

martlesham monthly

Incorporating The Talking Martlesham Monthly

JULY 2012

Editor: Gwynneth Johnson

Advertising: Paul Firman

45 Lark Rise (01473 622874)

Leaflets: James Barter

(01473 625384)

Collation and Assembly: Kay Hall

(01473 626169)

Distribution: Rob Webb

(01473 625786)

Talking Martlesham Monthly:
Graham Downing (01473 623861)

Latest copy date is the 12th of the preceding month.

Please e-mail contributions to :

martmonthly@btinternet.com

Or deliver your copy to

19 Farriers Close IPSWICH IP5 3SN,
preferably word processed.

In order to standardise the publication of telephone numbers, all contributors are asked to include their STD code with their telephone number. Contributors are also requested to limit their articles to approximately 250 words.

MARTLESHAM MONTHLY ONLINE

www.martlesham.org.uk

TALKING MARTLESHAM MONTHLY

Please contact the Editors if you, or someone you know, would benefit from receiving one of the monthly audio tapes. They are available free of charge and are delivered by Royal Mail on the second Saturday of the month. The tape can be returned to Graham Downing free of charge by reversing the address label and dropping the package in a letter box.

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM BIRDS

July-Long Tailed Tit (*Aegithalos caudatus*)

The long tailed tit is a very social bird and lives in flocks. Their nest can be found in thorny bushes and is made from cobwebs, hair, moss and feathers. Their life span is 2-3 years.

POLICE

Community Police Officer

PC 651 Richard Wright

In case of emergencies please always call 999.

In non-emergency situations call the main switchboard on 01473 613500 or the new number 101.

You can also contact PC Wright for non-urgent matters:

Office: 01473 334980

E-mail:

richard.wright@suffolk.pnn.police.uk

Or the Safer Neighbourhood Team

kesgrave.snt@suffolk.pnn.police.uk

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 5 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to most 999 calls received by the East Anglian Ambulance Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

We now have our own website, which is updated regularly. Why not have a look at the site **www.martleshamcfr.co.uk**

For further details contact, Paul and Claire Stockdale 01473 621225.

(e.mail:

paulpstockdale@btinternet.com) or see

our web pages on

www.martlesham.org.

MARTLESHAM VILLAGE HELP DESK

Your Problem Is Our Problem

IF YOU WISH TO DISCUSS A PROBLEM OR ANY OTHER TOPIC, PLEASE COME TO THE PAVILION, THERE WILL BE SOMEBODY THERE WHO CAN HELP YOU

IT IS ALL FREE

10.00am – 12.00pm.

SATURDAY 7th JULY 2012

MARTLESHAM HEATH PAVILION

No matter what your problem is The Village Help Desk can help you.

There will be a representative from

The Parish Council,

Martlesham Heath Householders Ltd

The Suffolk Constabulary

District Councillors

County Councillor

FREE ADVICE FROM A SOLICITOR – Barker Gotelee

MOBILE LIBRARY TIMES FOR JULY

The mobile library is expected to visit on the following days/times in July:

Tuesday 3rd, 17th and 31st
Falcon Mobile Home Park: 2:15-2:45pm
Douglas Bader: 2:55-4:30pm

Thursday 12th and 26th:
Douglas Bader: 10:20-11:45am

Wednesday 11th and 25th:
Angela Close: 1:40-1:50pm
Redwold Close: 1:55-2:05pm

MARTLESHAM PARISH COUNCIL

Vacancy for a Parish Councillor - Your Village Needs You!

The Council is in a position to appoint a councillor by co-option and several parishioners have expressed an interest. It is therefore likely that the Council will make an appointment at its meeting on 4 July 2012. If you still might be interested, please contact the Clerk for further information.

BMX Trails: Project update

We are pleased to report that the landscaping work is now complete and arrangements are in hand for the installation of signs and the Royal Society for the Prevention of Accidents (RoSPA) inspection. It is anticipated that the facility will be open for general use from the end of July although this does of course depend on a successful inspection and the completion of any recommended changes. The Parish Council have agreed to name the facility the Diamond Jubilee Bike Trails and are considering a formal opening. Please keep an eye on our notice boards for details of the opening date and arrangements.

Music on the Green - 21 July 2012

We will have a stand at Music on the Green, please come along to find out what we do and to raise any matters about the Parish. Neighbourhood Planning is a hot topic following the Localism Bill and we will have information on this subject as well as a display of our activities. Please take the chance to "pop-in" and say hello.

Suffolk Waste Partnership (SWP) Trial Kerbside Textile Recycling Scheme

Suffolk Coastal District Council has informed us that the SWP has designed a scheme whereby residents will be provided with a specially designed textile recycling bag that can be placed into the existing recycling bins for collection once a fortnight. The focus of the scheme is to reduce the levels of textiles currently present in residents' refuse bins, which is being sent to landfill. Residents will be strongly urged to continue to support their local charity shops and textile recycling banks. SCDC inform us that all the necessary information will be provided before the anticipated launch of the scheme in early July 2012.

Forthcoming meetings:

Parish Council meeting – Wednesday 04 July 2012

Recreation & Amenities committee meeting – Wednesday 11 July 2012

No Parish Council meeting in August
Development Plans Committee – 08 August 2012

Parish Council meeting – Wednesday 05 September 2012

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB 01473 612632
e-mail: clerk@martleshamcouncil.org.uk
website: <http://martlesham.onesuffolk.net> for latest news & events
Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

MARTLESHAM HEATH AVIATION SOCIETY

**Our
Control Tower museum
is now open**

Sunday afternoons
from 2 to 5pm.

**Come and see the
extraordinary aviation history
of
Martlesham Heath.**

CHRIS BLUNDELL'S DISTRICT COUNCIL REPORT FOR JULY

The Local Development Framework (LDF). From now on the LDF is to be known as 'The Local Plan'. The Government Inspector who is currently examining the Core Strategy for soundness has, I understand, requested some further clarification on a number of issues that have in the past given your local councillors cause for serious comment. These issues relate to such matters as dealing with the foul water effluent from the possible new housing since the current system is already at capacity according to the reports that I have read. Another persistent issue on which the inspector is seeking clarification is that of recreational areas e.g. the country park and the 'mitigating factors'. It remains to be seen how these and other matters are finally resolved to the satisfaction of the inspector.

The Spa Pavilion Felixstowe. This is a venue that I and many others have enjoyed using for many years, unfortunately in this time of high expense SCDC can no longer afford to give the necessary long-term financial commitment to the theatre that currently receives around £250,000 a year and which needs at least £3 million in maintenance and improvements to bring it up to modern standards. However, the Spa is set to stay open until after Xmas 2012 and currently has a packed program of attractions. For full details see: www.thespavilion.org Let us hope that some enterprising business entrepreneur can find a way to keep the spa as a theatre open.

The BT and Bloor Homes applications are yet to be determined so please be vigilant as to any announcement as to when these applications will be considered by the relevant development control sub-committee. If you would like to discuss these or any other matters with me, you can do so either by phone on 01473 622716 or by e-mail to chris.blundell@suffolkcoastal.gov.uk.

MARTLESHAM HEATH HOUSEHOLDERS

Open meeting – we recently held an open meeting focussing on the Western Corridor and its SSSI status. If the meeting was judged by lively debate alone then it was a roaring success! The 24 members who attended saw a presentation by Phil Smith of MH SSSI Limited followed by a Q&A session. The main focus of this was the recently erected signs regarding dog walking restrictions. By the end of the evening a consensus was broadly reached that dogs were required to be under control but not necessarily on a lead. This is particularly important during the nesting season between March and August and is one of the recommendations of Natural England. Other ideas broached were designated walking paths, areas of heath land clearly marked not for walking on or through and more communication about the subject including less abrupt signage!

Dog fouling – we would like to send an urgent plea to all dog owners to clear up after their dogs. We have noted ourselves and had many comments from members on the increased amount of dog excrement on paths and walkways around the heath. Dog bins are provided by Suffolk Coastal, so please use them as many dog owners do! This is a real health hazard and extremely unpleasant.

The next open meeting is scheduled for July 16 at the Church Centre Extension. This will take the form of a MHH surgery – “Meet the volunteers and see what you can do to help”.

To contact MHH please leave a voicemail on 01473 612207, send an email to mhh@martlesham.org.uk or write to PO Box 897, Martlesham Heath, Ipswich, Suffolk IP1 9PB. Volunteers always welcome to help MHH maintain and improve the village.

MARTLESHAM HEATH BABY AND TODDLER GROUP

Hopefully the weather will have perked up by now and we are looking forward to a school summer holiday full of lounging about outside and searching for the sun cream! Our last summer sessions are on Wednesday 18 and Friday 20 July in which we will be indulging in Olympic themed activities and keeping our fingers crossed in order to win the stupendous Olympic raffle. We currently have no activities planned for the summer holidays, but this may change! Keep an eye on our Facebook page for updates.

We return in the autumn on Wednesday 05 and Friday 07 September at our usual time of 9.30-11.30 am in Martlesham Pavilion. We're a friendly and relaxed toddler group, with an emphasis on coffee and biscuits and a tendency towards chatting too much. If you're looking for somewhere to take your little ones for a change of scene on Wednesday or Friday mornings, why not give us a try?

mhhbabyandtoddlergroup@yahoo.co.uk

BRIGHT STARS

If you are a preschooler, toddler or baby why not come and join us at Bright Stars with your parents or carers for our final session of the summer term? Bright Stars is a fun children's worship and activity session held on the 2nd and 4th Monday's of each month (during term time) 10:30am at St Michael's Church Centre, Martlesham Heath. The half hour sessions are free and are followed by refreshments and a chance to chat and play. You are welcome to come to one, several or all of our sessions, whatever suits you. Why not come and visit us?

The remaining session date for our summer term 2012 is:

July 9th

If you would like any further information please contact:

Jo Dixon Tel.01473-622160 or Sonya Burrows Tel.01473-625196

MARTLESHAM

CONSERVATION GROUP

The next working party for Martlesham Conservation group will take place on Sunday 8th July at 10 am. Please meet outside the Douglas Bader. We plan to survey the butterflies present on the heath SSSI and attempt to count the Silver Studded Blue butterflies. All are welcome.

The poor weather earlier in the year continued into June and so it has been difficult to spot many butterflies on the wing. In the brief spells of warmer, sunnier days it was possible to see sparse numbers of some of the heathland /grassland species such as the Brown Argus, Green Hairstreak, Small Copper and Common Blue with an occasional larger species such as the Painted Lady. It is hoped that the cool weather will not have had a too detrimental effect on the population of our colony of Silver Studded Blue butterflies. Please come and join us and help to count them. What a contrast from last year, the adult Silver Studded Blues had emerged at the end of May, the earliest date on record, so far at the time of writing (12th June) no adults have been seen.

Many thanks to those who joined us on our work party on 10th June cutting and clearing bracken, helping to encourage the recovery of areas of heather and acid grassland, before they could be smothered by the invasive and wildlife deficient bracken. Well done to all of you.
PHIL SMITH 01473 625630

CALLING ALL MUMS

The Mums' Club meets at St. Michael's Church Centre, Martlesham Heath on Tuesday, 3rd July between 12.45 and 2.30 p.m. for a Bring and Share Picnic on the Green. (In St. Michael's if wet). All mums with babies and toddlers are invited to join us - just bring along a small quantity of food to share and maybe a blanket to sit on and enjoy each other's company.

Looking ahead - please note there will be no meeting of the Mums' Club in August. We meet again on Tuesday, 11th September.

For more information please ring Sue on 01473 624130.

MARTLESHAM COMMUNITY COUNCIL

Registered Charity no 273769

Our next events:-

Craft Fair

Saturday 27th October 2012
St Michael's Church Centre,
Martlesham Heath IP5 3PL

If you would like to have a stall to sell your craft at our annual Craft Fair, please contact the Secretary, Jackie Bear on 01473 623007 to book a stall or for more information.

Jumble, Plant and Book Sale

Saturday 16th June 2012

We apologise that this event had to be cancelled at short notice due to unforeseen circumstances. Our next sales are:-

Book and white elephant sale –

Saturday 18th August in
Martlesham Village Hall, Top Street,
Martlesham IP12 4RD.

Jumble, Plant and Book Sale –

Saturday 17th November in
The Pavilion, Martlesham Heath
IP5 3PL.

If you would like any further details on the above or any other Martlesham Community Council activity please contact the Secretary, Jackie bear on 01473 623007.

RSPCA

Why not come along to our Martlesham Animal Centre and be part of our

Pet Awareness Day and Fun Dog

Show on Sun 1st July. Joining us will be other animal charities and there will be stalls, refreshments and a yummy BBQ. 11.30am start.

Please call 01473 6213280 or email martlesham.rspca@btconnect.com for further info

Summer Quiz on Sat 14th July, at St. Michael's Church Centre, Martlesham, IP5 3PL. Doors open at 7 for a 7.30pm start.

For info and booking please contact Kate on 01449 614057.

Tickets £6 each – ticket price includes nibbles. Soft and hot drinks available to buy but please bring your own alcohol. Teams of up to 6 people. Raffle

PORTAL WOODLANDS CONSERVATION GROUP

The volunteers have been busy keeping the paths open by clearing windblown trees and branches. The Nature Explorers in May surveyed the Hazel Area for small mammals and were delighted to record wood mouse, bank vole and for the first time common shrew. The Nature Watch members learned all about reptiles and amphibians which included a fun pond dipping session

Dates for the diary:

Nature Watch Club

Saturday 7th July 10:00am-Noon

Subject Moths

Meet at the Control Tower

Woodlands Work Morning

Saturday 21st July 10:00am-Noon

Meet at the Education Area

(at the Control Tower end of the woods)

Nature Explorers

Saturday 21st July 9.00am to 11.00am

Meet at the Education Area

It is essential to book a place on Nature Watch or Nature Explorers events by sending an email to pwcg.naturewatch@martlesham.org.uk

Please note there are no activities in August.

Dates for 2012 Work Mornings, Nature Watch and Nature Explorers are now available at <http://pwcg.onesuffolk.net> For more information about PWCG and its activities or if you have any questions please email us at pwcg@martlesham.org.uk or phone Martlesham Parish Council on 01473 612632

THE SAPLINGS

The Graduation ceremony for all our Summer Term leavers going on to Reception Class at the local primary schools will be held on Friday 13th July at 1.30pm. The children will all be wearing mortar boards they have made and will be presented with a diploma and leaving gift. We wish them all the very best as they begin at their primary schools in September.

Also in July, we will be holding a stand at Music On The Green on Saturday 21st July and will have face-painting, Teddy Tombola and Pound in a Bucket, so please do come along and visit us during the day. All funds raised will be used to further equip our wonderful new outdoor play area.

During term-time, we offer childcare from 7.30am to 6.00pm for ALL children aged 2 to age 11 years with a breakfast before school and a light cooked tea served after school. We offer a 'Walking Bus' for children to and from Birchwood Primary School.

We have highly qualified, experienced staff who ensure each child is treated as an individual and is given opportunities through play to progress their development. Our full-time Manager, Irene Greenfield, holds 'Leading Practitioner Status' and therefore ensures 'The Saplings' provides high quality childcare with the highest standards of best practice and care.

For further information on any of the above, please call us on 01473 614753, email news@thesaplings.org.uk or visit our website www.thesaplings.org.uk.

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the group, becoming a helper or hiring of the Scout HQ please contact Sarah Cooke on 01394 387858.

GIRLGUIDING MARTLESHAM DISTRICT

For more details about Guiding in Martlesham, please contact the following:-

Jo Dixon Martlesham District
Commissioner 01473 622160

Chris Cooper Martlesham District Wait
List Co-ordinator 01473 626024

MARTLESHAM IN BLOOM

SUMMERGARDEN COMPETITIONS 2012.

For Martlesham Parishioners & Businesses to enter:

Because of the recent bad weather the closing date for the above has been extended to Monday 9th July 2012 .

Entry is free and the competitions will be judged by Martlesham in Bloom committee members by early August.

If you would like to take part or know somebody who would, please contact the Secretary below for further details and an entry form.

(A) Most Attractive Summer Front Garden.

The Martlesham in Bloom Cup.

(B) Most effective use of hanging basket(s) and/or container(s) in the front of your property

The Meadhome Cup (Home Meadows Nursery Ltd).

(C) Best Summer Floral or Planting Display at a Commercial or Business premises.

The Martlesham in Bloom Commercial Cup.

(D) 'Your' Back Garden

The Martlesham in Bloom Shield.

If in any of the above there is a display celebrating the Diamond Jubilee and/or the Olympics/Paralympics please give details on the entry form.

The Martlesham in Bloom Committee may also give an award to the Best New Entry in any class

The competitions will be judged by Martlesham in Bloom committee members by early August. Martlesham in Bloom reserves the right to photograph all entries for Martlesham in Bloom purposes.

For (D) the date and time of judging to be arranged with the entrant.

All entries, except for (D), must be able to be viewed from the road or other publicly accessed area.

Please contact the Secretary (details below) for entry forms

Planted Containers in the Square and elsewhere in Martlesham

Due to the hosepipe ban we have been unable to have floral hanging baskets in The Square for the summer. However there will be several large containers of summer bedding plants in The Square as well as outside the Post Office Stores and outside the Community Hall; they will all be watered by hand with watering cans. We are very grateful to the following who have given a donation towards the cost of these containers and those who help to look after them:-

Fraser-Hann Financial Services Ltd

Martlesham Heath Dental Practice

Speak Easy at Martlesham

Martlesham Community Council

Martlesham Heath Surgery

Martlesham Heath Householders Ltd

The Douglas Bader

Martlesham Parish Council

Admirals Fish and Chips Ltd

Post Office Stores, Black Tiles Lane

HPE Music

Barton Property Consultants

If you would like any further details on the above or any other Martlesham in Bloom activity please contact:-

J Maureen Burrows (Secretary) on 01473 625196.

Bob and Rita Dunnett are holding a

COFFEE MORNING

Saturday 21st JULY 2012

10am to 12pm

at 341 MAIN ROAD

Entrance £1 inc: Coffee and Scone

STALLSBooks Plants Cakes White
Elephant

Tombola Nearly New RAFFLE

In aid of A New Micro Ablation Cancer
Unit

at Ipswich Hospital

MARTLESHAM HEATH AVIATION SOCIETY

Our monthly meeting on June 1st was once again very well attended. The speaker was an old friend of the society; Hedley Molland.

The subject of Hedley's illustrated talk was, "Air shows of the 80's and 90's". Hedley Molland was an RAF pilot and flew Hawker Hunters and the English Electric Lightning, among other types. Famously he was forced to eject, first from a Hunter and then again from a Lightning. A doubtful claim to fame but fortunately he has lived to tell the tale.

Hedley has been videoing air shows since video camera weighed several pounds and were a real challenge. However, we were entertained to a splendid collection of video footage and still projected images of aircraft, many of which are no longer with us in flying condition.

Our next meeting will be on Friday, 6th July at the Community Hall, Felixstowe Road as usual. The presentation is entitled, "Night Fighters and Radar" and the speaker is John Pemberton. John flew in night fighters, including the DH Mosquito. This is sure to be a fascinating evening.

Meetings start at 7.30pm with a tea break half way through. Non-members are welcome for a payment of just £2.50 at the door.

Alan Powell 622458

SUFFOLK WILDLIFE TRUST

Our series of summer walks continues through July.

On Saturday 7th July at 10 am to 12-00pm approx we have a walk at Theberton Woods in search of butterflies. Meet and park at OS Grid reference TM421655. Option to go to Blaxhall Heath afterwards.

On Saturday 21st July at 10am to 12-30pm approx we have a walk for Dragonflies with warden George Bachelor at Castle Marshes. Meet and park at TM470911. Option to bring packed lunch and visit North Cove reserve too. Castle Marshes and North Cove are superb wildlife reserves close to the river Waveney where a wide range of wildlife (fauna and flora) can be seen.

In both cases admission is free, donations are very welcome.

Phil Smith 01473 625630

IMPROVE YOUR COMMUNICATION SKILLS WITH SPEAK EASY AT MARTLESHAM

If you would like to improve your communication skills and public speaking abilities, and are looking for like-minded company, then this is good news for you! Speak Easy at Martlesham meetings have an agenda carefully programmed to pack a couple of hours with learning and fun, in an encouraging and friendly atmosphere. The effort to become a better speaker need not be gruelling any more, Speak Easy at Martlesham aims to make it thoroughly enjoyable.

Speak Easy at Martlesham Speakers' Club is a Toastmasters' International affiliated club providing educational programmes in communication and leadership. The meetings are held fortnightly on alternate Thursdays in the Richards Room, Martlesham Community Hall, Felixstowe Road, Martlesham IP12 4PB (behind the Tesco superstore). Meetings are 7.00 pm for a 7.15 pm start and finish at 9.30pm. Guests are always welcome to attend, we look forward to seeing you.

Future Speak Easy at Martlesham meetings 2012:

July 5th

July 19th

August 2nd

August 16th

August 30th

Further details can be found at www.speak-easy.org.uk

Or call Dave Nightingale Tel. 07969 598633 or Sonya Burrows Tel.01473 625196

ST ELIZABETH HOSPICE NEEDS YOUR USED STAMPS AND OLD COINS

For several years ago now I have been asking you to collect your used stamps for St Elizabeth Hospice in Foxhall Road, Ipswich. They are able to sell them in bulk and turn them into cash. The stamps are sorted by dedicated volunteers and sold by internet auction, ending up in stamp collections around the world. Old British and foreign coins left over from your holidays abroad also have value to the charity, as they can also be sold. Last year the sum raised by selling stamps and coins in this way raised nearly £3,500.

Here is where you come in - if you can save your unwanted foreign coins and used stamps and drop them through my door you too can help the Hospice. Just remember please to leave a 1cm border around the stamps to avoid damage (that's about 1/2 inch in old money!). Don't worry that you don't have many stamps - all the bundles and envelopes of used stamps pushed through my letterbox very soon add up to a great deal for the Hospice.

Thank you all for your continued support.

Bev Read 01473 622721

15 Demesne Gardens
Martlesham Heath

YOUR LOCAL COUNTRY MARKET.

Weather permitting we should be in full summer flow with fresh garden grown vegetables and fruit for you to enjoy. If you have plans for a weekend barbecue or party, please remember our cooks will be offering tasty and tempting ideas you may like to include when making your plans. As summer progresses new seasons jams, chutneys will be at market for your selection. The doors open at 9.30 at the Scout H/Q Twelve Acre Approach every Saturday morning, and at The Pavilion The Square Martlesham Heath at 9 am on a Tuesday.

If you have a few hours to spare each week, and would like to join our co-operative as a Producer, please call Margaret on 01473 623849 for further details - we are always looking for new cooks, craft people, and those who can offer vegetables, plants and flowers in excess of their own requirement.

MARTLESHAM WI

As only one resolution has been proposed this year our resolutions meeting was reasonably short. After much discussion about the resolution and a vote by our members we were then able to enjoy an evening of 'red, white and blue' in celebration of the Queen's Diamond Jubilee. Members had been asked to bring along memorabilia from previous royal celebrations and it was surprising how many items were on display. Scrap books, newspapers, photographs, numerous mugs and plates, eggcups, books and a variety of other objects were all brought out of cupboards and exhibited. Of course many items were sixty years old but still in remarkable condition. We also had a Jubilee quiz followed by lots of good food, drink and reminiscing.

Our next meeting will be in the Richards Room, Felixstowe Road at 7.30 p.m. on 20th July when we will welcome Joanne Hammond who will tell us about 'Making Baskets from the Wild'. Do feel free to come along either as a visitor or with a view to joining our small friendly group. Contact can be made to Susan Cunliffe on 01394-382199.

MARTLESHAM LADIES CLUB

At our coffee morning in May, £258-28 was raised for the Macmillan Nurses, our charity for the last year. A very big thank you to all those who came to support us.

On May 17th. May, we were asked to put Our Best Foot Forward by Jackie Smart. Jackie a chiropodist, gave us many tips on caring for our feet. Thankfully no exercises were involved despite the title.

At our meeting on May 31st. Peggy Cole MBE gave us a very absorbing talk entitled My Interesting Life. Peggy is very well known in Suffolk and beyond for her fund raising efforts by opening her garden to visitors. Her life has indeed been very interesting . Peggy is now semi-retired and living in Melton.

With our AGM on the 14th. June we then have our summer recess until September 6th. When our fortnightly meetings in the Richard's Rooms resume.

MARTLESHAM & DISTRICT FLOWER CLUB

We welcomed Mrs Terri Potter to our meeting with her theme "Floral Pastiche". With structure and textures in mind she put together six very different arrangements. Birch twigs, a metal clothes hanger, some chicken wire and moss were all used for her first container adding green carnations and a pink and white orchid. Filling a metal watering can overflowing with Solomon's seal, weigela, pink stocks and aquilegia was a delight. Yellow parrot tulips, roses, choisya and gold gerberas stood out arranged in a deep purple bowl. Another smaller twin arrangement made earlier was placed below. A tall stand draped with bent willow, chocolate vine interspersed with honeysuckle, tulips and anthurium depicted a Japanese design. Filling a large urn with masses of foliage, adding myrtle sticks, rolled aspidistra leaves and large pink protea gave us her African theme. Finally, Terri put together a small charming arrangement of lilac, lilies, pink roses and hellebores.

The competition was won by Ann Chisem (senior) Dorothy Willett (intermediate) and Frances Davies (novice).

The Club meets at St. Michael's Church Centre, Martlesham Heath on the third Wednesday of each month at 2.30pm. The annual subscription is £12.50 with visitors welcome at £2.50 per session. There is a plant and flower arrangers stall at each meeting.

Our next meeting is on 18th July 2012 when Mr Alan Smith will give a demonstration entitled "Summer Surprises". The competition is "Just go Wild". All most welcome.

Margaret Doveston 01473 624422

LIONS CLUB OF WOODBRIDGE & DISTRICT

Hard to believe that following the cancellation of the Elmhurst Extravaganza the weather would deal the same fate to the Jubilee Picnic in the Park!. Surely the Woodbridge Regatta will be blessed with better weather? This does mean though, that we have lost a number of outdoor events to the weather in the last two or three years; whilst we fully intend to continue with them in the future – they can't all be rained off again, can they? – we are thinking about adding an indoor event to our calendar. More news on this as details are firmed up. The end of June marks the end of the Lions' year and a handover to incoming Club officers. The past twelve months have seen the Club establish contacts in some of the villages around Woodbridge , underlining that we are Woodbridge and District. In the coming year we need to continue to build on these first steps. At the same time, we are not immune from the financial pressures facing so many. At a time when our support in the community is in considerable demand, we need to work correspondingly harder at fundraising. Outgoing President Margot Wobey leaves an impressive record of her year in office: increased membership, new contacts in the community and the welcome partnership with pupils from Kesgrave High School . Quite a standard for the incoming team to follow!

Peter See

For the Lions Club of Woodbridge & District

NEWS FROM DEBEN RADIO-JUNE 2012

A new 50's Style music programme is now available every week along with many other regular programmes covering all sorts of topics.

Deben Radio can help with outside events and will be seen and heard doing the PA at the Woodbridge Family Cycling Festival event on Kingston Field, Woodbridge 15th July. New volunteers are arriving to help with everything from admin to editing to presenting! The regular Drop In sessions provide a chance to share news and ideas. For more details visit the website www.debenradio.com or email us at contact@debenradio.com

Deben Radio CIC (UK Community Interest Company) is an internet community radio station for the people of Woodbridge and the surrounding villages. Deben Radio CIC is run by volunteers and is a non-profit making organisation. Deben Radio CIC is community radio for the community, providing a platform for everyone to use—with programmes made by the community themselves. Our focus is on...

Fostering talent (music, drama, sport, art..)

Encouraging participation (supporting local activities, clubs and businesses)

Encouraging pride in the community

All programmes on Deben Radio are available as Listen Again - just find the details about the programme on the website and click on the Play Button in the article.

THE ORWELL SINGERS SUMMER CONCERT

The Orwell Singers will be holding their summer concert, 'Summer Celebration', on Saturday 7th July at 7.30 pm at St Michael and All Angel's Church, Martlesham Heath, IP5 3PL. Music will be light and varied, ranging from 16th to the 21st century, served up with strawberries and cream and Pimm's and lemonade in the interval. Tickets will be available at the door, price £7.00 for adults and 50p for accompanied children. If you need more information please telephone 01473 635955 or email d.sharman@btinternet.com.

TWO CHOIRS IN HARMONY

On Saturday 14th July the Suffolk Constabulary Male Voice Choir and the Ipswich Co-op Ladies Choir are performing a concert at St John the Baptist Church, Cauldwell Hall Road, Ipswich commencing at 7.30pm. The concert will include a wide variety of songs, some with a patriotic theme. Proceeds from the concert are being shared equally between the East Anglian Air Ambulance and East Anglia's Children's Hospices. The Choirs are delighted that Rachel Sloane has agreed to comper the evening.

Tickets are available, priced at £6.00, from Stephen Wade telephone 01449 672600 or on the door subject to availability.

Scintillo String Quartet

in aid of Macmillan Cancer Support
Saturday 30th June 2012, 7.30pm
St Mary's Church, Woodbridge
Haydn - String Quartet 'Sunrise'
Schubert - String Quintet in C Major D
Guest performer: Louise Davis - cello

Tickets: £8 available from...

Woodbridge Violins 26 Market Hill,
tickets available for purchase on the door but advance booking is advised

WOODBIDGE PROBUS CLUB HEARS TALK ABOUT FRAUD RISK

The June Woodbridge Probus meeting was particularly informative for those interested in ensuring their financial assets are protected from fraud. The after lunch guest speaker was Detective Inspector Brian Beech of the Norfolk and Suffolk Constabulary, Joint Economic Crime Unit. DI Beech gave an eye opening presentation entitled "Fraud Risk for Mature Investors". Fraud in the U.K. amounts to over £75 billion per year. In addition to outlining the details of the most common types, he went on to explain the ways to protect yourself. These included indicators to be aware of, informative and helpful official web sites, steps to take and other things to look out for. The Woodbridge Probus Club is a luncheon club for retired professional and businessmen "over 50". It has been in existence for 35 years and its aim is entirely social. We meet once a month at the Waldringfield Golf Club where you will be made welcome and enjoy getting to know other members. After lunch we enjoy a short talk from visiting speakers on a variety of interesting subjects. Our next meeting is on 2 July 2012 at the Waldringfield Golf Club. It features a talk by Vicky Westren entitled "Cascades, Carnivals and Castles". The Woodbridge Probus Club always welcomes enquires about membership from retired or semi-retired professional and business gentlemen. If you are at all interested, please contact our membership secretary, Mr. Claude Birks on 01473 613427

THE MARTLESHAM HEATH PAVILION

The Martlesham Heath Pavilion has the following time slots available for bookings:

WEEKLY

Thursdays 12.00pm-6pm

Fridays 8.00pm-11pm

FORTNIGHTLY

Tuesdays 7.30pm-11pm

Thursdays 9.00am-12pm 2nd and 4th Thursday of each month

MONTHLY

Thursdays 9.00am-12pm 3rd Thursday of each month

The Pavilion is a great location for a children's party at weekends.

If you want to book the Martlesham Heath Pavilion or need more information please call Becky on 07732 199 712

Alternatively, you can book via our website: <http://www.martlesham.org.uk/pavilion/index.htm> which also contains details of our current rates and hiring conditions

KESGRAVE MARKET IN JULY

The July Market will be held on 21st July (the third Saturday) from 9.00am until 12.30pm as usual. At the time of writing this article, it's pouring with rain and the Suffolk Show has just been cancelled, but hopefully better weather in July will mean more of the Market stalls can be outside.

As well as the regular stall holders, which last month included Paul's Fish Box, from Woodbridge, and Victoria's Bakery, Mandy, the Market Manager hopes to make a stall available in the future for local Charities. It will be just one stall each month and any local Charity which has something it can offer the Community can have it free of charge.

Please contact Mandy via email at marketmanager@kesgravetowncouncil.org.uk.

For more information before you visit on 21st, why not visit the website www.kesgravemarket.org.uk, where you will find links to sites of some current stall holders. And we're on Facebook now too - www.facebook.com/KesgraveMarket.

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back if not available.

Alternatively E-Mail the new E-Mail address martcomhall@btinternet.com

MARTLESHAM CHRISTIAN FELLOWSHIP

Black Tiles Lane

"Was Paul in the Olympics??"

When Paul writes to the Church in the city of Philippi, he sounds very much like a marathon runner:- "I am focusing all my energies on this one race! - Forgetting what is behind and looking forward to what lies ahead, I strain every muscle to reach the end of the race and receive the prize for which God, through Christ is calling us up to heaven!" - It was, of course a spiritual goal he was aiming for.

Most of us have academic or physical goals and have a sense of achievement, when we gain a qualification, win a game or achieve the weight loss we were aiming for. What are your 'spiritual' goals? - There are several we could aim for:- To be a more loving person; to achieve a better relationship with God; To become more like Jesus Christ; To discover more about the bible.

We may not gain first prize or win a gold medal, but our faulty attempts at Godliness may well gain the commendation - "Well Done! - Good and faithful servant!"

ACTIVITIES IN JULY

SUNDAYS

Worship and Communion - 10.00 a.m.

TUESDAY CIRCLE- July 17th

Tea and Scones at the Jacks
(Note change of date!)

WEDNESDAYS

House Group - 7.30 p.m.

THURSDAYS

Mums and Toddlers - 10.00 a.m.

FRIDAYS

Friends on Friday - 10.00 a.m.

For further information contact John or Ruth Mellen (01473 624401)

REMEMBERING ERIC LIDDELL

Every Olympic Games brings its own memorable events. In recent years a host of athletes from a range of sports have won gold in epic events. Many remember swimmer Michael Phelps winning eight golds in the 2008 Olympics and few will forget Sir Steve Redgrave's gold medals in five consecutive games from 1984 to 2000.

The modern Olympic Games began in 1896 and was held in Athens but of the early games it is perhaps the eighth Olympics, held in Paris in 1924 that is best remembered – in part due to the 1980 film Chariots of Fire. That year Britons Harold Abrahams won the 100m gold medal and Eric Liddell the 400m gold medal

Eric's story is well known. Nicknamed The Flying Scotsman he was the second son of Revd James Dunlop Liddell and his wife Mary who were serving in China with the London Mission Society. Eric studied at Eltham College Blackheath then read Pure Science at Edinburgh University. Not surprisingly his athletic prowess was evident from an early age and he captained the school rugby and cricket teams as well as his notable athletic achievements. When selected for the 1924 British Olympic team he was reputed to be the fastest runner in Scotland.

Underpinning Eric's entire life was his strong Christian faith and it is well known that he withdrew from the 100m – his best event – as the heats were to be run on a Sunday. He concentrated instead on training for the 400m. On the day of the race he was handed a slip of paper by an American team masseur. It was a quote from the Bible, "Those who honour me I will honour" (this comes from 1 Samuel Chapter 2, verse 30). Eric not only won the race but set a new World record that stood for twelve years.

After the Games Eric left the UK to follow in his parents footsteps by becoming a missionary to China. Due to Chinese unrest he was captured by Japanese soldiers in 1943 and held in an internment camp where he taught the children – who called him Uncle Eric – and generally helped to organise life for the captives. A fellow prisoner, Norman Cliff, later said of him, "He was the finest Christian gentleman I have had the pleasure to meet. In all my time in the camp I never heard him say a bad word about anybody." Eric died in 1945, still in confinement, having refused to leave the camp in a prisoner exchange having offered his place to a pregnant woman. His witness, love and grace have long outlived him offering inspiration for millions. The story of his life would make good reading between watching Olympic events this month!

Tricia Shuler
Vicar

CHRISTIAN AID WEEK 2012 – MARTLESHAM AND BRIGHTWELL

'Thank you for making Christian Aid Week 2012 the best ever week' so the Christian Aid Week website proclaims. I echo that 'Thank you' to all who donated to the house to house collection and other fund raising efforts around the two parishes. The total sum raised from Martlesham and Brightwell was £2761.90. Although this was slightly less than last year this is still a marvellous result in these tough economic times. An added bonus this year has been given by the UK Government who, through the UK Aid Match scheme, has agreed to match the first £5 million pound for pound.

The money Christian Aid will receive will be used to support poor communities across the world, to improve access to healthcare and build sustainable livelihoods.

To all the house to house collectors, fund raisers and Christian Aid local co-ordinators thank you for your efforts throughout our two parishes.

Christopher Howard - CA Co-ordinator.

**Building
God's
Family
Together**

THE CHURCH IN MARPLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd Tricia Shuler 17 Lark Rise Martlesham Heath IP5 3SA

01473 612659 (Please note new number)

CLERGY: The Revd. Heather Cooke 9 Swan Close Martlesham Heath. hcookema@aol.com

READER: Carolyn Smith 74 Heathfield, Martlesham Heath.

ELDERS: Margaret Rollins 9 Angela Close, Martlesham. 01473 623868

Liz Welham 23 Deben Avenue Martlesham Heath. 01473 622709

Lynn Wilder Kenton Nr Debenham. 01728 860627

Services for the Month	Brightwell St John's	Martlesham St Mary's	Martlesham Heath St Michael's
Sunday 1st July 4th Sundry after Trinity	8am Holy Communion	11am Holy Communion (BCP)	9.45am All Age Worship
Sunday 8th 5th Sunday after Trinity	6.30 Evensong	11am Family Worship	9.45am Family Communion and Junior Church
Sunday 15th July 6th Sunday after Trinity	8am Holy Communion	11am Holy Communion (CW)	9.45am Worship and Junior Church
Sunday 22nd July 7th Sunday after Trinity	6.30pm Evensong	11am matins	9.45am Family Communion and Junior Church
Sunday 29th July 8th Sunday after Trinity	Benefice Service to be arranged		
Sunday 5th of August 9th Sunday after Trinity	8am Holy Communion	11am Holy Communion (BCP)	9.45am All Age Worship
MIDWEEK SERVICES	Holy Communion each Wednesday at 10 am in St. Michael's. Bright Stars meet on Monday, A warm welcome awaits you at all our services		

PRAYER DIARY

Please use these thoughts as an addition to your daily prayers and pray for

July 5	Give thanks for children & grandchildren	21	Pray for the success of Music on the Green
6	Pray for all farmers & growers of food	22	Pray for Christian Solidarity Worldwide
7	Pray for a cessation of violence in Syria	23	Pray for everyone going away on holiday
8	Give thanks for our freedom to worship	24	Pray for those who are lonely
9	Pray for all Christian priests and teachers	25	Pray for the residents of The Drive
10	Give thanks for happy marriages	26	Pray for everyone facing financial hardship
11	Pray for the residents of The Avenue	27	Pray for a peaceful Olympic Games
12	Pray for volunteer helpers and carers	28	Pray for our emergency services
13	Pray for the global economic situation	29	Give thanks for our armed forces
14	Pray for students who are seeking work	30	Pray for safety on our roads
15	Give thanks for Christian fellowship	31	Pray for the work of animal welfare organisations
16	Pray for hospitals and all hospital staff	August	
17	Pray for refuse collectors	1	Pray for the residents of The Oaks
18	Pray for the residents of The Chase	2	Pray for those fighting alcohol/drug abuse
19	Pray for schoolteachers and support staff	3	Pray for all who have ongoing health problems
20	Pray for all who are serving prison sentences	4	Pray for all children starting or changing school