

MARTLESHAM MONTHLY

incorporating
**THE TALKING MARTLESHAM
MONTHLY**

JULY 2006

Editor:

**Neal Goldsmith
(01473 430712)**

Advertising and leaflets:

**Paul Firman
45 Lark Rise (01473 622874)**

Distribution:

**Rob Webb (01473 625786)
Talking Martlesham Monthly:
John Tyler (01473 612736)**

Latest copy date is the 18th of the preceding month. Please e-mail contributions to:- martmonthly@ntlworld.com or deliver your copy to 54 Rosebery Road, Ipswich, IP4 1PS preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number.

Contributors are also requested to limit their articles to approximately 250 words. This is being done in an effort to limit the number of pages of text in the Martlesham Monthly.

**MARTLESHAM MONTHLY
ONLINE
www.martlesham.org.uk**

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

POLICE

Community Police Officer
PC 651 Richard Wright

In case of emergencies please always call 999. In non-emergency

situations call the main switchboard on 01473 613500; you can also contact PC Wright on the following numbers for non-urgent matters: Office—01473 334980
E-mail—richard.wright@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 7 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills.

We provide a first response to most 999 calls received by the East Anglian Ambulance Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details, contact Andy Oxborrow 01473 620432 (e-mail Andy.Oxborrow@suffolk.sja.org.uk), or see our web pages on www.martlesham.org.uk.

MUSIC ON THE GREEN

In association with BBC Radio Suffolk

MARTLESHAM HEATH VILLAGE GREEN - SATURDAY 8TH JULY

Over 12 hours of non-stop music and it's FREE

Now firmly established on the music scene of East Anglia, we have twelve hours of non-stop music from over 20 bands performing on two stages throughout the day. This is one of the only events where young bands are encouraged to perform alongside more established acts, with professional stage and sound engineers working alongside them. An experience that cannot be bought!

This year we are pleased to announce that Stephen "Foz" Foster of BBC Radio Suffolk will be introducing the evening line-up.

This year's bands include Titian Red, Lightbody, Whisky Chaser, Coup de Grass, Cool Remedy, The Back Porch Band,

Watershed, Crush Deluxe, Uncle Funk and the Retro Stalkers, Colourblind Hedgehogs, David Balham, SamBoombA,, John Goodluck & Jo Arcand, 7th Step, Sonic Funk, Bluewave Band, Arras-3, Rave On, Enemy Within, ThingsFoundInSharks, Martlesham Brass and Gorseland School Choir. As you can see, this exciting line up offers a wide range of musical styles and talents to suit all tastes. The first band will perform at 10:15 am, with the final band closing at 10:30 pm.

As previously there will be a large audience covered area ensuring that, wet or dry, the show will go on. This area will also accommodate the Bar.

While there will be lots of the usual stalls and sideshows, we are delighted to announce the Volkswagen Camper Van recently "pimped" on the MTV *Pimp My Ride* program. Our thanks go to local resident Zoë Waller whose car was the star of this program. We will also have a Children's Corner along with a Classic Car Show. There will be non-stop FREE Children's Entertainment outside the Pavilion from 1 pm until 5 pm.

As usual the very popular Car Boot Sale will be running from 8 am throughout the day. No booking is necessary, buyers and sellers just turn up on the day.

There will be many different types of refreshments available including hamburgers and fish and chips, or why not simply bring a picnic for a family day out. There are seven acres of Village Green giving plenty of room for everyone.

Watch out for the speed raffles with great prizes. These will take place during the day and are one of the main fundraisers since there is no entry fee.

This is a fantastic community event, attended by thousands of people.

Entry is FREE

We are indebted to our sponsors for 2006, without them the day would not be possible and we would like to thank them on behalf of the whole Village – **BT, BBC Radio Suffolk, The Evening Star, East Anglian Daily Times, Howard**

Partnership, GMA Warehousing & Transport Ltd, PJ Print, Duncan's Butchery and Bakery, Property Gallery, Martlesham Body Repair Centre, Booth (Tarmacadam) Limited, Suffolk County Council Locality Budget, Garnett Electrical and The Martlesham Monthly.

The committee would like to thank all the directors of MCL for the use of the Village Green and all their help and support in obtaining the relevant licence for Music on the Green.

Here's hoping the sun will be shining on a huge crowd on The Green on 8th July, all benefiting **Ipswich Children's Hospice & The Martlesham Community Responders (The Voluntary Paramedics).**

Visit our website for updates - www.musiconthegreen.com

For all enquiries please contact Paul Firman 01473 622874

MARTLESHAM PARISH COUNCIL

The Council recently achieved Quality Parish Status – a national scheme to recognise good practice and accountability in the sector. We are one of 7 councils in the County to have achieved this award.

The Council is pleased to welcome Mr Colin Moore and Mr Richard Staines as newly co-opted councillors.

There is still a **vacancy for one councillor**. If you are interested in becoming a councillor and are aged 21 or over, please contact the clerk or any councillor for information. We will be pleased to hear from you.

Vacancy for Parish Clerk and Responsible Financial Officer

The Council is seeking to appoint a Clerk/Responsible Financial Officer. The post is for approximately 18 – 22 hours per week, which includes working Wednesday evenings. The salary scale is in the region of £7.84 - £10.86 per hour. The successful applicant would be expected to possess or be prepared to obtain the Certificate in Local Council

Administration. Please contact the Clerk for further details.

New recycling facilities

The Council is monitoring this facility and would welcome comments.

New playground equipment

The Council hopes to install a replacement playground at the Recreation Ground in The Street and would welcome comments.

Forthcoming meetings

*Parish Council – Wednesday 5th July and Wednesday 2nd August

*Recreation & Amenities committee – Wednesday 12th July

*Development Plans committee – Wednesday 19th July

All meetings are at 7:30 pm in the Parish Room, Felixstowe Road and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

In writing to the Mrs L Lodge, Clerk to the Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

Telephone or fax: 01473 612632

e-mail: clerk@martleshamcouncil.org.uk

www.martleshamcouncil.org.uk

MARTLESHAM IN BLOOM

Summer Garden Competitions

We have increased the summer competitions this year to include a new Back Gardens Competition; this is as well as the three front garden competitions, the commercial/businesses competition and the Best Kept Road competition.

Anybody is welcome to enter and if you would like a form for yourself or a friend please contact the secretary (details below) and we will send you one. We also welcome nominations for any road, street, close et al within the parish of Martlesham for the Best Kept Road competition. The closing date for entries is Monday 10th July.

Anglia in Bloom

The judges from Anglia in Bloom will be visiting Martlesham on Friday 14th July and we look forward to showing them around; please help to make Martlesham as tidy and attractive as possible.

Our next event:

GARDEN FETE
SUNDAY 23RD JULY, 2 PM

at
'Jaydene', Main Road,
Martlesham

Plant, books and white elephant stalls, music, games, raffle and light refreshments

Admission free

This event has been arranged jointly with Martlesham Community Council.

If you would like information on the above or any Martlesham in Bloom activity please contact:-

J. Maureen Burrows (Secretary), 17 Squires Lane, Martlesham Heath. Tel: 01473 625196.

MARTLESHAM COMMUNITY COUNCIL

REGISTERED CHARITY 273769

A GARDEN FETE is being held at "Jaydene", Main Road, Martlesham on Sunday 23rd July at 2 pm. There will be a plant sale, white elephant stall, book sale, cake stall, plus various games, etc. There will also be live music.

FORTHCOMING EVENTS

*Jumble/plant sale on the 21st October in the pavilion

*Quiz night 26th October in St Michael's Church Centre

*Race Night details to be announced later

*Big Band Concert details to be announced later

*Barn Dance details to be announced later

If anyone has any jumble/bric-a-brac, please call Jackie Bear on 01473-623007 who will arrange collection.

MARTLESHAM COMMUNITY HALL

To contact Martlesham Community Hall or Richards Room for details of booking them, or any other reason, please use any of the following

the answer phone. The number is 01473 623203.

- e-mail martleshamcommunityhall@btinternet.com

- send post to Martlesham Community Hall Management Committee, Martlesham Community Hall, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

(Martlesham Community Hall is a registered charity - no. 1009602)

MARTLESHAM CONSULTANTS LIMITED

The windsock along Eagle Way has been replaced and we are grateful to Martlesham Monthly for sponsoring this constant reminder of the aviation history of our village.

Most members are aware that the village occupies land which was an aerodrome of the Royal Flying Corp. in the Great War and the home of the Aeroplane and Armament Experimental Establishment until it became a front line RAF station during the Second World War. The Control Tower Museum contains a comprehensive history of the aviation heritage of the Heath.

6 The Square, Martlesham Heath, Ipswich, IP5 3SL

tel: 01473 612207

e-mail: mcl.mh@btinternet.com

MARTLESHAM HEATH W.I.

If you have heard reports of a strangely dressed individual roaming the Green the other evening, we can solve the mystery. Mervyn Lemon was our speaker, his subject – 'Marines in Tights', and he came dressed for the part. He was a Marine from the 1640's, in his full dress uniform complete with his weapons. We felt very sorry for him as his jacket was wool, with a felt lining and it was a very warm evening. He gave us a wonderful insight into their way of life and some very interesting asides on the derivations of names and sayings. Some we still use today without giving any thought to how they originated.

Before we heard from the speaker the business part of our

competition were there for members to see. Details of outings with other W.I.s and local events of possible interest were available and birthday posies presented. Before the meeting closed the raffle was drawn.

We meet on the second Monday of each month in the Pavilion at 7:45 pm. Our next speaker is talking about Herbs. Why not come and join us?

Contact number: Kay Hall 01473 626169

MARTLESHAM W.I.

On 19th May we celebrated our 60th Anniversary.

The President, Mrs Joan Locke, was pleased to welcome Mrs Lindo Leigh, our W.I. Group Adviser, to the meeting.

We discussed and voted on the resolutions to be put forward at the forthcoming National A.G.M. to be held in Cardiff.

After the business part of the meeting, a member, Mrs Audrey Burnell, kept us amused with stories and anecdotes of her many years in Martlesham W.I.

The Committee had prepared a light supper and a decorated iced cake to celebrate the anniversary.

The following week we had an outing arranged by Ann Berg, starting off with lunch at the Queen's Head at Dennington, then on to the Marybell Dairy at Walpole where the twenty members were given an interesting tour of the dairy and detailed information on the production of the varied commodities made there. We tasted delicious samples of Marybell yoghurt and ice cream.

It was a most enjoyable tour of the premises and our guide was warmly thanked by Ann.

On July 21st Mrs C Lacey will demonstrate beadwork and the competition will be a bead necklace.

MARTLESHAM HEATH COUNTRY MARKET

We will look forward to seeing all our customers, old and new, at our usual venue of the Kesgrave Scout HQ on Saturday 1st July when the Family Fun day is on the playing field. Come and visit us for home baking, preserves, crafts and plants.

Refreshments will be served.

We will be having a stall all day at the Martlesham 'Music on the Green' Day on Saturday 8th July. There will be baked goods, snacks, preserves, crafts and lots of plants.

Look forward to seeing you then or at our usual times of 9-10:30 am on Tuesday in Martlesham Heath Pavilion and 10-12 noon on Saturday at Kesgrave Scout HQ or via our website - www.marketonthegreen.org marie@whinney89.freereserve.co.uk

MARTLESHAM LADIES CLUB

On 8th June we had a very informative but informal talk by Mrs Rosie Clarke on Riding for the Disabled (Hollesey Group). It is a local voluntary organization and relies solely on a merry band of helpers to assist in helping the less able bodied riders to thoroughly enjoy horse riding in such delightful surroundings.

Our AGM was held on 22nd June.

We have a short summer break now and resume our meetings on Thursday 14th September at 7:30 pm in the Richard Rooms, Martlesham Community Centre.

My next report will be in the September issue. Enjoy your summer.

MARGARET GREEN

MARTLESHAM MOTHERS' UNION

If you have been reading our column over the last 10 months, I am sure you will have been surprised by the size of our organisation and will have been amazed at some of the projects we are involved with.

Although we feel linked by our Christian faith to all our branches around the world, we have particular links with branches with whom we keep in contact. In this Diocese of St Edmundsbury and Ipswich - which means all of Suffolk - we have special links with our members in Ballarat, Australia, the Windward Isles, and in Kenya - Mount Kenya South, Mount Kenya Central, Mount Kenya West, Thika and Kirinyaga. Last year we had six members from Kenya come to attend our Annual Rally at Ipswich Town Football Ground in Portman Road.

We had almost 4000 members there altogether.

In 2004 hurricane Ivan swept through the Caribbean and Grenada in the Windward Isles suffered 85% devastation, with the loss of their main export, nutmeg trees, flattened and bananas almost totally wiped out. Many people lost their jobs and the Mothers' Union was able to send help immediately in the form of a grant to buy emergency supplies.

Each year we have a service when we specially pray for our linked branches. This year it is Friday July 21st at St Michael's Church Centre 2:30 pm. All are welcome - why not come and join us, find out more about our linked branches and what we do. You will have a warm welcome and probably a big surprise.

Any enquiries to Elizabeth on 01394 210793.

CALLING ALL MUMS...

There will be no formal meeting of the MUMS' CLUB this month but all mums, babies and toddlers are welcome to the 'drop in' at St Michael's Church Centre on Tuesday 4th July between 12:30 and 1:30 pm for a cup of tea or coffee and a chat (sorry, no lunch this time).

There will be no MUMS' CLUB in August - we meet again on Tuesday 12th September.

For more details please phone Sue on 01473 624130 or Kay on 01473 626169.

MARTLESHAM HEATH BABY & TODDLER GROUP

Our annual Teddy Bears Picnic will now have taken place - thanks to everyone who supported the event. Hopefully all the children and teddy bears had a good time!

Coming up in July, the Baby and Toddler Group will have a stand at the Martlesham Heath 'Music on the Green' Village Day on 8th July, with tombola, hook-a-duck game and an excellent second-hand toy sale. Please do come along to visit the stand and support your group.

Also in July we have our dentist visiting to speak to the children and adults on how to keep

their teeth healthy and answer any questions. Her visits have always proved very popular so she will be attending two play sessions, the first on Friday 14th July in the morning and the second on Wednesday 19th July in the afternoon.

If you would like to join us, our sessions are held in the Martlesham Heath Pavilion on Wednesdays and Fridays during term-time from 9:30 am until 11:30 am and 1:30 pm until 3:30 pm. During the school holidays, we run one session on Wednesdays from 1:30 pm until 3:30 pm. Lots of toys, refreshments, music time and a craft table are always on offer. First session is free and a friendly welcome awaits. For further information, please contact Dawn on 01473 610188.

MARTLESHAM PLAYSCHOOL

Thank you to all those who supported our Fun Day. We hope you enjoyed yourselves. There will be more news about that next month when all the proceeds have been counted.

This month the theme for the children's work is 'The Sea' which includes work on the shore, boats, sea creatures and even pirates! It culminates in a visit for all the children to Felixstowe near the end of term.

This term finishes on Friday 21st July. Of course it will then be time for the majority of the current pre-school children to move on to school and in September we look forward to welcoming more younger children. If you are looking for a friendly, caring and stimulating environment for your child to learn to mix with other children, please feel free to contact our admissions manager Nikki Smith on 01473 614055.

Rachel Pennick, Secretary

THREE BEARS PLAYGROUP

Our topic 'Journeys and Transport' continues with travel on or under water. The children will have the opportunity to write a journal about a voyage and look at an experiment with some of the items

that are needed to help us keep safe on a boat. They will also use a variety of materials to make boats to discover which float and which sink.

Journeys through the air will enable the children to make their own passports and find out why we need them. They will also make their own papier mache hot air balloons and play the suitcase game. The children will also learn about road safety, find out about ordinal numbers, sort vehicles in relation to how many wheels, wings, etc., and they will also spend a day in China without leaving Playgroup!

We will finish the term on Friday 21st July at our Summer Party with a bouncy castle and picnic.

We would like to say goodbye and best wishes to all of the children who are leaving to go to Nursery or School; we are sure that you will have lots of fun there. We will miss you and hope that you settle well. Wishing everyone a relaxing and restful summer holiday!

If you would like to receive a copy of our Prospectus and Registration Form, or require further details about our Playgroup, please contact me on 01473 635944.

Elizabeth Leonard

ST MICHAEL'S PRE-SCHOOL

Martlesham Heath

www.stmichaelspreschool.org.uk

The theme for this term is "Transport" and we will be learning about different kinds of transport. World Environment Day is on June 8th and we will be talking about recycling. At the end of term we hope to have a paddling pool day where the children can splash around in the water. Our end of year trip will be on July 7th.

We are still continuing with our 4+ group held at Birchwood School where the theme is "Friends". On Tuesday July 18th we will be holding a graduation ceremony for those children leaving us to go to school; this will be followed by a picnic. Music on the Green is fast approaching and we will be running our Pre-School stall. The

sponsored abseil is also at the beginning of July. Anyone interested in sponsoring our brave volunteers please contact the school.

The Pre-School was delighted with our recent OFSTED report. We were awarded an overall "GOOD" mark which in OFSTED language actually means "the provision is STRONG".

We are still looking for committee members to help with the running of the Pre-School. In particular we are looking for a Chairperson and Treasurer. You don't have to have a child at the school to be on the committee. If you are interested but are not sure what would be involved, please feel free to call us.

We have no available sessions for this term and are now running a list for available sessions commencing September. If you are interested, please contact our Bookings Secretary, Christie Drake, on 07720 708562 or send an e-mail to admin@stmichaelspreschool.org.uk.

GORSELAND SCHOOL P.F.A.

Our fundraising for this school year concludes with our Grand Draw which will be held on Monday 17th July and our Balloon Race on Wednesday 19th July.

We will be organising a variety of events in the Autumn Term to help raise additional funds. One of which is our Autumn Dinner Dance at the Belstead Brook Hotel in October; all tickets have now been sold and we are looking forward to the event.

We have recently made contact with the fieldworker for our adopted school in Sri Lanka and have made arrangements to buy them a television, cassette recorder and photo-copier. We look forward to developing our "twinning" relationship with Kudawella School further.

Wishing everyone a relaxing and restful summer holiday!

Elizabeth Leonard

HEATH SCHOOL PARENTS & FRIENDS ASSOCIATION

A huge thank you to everyone who

supported our Summer Fete on Saturday 17th June. It was a fantastic afternoon and the weather was really kind to us. A big thank you also goes to all the helpers and volunteers on the day. We couldn't have manned the stalls, set up or cleared up without you - thanks. Special thanks go to our main sponsor Barry Sharman Caravans and all the companies who provided draw prizes.

The School Drama Club have been rehearsing very hard for their performance of 'Scheherazade' on the 4th, 5th and 6th July. They will be using the new stage bought with funds raised by the PFA. Doors open at 6:30 pm and the performance starts at 7 pm. Please come and support them if you can. For more details and tickets please contact the school office.

The week beginning 10th July is the schools sports week and walk (or cycle) to school week. Let's hope the good weather continues for this.

Year 6 pupils will be celebrating their time with us by having their leavers' party on Friday 19th July. There will be fun, games, a BBQ and a disco. We wish you all the best for your future.

If you would like more information on what the PFA get up to then please contact us via the school.

Wishing you all a safe and happy summer holiday.

Nikki Snell (PFA Member)

MARTLESHAM HISTORICAL SOCIETY

At our meeting on June 19th a very large audience gathered to hear Mr Keith Wood OBE give an illustrated talk - "The Early Development of Airborne Radar at Bawdsey." Mr Wood was personally involved in that venture and we are lucky to have access to first-hand knowledge of such an historic series of events - some of which took place at Martlesham Aerodrome.

Our next meeting will be on Monday July 17th and will open at **7:30 pm** with the Annual General Meeting (nominations for Hon. Sec. will be welcomed!!!)

This will be followed by an

illustrated talk by one of the area's notable historians, Mark Mitchels, whose subject will be "The Soldier and The Sailor", a comparison of the lives of two of England's most influential military figures - Oliver Cromwell and Lord Nelson.

The meeting will be held in The Pavilion on the Green and is open to all. Admission is £1.50.

John Tyler 01473 612736

MARTLESHAM HEATH AVIATION SOCIETY

Our regular monthly meeting featured a retired Squadron Leader who gave an illustrated talk and demonstrated painting cloudscapes in oils.

Mr Graham Cook MBE came all the way from Grantham in Lincolnshire to show us some of his painting skills and intersperse the talk with highly amusing anecdotes from a career in the RAF spanning some 39 years. He retired as a Squadron Leader in 2001. For most of his time in the RAF he was involved with weapons and armament technology - including nuclear devices! The MBE is in recognition of his work.

Graham is a member of the distinguished Guild of Aviation Artists and he had brought along some of his stunning paintings. He now runs a picture framing business and is able to devote his time to his talent as an artist.

A most entertaining evening and a vote of thanks was given by our member Mike Gunnell, who is a friend of the speaker and also a member of the Guild of Aviation Artists.

Our next meeting will be on Friday 7th July and Mr Neil Pollack will give a talk about his time at RAF Martlesham Heath when it was the home of the Aeroplane and Instrument Experimental Unit. This was the early post-war period of the Blind Landing Experimental Unit and the Bomb Ballistics Unit.

All meetings are held at the Community Hall, Felixtowe Road and start at 7:30 pm. Non-members are welcome for a payment of £2 at the door.

Alan Powell 01473 622458

PORTAL WOODLANDS CONSERVATION GROUP

June was a busy but rewarding month. It started with the first meeting of the Nature Watch Club surveying small mammals, which from the feedback from children and parents was very successful and bodes well for future events. This was followed by a working party of 25 Explorer Scouts from the Martlesham and Kesgrave Raedwald Unit, who undertook conservation work on one of the remaining aircraft revetments. This involved building a causeway and log steps up to the top of the revetment and we are very grateful for their help. The other activities take place after this Monthly's copy has to be submitted but from previous years experience they should be successful. We are organising two mini beast hunts for classes from Gorseland School which the children always seem to enjoy, although mothers are not always so enthusiastic about the creepy crawlies! Then on the 30th Nature Watch Club will be building bat boxes and talking about bats, followed by the Group's annual glow worm survey and bat walk, a different but enjoyable way to spend a Friday evening.

We will again have a stall at Music on the Green explaining Group activities and selling books and plants and we hope to see as many of you as possible.

Our next workday is Sunday 15th July, meeting at 10 o'clock at the **Wildlife pond**. As always all volunteers are welcome and all equipment is supplied.

Contacts: Chairman – Duncan Sweeting 01473 620856, Secretary – Peter Izzard 01473 611291, Martlesham Parish Council 01473 612632

Website: www.martlesham.org.uk/portalwoodlandsgroup

MARTLESHAM CONSERVATION GROUP

Firstly, a big thank you to all the children, parents and schools who supported our children's painting competition in May, and congratulations to all the prize winners. Thank you also to all those

who supported our stalls as we made a record £102.73 which was a much needed boost to our funds.

The state of our country's butterflies comes into focus this month with the start on 22nd July of *Save Our Butterflies Week 2006*, launched by Butterfly Conservation.

The long-term distribution decline of the Silver-studded Blue, our own special butterfly, seems to have stabilised in recent years but the 10 year population trend shows a significant and worrying decrease since the mid 1990s. Regular monitoring on the heath indicates that numbers here are reducing which is almost certainly due to gradual habitat deterioration. This beautiful little butterfly requires pioneer heathland where bell heather is dominant and this prime habitat is short-lived without continual habitat management, currently carried out by a small band of dedicated volunteers.

Public support is vital both nationally and locally to help prevent these serious declines. Visit www.butterfly-conservation.org to learn more and to sign up for free first year membership and join Martlesham Conservation Group to support the work locally.

On Sunday 9th July we will be attempting to count the population of Silver-studded Blue butterflies present on our local heathland. Please come along and help with the count. Meet outside the Douglas Bader at 10 am. No special skills are necessary. All information and training will be provided on the day.

Phil Smith 01473 625630 and Steve Goddard .
steve@goddard98.freeserve.co.uk

SUFFOLK WILDLIFE TRUST

Woodbridge Group

Thank you to all who supported our activities in May and June. Our Plant Sale and Market event at Foxburrow Farm on 14th May made a total of £902.18 on a lovely Spring day, contributing valuable funds to the work of the Trust in the conservation of Suffolk's own special wildlife.

Our next event is on Friday 18th August at Foxburrow Farm

when we have a Barbecue, tour of the farm and wildlife evening featuring moths with moth light and hopefully bats, commencing at 7 pm. Tickets are available in advance from myself at a cost of £4 per individual or £10 per family orcharges on the night will be £5 and £12 per family.

Phil Smith 01473 625630

MARTLESHAM COMMUNITY RESPONDERS

Could you spare an hour to help the Martlesham Community Responders?

The Martlesham Community Responders have been nominated as one of the charities to benefit from the fundraising at the Music on the Green on Saturday 8th July. To help maximise the benefit, we are looking for people to help us collect money/sell raffle tickets throughout the day. Could you spare an hour during the day, to help us fundraising? If so, please contact Andy Oxborrow on 01473 620432 (e-mail Andy.Oxborrow@suffolk.sja.org.uk) or Johnny Dixon on 01473 622160. Please help us...so that we can carry on helping the people across the Martlesham area.

DSN APPEAL - THANKS

Many thanks to all the local residents who kindly donated their spare teddies and soft toys to the Deployed Soldiers Network (DSN). I am sure they will find many loving homes with children all over the world.

Karen Gallant

OVER 50s BOWLING

Kingpin's 'Over 50s' coffee morning is a great way to meet new friends and to improve your bowling at the same time.

Every weekday during term time you can bowl from 10 am to 1 pm for only five pounds and the price includes a free coffee or tea.

With such a relaxed atmosphere it is a fantastic social morning for the bowling beginners or professionals.

For more information call Kingpin on 01473 611111 or pop in.

ANDY FORDHAM AT THE DOUGLAS BADER

On Thursday 25th May, Andy Fordham, the 2004 World BDO Darts Champion, hit the bullseye when he came to the Douglas Bader. There was a charity-driven draw to pull sixteen lucky names out of the hat to see who would actually play Andy. He was the true professional, Andy thrilled the crowd early on with a maximum throw of 180 and then skilfully dealt with an impromptu ring of a mobile phone call in the crowd whilst in the middle of his throw. The crowd roared with approval and the whole pub found the incident highly amusing. Andy then went on to allow two local boys to beat him and they were obviously delighted, along with the lady from the John Bull Ladies Darts Team who also beat him. In fact two players from the home based team did actually beat him fair and square; Lee Burrows and Andy Barker did the damage. Despite these defeats Andy was gracious and in customary fashion did shake hands as he did with everyone he played that night. Overall he showed what a good and skilled player he is with a remarkable sense of humour. The proceeds from the sale of the draw tickets amounting to £42.50 was passed to the Race For Life Charity which was greatly appreciated. A signed picture was also provided which will go towards a local charity evening, raising funds for the Special Care Baby Unit at Ipswich Hospital.

So a very big thank you to Andy Fordham and of course the landlord of the Douglas Bader, Tony Curtis, for being a splendid host.

Shayn Parker

BUS SERVICE CHANGES

63, 64, 65 & 73 (evening)

Please note, as from **Monday 26th June**, the above services will be revised.

Passengers should note that some evening journeys will have revised times.

Please see the driver for a copy of the new timetable.

For further information on
on Saturday September 20th

services within the area call **Traveline on 0870 608 2 608.**

Alternatively you can visit the website: **www.traveline.org.uk**

MOBILE POLICE STATION

There will be a mobile police station available in Martlesham between **3:30 pm and 4:30 pm on Tuesday 4th July**, between **3:30 pm and 4:30 pm on Tuesday 1st August** and between **8:30 am and 10 am on Thursday 10th August.**

This is an Operational Vehicle and on occasions may be deployed without notice, and unavailable for parish commitments.

SCOLIOSIS CLINIC OPENS IN MARTLESHAM

Erika Maude, 19, has started the first scoliosis clinic in the UK offering treatment based on the Katharina Schroth method. **www.scoliosissos.com**

Scoliosis SOS welcomed its first course of patients on 29th May and already the clinic has attracted worldwide attention.

Erika has been coping with her own scoliosis since she was diagnosed in 1997. After 2-years of wearing a Boston brace 23 hours a day, her orthopaedic surgeon said that the only thing that could help her was surgery.

In 2002, after refusing to believe that this was her only option, Erika discovered the Katharina Schroth method, which is now taught in 5 clinics worldwide.

The treatment method at Scoliosis SOS is completely safe and non-invasive. It involves an individualised programme of exercises tailored to each patient's spinal condition.

This highly successful form of scoliosis treatment that has been used in Europe since 1921 and it has been shown to improve lateral deviation, rib hump, spinal rotation, back shape and profile, postural balance, lung capacity and function, pain, muscle strength and spinal flexibility.

Erika is the founder and principal of the clinic. She has been dedicated to helping scoliotics since

she launched her website (**www.erikamaude.com**) four years ago and her clinic, Scoliosis SOS, will treat up to 40 patients at a time for 4-week intensive rehabilitation courses. Scoliosis SOS has fully Katharina Schroth certified, registered and trained medical staff and doctors, as well as strong links with the clinics in Germany, Spain and America.

NEW - RIVERSIDE CLINIC MINOR INJURIES UNIT

The local, fast and reliable alternative to A&E for minor injuries

On 1st April, Riverside Clinic Minor Injuries Unit (Riverside Clinic MIU) opened to the public on Landseer Road in Ipswich.

What does it mean for you?

It means that you now have a choice of where to go if you need urgent medical assistance for a minor injury - Riverside Clinic MIU or Ipswich Hospital A&E.

What is a minor injury?

*Cuts/grazes and lacerations, *sprains and strains, *bites and stings, *infected wounds, *minor head injuries, *minor eye infections, foreign bodies and scratches, *minor scalds and burns, *bruises.

If you have a serious injury you should always attend Ipswich Hospital A&E.

Who should attend?

Anyone who has a minor injury that requires NHS medical assistance can attend the Riverside Clinic MIU; **without an appointment and free of charge.** In addition, you will benefit from **free parking** in close proximity to the entrance.

Who will treat you?

You will be seen and treated by an experienced Riverside Clinic MIU specialist nurse.

What if I need to see a doctor?

Riverside Clinic MIU provides an NHS service, so if your minor injury requires a doctor you will be transferred immediately to Ipswich Hospital A&E.

Why choose Riverside Clinic?

Your experience at Riverside Clinic MIU will include: *prompt assessment in a calm and friendly atmosphere, *short waiting times, *professional non-hospital

environment, *quick diagnosis and treatment by specialist nurses, *post-injury advice and guidance, *professional and highly qualified customer focused nursing staff, * children's play area, *free parking

If you would like further information about the Riverside Clinic Ml:

Address: 2 Landseer Road, Ipswich, IP3 OAZ.

E-mail: info@riversideclinic.net

Web: www.riversideclinic.net

Call: 01473 299622

SUFFOLK EAST PCT FINANCIAL SAVINGS

Excellent progress with financial recovery

Suffolk East Primary Care Trusts made an incredible £17.4 million of savings in this financial year.

The achievements of Suffolk East Primary Care Trusts have been recognised and applauded by both the Norfolk Suffolk and Cambridgeshire Strategic Health Authority and the external 'turnaround teams' appointed by the Department of Health to help Trusts experiencing significant financial challenges. The turnaround team who were assigned to work with Suffolk East Primary Care Trusts were clear that the Trusts were doing the right things in turning around their finances.

KESGRAVE MUSIC FESTIVAL

On Saturday 5th August, Kesgrave Community Fields will be hosting the first Kesgrave Music Festival in aid of St Elizabeth Hospice. The festival starts at 12 noon and will continue until 10:45 pm. During the day the festival will feature 10 excellent local bands and a signed band from London. In addition to a wide range of family entertainment throughout the day, there will also be a traditional folk tent and a variety of food stalls.

The festival has been organised in memory of Kate Moyes who passed away last August after a spell in the hospice. In November 2005 a group of Kate's family and friends decided to get together and organise a music day for the community of Kesgrave and surrounding areas

and so raise funds for the hospice. Working with the hospice and many local businesses, the organising committee has successfully secured the resources required to put on an event of this magnitude. They've also received generous gifts of sponsorship and donations for which they are very grateful.

Tickets are on sale from the hospice and its shops plus a number of local outlets, including The Kesgrave Bell. Tickets are £5 for adults with under 15s free. For more information please visit www.kesgravemusicfestival.com

SAFER NEIGHBOURHOOD TEAM, KESGRAVE

"Kids on the Street" - Cherry Popin' Daddies - PID label 1996

Things are quickly changing ahead of the January 2007 deadline as the County swaps over to the Safer Neighbourhood style of policing. Kesgrave, Martlesham and Rushmere St Andrew are piloting the systems that may (probably will) be used across the eastern side of Suffolk.

Each month I pick a topic that we (police) need to get out to you all in the local newsletters.

No matter where you live, you will always get gatherings of youths - but nowhere else in my 19 years have I come across groups (not gangs) of youths in such large numbers! Anything between 40 and 200.

The question I need to ask you as parents is..."Do you know where your kids are tonight - or any other night? Do you know that they're not causing all sorts of annoyance to residents and pedestrians around the area? Do you know that they're not drinking alcohol (regardless of what they tell you!)??"

We have started writing to parents about the behaviour of their 'young ones' - and hopefully, as parents, you'll become that much more aware of the issues around the area as I point them out each month - but can I please ask that you find out for certain exactly where your kids are of an evening and what they're up to before someone else has to tell you! And

before you ask, yes, I do have children (aged 6 to 15).

Just so you are aware, your local police team are going to start filming these gatherings when anti-social behaviour is occurring, and using the film for, shall we say...'feedback'.

Mick Richardson, Kesgrave Safer Neighbourhood Team
mick.richardson@suffolk.pnn.police.uk

KESGRAVE KESTERLS CYCLE SPEEDWAY CLUB

Members of Kesgrave Cycle Speedway Club continue to make steady progress at Senior, Youth and Junior level in various competitions across the County. The East Anglian and Suffolk individual Grand Prix Series have both been well supported with all members enjoying some competitive racing in the first two rounds.

On May 14th the 'GMB Union/Orwell Truck & Van' Kestrels were the guests at Whitton Sports Centre to race The Ipswich Eagles in South East Division Two league action. Final Score: Ipswich 72 - Kesgrave 87

Individual Scores: D Croft 17+1, D Johnson 15+3, P Jay 13+4, M Cooper 13+1, J Jacobs 12+2, A Turnbull 10, A Daley 7.

Our Junior members completed Regional Round 3 of the British Youth & Junior league at North Park in Norwich on May 20th. Charlie Reeve won the U8 age category with an impressive start from the unfavoured Gate 4 in the A Final.

The Club is proud to announce a fourth banner sale this season courtesy of 'The Alishan Palace', Indian Restaurant, Penzance Road and we would like to take this opportunity for there generous support.

WOODBRIIDGE & DISTRICT LIONS CLUB

The beginning of July marks the start of another Lions' year. It was something of a surprise to learn that we had contributed over £10,000 to community and charity causes in the past year.

So, we look forward to

another busy year, Carol Malpass succeeding Peter Button as our President, Mike and Allan continuing their sterling work as Secretary and Treasurer. For more information or to contact us, please visit our website www.woodbridgelions.org.uk or call Lion Peter See on 01473 625318.

CHRISTIAN AID WEEK

14-20th May

We have finally finished counting the contents of the many envelopes collected this year and are pleased to announce that the final total for the house to house collection in Martlesham and Brightwell is a magnificent £4,384.79 plus £148 from the Lent lunches.

This is yet another record year, so many thanks to everyone who made this possible - to the volunteers who delivered or collected envelopes, and to all who donated so generously, particularly to those who took the trouble to post their donation through their collector's door.

This year's slogan was 'you add, we multiply'. Just think what an impact the donations you have added are going to make to the lives of so many people who are living in poverty today. Together, we have helped to make a difference! Carolyn Smith and Chris Cobb

HOLY FAMILY & ST MICHAEL

Holy Family & Saint Michael on the main A1214 is the Catholic Chapel serving Martlesham and Kesgrave. It is part of the parish of Saint Mary in Ipswich.

Recent and planned activities span a wide range, from Corpus Christi Deanery Celebrations, Pastoral Council elections and guidance for those preparing children for first Holy Communion. There will also be a day of healing and renewal to be held on 8th July.

If you would like to be kept informed of services and activities ask to receive a regular copy of the weekly parish newsletter and monthly parish magazine by telephoning the Presbytery on 01473 728115

Regular 'Sunday' Masses at

the Holy Family are celebrated at 6 pm on Saturdays and 9:15 am on Sundays. Weekday masses are normally on Wednesdays and Fridays at 10 am.

BRIGHTWELL CHURCH

The Parish Walk was well attended this year with 57 people rambling around the Parish. Due to Cyril Watson's indisposition the walk was led this year by Stan Harris. Thank you to all for coming and especial thanks to the Brightwell Catering Corp who again excelled themselves. The preparations for the weekend of events of 23rd/25th June are at fever pitch with two concerts, a family barbeque, and Special Evensong Service.

We have now received planning consent for the disabled toilet for the Churchyard (should it be a toilet for the disabled?) and the next step is to get firm quotations for a faculty from the Diocese to proceed with the work. However, for the present, at the concert, we will be running an interval shuttle service to the Church Hall for audience member's comfort and for the more urgent needs of the cast the Churchwardens Marjorie and Sandie will be making the flower shed into a temporary facility.

Whilst all this is of good humour we must not forget the real purpose of the Church in Brightwell and weekly services continue, alternating Holy Communion at 8 am and Evensong at 6:30 pm.

Our next Family Service is planned to be held at the Church Hall on SUNDAY 30th JULY at 10:30 am. The Service is to be led by Revd Elizabeth Corker. Our usual welcome will be there for all.

In the distant autumn mist I can just see a Music Quiz emerging on Friday 13th October.

Geoff Lambert, PCC Secretary

BRIGHT STARS

Our last service before the summer break is on **Monday 10th July** at 10:30 am in St Michael's Church Centre, when we will be looking at Jesus our friend. We meet again after the summer on **September 11th**.

Bright Stars is a short service designed to make children's worship fun and exciting. We welcome all pre-school children and babies and their carers to our services which are held on the second and fourth Mondays of each month, during term time. We meet at 10:30 am in St Michael's Church Centre. There is a chance to meet for refreshments and a chat after the service, which lasts about half an hour.

For more details please call Pauline (01473 625061) or Liz (01473 625617).

THOUGHTS FROM YOUR PARISH CHURCH

Last month I shared with you how the Christian Church in Suffolk is in partnership with the Christian Church in Tanzania. This month let me tell you about one of our conservation partners; namely A Rocha International.

A Rocha is a Christian nature conservation organisation, their name coming from the Portuguese for "the Rock," as the first initiative was a field study centre in Portugal. A Rocha is now a family of projects working in Europe, the Middle East, Africa, North and South America, and Asia. A Rocha projects are frequently cross-cultural in character, and share a community emphasis, with a focus on science and research, practical conservation and environmental education.

Some example of how A Rocha projects can make a difference:

- The Aammaq Wetland in South Lebanon, once threatened by destruction, is now a secure habitat for local and migrant wildlife.
- Proposals for Natura 2000 status for the Alvor estuary in Portugal stem directly from A Rocha studies.
- A Rocha UK's study area - the once derelict 90 acre Minet Site in Middlesex - is being transformed into a Country Park and Conservation Area. A Rocha are providing ecological advice to Hillingdon Council, who own the land, and are organising local work parties to improve some of the more sensitive areas.

We support A Rocha because they believe that the earth is God's

THE CHURCH IN MARTLESHAM & BRIGHTWELL

**BUILDING
GOD'S
FAMILY
TOGETHER**

PARISH MINISTER: The Revd. Ian Naylor, 17 Lark Rise, Martlesham Heath, IP5 3SA,
Tel: 01473 622424 and e-mail address: inaylor17@aol.com

CLERGY: The Revd. Elizabeth Corker, 12 Fairfield Avenue, Felixstowe, Tel: 01394 210793
The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath, Tel: 623770

READERS: Carolyn Smith, 74 Heathfield, Martlesham Heath, Tel: 01473 625630
Lewis Currie, 18 Parkers Place, Martlesham Heath, Tel: 01473 625320

ELDERS: Margaret Rollins, 9 Angela Close, Tel: 01473 623868; Monica Twaits, 39 Angela Close,
Tel: 01473 623194

Services for the Month	Brightwell St. John's	Martlesham St. Mary's	Martlesham Heath St. Michael's
Sunday 2nd July Trinity 3	8am Holy Communion	11am Baptism	9:45am All Age Worship 6:30pm Informal Worship
Sunday 9th July Trinity 4	6:30pm Evensong	8am Holy Communion	10:30am Service on the Green
Sunday 16th July Trinity 5	8am Holy Communion	11am Holy Communion BCP	9:45am Baptism/Worship/Junior Church 6:30pm Informal Worship
Sunday 23rd July Trinity 6	6:30pm Evensong	8am Holy Communion	9:45am Family Holy Communion & Junior Church
Sunday 30th July Trinity 7	10:30am Family Service in Church Hall	8am Holy Communion 11am Service of The Word	9:45am Service of The Word
Sunday 6th August Trinity 8	8am Holy Communion	11am Holy Communion BCP	9:45am All Age Worship 6:30pm Informal Worship

MIDWEEK SERVICES: Holy Communion each Wednesday at 10am in St Michael's. Bright Stars will meet on Monday 10th July at 10:30am in St Michael's. A warm welcome awaits you at all the above services.

PRAYER DIARY FOR JULY

Please pray daily for world peace, for our church and:

- | | |
|---|--|
| <p>6 for our Armed Forces</p> <p>7 for Voluntary Organisations</p> <p>8 for Village Day</p> <p>9 for the United service on the Green</p> <p>10 for residents in Squires Lane</p> <p>11 for people we know in hospital</p> <p>12 for Monthly Lunch Club</p> <p>13 for neighbours who are unwell</p> <p>14 for Community Nurses</p> <p>15 for Church services tomorrow</p> <p>16 for the persecuted church in China</p> <p>17 for residents in Stable Court</p> <p>18 for friends overseas</p> <p>19 for children in your street</p> <p>20 for the elderly in your street</p> <p>21 for teachers and pupils at the start of the school holidays</p> <p>22 for everyone going on holiday</p> <p>23 for the persecuted church in Eritrea</p> <p>24 for the residents of Swan Close</p> <p>25 for holidaymakers in our area</p> <p>26 for people getting married</p> | <p>27 for all who are homeless</p> <p>28 for all Caring Agencies</p> <p>29 for Church services tomorrow</p> <p>30 for the persecuted church in South America</p> <p>31 for the residents in The Chase</p> <p>AUG 1 give thanks for our three Churches</p> <p>2 for the clergy</p> <p>3 for churchwardens</p> <p>4 for Elders</p> <p>5 for Bishops Richard and Clive</p> |
|---|--|