

MARTLESHAM MONTHLY

incorporating
THE TALKING MARTLESHAM
MONTHLY
AUGUST 2010

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Latest copy date is the 12th of the preceding month. Please e-mail contributions to:- martmonthly@gmail.com or deliver your copy to 10 Wellesley Road, Ipswich, IP4 1PP preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number.

Contributors are also requested to limit their articles to approximately 250 words. This is being done in an effort to limit the number of pages of text in the Martlesham Monthly.

**MARTLESHAM MONTHLY
ONLINE**

www.martlesham.org.uk

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

TALKING MARTLESHAM MONTHLY

Now that the continued production of the Talking Monthly is assured, please contact the Editors if you, or someone you know, would benefit by receiving one of the monthly audio tapes. These are available free of charge and are delivered by Royal Mail, normally on the second Saturday of the month. When the recipients have finished with the tape it can be returned to Graham Downing post-free merely by reversing the address label and dropping the package in a letter box.

Martlesham Monthly Editors

POLICE

Community Police Officer
PC 651 Richard Wright

In case of emergencies please always call 999.

In non-emergency situations call the main switchboard on 01473 613500; you can also contact PC Wright on the following numbers for non-urgent matters:

Office—01473 334980

E-mail—richard.wright@suffolk.pnn.police.uk

A NEW COMMUNITY RESPONDER

The Martlesham Community Responders are pleased to announce and welcome Paul Day as the newest member of the team. We now have a team of 6, providing local support to the Ambulance Service in the Martlesham area. For further details, contact Andy Oxborrow 01473 620432 (e-mail Andy.Oxborrow@suffolk.sja.org.uk).

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 6 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to most 999 calls received by the East Anglian Ambulance Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details, contact Andy Oxborrow 01473 620432 (e-mail Andy.Oxborrow@suffolk.sja.org.uk), or see our web pages on www.martlesham.org.uk

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NEW PAVILION BOOKING SECRETARY

There is a new Booking Secretary for Martlesham Heath Pavilion. For all enquiries regarding booking details please contact Becky Patten on 07732 199712 or e-mail beckypatten100@live.co.uk

MARTLESHAM WEBSITE

Did you know that over 50 events took place in and around Martlesham Heath in July! Would you like to know what's happening in August? To find out more and keep up to date, visit www.martlesham.org.uk

MARTLESHAM PARISH COUNCIL

Annual Report 2009/2010

You will find enclosed in this newsletter a copy of the Parish Council's report on its activities for the year 2009/10.

Projects and Grants

The Parish Council will be considering all applications for grants from local organisations in the autumn. If your group wishes to apply for a grant, please contact the Clerk (details below) for an application form, to be completed and returned to the Parish Council by **Monday 18th October 2010**. These grants are awarded for the financial year 2011/12 and the funds will be issued in May 2011. Any group with a project requiring Parish Council support/funding should also submit

their project details and business plan by **18th October 2010** at the latest. Please note that due to a change in Parish Council meetings the deadline for grants is now earlier than in previous years.

No dogs in play areas

We have recently had incidences of dog owners allowing their dogs to exercise in our play areas. This is a reminder that dogs are not allowed in our play areas for health and safety reasons. If you are aware of any such incident please report to the Clerk.

Heath fires

In June the police reported to us that there had been 15 heath fires in a period of 5 weeks. Fires have continued to occur on heath land and in woodland. The police and fire service are keen to find and stop the arsonists. Please report anything suspicious to the police by telephoning their switchboard: 01473 613500.

Forthcoming meetings

NO PARISH COUNCIL MEETING IN AUGUST

Development Plans Committee – Wednesday 11th August
Parish Council – Wednesday 1st September
Recreation & Amenities Committee - Wednesday 8th September
Parish Council - Wednesday 6th October

All meetings start at 7:30 pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

In writing to the Clerk to the Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge, IP12 4PB.

Telephone: 01473 612632

e-mail: clerk@martleshamcouncil.org.uk

website: www.martlesham.suffolk.gov.uk

Parish Office (at above address) opening times: 9 am – 12 noon, Mon – Fri, excluding public holidays, but please book an appointment in advance if possible.

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back if not available.

Alternatively, e-mail the new e-mail address

martcomhall@btinternet.com or write to The Booking Secretary, Martlesham Community Hall, Felixstowe Road, Martlesham, Ipswich, IP12 4PB.

Ref. Martlesham Community Hall Charity Number 1009602

CHRIS BLUNDELL'S DISTRICT COUNCILLOR REPORT

Housing The new government has now abolished the East of England Regional Assembly and with it the Regional Spatial Strategy that dictated the housing numbers that was to be built in our region and in particular in the SCDC area. However the planning application for 2000 plus homes to the south of Adastral Park still remains to be decided. We will have to wait a little longer for that event.

Vandalism in the woods Now I would like your help to discover who the owner is of a certain piece of land. That piece of land is the woodland area between Felixstowe Road (behind Tesco Extra) and the Falcon Residential Caravan Park that is known locally as 'Walk Farm Wood'. Over the last few years teenagers, who seem to view this piece of land as of no value, have attempted to create what appears to be a BMX cycle track with obstacles. The obstacles consist of excavated land to create troughs and peaks, chopping down healthy trees to make ramps and tree platforms and generally putting the area in a dangerous state. To my knowledge one boy fractured both his wrists and another boy his collarbone while cycling around this makeshift track. More recently teenager visitors have been lighting large fires in the created hollows, burning Tesco trolleys and what the local

residents believe are aerosol cans to create explosions. These are highly dangerous practices. Some of teenagers whom I have spoken to are local to Martlesham while others are visitors from the surrounding districts. I would like to hear from anyone who can advise me on who the owner is of Walk Farm Wood and where the owner might be located.

If you would like to discuss the above items or any other local matters with me you can do so either by phone on 01473 622716 or by e-mail to chris.blundell@suffolkcoastal.gov.uk. Alternatively you are welcome to join me for a chat and a 'cuppa' at St Michael's Church hall on Monday 2nd August between 10 am and 12 noon.

CALLING ALL NANT SUPPORTERS

There are many tasks and activities to be undertaken in the next few weeks (many of which require no particular experience).

To find out what you could do, please come to a special event on **Saturday 7th August from 10 am - 12 noon at Martlesham Heath Pavilion.**

If you can come, please e-mail: nantmeeting@gmail.com with your name and contact details.

PLEASE COME AND HELP NANT CONTINUE THE FIGHT

More information at:
www.noadastralnewtown.com

MARTLESHAM COMMUNITY COUNCIL

A Craft Fair is being held on Saturday 20th November in St Michael's Church Centre, Martlesham Heath, from 10 am until 3 pm. If anyone would like to book a stall in which to raise money for their favourite charity please contact Jackie Bear on 01473 623007 for details, etc.

A jumble sale is also being held in October so if anyone has any "Bric-a-Brac", etc., please contact Jackie Bear on the above number.

MCC scribe

MARTLESHAM IN BLOOM & MARTLESHAM COMMUNITY COUNCIL

**Do not forget the
"A Moment in Time in Martlesham" Exhibition**

**on
Saturday 18th September
10:30 am to 5 pm**

**at
St Michael's Church Centre,
Martlesham Heath**

**This exhibition will highlight
the July weekend's work.**

Also including:-

Open Art Exhibition

**There will also be several
stalls, raffle and light
refreshments.**

Admission free.

If you would like to take part in the Open Art Exhibition please contact the Burrows family on 01473 625196 or Jackie Bear on 01473 623007.

MARTLESHAM & DISTRICT FLOWER CLUB

Our demonstrator for June was unable to come so Angela Vokalek kindly filled the breach. Her theme was "Party Time". The first arrangement for an 18th birthday had eighteen tall red roses, alchemilla and fatsia leaves. A gold candelabra using orange and yellow roses, gerberas and carnations topped with brown candles depicting a man's retirement party. Following came a basket filled with pink jasmine, lilac sweet peas and silver grey foliage to display at a garden party. A Harvest Supper came next with a mix of cotinus, lilies, alstroemeria and gerberas, all in lovely vibrant autumn shades. Poppies and a sheaf of corn complemented this arrangement. A large white pot containing pittosporum leaves, lilies, astromeria, lisianthus, carnations and roses all making a striking white and pink design for a Diamond Wedding celebration. Finally, an all green arrangement of variegated ivy, hostas, anthurium and

chrysanthemums. Added to this, a wine glass containing mini stones, green liquid, foliage, cream orchid and lemon slices, making a stunning design for a cocktail party – cheers.

The competition was won by Ann Chisem with Kate Burrows winning the novice class.

The club meets at St Michael's Church Centre, Martlesham Heath, on the third Wednesday of each month at 2:30 pm. The annual subscription remains at £12.50 with visitors welcome at £2.50 per session. There is a plant and flower arrangers stall at each meeting. The next meeting will be our indoor "garden party" on 18th August in aid of Somersham Ward and Tree House Appeal. **Please come and support us.**

Margaret Doveston - 01473 624422

**MARTLESHAM & DISTRICT
FLOWER CLUB
INDOOR GARDEN
PARTY**

**Wed 18th AUGUST
2:30 pm – 4:30 pm**

At St Michael's Church Centre,
Martlesham Heath.
Cream teas and various stalls
Admission 50p

**In aid of Somersham Ward
and Tree House Appeal**

MARTLESHAM IN BLOOM

ANGLIA IN BLOOM

The Anglia in Bloom judges visited the Parish on Thursday 8th July. The weather was very warm and the judges were able to meet people in the Industrial Area, Birchwood School, The Square and York Road as well as visit several different parts of the parish and they also met the Martlesham in Bloom committee and helpers. Thank you to all the individuals and organisations who help keep the parish looking clean, tidy and attractive.

The Anglia in Bloom judges and the Martlesham in Bloom committee would like to thank

everybody who met us during the afternoon, making the visit very worthwhile.

The results of the Anglia in Bloom competition will be known in mid-September.

Do not forget our Presentation Evening on Saturday 18th September following the 'A Moment in Time in Martlesham' display and Open Art Exhibition during the day.

Further details on the above or any other Martlesham in Bloom activity please contact:- J Maureen Burrows (Secretary) on 01473 625196.

FLOWER FESTIVAL WAS A SUCCESS!!

Five local charities will benefit from the proceeds of the Flower Festival held at Woodbridge Methodist Church, June 18th-20th. Thanks to the generosity of the many visitors who enjoyed the flower displays, the Art Exhibit and the excellent food on offer, £1,800 was raised. This profit will be split between the Blind and Partially Sighted Club, Gateway, Homestart Surestart, Just 42, and New Horizons Lunch & Leisure Club.

The festival was themed 'Life in the Community' and it truly was a community effort! Thank you to everyone involved: the local groups who provided and arranged the displays, the many workers who helped over the weekend, and most importantly the people who gave so generously when they came to view the displays.

MARTLESHAM HEATH W.I.

We were transported to South Africa at our June meeting (very topical at the time!) when Chris Parfitt gave a really interesting talk about this very diverse country. He had taken many digital photos and these were all transposed onto the large screen in the Pavilion. We were joined at this 'open' meeting by several members from neighbouring W.I.'s.

Our monthly walks recommenced in June and members are also looking forward to a fundraising afternoon tea at Bernadette Smith's house in July.

Any lady is most welcome to

join us on the second Monday of the month at 7:30 pm in the Pavilion.
Mary Bloomfield – 01473 625577

MARTLESHAM W.I.

At our last meeting we welcomed Sheila Stokes, President of Kesgrave WI who gave a report of the AGM held at the Cardiff International Arena. This was extremely interesting and it was obvious that she enjoyed it immensely. We then welcomed Jenny Gibbs who talked about her life in Turkey. Dressed in traditional Turkish costume she explained the customs of Turkish women following the birth of their babies. One of these is that the new mother will do nothing at all except look after baby and will always have a family member with her for the first forty days. After forty days the baby will have its first bath followed by a christening. Jenny then went on to explain the rituals of a Turkish courtship and wedding where the bride is offered gold to compensate for having to leave her family. A bag of Turkish delight is used as a wedding invitation. Little known guests receive 5 bags. The more well known the guest the bigger the bag with anything from 5 bags to 5 kilos.

So fascinating were Jenny's stories that there was no time for the final part of her talk – the Turkish funeral. Naturally we have invited her back again!

Our next meeting will be in the Richards Room at 7:30 pm on 20th August when Mrs Pat Delliss will give a talk entitled 'We Only Wanted a Pony'. Visitors and new members are always welcome to join our small friendly group. Contact can be made to Susan Cunliffe on 01394 382199.

Barbara Bown

MARTLESHAM LADIES CLUB

The Ladies Club is now having a small summer break and will recommence our meetings on Thursday 9th September at 7:30 pm in the Richards Room, Martlesham Community Centre when Geoff Woodard will be giving a talk on 'Pitcairn – Home of the Mutineers.'

My next report will be in the September edition, meanwhile en-

joy the summer.

Margaret Green

MARTLESHAM MOTHERS' UNION

During June, 32 members of the Mothers' Union travelled to Preston for the Annual Meeting. The speaker at the meeting was the wife of Archbishop John Sentamau, Mrs Margaret Sentamau - a very inspiring lady. Whilst in Lancashire we did a tour of the beautiful Ribbles Valley, visited Accrington Art Museum, home of a collection of Tiffany glass, also Gawthorpe Hall, a National Trust property known for its beautiful collection of embroidery. The trip lasted for five days, but we all returned home feeling relaxed and refreshed. Next year... it's Edinburgh, here we come!

For details of the local meetings, please telephone Mrs Marion Naylor on 01473 624196.

MARTLESHAM PLAYSCHOOL

We had a super end to the school year with an end of term party at the church hall. Of course, we had to say a sad goodbye to some of our children as they moved on to 'big' school or nursery. We also had to say a sad goodbye to Mel, one of our staff. Thank you for all that you've done and we wish you all the very best for the future, and hope to see you occasionally!! We hope everyone has a super summer holiday!

We are eagerly awaiting the start of our new purpose-built building to be erected in the grounds of Gorseland School. The new building will give us a larger capacity and we are assuming that we may be in the new building during October half term. This will enhance our strong links with the school and parents will have childcare facilities in one location for 2 to 11 year olds.

To coincide with this, grant-funded sessions for playschool children will increase to 15 hours per week from this September. To accommodate this we have changed our session times slightly. Mornings will be from 9 am to 12 noon. Afternoons will be 12:15 to 3:15 pm.

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Children who stay all day will be fully cared for from 9 am to 3:15 pm and should bring a packed lunch and drink. We still have some sessions available from when we move into our new building. So, if you are looking for a playschool with a great Ofsted report (March 2010), please give me a call.

Visit our website for more details:- www.playschool.martlesham.org.uk or you can contact me for a copy of our prospectus and a registration form on 01473 621315. If you would like to look round the playschool please also give me a call. We are registered to take children from 2 years, and accept children onto our waiting list from any area. Our children move on to all the primary schools in the area and even further afield. Caroline Swale (Business Manager)

Martlesham Christian Fellowship **TODDLER GROUP** **25TH** **ANNIVERSARY CELEBRATION** **GRAND REUNION**

SATURDAY SEPTEMBER 25TH
2 - 4:30 pm
at the Fellowship Centre,
Black Tiles Lane, Martlesham
Bouncy castle
Refreshments
Face painting

We hope to see anyone who is/
has been a member of this group
over the years.

Further details from Julia
Faulkner 01473 625482
cjuliafaulkner@yahoo.co.uk
or Karen Jack 01473 288895
hkaren2301@keme.co.uk

1ST MARTLESHAM SCOUT GROUP

This term Orwell Cubs have taken the opportunity to spend as much time outdoors as they can. They have been working on the Athletes badge. They have also started the Navigator badge with each Cub taking turns to navigate on a walk between the Scout HQ and St.

Mary's Church in old Martlesham. It took longer than expected but they all made it and once there, thanks to Chris Howard and Rev. Ian Naylor, were provided with a refreshing drink and tour of the church.

Since then the Cubs have plotted their homes, schools and shops on maps, and shown the routes they take between them and attempted a treasure hunt in the woods using various navigation methods. There are plans for the Naturalist badge and the camp early in July.

The Pack is currently looking for a new Leader (or two!), so if you would like to join us and help run our exciting and fun programme that develops the young people of Martlesham, please call Keith on 07944 297184.

The Scouts have also had a busy term. They have enjoyed a wide range of activities from fires to first aid and swimming to Go-Karting. By the time this goes to press the camp will have taken place for Scouts, Cubs and with the Beavers joining for one of the days.

Thanks goes to all the leaders for their hard work this year and to all the helpers.

As a group we still have a few vacancies so if you are interested please contact the Membership Secretary Paul at marsh.pr@gmail.com

Heather Hann

MARTLESHAM HISTORICAL SOCIETY

On Monday 16th August, Monica Place will be speaking to us on 'Queen Elizabeth I's Progress Through Suffolk' - doubtless a vastly different journey from that of Queen Elizabeth II who has recently travelled around Canada. Where did the grand company stay overnight, and with whom?

Follow the story at 8 pm at the Pavilion-on-the-Green, Martlesham Heath. Everyone welcome, admission £2.

Dora Kneebone 01473 623380

MARTLESHAM HEATH AVIATION SOCIETY

A very warm evening and a very

good attendance to our monthly meeting on Friday June 2nd. Several new faces were in the audience.

The illustrated talk was given by Mr Jim Betteridge and was entitled "The Berlin Airlift". Jim lives locally and was a pilot ferrying supplies from the British sector in post-war Germany to Berlin.

This was the era of the "Cold War" and Berlin was inside the part of Germany designated to Russian control but the Russians had blocked access by road and rail.

The blockade lasted from 24th June 1948 to the 12th May 1949 and Jim was a Dakota pilot who flew no less than 209 sorties to the isolated city.

A vote of thanks was given by Ralph Rutherford, who had been a Vampire pilot at about the same time.

There will be no formal meeting next month because we are visiting the Point Clear Aviation Museum at St Osyth, Essex. A few places on the coach are still available and non-members who would like to accompany us should contact Martyn Cook on 01473 614442.

The September meeting will be held as usual in the Community Hall, Felixtowe Road and will be on Friday 3rd September. Mr Keith Froom will give a digital presentation entitled "The Mid Suffolk Light Railway". Non-members are welcome for a payment of just £2.50 at the door. All meetings start at 7:30 pm.

Don't forget, our Control Tower Museum off Parkers Place is open every Sunday afternoon from 2 pm to 5 pm until the end of October.

Alan Powell - 01473 622458

PORTAL WOODLANDS CONSERVATION GROUP

The Working Party - Even though it was Fathers' Day, the workers came out in force to do further hedge maintenance, clear more of the hazel area and continue to build up new habitats.

The Nature Watch Club last month saw the children searching the wood for minibeasts. Many were found

scurrying around, children that is, not minibeasts! Come and join the club one Saturday morning. It is essential to book a place by sending an e-mail to naturewatch.pwcg@martlesham.org.uk.

We held our annual glow worm walk during June on the hottest day of the year so far.

We hope the schools that we visited this Summer enjoyed their learning experience with us. The visits enabled the children to learn about what we have in our woodland. Many thanks to the volunteers that helped with these visits.

Dates for the diary:

Nature Watch Meeting Saturday 11th September, 9 am - 11 am, to be announced.

MHAS Open Day Sunday 12th September, 1-4 pm, come visit us here and enjoy a guided walk through the woodland.

Nature Explorers Club Saturday 18th September, 9 am - 11 am, studying birds nesting habits

Woodlands Work Morning Saturday 18th September, 10 am - noon, meet opposite the Police sports field entrance.

For more information about PWCG and its activities please access our website at

www.martlesham.org.uk/portalwoodlandsgroup, or if you have any questions please e-mail us at pwcg@martlesham.org.uk or phone Martlesham Parish Council on 01473 612632.

Jocelyn Cook

MARTLESHAM CONSERVATION GROUP

Many thanks to all those who supported us at our car boot stall at Music on the Green by buying some plants, making a donation or talking to us about your own wildlife observations. It was great to hear them.

We conducted our count of the Silver Studded Blue butterflies present on the heath SSSI on Sunday 11th July. The total counted appeared to be lower than last year but is subject to further analysis. However, we managed to find some butterflies on the northern part of the SSSI, despite the effects of the fires which occurred during May. The weather was very hot at

the time we made the count. The very long period of dry and hot weather had a marked effect on the heather flowers which were looking very scorched and dry in a lot of places, and so may not have provided much nectar for the adult butterflies. Hopefully heather will regenerate in the burnt areas and will provide fresh areas for this rare and beautiful butterfly to colonise from the small pockets that remain.

Whilst walking around the SSSI we noted that a lot of work needs to be done to bring the heath back to a good condition. The bracken has expanded greatly and taken over in some areas. Our next working party will be on Sunday 8th August. We aim to try to recover some heathland habitat or at least check its decline. Please join us to help. No particular skill or previous knowledge is required, all tools will be provided on the day. Please meet outside the Douglas Bader pub at 10 am or join us on the heath.

Phil Smith - 01473 625630

SUFFOLK WILDLIFE TRUST

Woodbridge Group

Our next event takes place on Saturday 14th August from 2 pm to 5 pm approximately at Hazelwood Marshes (OS Grid Reference TM443583) where we will be looking for waders and dragonflies. Please contact me if you would like more details.

Phil Smith - 01473 625630

MARTLESHAM BRASS

Making Music Fun in East Anglia

Martlesham Brass would like to thank all the local businesses and everyone involved in making their recent Summer Fair such a great success. We raised a grand total of £1238 - a fantastic result. All the money raised at the fair goes towards providing instruments, music and uniforms for all four of our bands. We have 107 playing members between the ages of 6 and 97 so there is always a need for instruments and music!

We have a well earned 'rest' from playing and rehearsing in August which means we all return refreshed in September. One ad-

vanced date for your diaries is our 14th Birthday Concert on Saturday 2nd October at St Michael's Church Centre, Martlesham Heath. The bandleaders will present their awards to the players who have improved the most over the last year and there may be a slice of birthday cake for everyone too!

Our band welcomes new players young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and 'have a go'. If you would like to join us, or if you already play or have previously played a brass instrument and feel that you would like to come along and meet us, please contact us via the website or use the contact details below.

Liz Benyon (Publicity Officer)

liz.benyon@btinternet.com

01473 623276

Registered Charity No. 1100922

Visit our website -

www.martleshambrass.co.uk

MARTLESHAM CARPET BOWLS CLUB

This has been a very quiet month, only two matches having been played - a friendly against Tattingstone where we were successful in two games of the three, and a home match against Claydon where, unfortunately, we lost 9:1. However, this did not reflect the standard of play for, of the total points, there was very little difference between the teams.

There have not been any Sunday charity competitions in which our members have taken part, although we have been invited to participate in the Tattingstone day in September.

Maureen Banthorp

OPEN GARDEN

Mrs Kelly Shannon will be opening her garden at 24 Harvesters Way, Martlesham Heath on 8th August, 10 am to 4 pm in aid of St Elizabeth Hospice. A low maintenance garden with pots, shrubs and conifers. No dogs please.

**Ooh! Sore Feet?
Choose from a male or
female practitioner
Tel: 01473 720655**

BRIDGE CLASSES AT MARTLESHAM COMMUNITY CENTRE

New daytime Bridge classes for beginners and improvers start in September at the Martlesham Community Centre (Richards Room). The objective of the classes is to enjoy friendly, social Bridge. If you are interested please call Mike Fisher on 01394 388237. Visit www.MikeFisherBridge.com for full details and to contact me.

FRAMFIELD HOUSE SURGERY

Another way of giving us feedback...

www.nhs.uk is a national website which you can use to find the nearest NHS Service, i.e., GP, Dentist and Optician to your home address.

There is a facility on the website for patients to submit an honest opinion of their experience of their GP surgery. We welcome patient feedback in the surgery via our suggestion boxes, however this is another discrete way of delivering your own messages of support or "could do better".

Even if you are NOT registered with Framfield House Surgery you will find this a website worth visiting!

Nurse Practitioner!

We now have a Nurse Practitioner clinic where a variety of minor conditions can be dealt with by our qualified Nurse Practitioner, Catriona. Examples of the types of problems that she has seen recently are: conjunctivitis, sinusitis, cough/chest infections, asthma, hay fever, sore throats, ear problems, bites/stings, minor injuries, urinary infections, skin problems (rashes/sores) and routine "women's" ailments. She is able to review and treat conditions and can prescribe some medications - so she is offering patients with less acute problems an alternative to seeing a GP.

We try to keep everyone informed of changes at the surgery

via our website www.framfieldhouse.com – please check this regularly!

Denise Guy, Business Manager

DID YOU SERVE AT RAF BENTWATERS OR RAF WOODBRIDGE DURING WWII OR AFTER, UP UNTIL 1951?

I'm looking to make contact with any RAF or Army personnel who served at RAF Bentwaters or RAF Woodbridge during WWII and the period directly afterwards before the US Air Force arrived in 1951.

Bentwaters near Ipswich Suffolk, was the last airfield in the RAF to be activated becoming home to a number of fighter squadrons from 1944 when 11 Group arrived, including 64, 118, 126, 129, 165 and 234 squadrons operating Spitfire and Mustang aircraft.

Following the end of the war the airfield was used by 56, 65, 245 squadrons and the first training unit for jets, 226 Operational Conversion Unit which flew the Meteor and Vampire.

Woodbridge, which was originally known as RAF Sutton Heath, is adjacent to Bentwaters and was built in 1943 as an emergency landing ground to help damaged aircraft or those short of fuel to land after a mission and a total of 4,200 Allied aircraft made use of the runway saving the lives of many aircrew from ditching in the cold North Sea!

After the war Woodbridge was used for experimental work until 1948 when it was placed under care and maintenance until the US Air Force arrived in 1952.

Please could anyone who served at either of the two airfields during the period 1943 to 1951 please contact me at the address below or alternatively we would be delighted to meet with you at the **Bentwaters Cold War Museum Open Day** (see www.bcwm.org.uk) on **1st August from 10 am until 4 pm** to share your memories... just make yourself known to a member of staff who will direct you to me.

Thank you for your help in this matter which will help our re-

search into this period of history enormously.

Simon Gladas, Publicity and Liaison office, Bentwaters Aviation Society e-mail simon.gladas@bentwaters-as.org.uk, c/o Bentwaters Cold War Museum, Building 134, Bentwaters Parks, Rendlesham, Woodbridge, Suffolk, IP12 2TW

MARTLESHAM CHRISTIAN FELLOWSHIP

Black Tiles Lane

No 'celebrity status' for Jesus

One of the temptations the devil brought to Jesus was to throw himself down from the pinnacle of the Temple in Jerusalem.

It was a temptation to be a crowd pleaser, to court cheap popularity, to portray himself as a type of X-Factor success.

Jesus would have none of it! Shallow popularity, celebrity status, was far from his aim.

When he cast out demons, who recognised his authority, he commanded them to be silent. When he healed the lepers, the lame and the blind, he never took advantage of the occasion to gain status or applause. He instructed the healed people not to broadcast the actions, but to go to the priest and offer the appropriate sacrifice of thanksgiving. How different to some of the celebrities of our day, who like to appear at glitzy venues, Oscars, etc., to keep in the public eye and bolster their images!

Jesus' way to win hearts was a way of gentleness. He spoke to individuals about real issues in their lives. He was truly honest, perfectly compassionate, with a special gift of inspiration which lifted people's spirits and helped them to aim for better things and to reach out to new horizons.

The day will come, of course, in a better world, when he will be recognised as the 'celebrity of all celebrities'!

ACTIVITIES IN AUGUST

These will be curtailed somewhat, but our main service will continue each Sunday at 10 am.

Friends on Friday will also take place during the month at 10 am each week.

Café Church is on Sunday 1st August

For further information contact Julia Faulkner (01473 625482) or John Mellen (01473 624401).

ST MARY'S AND ST MICHAEL'S CHURCHES

The following article profiles two members of our churches – one longstanding and one who joined more recently.

Sid Oldfield recently retired as Organist at St. Mary's Church through ill health. Sid, who served in the last war as an RAF pilot in Catalinas and later bombers, became the regular organist in the 1960's, when we had a choir of over twenty voices. He gave almost fifty years of loyal service, and was always a great help in accompanying the anthems and special services. When he first came to St. Mary's there was a single manual organ (which incidentally went to Hemley Church, and is still there). He arranged the purchase of the present organ from a church in North Wales. His playing is greatly missed and we wish him well and hope he will soon be back to good health.

Karen Turnbull has been Youth Worker at St. Michael's since March 2008. As well as our Church, she covers the Martlesham Christian Fellowship together with Kesgrave and Rushmere Anglian Churches. Karen also has contact with Kesgrave High School where she takes part in lessons at Easter and Christmas, the three Year 10 Conference Days and runs the lower school Christian Union. During school holidays she runs holiday activities and an annual residential trip. Karen is a professional Youth Worker with a BA (Hons) in Community and Youth Work and 11 years experience. Her work revolves around enabling young people to make safe, informed choices as they grow into adulthood. This work includes both life skills and developing faith within a Christian context. Details of regular youth activities will appear in September's issue.



THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd. Ian Naylor, 17 Lark Rise, Martlesham Heath, IP5 3SA
 01473 622424 e-mail: i&jnaylor17@talktalk.net
 CLERGY: The Revd. Heather Cooke, 9 Swan Close, Martlesham Heath 01473 623770
 READER: Carolyn Smith, 74 Heathfield, Martlesham Heath 01473 625630
 ELDERS: Margaret Rollins, 9 Angela Close, Martlesham 01473 623868
 Monica Twaits, 39 Angela Close, Martlesham 01473 623194
 Marian Naylor, 60 Lark Rise, Martlesham Heath 01473 624196

Services for the Month	Brightwell St. John's	Martlesham St. Mary's	Martlesham Heath St. Michael's
Sunday 1st August Trinity 9	8am Holy Communion	11am Holy Communion (BCP)	9:45am All Age Worship
Sunday 8th August Trinity 10	6:30pm Evensong	8am Holy Communion 11am All Age Worship	9:45am Family Communion
Sunday 15th August St Mary the Virgin	8am Holy Communion	11am Family Communion (CW)	9:45am Worship
Sunday 22nd August Trinity 12	6:30pm Evensong	8am Holy Communion 11am Matins	9:45am Family Communion
Sunday 29th August Trinity 13	"Extravaganza!" (Afternoon and evening)	8am Holy Communion 11am No service	9:45am No service
Sunday 5th September Trinity 14	8am Holy Communion	11am Holy Communion (BCP)	9:45am All Age Worship

MIDWEEK SERVICES: Holy Communion each Wednesday at 10am in St Michael's Church Centre.
 Bright Stars is not meeting this month.
A warm welcome awaits you at all our services.

- Please use the following suggestions as a basis for your thanksgiving and intercessions:
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| 5 pray for all those on holiday | 25 residents of The Street and Top Street |
| 6 give thanks for a time of rest and reflection for teachers | 26 for lorry drivers distributing food and essential goods |
| 7 pray for all employees at seaside resorts | 27 for medical staff in our local hospitals |
| 8 pray for all attending our churches today | 28 for all prisoners |
| 9 give thanks for the vision of Mary Sumner who started the Mothers' Union | 29 for prison staff |
| 10 pray for Mothers' Union projects overseas | 30 give thanks for Bank Holidays |
| 11 for residents of The Oaks | 31 remember those living by faith in testing times |
| 12 pray for all those who work through the night | SEPT 1 residents of The Paddocks |
| 13 for spiritual guidance | 2 pray for refugees and asylum seekers |
| 14 for our individual faith journeys | 3 pray for dads living apart from their children |
| 15 give thanks for the Blessed Virgin Mary | 4 pray for mums living apart from their children |
| 16 we pray for scientific advances | |
| 17 for wisdom in decision making | |
| 18 for residents of The Grove | |
| 19 for all countries at war | |
| 20 for world peace | |
| 21 for all staff at Churchgate House | |
| 22 for all ministers sharing God's word | |
| 23 give thanks for times of rest and relaxation | |
| 24 give thanks for the Apostles on St Bartholomew's day | |