mellen (01473 634401).

The website is also very informative!

www.m-c-f.org

BRIGHTWELL CHURCH

It was good to see a full congregation at the Church on Sunday 13th February when we hosted the first of the Parish Group Lenten Evensongs, our visitors enjoying tea and coffee after the Service. From now through the summer Evensong will be at 6:30 pm.

Work is almost completed on the extension to the Hall and it will be in use very shortly. The plan to get toilet facilities at the Church may be a bit more protracted but we have been looking at the various options open to us. If you would like to book the Hall for meetings, etc., please telephone the Churchwarden Mrs M Manning on 01473 625512.

On Saturday 12th March we will be portraying the work of the Committee which established our Church Hall in 1935, entitled "The Committee Meetings of 1935 to 1945." The Minute Books of the early meetings have come into our possession and we are having a light-hearted reconstruction of the meetings. These give an historical insight into pricing, etc., and running a committee during the war years. All are welcome at 7:30 pm, with refreshments as usual.

Looking further ahead, a Flower Festival has been arranged at the Church over the August Bank Holiday Weekend and we hope to commemorate the 70th Anniversary of the opening of the Hall in November.

Finally, the John Constable Painting "Brightwell Church and Village" will be at The Christchurch

Mansion on loan from the Tate Gallery from 15th March to 15th May.
Geoff Lambert
PCC Secretary

WOMEN'S WORLD DAY OF PRAYER

at
**St. Michael's and All Angel's
Church**

on **Friday March 4th 2005**
at **10:30 am**
"Let Our Light Shine"

A service prepared by the Christian women of Poland

Speaker: Mrs Karen Jack

Other services to be held locally:
**The Methodist Church, St. John's
St., Woodbridge**
at 2 pm

Speaker: Mrs Pam Holford.

St. Andrew's Church, Melton
at 7:30 pm

Speaker: Miss Marion Davies

EVERYONE MOST WELCOME

**St. Michael's Church
Centre is open daily on
weekdays from 10
am—12 noon for tea ,
coffee, information, etc.**
**Why not drop in to
meet friends old and
new?**

THOUGHTS FROM YOUR PARISH CHURCH

We are now in the Christian season of Lent, traditionally a period of giving something up, with the idea built in that any extra time this creates would be spent in prayer. Lent is a forty-day period before Easter. It begins on Ash Wednesday. We skip Sundays when we count the forty days, because Sundays commemorate the Resurrection. This year Lent began on 9th February and ends on 26th March.

Lent is a Christian season of soul-searching and repentance. It is a season for reflection and taking stock. Lent originated in the very earliest days of the Church as a preparatory time for Easter, when the faithful rededicated themselves and when converts were instructed in the faith and prepared for baptism. By observing the forty days of Lent, the individual Christian imitates Jesus' withdrawal into the wilderness for forty days.

Shrove Tuesday gets its name from the ritual of *shriving* that Christians used to undergo in the past. In shriving, a person confesses their sins and receives absolution for them. It is also a time of using up any spare luxuries in the cupboard, and so the making of pancakes became popular.

Ash Wednesday is the beginning of Lent for Western Christian churches. It's a day of penitence to clean the soul before the Lent fast, maybe including a service of 'Ashing'.

But why is there this complicated and protracted season of preparation? The answer is that the Christian Church prepares to celebrate Easter, when death itself was defeated.

Revd Ian Naylor

MARTLESHAM HEATH PAVILION

Did you know that there are regular meetings and activities going on in the pavilion for at least 24 hours each week?

Each week there are –

- Bader Court coffee mornings
- Weightwatchers meetings
- WI market
- Tuesday Games Club
- Brownies
- 4 Parent and Toddler sessions
- Yoga classes
- Youth Club

Every two weeks there are –

- Cross-Stitch classes

Every month there are -

- WI meetings
- Police surgeries

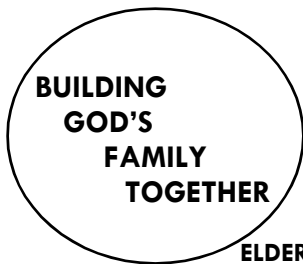
Occasionally there are -

- Woodbridge Model Boat Club meetings
- National Childbirth Trust classes
- Childminding Group meetings
- Martlesham in Bloom meetings
- Conservation Group meetings
- Village Produce Association meetings

During the summer there are –

- cricket matches

Did you know that there is some time available if you want to start a new club or society? For more information on any of these, please contact Paul Firman on 01473 622874



THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd. Ian Naylor, 17 Lark Rise, Martlesham Heath, IP5 3SA, Tel: 01473 622424 and e-mail address: inaylor17@aol.com
CLERGY: The Revd. Elizabeth Corker, 12 Fairfield Avenue, Felixstowe, Tel: 01394 210793
 The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath, Tel: 623770
READERS: Carolyn Smith, 74 Heathfield, Martlesham Heath, Tel: 01473 625630
 Lewis Currie, 18 Parkers Place, Martlesham Heath, Tel: 01473 625320
ELDERS: Margaret Rollins, 9 Angela Close, Tel: 01473 623868; Monica Twaits, 39 Angela Close, Tel: 01473 623194

Services for the Month	Brightwell St. John's	Martlesham St. Mary's	Martlesham Heath St. Michael's
Sunday 6th March Lent 4 Mothering Sunday	8am Holy Communion	11am Holy Communion BCP 6:30pm Evensong	9:45am All Age Worship
Sunday 13th March Lent 5		8am Holy Communion 11am Matins	9:45am Family Holy Communion & Sunday School
Sunday 20th March Palm Sunday	8am Holy Communion	11am Family Holy Communion	9:45am Worship & Sunday School 6:30pm Evening Worship
Thursday 24th March Maundy Thursday		7pm Holy Communion BCP	
Friday 25th March Good Friday	7pm Service	10:30am Service & Parish Walk	2pm An Hour at the Cross
Saturday 26th March Easter Eve			8pm Service of Light
Sunday 27th March	8am Holy Communion 6:30pm Evensong	8am Holy Communion BCP 11am Holy Communion	9:45am Worship & Holy Communion
Sunday 3rd April Easter 2	8am Holy Communion	11am Holy Communion BCP	9:45am All Age Worship 6:30pm Informal Worship

MIDWEEK SERVICES: Holy Communion each Wednesday at 10am in St Michael's Church Centre. Bright Stars will meet on Monday 14th March at St Michaels at 10:30am, with the next meeting being on Monday 11th April. A warm welcome to these services. Note on Sunday 13th March at 6:30pm there will be a Service of Evensong at Newbourne Parish Church as part of our Lenten Services.

PRAYER DIARY FOR MARCH

Please pray daily for subjects listed in the Sunday sheet and the following:

- 7 all church workers
- 8 the work of the cathedral
- 9 those living in Bradford Court
- 10 our PCC
- 11 seafarers, safety at sea
- 12 our doctors and nurses and chemists
- 13 remembering Christ's passion, that we too may love
- 14 the family of the Commonwealth
- 15 youth organisations in our area and their leaders
- 16 those living in Broomfield and Mews
- 17 reconciliation in Ireland (St Patrick's day)
- 18 all at Lent Lunch
- 19 single parent families
- 20 Palm Sunday, that we too may cry Hasanna in the Highest
- 22 for strength to follow Jesus all the week
- 23 those living in Buckingham Close
- 24 Maundy Thursday, give thanks for the institution of Holy Communion
- 25 Good Friday, pray for forgiveness
- 26 for all pilgrims seeking God
- 27 Easter Day. Rejoice in the risen Lord.
- 28 thank God for the beauty of spring flowers
- 29 integrity in the workplace
- 30 those living in Burgess Place
- 31 the work of the Church Urban Fund
- APRIL** 1 our local schools, staff and pupils, 2 those who maintain essential services, 3 raise us to new life in your love, 4 our work with young children, 5 the infirm and those fighting disability, 6 those living in California