martlesham monthly

Incorporating The Talking Martlesham Monthly

JANUARY 2012

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martmonthly@btinternet.com

Or deliver your copy to 19 Farriers Close IPSWICH IP5 3SN, preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

MARTLESHAM MONTHLY ONLINE www.martlesham.org.uk

TALKING MARTLESHAM MONTHLY

Please contact the Editors if you, or someone you know, would benefit from receiving one of the monthly audio tapes. They are available free of charge and are delivered by Royal Mail on the second Saturday of the month. The tape can be returned to Graham Downing free of charge by reversing the address label and dropping the package in a letter box.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM BIRDS

Waxwing (Bombycilla garrulous)

The waxwing is an annual visitor to Martlesham travelling from Scandinavia and Russia where they breed. For the last 5 years the waxwing has visited in the months of January, February and March. The best place to see them is feeding on trees and bushes rich with berries. They live to approx. 5 years

CONTACTING MARTLESHAM MONTHLY

The old g-mail internet address is no longer in use. To send details of your events and information about local clubs and societies, for inclusion in the Martlesham Monthly, please use the address in the side panel: martmonthly@btinternet.com. I will continue to send out reminders when possible.

A Happy New Year to everyone, and thank you to the contributors who have sent me their feedback on the new layout.

Gwynneth Johnson

SCAM ALERT

We all think that we can detect scam phone calls, but the context in which they are received can make a difference to our response. A local resident was caught out during a time when he was receiving calls from his internet service provider to deal with a problem.

If we are tired, busy, or pre-occupied in any way we can inadvertently give out personal information that we would otherwise have withheld, particularly if we haven't spotted the caller display for any reason.

Don't become complacent, always be on your guard when responding to unknown or unexpected 'phone calls.

This area is being targeted at the moment by ALPHA PC CARE who will tell you that your computer is contaminated. BT's advice is "Put the 'phone down".

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back if not available.

Alternatively E-Mail the new E-Mail address martcomhall@btinternet.com

or write to

The Booking Secretary Martlesham Community Hall

Felixstowe Road

Martlesham

Ipswich

IP12 4PB

Ref Martlesham Community Hall Charity Number 1009602

POLICE

Community Police Officer

PC 651 Richard Wright

In case of emergencies please always call 999. In non-emergency situations call the main switchboard on 01473 613500; you can also contact PC Wright on the following numbers for non-urgent matters:

Office: 01473 334980

E-mail:

richard.wright@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 5 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to most 999 calls received by the East Anglian Ambulance Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

We now have or own website, which is updated regularly. Why not have a look at the site www.martleshamcfr.co.uk

For further details contact, Paul and Claire Stockdale 01473 621225. (e.mail: paulpstockdale@btinternet.com)

MARTLESHAM PARISH COUNCIL

New website

We have moved to

http://martlesham.onesuffolk.net where you can view information on the Council and the parish.

Forthcoming meetings:

Parish Council meeting – Wednesday 04 January 2012

Recreation & Amenities – Wednesday 11 January 2012

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB 01473 612632

e-mail: clerk@martleshamcouncil.org.uk website: http://

martlesham.onesuffolk.net for latest news & events

Parish Office opening times:

9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

CHRIS BLUNDELL'S

DISTRICT COUNCILLOR REPORT January 2012

The Local Development Framework - Revised Core Strategy. (LDF-RCS)

By the time that you are reading this it is most likely that the RCS will have been approved by the full council at the special full council meeting held at the Woodbridge Community Centre on the 15th December 2011. All the relevant documents will subsequently be submitted to a Government Inspector for 'soundness' of the Core Strategy.

Housing Development in Martlesham.

With the conclusion of the RCS there will of course be no further reason to delay consideration of the two sets of development plans for new homes both south of Adastral Park and in old Martlesham in the area known as Mr. Pipe's field. We will all have to be vigilant as to just when the plan applications are to be considered

Business Developments at Beardmore Park. It is great to see developments taking place that should result in the creation of many more jobs on our home patch. At the time of writing I understand that the former Focus store will shortly reopen as a 'NEXT' store. I have also had an indication that the former Glasswell's furniture store may see the appearance of an 'ARGOS' catalogue store. As yet the trading plans for the new building being erected alongside the BP Petrol station are unknown to me.

The Police Investigation Centre (PIC).

In my last article I indicated that I would write to the Police HQ with a view to learning more about why so many residents had become apprehensive in the area close to the PIC. The reply I received was merely an acknowledgement of my request and that they would reply to me more fully at a later date.

If you would like to discuss items with me, you can do so either by phone on $01473\ 622716$ or by e-mail to chris.blundell@suffolkcoastal.gov.uk .

Also join me for a chat and a 'cuppa' at St. Michael's Church hall on Monday 9th Jan 2012 between 10.00am and 12.00noon

JOHN KELSO

DISTRICT COUNCILLOR REPORT Suffolk Coastal Local Development Framework (LDF)

I have just returned from the Full Council meeting held at the Woodbridge Community Hall to discuss what should happen next with our LDF.

Various letters have been exchanged between the Council and Richard Buxton the solicitor acting on behalf of the No Adastral New Town (NANT) Group regarding the legality of the processes carried out by the Council so far.

I placed a recommendation to Council that in order to avoid heavy legal fees which would need to be paid by you, the Council Tax payer, they should take on board the issues raised by Richard Buxton in order to avoid an unnecessary Judicial Review. Unfortunately the vote was lost by 10 votes for and 28 votes against with 1 abstention. It was eventually agreed to process the LDF document to the next stage, which is to publish the Pre-Submission Core Strategy and Development Management Policies for another round of consultation. I believe the responses to this consultation will be submitted for an examination in public by an Independent Planning Inspector who may take our concerns on board this time. The consultation is likely to take place in February with the examination in public taking place sometime in the summer with the result being known in late 2012.

The Bloor Homes Planning application

The planning application to build 180 houses at Pipes Field and Mill Farm is unlikely to proceed to the Committee stage until the Spring.

May I take this opportunity to wish you all a Happy , Healthy and prosperous New Year

John Kelso District Councillor Martlesham

SAFER NEIGHBOURHOOD TEAM

A happy New Year to you all from the Kesgrave and District Safer Neighbourhood Team,

For some of you this maybe the first time you have read the monthly Newsletter or you might not be aware of the role of the SNT in your area. Your SNT covers 12 Parish areas Culpho, Great Bealings, Little Bealings, Grundisburgh, Kesgrave, Martlesham, Playford, Rushmere St Andrew, Swilland, Westerfield and Tuddenham St Martin. The Officers deal with a range of issues from visiting local schools and Community Centres to investigating and looking towards longterm solutions for Crime or Anti Social Behaviour Problems in the area. We work with local Councils and many partner agencies in addressing Community issues.

The SNT hold bi-monthly Community Engagement Meetings where the general public have the opportunity to meet their SNT officers, and have input into helping set the priorities for the team. The Next Community Engagement Meeting is due to be held on:

Thursday 9th February 2012, 6.30pm-7.15pm

Tower Hall, Broadlands Way, Rushmere St Andrew, IP4 5SU

You can contact your SNT via the following: telephone using 101 for non-emergency, however always call 999 in an emergency, email the team; kesgrave.snt@suffolk.pnn.police.uk.

Details and further information about your SNT is available by visiting our web site www.safersuffolk.org.uk

Regards

PS 733 Peter Street

Kesgrave and District SNT.

CALLING ALL MUMS

Happy New Year to everyone. The Mums' Club meets at

St. Michael's Church Centre, Martlesham Heath for its January meeting on Tuesday, 10th January between 12.45 and 2.30 p.m. This is a 'Chomp and Chat' meeting and all mums with babies and toddlers are invited to join us for lunch. There will then be an opportunity for mums to chat while their children play.

The next meeting of the Mums' Club will be on Tuesday, 7th February, same time and place, when Jane Cole will give us a taster session of 'Pyjama Drama' with drama games and original songs and music.

The Drinks and Dribbles Baby Cafe will be open in the St. Michael's Annexe between

10a.m. and 12 noon on Thursdays, January 5th and 19th.

All mums and their little ones will be most welcome at all of the above gettogethers.

For more information please feel free to ring Sue on 01473 624130 or Kay on 01473 626169.

HAPPY NEW YEAR FROM BRIGHT STARS

We would like to invite all preschoolers, toddlers, babies and their parents or carers who enjoy singing, stories, crafts and having fun to join us at Bright Stars, a fun children's worship and activity session held on the 2nd and 4th Monday's of each month (during term time) 10:30am at St Michael's Church Centre, Martlesham Heath. The half hour sessions are free and are followed by refreshments and a chance to chat. Why not come and visit us in 2012?

The dates for our spring 2012 sessions are:

January 9th

January 23rd

February 27th

March 12th

March 26th

If you would like any further information please contact:

Jo Dixon Tel.01473-622160 or Sonya Burrows Tel.01473-625196

KESGRAVE CHILDREN'S CENTRE

Kesgrave Children's Centre would like to thank all our families for their ongoing support and to wish everyone a very Happy New Year, we hope everyone had a fantastic Christmas.

2012 is going to be a very exciting year for the team here, as we are finally going to be moving into a new, permanent building. This means we will have similar space and rooms to other local centres and may be able to offer a few different services in our own building. Please be patient we do not have a moving date, so for now will be continuing with a monthly timetable.

A children's centre has qualified early years staff within its team who are there to help and support you as needed.

Many families in this area have needs which cannot be met just by coming along to a Bumps and Babies group or Baby Rhyme time and we have layers of support we can put in place to ensure that your needs are met. If you think we can help with something that is going in your family life, which is causing you or your children concern, please get in touch now.

It may be you are feeling isolated, with no one to talk to or listen to you or just new to the area. You may need to find childcare quickly or help find funding in an emergency. You may be uncomfortable at home or your child or family member has needs that you are struggling to meet and need some help sorting them out.

A member of our team can meet you at the children's centre or in your own home or a venue of your choice. We have access to a wide range of services that can work together to improve your situation quickly and without further worry or upset.

We are open every day Monday to Friday so come and visit us, pick up a timetable, stop and play or have a chat; our staff are here to help. For further information about session venues and times please telephone us on: 01473 636726 and speak to Karen or Jane at Kesgrave Children's Centre.

Other local Children's Centres at Woodbridge (Caterpillar) 01394 388276 and Rendlesham 01394 462191. We are always happy to help

THE SAPLINGS

A Very Happy New Year to all our children and their parents from all of us at the Saplings. We are looking forward to an exciting 2012, with lots of activities available during term-time and throughout the school holidays.

Our friendly, fun-filled SAPLINGS PRE-SCHOOL welcomes children from Martlesham and surrounding areas, and they then leave us to go onto all the local schools including Birchwood, Gorseland, Cedarwood, Waldringfield and Little Bealings.

We would love to hear from any of our parents who may be interested in joining the committee for the preschool. It is a great way to get involved in the running of the pre-school and you would be made very welcome, so please just speak to any member of staff to find out more

Now successfully well established, our 'SAPLINGS BREAKFAST & AFTER SCHOOL CLUB' is open to pre-school and primary school children from 7.30am with breakfast and a walking bus to Birchwood Primary School, (price: £3.90). The After School Club runs from 3.30pm till 6pm, includes a pick up from Birchwood Primary School and a light meal (price: £9.50).

We also run the 'SAPLINGS HOLIDAY CLUB' during every half term and school holiday for children aged from 2 years old up to age 11. Term time flies by and its never too early to make a booking for your child's place at the holiday club.

For further information on any of the above, please call us on 01473 614753 or email news@thesaplings.org.uk.

GIRLGUIDING MARTLESHAM DISTRICT

We are a thriving District with 1 Rainbow Unit, 4 Brownie Packs, 1 Guide Company & 1 Ranger Unit.

For more details about Guiding in Martlesham, please contact the following:-

Jo Dixon Martlesham District Commissioner 01473 622160 Chris Cooper Martlesham District Wait List Co-ordinator 01473 626024

MARTLESHAM WI

Our last meeting included our AGM when the President, Secretary and Treasurer were all re-elected together with the present Committee members. We then enjoyed an interesting presentation by Mr. John Denny a local magistrate since 1992. He was accompanied by Lorrie Safe who was previously a prison officer and now worked as a Probation officer. We were given a scenario of a crime report from a newspaper to read and were asked to give an opinion regarding sentencing. Mr. Denny explained how the Probation service works and gave us a detailed insight into the way the Magistrates' Courts operate. It was interesting to note that following his talk and after reading the summary of facts relating to the crime most of us changed our minds about how we would deal with the sentencing.

It was certainly an eye-opener to hear about some of the cases the Courts have to deal with each day and the way in which society has changed over the years.

Our next meeting will be in the Richards Room, Felixstowe Road at 7.30 p.m. on 20th January. Pauline Walker will give a talk on 'My life with the Co-op Juniors'. Do feel free to come along either as a visitor or with a view to joining our small friendly group. Contact can be made to Susan Cunliffe on 01394-382199.

Barbara Bown

MARTLESHAM, LADIES CLUB

Our meeting on the 1st. December produced another entertaining one, Paul Mothersole gave us a slide show beginning with 'The Isle Of Skye', followed by 'Powys Castle' then 'Autumn Leaves', all with appropriate backing music, with the finale of magnificent scenes from around the country backed with Louis Armstrong singing 'What a Wonderful World' - wonderful indeed!

By the time you read this we would have had our Christmas Party on December 15th. We will be resuming meetings after the Christmas recess on the 12th January, with a pre-booked Christmas Lunch for 39 members at the Waldringfield Golf Club on the 19th, our programme continues to be full and varied with most tastes catered for.

More details about our fortnightly meetings in the Richard's Rooms can be obtained from our Chairman on 01473 622768.

LOCAL COUNTRY MARKET

Happy New Year to all.

We have heard nothing but gloomy predictions for 2012 ,but be assured your Country Market Producers will continue to provide the community with a wide selection of good quality products at realistic prices. We shall maintain our ranges and add new products where possible throughout the year. We will of course offer our usual services for outside catering, and aid the local charities in their fund raising.

Our opening hours remain the same – at Martlesham Heath every Tuesday 0900 – 1015 at The Pavilion, and at Kesgrave Scout H/Q each Saturday 0930 – 1130. For further information please visit our website www.martleshammarket.co.uk.

Margaret Gayfer

1ST MARTLESHAM SCOUT POST 2011 again. Thanks also to Stuart Cooke for

I am writing to thank everyone who took part in the Scout Christmas post for 2011. In total Martlesham Scouts will have handled 4169 cards which includes 204 cards for us from our own boxes. This is a FANTASTIC total for us and is about 5% up on last year.

All the money will go to the scouts for fundraising. My thanks go to Duncan's Butchers, Black Tiles post office and BT for allowing us to use their premises again. Thanks also to Stuart Cooke for looking after the BT box for us. Special thanks though go to all the residents of Martlesham and Martlesham Heath for using our service again this year.

Simon Smith

Martlesham Scout post

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the group, becoming a helper or hiring of the Scout HQ please contact Sarah Cooke on 01394 387858.

MARTLESHAM IN BLOOM

TREES FOR THE DIAMOND JUBILEE OF THE QUEEN'S REIGN

In February 2012 it will be the Diamond Jubilee of the Queen's accession to the throne and Martlesham in Bloom is celebrating this by planting three commemorative trees in the parish. One tree has been sponsored jointly by the Girlguiding Martlesham District and 1st Martlesham Scout Group, the other two by local residents and Martlesham In Bloom; the planting date is being planned for February.

BULB PLANTING

Daffodil bulbs have recently been planted by Martlesham in Bloom on Eagle Way next to the pathway that leads down to the subway, look out for a bright display when these bulbs flower in the spring.

Our next event:-

Jumble and Plant Sale

Saturday 18th February 2012

10.00 am to Noon

in the Pavilion. Martlesham Heath

(jointly with Martlesham Community Council)

We wish everybody a Happy Gardening New Year.

If you would like any further details on the above or any other Martlesham in Bloom activity please contact

J Maureen Burrows (Secretary) on 01473 625196.

ALLOTMENTS - THE LATEST

MALGA, the Martlesham Allotment and Leisure Gardeners Association, has been working with Martlesham Parish Council - to secure a lease on a piece of land for allotments, located near to the A12, just south of BT Adastral Park.

As 2011 draws to a close, we are still waiting for the County Council to complete drawing up a lease, to lease the land to the Parish Council.

The Parish Council has agreed to set up a working group with two Council members and two MALGA reps, to work through the subsequent detailed planning and organisation needed. The intention is for MALGA to be responsible for the day-to-day management of the allotments ultimately.

MALGA will be holding its Annual General Meeting in the New Year, where next year's committee will be elected. It will also be a good chance to get an the latest news on progress with the allotment land lease and MALGA's plans. The AGM will be on Tuesday 10 January 2012, at 7.30pm, at St Michael's Church Centre (Annexe).

2012 - the year of the allotment (we hope)!

If you'd like to get in touch or are interested in joining MALGA please, either send an email to malga@btinternet.com or call me on 01473 622721.

Ian Read MALGA

MARTLESHAM COMMUNITY COUNCIL

REGISTERED CHARITY NO 273769

The Council would like to thank the following for donating prizes for the raffle held at the Craft Fair on 29th October 2011, They are Post Office Stores, Pedal Power, Tesco's, Douglas Bader, Deben Inns, Roselea Nursery, The Farmhouse, Kesgrave, The Regent, Ipswich, The Spa Pavilion, Colchester Zoo, Olav, Hairdresser, Ipswich and the unknown person who donated a Tin of sweets.

Our Next Fundraising event is on Saturday 18th February 2012 when we will be holding a "JUMBLE< PLANT and BOOK SALE" in the Pavilion, Martlesham Heath, If anyone has any "Bric a Brac" etc, please contact Jackie Bear on 01473-623007

MARTLESHAM HEATH AVIATION SOCIETY

Our December meeting was a light hearted talk by Mark Michels entitled, "Character of East Anglia".

Mark is an entertaining speaker and the audience was fascinated with his "take" on well-known subjects such as Dick Turpin and the "Red Barn Murder".

Another successful and very well attended meeting. A vote of thanks was given by our own archivist, Alan Smith.

Our next meeting will be held on January 6th in the Community Hall, Felixtowe Road as usual. Mr Ronald Godbold will be delivering an illustrated talk, "Between the Skylarks". The audio-visual presentation of some 300 slides is set to music and sound recordings depicting the history of air warfare from the end of the Great War to the Falklands. Many of the slides contain not only aircraft, but also some familiar Suffolk landscape and buildings.

All meetings start at 7.30pm with a midsession break for tea and coffee. Nonmembers are welcome for a payment of just £2.50 at the door.

On behalf of all our members I would like to wish everyone a Happy New Year.

Alan Powell 622458

The Martlesham Heath Pavilion

The Martlesham Heath Pavilion has the following times available for bookings:

Weekly

Thursdays 12.00pm-6pm Fridays 8.00pm-11pm

Fortnightly

Tuesdays 7.30pm-11pm
Thursdays 9.00am-12pm 2nd and
4th Thursday of each month

Monthly

Thursdays 9.00am-12pm 3rd
Thursday of each month

The Pavilion is a great location for a children's party at weekends.

If you want to book Martlesham Heath Pavilion or need more information please call Becky on 07732 199 712

Alternatively, you can book via our website:

www.martlesham.org.uk/pavilion/ index.htm which also contains details of our current rates and hiring conditions.

PUT A NEW YEAR'S RESOLUTION INTO PRACTISE AT SPEAK EASY AT MARTLESHAM

Is one of your New Year's resolutions to increase your confidence socially or at work, or perhaps to improve your public speaking or presenting and to enjoy doing it? If so why not come along to Speak Easy at Martlesham Speakers Club for the chance to work on it. We are affiliated to Toastmasters International and each meeting provides opportunities for members to take on roles and give short speeches in a friendly and light hearted atmosphere.

We meet on alternate Thursdays in the Richards Room, Martlesham Community Hall, Felixstowe Road, Martlesham (behind the Tesco superstore). Meetings are 7.00 pm for a 7.15 pm start and finish at 9.30pm. Guests are always welcome to attend, we look forward to seeing you.

Future Speak Easy at Martlesham meetings 2012:

January 5th

January 19th

February 2nd

February 16th

Further details can be found at www.speak-easy.org.uk (Please note the new website address)

Or call

Dave Nightingale Tel. 07969 598633 or Sonya Burrows Tel.01473 625196

GIVE BADDERS A BASH IN 2012!

If your New Year's resolution is to become generally more active then give badminton a go! Sessions are held at Kesgrave sports centre on Tuesday morning between 9.30am and 10.30am.

Players are guided through one or two aspects of the game whether technical or tactical and then enjoy social games of singles and doubles for the remainder of the session.

Badminton is a great way to increase agility, speed and improve fitness. In addition, you mix with like minded people and make new friends.

Zeta Wright, badminton coach, has been taking this session for a couple of years and has seen many players improve considerably during this time. Players enjoy the social aspect of the game as well as the healthy competition.

If interested in trying a session then contact Zeta on 07593642126 or activezw@hotmail.co.uk. Details can also be found on the Suffolk badminton association website www.suffolkbadminton.co.uk

KEEP FIT CLASS

The Tuesday morning Keep Fit sessions at St Michael's will resume after the Christmas holidays on 3rd January. These low-impact exercise to music classes improve stamina, strength, flexibility and are fun and easy to follow. For details of this and other local classes please phone Julia on 01473 620511.

THE ROTARY CLUB OF WOODBRIDGE Deben Group thank the Residents of Martlesham Heath for their donations when the Santa Sleigh called. We raised the sum of £926.47p. Which is excellent, again thank you all very much.

To give you some Idea of how the money is spent this figure is a part of the £5,000 plus The Rotary Club of Woodbridge Deben use for donations Locally, Nationally and Internationally. Amongst the Charities are a Boat Trip from Waldringfield on the 'Jahan' boat for local senior Citizens, Kids out, a day when Rotarians themselves take Disabled/disadvantaged Local Children out for the day.

In the paper you may have seen about The Rotary Young Chef of the year which we organised at Farlingaye School. We will sent another £500 to the East Anglian Childrens Hospices and a donation of £350 to the local N.S.P.C.C. Internationally one of the major items we undertake is the Aqua and Shelter Boxes which are life savers sent very soon after Earthquakes, Floods etc. strike anywhere in the world. Once again thank you for our help with the money raised.

If you have any query or would be interested in finding out more about Rotary and the Deben Club in particular please get in touch with me Rotarian Ian O'B. Baker Home Meadows, Martlesham, 07747 610 894

THE LIONS CLUB OF WOODBRIDGE & DISTRICT

At the time of writing, buying groceries for the Christmas parcels project is well underway, along with the associated fundraising collections at the Turban Centre, Tesco Martlesham Heath and around the streets of Woodbridge & Melton. More details in next month's newsletter.

Even at a busy time, it is interesting to note just how varied the activities of the Lions can be. Nationally there is a long standing partnership with TACADE, a charity which produces educational resources. We heard a short account from an Advisory Teacher of how the resource packs are used in schools the benefits to the children concerned.

Our thanks to everyone who has supported us over the course of 2011, whether with donations, voluntary assistance or just taking part in our events. May we wish everyone a happy and healthy New Year.

Supplied by Peter See

On behalf of the ions Club of Woodbridge & District

THE BIRCHES PATIENT PARTICIPATION GROUP

'An Audience with......'

On 23rd November over 75 people came along to Kesgrave Community Centre where they were treated to two very interesting talks from Dr Nick Edwards and Dr Darren Cave.

Dr Cave told us about his time at the Baragwanath hospital in Soweto, South Africa, illustrated by a number of photographs. This was a very different health service where one of his first tasks was to decide on a weapon of choice! It was a busy hospital, where he was involved in treating many types of serious knife wounds. Despite the risks and the work, the staff morale remained high and the system was very efficient as it wasn't weighed down with bureaucracy and red tape like our NHS.

Dr Edwards gave us a real insight into everyday working life at the Birches

(Continued on page 7)

MARTLESHAM CHRISTIAN FELLOWSHIP

Black Tiles Lane, Martlesham "Promises !, Promises !...." In the Mega Business world and in Politics so much has depended on people keeping their promises. The impression nowadays is that Loyalty and Trust, which used to be the 'oil' in smoothing transactions, are sadly lacking, to everyone's detriment. God made many promises hundreds of years before Jesus came, to people like Abraham, King David and the prophet

Isaiah. These were fulfilled in the Birth,

Life, Death and Resurrection of Jesus

Christ.

In the new year ahead, all unknown to us, we can, with faith, know the companionship of God, who does know where the path of life will lead us. Jesus promised His disciples, before He left this earth - I am with you always, even to the end of the age". Why not let Him walk beside you in the year 2012 **ACTIVITIES IN JANUARY SUNDAYS** Worship and Communion - 10.00 a.m. **TUESDAY CIRCLE** (David Adams - Bee-keeping)

WEDNESDAYS

Housegroup - 7.30 p.m.

THURSDAYS

Mums and Toddlers - 10.00 a.m.

FRIDAYS

Friends on Friday - 10.00 a.m.

For further information contact John or Ruth Mellen 01473 624401

BRIGHTWELL CHURCH

A Happy New Year to all!

BRIGHTWELL MEN IN SHEDS at the cutting edge!

I note from my insertion in the January 2011 edition of MM that we were announcing the beginning of the Men in Sheds Group at Brightwell, and this got under way as planned and has been thriving ever since. It speaks for itself that everyone who came to the initial meeting still attends regularly. We have undertaken and share lunch at the Church Hall on a variety of projects along the way as appropriate to the seasons, inside and out, and there seems to be a vogue for mini indoor helicopters at present! In January we will be setting about providing a number of nest boxes for use in the churchyard.

A recent article in the Daily Telegraph detailed the benefit to men's health of

MARTLESHAM CHURCH FUNDRAISER

Martlesham churches are planning their 1st fundraising event of 2012. on 4th February 2012 at 7pm; A BEETLE DRIVE at St Michaels Church Centre, it includes nibbles and a drink and there will be a raffle on the night Tickets are £3.00 and available from

ANN BERG on 01394 387049

meeting together in sheds giving relaxation and longer life. Our oldest member recently celebrated his 90th birthday so it obviously works! We extend a warm welcome to any man wanting to join -use contact detail below or 01473624130.

Brightwell PCC will be holding a bring Thursday 19th January which will be open to anyone who would like to join us. 12.30pm for 1.00pm. A warm welcome awaits you- weather permitting!!

Geoff Lambert PCC Secretary brightwellpcc@btinternet.com www.achurchnearyou.com

(Continued from page 6)

Medical centre. The doctors are self employed and contracted by the NHS to provide a service and holding surgeries is just part of their work. Their list of responsibilities was endless and clearly demonstrated a tremendous workload. He left us with some sobering but, unsurprising statistics in that, according to GP Magazine, 54% of GPs are considering retiring due to workload pressure.

The talks were followed by a lively question and answer session that continued over refreshments. General feedback very positive and people had found the evening informative and interesting.

The patient group would like to say a big 'Thank you' to the doctors and staff from the Birches for their time, to everyone who attended and for their feedback and suggestions for further events.

MARTLESHAM CHRISTIAN FELLOWSHIP

This Fellowship is an independent, evangelical Church, situated in Black Tiles Lane, adjacent to the Primary School.

The Fellowship grew from a small Sunday School at Bloomfield's Farm, some 60 years ago.

Several helpful activities are run by the members—a mums and toddler's group, Tuesday Circle for women and Friends on Friday, a relaxed, informal time with varied activities for senior folk. It is hoped to recommence the popular After School Club, for years 5 and 6 in the near future.

Our main worship and teaching time is on Sunday mornings at 10m.. We endeavour to be a warm and welcoming Church, in a relaxed, informal atmosphere.

There is a high standard of Scriptural teaching, aiming to show the relevance of the Christian Faith to modern life and the complex problems of families and communities. These services are shared between local members and visiting speakers.

We have no desire to 'poach people from the many excellent local Churches! But if you are looking for a spiritual home, or wish to explore the Christian Faith, you will be made very welcome at this Church

> "We preach Christ, and Him Crucified" John Mellen and Ted Jack (Church leaders) 01473 624401

Building God's Family Together

THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: (Vacant) 17 Lark Rise Martlesham Heath IP5 3SA

Church Contact phone number: 01473 622424

CLERGY: The Revd. Heather Cooke 9 Swan Close Martlesham Heath. hcookema@aol.com

READER: Carolyn Smith 74 Heathfield, Martlesham Heath.

ELDERS: Margaret Rollins 9 Angela Close, Martlesham. 01473 623868

Liz Welham 23 Deben Avenue Martlesham Heath. 01473 622709

Lynn Wilder Kenton Nr Debenham. 01728 860627

SERVICES FOR THE MONTH	Brightwell St John's	Martlesham St Mary's	Martlesham Heath St Michael's	
Sunday 1st January New Year's Day	8am Holy Communion	11am Benefice New Year Service	No Service	
Sunday 8th January Epiphany	6.30pm Evensong	11am Family Worship	9.45am Family communion and Junior Church	
Sunday 15th January 2nd Sunday of Epiphany	8am Holy Communion	11am Holy Communion (CW)	9.45 am Worship and Junior Church	
Sunday 22nd January 3rd Sunday of Epiphany	6.30pm Evensong	11am Matins	9.45am Family Communion and Junior Church	
Sunday 29th January Candlemas	9.45am Benefice Service and Baptism at St Michael's			
Sunday 5th February 3rd Sunday before Lent	8am Holy Communion	11am Holy Communion (BCP)	9.45am All Age Worship	
			6.30pm Informal Worship	
MIDWEEK SERVICES	Holy Communion each Wednesday at 10 am in St. Michael's Bright Stars meet on Mondays 9 & 23 January			
	A warm welcome awaits you at all our services			

Prayer Diary for January 2012

Please use these thoughts as an addition to your daily prayers and pray for:

5th	Pray for children going back to school	21st	Pray for those striving with pain and sickness
6th	Give thanks for the example of the Magi	22nd	Open the eyes of the faithless
7th	Pray for all parents and God parents	23rd	Pray for the lonely
8th	Pray for all babies being christened today	24th	Pray for social equality
9th	Pray for all home carers	25th	Give thanks for St Pauls conversion
10th	Pray for all hospital workers	26th	Pray for residents of Netherwood Court
11th	Pray for residents of Mayfield Lane	27th	Pray that we use God's gifts in a positive way
12th	Pray for persecuted Christians	28th	Pray for the hungry
13th	Give thanks for the bible and all written word	29th	On this Homeless Sunday pray for the homeless
14th	Give thanks for our beautiful creation	30th	Thank God for our homes
15th	Pray for Spiritual guidance	31st	Pray for those who make decisions in powerful
16th	Pray for the state of our nation	places	
17th	Give thanks for all Christian volunteers	February 1st Pray for residents of Newbourne Road	
18th	Pray for residents in Mill Lane	2nd	Give thanks for our education
19th	Pray for Christian Unity	3rd	Pray for all teachers
20th	Pray for the oppressed	4th	Give thanks for modern miracles