

# martlesham monthly

**APRIL 2015**

**Produced and Distributed by Volunteers**

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**MARTLESHAM MONTHLY ONLINE**  
**www.martlesham.org.uk**

**DISCLAIMER**

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

**MARTLESHAM VILLAGE HALL**

**TOP STREET**

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available. The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

**THIS MONTH'S PHOTOGRAPH**

St Mary's Church, Martlesham, at Easter by Alan Powell

If you have a photograph of Martlesham that you would like to see on the front cover, you can send it to me at the e-mail address

martmonthly@btinternet.com. It should be landscape, and high enough resolution to be enlarged.

**COMMUNITY RESPONDERS**

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact, Paul Stockdale 01473 621225 (e.mail: paulstockdale@btinternet.com)

**POLICE**

Community Police Officer PC 1732 Rachel Cable

In case of emergencies please always call 999.

In non-emergency situations call the the new number 101.

E-mail: the Safer Neighbourhood Team kesgrave.snt@suffolk.pnn.police.uk

**GIRLGUIDING MARTLESHAM**

For all **NEW** enquiries to join Guiding as a young member or adult volunteer, please visit [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested) or call 0800 1 69 59 01.

For general enquiries about Guiding in Martlesham, please contact Hannah Panting (hannahpanting@hotmail.com) Martlesham District Commissioner Or Chris Cooper Martlesham District Wait List Coordinator 01473 626024,

**1ST MARTLESHAM SCOUTS**

For all enquiries regarding joining the group, becoming a helper or hiring of the Scout HQ please contact Rachel Pennick 01473 610437

**MOBILE LIBRARY TIMES**

**Tuesdays:**

21 April, 19 May, 16 June,  
Angela Close: 1.35–1.50pm  
Redwold Close: 1.55–2.10pm  
Falcon Mobile Home Park: 2.20–2.50pm  
Douglas Bader: 3.00–4.30pm

**Thursdays:**

9 April, 7 May, 4 June,  
Douglas Bader: 10.15–11.45am

**THE MARTLESHAM HEATH PAVILION**

The Pavilion is a great location for a children's party at weekends. If you want to book the Martlesham Heath Pavilion or need more information please call the booking secretary on 07732 199 712 Alternatively, you can book on our website:

<http://www.martlesham.org.uk/pavillion/index.htm>

which also contains details of our current rates and hiring conditions

**MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM**

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back if not available.

Alternatively e-mail the new e-mail address [martcomhall@btinternet.com](mailto:martcomhall@btinternet.com)

# MARTLESHAM PARISH COUNCIL

## **Annual Parish Meeting – Wednesday 22 April 2015, 7.30pm, Parish Room**

Not a formal meeting of the Parish Council! Come along and find out what we've been spending your money on during the year and find out what other local organisations have been up to. Have your say about issues that affect Martlesham.

All welcome. Light refreshments included! Your Village Needs You – Be active in the forthcoming Parish Council elections!

Nobody cares more about your community than you and your local council do! The next election of Parish Councillors takes place on Thursday 7 May 2015.

Martlesham has 3 wards with 15 seats to fill. Nomination papers are now available from Suffolk Coastal District Council (SCDC) or the Clerk & can be downloaded from the District Council website.

Completed nomination papers must be dated and returned after the Notice of Election on 23 March and before the 'Close of Nominations' at 4pm on 9 April 2015. Latest date to withdraw candidature is 4pm, 9 April. If the number of candidates does not exceed the number of seats available, an election is uncontested, and the result will be published as soon as possible after 9 April. If an election is contested, we urge you to vote on Polling Day, 7 May 2015. Details of candidates will appear on Council notice boards.

Detailed information is on Suffolk Coastal District Council's website: <http://www.suffolkcoastal.gov.uk/yourcouncil/elections/townparish/>.

## **No Adastral New Town (NANT) Legal Action against Suffolk Coastal District Council's (SCDC) Core Strategy**

The Court of Appeal has turned down NANT's appeal concerning the allocation of 2000 houses at BT's Adastral Park site. NANT is considering whether to take this to the Supreme Court. If the development does go ahead, BT will need to resubmit a planning application to replace the 2009 application which is now out of date and a full consultation will take place.

## **What have we been doing recently?**

- £265 obtained from District Cllr John Kelso's Community Enabling Budget to help refurbish the swings at the Jubilee Playspace; work will hopefully already have been undertaken by the time you read this;
- Responding to East Anglia Rail Franchise Consultation, primarily seeking to maintain at least the same levels of service between Ipswich, Ely and Peterborough;
- Meeting with Bloor Homes representative to discuss open space management, which has already been placed in the hands of a private company despite a planning condition which

indicated they should discuss management plans with the Parish Council first;

- Responding to planning applications and trying to keep up to date with what developers have in mind for our parish;
- Ongoing land maintenance & repairs to play areas.

## **Forthcoming meetings:**

Parish Council – Wednesday 01 April 2015

Development Plans Committee – Wednesday 08 April 2015

Finance & General Purposes Committee – Wednesday 06 May 2015

Parish Council – Wednesday 20 May 2015

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

01473 612632

e-mail: [clerk@martleshamcouncil.org.uk](mailto:clerk@martleshamcouncil.org.uk)

website: <http://martlesham.onesuffolk.net> for latest news & events

Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

## **JOHN KELSO DISTRICT COUNCILLORS REPORT**

### **TKMaxx Planning application update**

The application to demolition existing units at Beardmore Park and to replace them with a TKMaxx, Homesense and a new Lings store has been withdrawn by the applicant. Concerns were raised regarding existing parking problems and the possible effect on trade at Woodbridge and Ipswich Town centres.

### **The Suffolk Coastal Issues and Options Consultation**

The recent consultation exercise held by Suffolk Coastal District Council Planning Department ended on the 27th February. I am eagerly awaiting the publication of the results to see how this may affect Martlesham.

### **Adastral Park Planning application update**

I am advised by the Head of Planning at Suffolk Coastal that if No Adastral New Town (NANT) decides to make no further legal challenges then an updated planning application will need to be submitted to bring it in line with the agreed policy changes contained in the Suffolk Coastal Local Plan. When the new application is received the normal consultation exercise will need to take place before the application can be decided by Suffolk Coastal.

If you wish to discuss any of the topics above or any other District Council matters please contact me.

John Kelso

Suffolk Coastal District Councillor Martlesham Ward

## MARTLESHAM HEATH HOUSEHOLDERS LTD

Thank you to all that attended this years AGM which was held on the 12th March.

We are continuing work on removing hung trees in Birch woods, when we fell trees in the wooded areas we deliberately leave the wood behind in small piles to encourage insects and consequently the birds that feed off them. We would be grateful if these were not removed.

### Virgin Media - Update from MHHL

One of our director's has been in discussion with Virgin Media following their recent press release that they intend to spend £3bn on expanding their network. In this area they specifically mentioned Ipswich and Felixstowe as possible targets.

We know from the recent Neighbourhood plan survey that about a third of residents felt their broadband service is unsatisfactory. If you are potentially interested in having a high speed broadband service which is based on fibre optic cable to your home, then you may wish to register your interest on Virgin's website. This would help Virgin to gauge potential demand and influence any decision to provide their service in this area. Their web address is [virginmedia.com/cablemystreet](http://virginmedia.com/cablemystreet)

We can be contacted on 01473 612207, or email [mhh@martlesham.org.uk](mailto:mhh@martlesham.org.uk) our website is <http://martleshamheathhouseholdersltd.onesuffolk.net>

### USED STAMPS AND COINS APPEAL FOR ST ELIZABETH HOSPICE

I have been collecting stamps, old British coins and leftover change from your holidays for our local hospice for over 20 years. Your donations posted through my letterbox since Christmas added up to five carrier bags of used stamps and a heavy box of old and foreign coins. For these I have just received this email, which I would like to share with you all;

*"I thought you would know how your gift of used stamps will help us to continue to grow local Hospice care for local people. Every donation really does make a big difference and a vital contribution to our work. I am pleased to tell you that in 2014 we received a total of £5,364 from the sale of used stamps, so we are very grateful for your kind support. Last year we also raised £395.59 from the sale the coins.*

*St Elizabeth Hospice improves life for people living with a progressive illness. We help people deal with problems such as pain, anxiety and fatigue, as well as offering practical advice and family support.*

*The Hospice is an independent charity which provides services free of charge. Our services cost £9.1 million a year to run, with almost three quarters of that figure coming from the local community.*

*We rely on the generosity of local people to help us to raise funds so that we can continue to develop our services now and in the future."*

So you can see how much your contribution really matters to the hospice. However small, it all adds up to a great deal for them, so please keep up the good work and remember that you can and do make a difference. Thank you all.

Bev Read

15 Demesne Gardens Martlesham Heath 01473 622721

## MARTLESHAM CONSERVATION GROUP

Many thanks to all those volunteers who came along to our last work party in early March and to the "Megabash" on 21st February on the heath SSSI. We had a large bonfire at the Megabash and burnt a large volume of scrub material that had been cleared by the contractors and volunteers who have worked over the winter period returning more areas towards more open heathland. There was so much material that we did not manage to burn it all on the day of the Megabash and so we plan to hold another bonfire session in the autumn, well after the bird nesting season.

Please can we encourage members of the public to stay off the cleared areas and give the wildlife chance to recover and recolonise. Hopefully the rabbit population on the heath will take over the main job of maintaining these areas in the longer term.

As the weather warms through April more birds will arrive and take up and defend territories contributing to the soundscape of the countryside with their varied birdsong. Also More butterflies should be on the wing on our heath and within our woodlands. We are fortunate to be able to see around 30 different species on the heath over the course of the year. Some species of butterfly rely on plants that can be found on heathland for example the Green Hairstreak uses gorse as a foodplant and the Silver Studded Blue uses heather. The presence of ants is also important for many types of blue butterfly as they play a significant role in the lifecycle for example by protecting the caterpillars against predation by other insects in return for rewards provided by the caterpillars.

In April we will have our regular work party on Sunday 12th April at 10 am on the heath. We will be aiming to create microhabitats to encourage ant recolonisation in some of the cleared areas by creating patches of bare ground.

Please get in touch if you would like more information about our events and activities or just turn up on the day.

Phil Smith 01473 625630

## 1ST MARTLESHAM SCOUTS INVITE YOU TO SUPPORT THEIR

### Easter Craft Fair

Saturday 14th April 10-12

@ the Scout HQ. Martlesham Heath next to St Michaels church

Various stalls Raffle Crafts for children Free entry Refreshments

All proceeds to re-new roof appeal

## **SUMMER AT BRIGHT STARS**

All preschoolers, toddlers and babies who enjoy having fun are invited to come, along with their parents or carers, to join us at Bright Stars!

Last term we heard several stories about Jesus including the story of Palm Sunday from the donkey's viewpoint. During the donkey's tale we did clipperty clop sounds and waved palms we had made. During the last Spring term session we created an Easter garden collage.

Sessions are approximately half an hour long and include singing, stories, games, activities and making crafts to take home.

We meet 10:30am on the 2nd and 4th Mondays of each month during term time at St Michael's Church Centre, Martlesham Heath IP5 3PL. Each session is free, full of fun children's activities and is followed by refreshments and a chance to play, while the adults that the children have bought along enjoy a chat! Why not come and visit us? You are welcome to just turn up on the day at any of the sessions, however if you would like any further information feel free to telephone us on the phone numbers below. We look forward to welcoming you!

Our session dates for the Summer term 2015 are:

April 27th  
May 11th  
Half Term  
June 8th  
June 22nd  
July 13th

For further information please contact:

Jennie Fidler Tel.07584 420729,  
Sonya Burrows Tel.01473-625196  
or Sue Lambert Tel.01473-624130

## **SUFFOLK CLOTH NAPPIES**

In the weeks leading up to Real Nappy Week, Suffolk Cloth Nappies are holding various free events to promote the use of cloth nappies across the county. These include information and networking coffee/cuppa events called 'Nappuccinos', as well as raffles and goody bag giveaways. They are also offering free nappy hire for the first babies born in Real Nappy Week at West Suffolk Hospital and Ipswich Hospital!

Nappuccino (for parents and carers to find out more about real nappies over a cuppa) Saturday 7th March at Play2day, Gloster Road, Martlesham Heath at 10.30am.

*Suffolk Cloth Nappies:*

*Victoria Proctor - Suffolk Cloth Nappies East Suffolk Coordinator.*

**suffolclothnappies@outlook.com**

**CALLING ALL MUMS .....** The Martlesham Mums' Club will celebrate it's 15th Birthday with a Pyjama Party on Tuesday, 14th April between 12.45 and 2.30p.m. at St. Michael's Church Centre, Martlesham Heath. There will be fun, games, music and, of course, birthday cake so all mums, grans and carers are invited to dress their babies and toddlers in their pyjamas and come along. (Pyjamas are optional for adults!!!) Lunch will be served around 1.00p.m.

The Drinks and Dribbles Baby Cafe will be open on Thursdays, 2nd and 16th April at St. Michael's Church Centre, Martlesham Heath between 10a.m. and noon. This is a Drop-in for all mums, grans and carers with babies and toddlers. Join us for the whole morning or just pop in for a few minutes. We can offer friendship, refreshments and toys.

For more information please 'phone Sue on 01473 624130.

## **THE SAPLINGS Martlesham Heath**

Baby Room, Preschool, Breakfast Club, After-School Club & Holiday Club

In March and April

We still have some fundraising to look forward to going on throughout the month as the children can come in dressed in red and with red noses too in aid of comic relief. On Saturday the 21st March we will be holding our annual Easter Fair @the saplings from 10am till noon. There will be lots of craft activities for the children to do and much more. There is an opportunity for external stall holders to join us for the morning for a £5 table donation.

The Easter holiday is from the 30th March to the 10th of April. We have lots of fun activities planned such as making pom pom chicks, a trip to the playground and den building to name a few. We are now taking bookings, forms can be requested and emailed or picked up from us here at the Saplings.

As this is such a lovely time of year we will be focusing on Spring, this theme will run right through from the Baby room, Pre School, Breakfast and After school club. We will be exploring all things natural and enjoy some nature walks too.

We have spaces in all our rooms and funded two and three year olds can use their funded sessions throughout our opening hours and 'stretch' funding across Holiday Club.

The Saplings is open Monday – Friday, 7.30am – 6pm for children aged 3 months -11 years, offering term-time and year-round care, with a Baby Room and Preschool, Breakfast Club, After School Club and Holiday Club and a 'Walking Bus' to Birchwood Primary School. For more information, please call: 01473 614753, email: news@thesaplings.org.uk, or visit our website: thesaplings.org.uk

## **MARTLESHAM & KESGRAVE PLAYSCHOOLS**

By the time you read this we will have held our Quiz Night and Raffle for the families of both Martlesham and Kesgrave Playschools. Hopefully we all will have had a great evening, getting those little grey cells working, enjoying nibbles and drinks, and raising funds for our playschools to add and update our resources.

A note for your diaries – our annual summer fair will be held on Saturday July 4th between 1 and 4pm. This year Martlesham and Kesgrave Playschools are joining together and the fair will take place at the Millennium Jubilee Hall and the field, Millennium Way, Kesgrave. There will be lots of great activities, bouncy castle, refreshments and BBQ. We would like to invite everyone to come along and enjoy the afternoon with us and if you are looking for childcare this is a great opportunity to come and see where we are and chat to us – we look forward to seeing you.

Both Martlesham and Kesgrave Playschools are full until the end of this summer term. But if you would like to put your child's name on our waiting list for spaces for September and beyond, please email [mplayschool@btinternet.com](mailto:mplayschool@btinternet.com) or contact me on 01473 625986 for details for both playschools. Our website is currently being updated, but hopefully it will be up and running very soon under the new name of [mandkplayschools.co.uk](http://mandkplayschools.co.uk)

Caroline Swale

Martlesham & Kesgrave Playschools



## EASTER EGG HUNT

On Saturday 4th April Home-Start Suffolk Coastal will be holding an Easter Egg Hunt. Come along at 11am to The Square at Martlesham where you can register. Every child will then have the chance to find an egg, one lucky person will find an extra special egg. During the morning Mr Bean will be providing balloon modelling for the children.

Refreshments will also be available. There is no charge for the event.

This event is for the local community of Martlesham and has been made possible by the support of Councillor John Kelso. For more information please tel. 01473 621104 or email [office@homestartcoastal.co.uk](mailto:office@homestartcoastal.co.uk)

Home-Start Suffolk Coastal moved offices in December 2013 and is now based on The Square at Martlesham Heath. The Charity supports families in the East of Ipswich and Suffolk Coastal areas. These families receive one to one or group support from trained volunteers because for them the pressures of family life have become too much to cope with alone, this can be for a variety of reasons such as illness, disability, mental health problems, bereavement, isolation and multiple births.

## MARTLESHAM BRASS

### 'Making Music Fun in East Anglia'

On Saturday 11th April 2015 we are delighted to welcome Richard Marshall, Principal Cornet with the world famous Black Dyke Band. He will hold workshops during the day, and will perform in a concert with Martlesham Brass Main Band at 7.00pm at St Michael's Church Centre, Martlesham Heath. Tickets for the concert cost £5.00 (under 18s free), and are available from our website ([www.martleshambrass.co.uk](http://www.martleshambrass.co.uk)), Friday evening band practice (St Michael's Church Centre between 6.45pm and 7.45pm), 2nd Stop Charity Shop (next to Tesco in Kesgrave) or by calling 07802 868924.

Our band welcomes new players young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and have a go! If you would like to join us, or if you already play or have previously played a brass instrument and feel that you would like to come along and meet us, please contact us via the website or use the contact details below.

Liz Howard. (Publicity Officer)

[e\\_m\\_howard@talk21.com](mailto:e_m_howard@talk21.com)

01473 625617.

Registered Charity No.1100922. Visit our website [www.martleshambrass.co.uk](http://www.martleshambrass.co.uk)

## GROWING GUIDING....MARTLESHAM!

How would you like to go Zorbing? climb a mountain? take young members to a pop concert just for young women? Brush up your Zumba? or teach & learn new skills & crafts? All these things are available through Girlguiding.

We are looking for Adult leaders, (18yrs+) for our Rainbow Unit, in Martlesham. We would love to be able to offer the Guiding experience to more young people, but in order to do this, we need your help. If you can spare a couple of hours each week, enjoy working with young people & want to make a difference in their lives, please contact us. No previous experience of Guiding is required.

To find out more about volunteering, please contact:-

Hannah Panting (District Commissioner) at [hannahpanting@hotmail.com](mailto:hannahpanting@hotmail.com) or

Jo (County Outreach Worker) [jo.d@btinternet.com](mailto:jo.d@btinternet.com)

Alternatively, use the Girlguiding UK website [www.girlguiding.org/interested](http://www.girlguiding.org/interested) to register interest for your daughter(s), as we still have a few spaces available at Brownies & Guides.

Thank you.

## The Martlesham Heath

### Control Tower Museum

**reopens for the Summer Season on Sunday 5th April.**

The Museum is open from 2:00 to 5:00 p.m. on this Sunday, and then on every Sunday afternoon to the end of October.

Learn the story of this fascinating and unique airfield from its early days in 1917, through the Thirties and World War 2 - the Battle of Britain and when the Americans arrived, on to unusual activities after World War 2... to the last aircraft to fly from Martlesham Heath in 1979.

Admission is FREE, donations are appreciated.

Find us at the rear of Parkers Place, off Eagle Way,

Martlesham Heath IP5 3UX

Parking is easy and free.

## KESGRAVE LIBRARY NEWS

**Sunday Crafts (10 - 12 noon Sunday 5th - Easter Sunday - CLOSED**

Sunday 12th - It's National Gardening Week (13th - 19th). Come along and make a cupcake flower picture;

Sunday 19th - Tomorrow is the first day of Spring! Make a 3D Spring bunny;

Sunday 26th - The sun will soon be here. Make a paper plate sun.

Activities are free. Parents must stay with under eights. There's no need to book - just turn up and have a go.

### BookStart - every Thursday

These are free activities for pre-school children and their parents or carers. Why not come along and join Emma every Thursday for songs, rhymes and stories.

Tot Rock - 9.45am - 10.15 am.

BabyBounce - 10.30am - 11.00am.

Easter Closing - Please be aware that the library will be closed Friday 3rd - Monday 6th April. Normal opening times will resume on Tuesday 7th April.

### World Book Night - Thursday 23rd April 6 - 7.30pm

- Cookies and Bedtime Stories. We are putting on a special event for children to celebrate. As World Book Night falls on St. George's Day, we will have fun dragon crafts and stories. Why not come along and join in the fun? Just turn up in your onesie and we will provide cookies, milk and the activities. We will also be handing out some adult fiction books, to try and encourage people back to reading. Look out for our posters advertising this event.

Maggie Lusher Kesgrave Library Manager  
Tel: 01473 626103

## **MARTLESHAM HEATH AVIATION SOCIETY**

Our meeting on Friday 6th March featured an illustrated talk entitled, "Flying and Displaying Vintage aircraft.

Mr Rod Dean came all the way from Surrey to deliver a fascinating story of his post RAF career flying vintage aircraft at air shows all over this country and abroad.

Rod retired from the RAF in the eighty's and has been flying and displaying ever since. He has recently had to relinquish his advanced display pilot's licence and now flies and displays a Scottish Aviation Bulldog.

He has flown most marks of Spitfires. Early "Battle of Britain" Spitfires to the completely different Mk 19 Rolls Royce Griffon powered Spitfire. He explained to a fascinated audience the differences between not only the different marks of Spitfires but also some of the other WW2 fighters.

A large audience enjoyed a most interesting evening by an entertaining and knowledgeable pilot. A vote of thanks was given by our archivist, Alan Smith.

Our next meeting, on Friday, 10th April, at the Community Hall, Felixstowe Road, Martlesham as usual, is entitled, "History of The 100th Air Refuelling Wing and RAF Mildenhall."

This will be given by the RAF base Historian, Mark Howell and will consist of the story of Mildenhall in the 1930's to the present day. Promises to be another great evening.

Meetings start at 7.30pm with a tea/coffee break half way through. Non-members are welcome for a payment of just £3 at the door.

Alan Powell, 01473 622458 [www.mhas.org.uk](http://www.mhas.org.uk)

## **SPEAKING OFF THE CUFF.**

We are more and more likely these days to be called upon to stand up in a meeting and say something to the audience. Arriving at most modern day meetings we are expected to stand up at the beginning and say our names and where we are from and maybe a 3 sentence reason why we are there taking part in the meeting.

If we are part of the meeting you may already have arranged to spend 5-10 minutes outlining to the group something of interest to those attending. Of course you would have had plenty of time and possible rehearsal time to prepare what you are going to say either with our without the aid of notes.

The other situation you may be faced with is to stand up and make meaningful comments on a question from the audience for say 2 minutes or more rather like we see on the BBC Question Time. A further variation of this is to volunteer to speak for say 2 minutes on a completely new or abstract subject you have just been given.

This last concept you might at first find quite daunting but can soon become great fun and enjoyable. If someone afterwards evaluates your performance in a very supportive manner then the experience can become quite rewarding.

If you would like to observe or take part in such exercises do find the time to come to our local Speakers Club

## **Your Invitation To Speak-Easy At Martlesham**

Come along on any alternative Thursday evening to observe how we do things at our Speakers Club. It will cost you nothing and the free tea and cakes are great. We meet at the Richard Rooms at the Martlesham Community Hall, Felixstowe Road, Martlesham, IP12 4PB (behind Tesco) starting at 7pm and finishing dead on time at 9.30.

The evening takes the form of various exercises from members speaking off the cuff for 30 seconds, to speaking for 2 minutes on a selected subject going on to prepared speeches on various subjects for up to 10 minutes. The whole process is there to help and encourage those present to develop their public speaking skills.

You would be very pleasantly surprised how quickly you could become competent in this much valued skill.

You would be most welcome to come to the meeting as a guest to see what goes on and decide whether it is something you would like to get involved in.

Please check the website for the latest meeting dates or call on the phone with all your questions.

[www.speak-easy.org.uk](http://www.speak-easy.org.uk)

mobile 07968372563

## **MARTLESHAM HISTORY SOCIETY**

The next meeting of the Martlesham History Society will be on Monday 13th April 2015.

### **Remarkable Women of Ipswich ~ Ann Day**

This is opportunity to discover how women have contributed through the ages to all aspects of Ipswich life. Although many of their achievements have been and remain unrecognised, you will find that each of these women to be remarkable in their own way.

Meetings are held at Pavilion,  
Martlesham Heath, Ipswich, IP5 and  
commence at 7.30 pm.

Admission fee is £2.50 and meetings  
are open to all.

## **MARTLESHAM CARPET BOWLS**

We have just two matches remaining to the end of the winter league We are currently in second position with a chance to go up but as is often the case it will depend on what other clubs achieve at the end of the season one that we still have to play has a game in hand.

In our Club Competitions the Pairs was played to completion on 22nd February, the pairing of Diana Gaskin and Oscar Banthorp proved unbeatable, the runners up were Jean Mullet and David Segger, after a grand afternoon's bowling and some very close games. The new Ladies Champion is Susan Golding who played an incredible consistent game to beat yours truly. The Triples will be played at the end of March so a full report and a write up of the Dinner, (which will be held a week after this edition has gone to print) will be in next month's issue.

I would like to take this opportunity to wish all members a Happy Easter and lets hope we get the opportunity to make the most of some warmer weather.

Judith Longman

## **FREE SHORT TOURS**

**daily of Christchurch Manslon,  
Ipswich, by guides who are  
Friends of Ipswich Museums.**

Tues - Sat at 11am, Sundays at 2pm  
from 10 March to the end of October.

(Not suitable for large groups) Full and  
group tours can be booked in advance by  
contacting

[contact@foim.org.uk](mailto:contact@foim.org.uk) or 01473 433554.

## **YOU WANT IT: WE MAKE IT - AT KESGRAVE AND MARTLESHAM COUNTRY MARKETS**

Have you heard of the internet brand? They sell unique and personalised gifts for every occasion – at a price. But did you know that specialist makers and bakers are just around the corner every week? Our Country Market cooks and crafters can bake you a cake for a treat or pies for everyday meals. We can cater for parties large and small – and we can deliver locally, for a small charge. Gluten-free? “No problem!” Talk to our cooks about your personal preferences and place an order. “We can do it!” Jams, chutneys, pickles: choose your favourites and take them home – and we sell fresh eggs, plants and herbs in season, all locally produced.

Meanwhile our arty-crafty members are stitching and sewing, printing and painting, beading and, well, bag-making. There can't be a regular-sized item that won't fit our lovely hand-made bags. Gorgeous necklaces, ear-rings and pretty beaded key-rings make perfect gifts and can be made to order to match your outfit – and your budget. Buy a card to send a friend, commission a painting of a favourite pet. Order a special bag or a jumper for a friend who likes blue. Talk to the makers.

Visit us to see our range of fresh food and handmade crafts at Kesgrave Market - Saturdays, 9.30 -11.30, Scout H/Q, Twelve Acre Approach, near Tesco; Martlesham Heath Market, behind the Douglas Bader pub – Tuesdays, 9.30 - 11.15. There's tea, coffee and eatables at both venues: treat yourself!

Find us on Facebook – Kesgrave and Martlesham Country Market

## **MARTLESHAM IN BLOOM**

**Bulb planting** Throughout the parish there will be a lot of daffodils in flower this spring providing a beautiful floral display for all to enjoy. They have been planted over the years by Martlesham in Bloom and many other volunteers, the latest were planted earlier in the winter by Martlesham in Bloom at each end of Felixstowe Road.

Our next event is: **Wednesday 29th April, 7.30 pm at Martlesham Parish Room, Felixstowe Road, IP12 4PB.**

This event will be our AGM where you will hear about the summer garden competitions and what we do and will be doing in the parish.

If you would like any further details on the above or any other Martlesham in Bloom activity please contact

J Maureen Burrows (Secretary) on 01473 625196.

## **PORTAL WOODLANDS CONSERVATION GROUP**

Our Annual General Meeting took place on Monday 2nd March, attended by 33 people – a record attendance. No doubt the main attraction was our special guest speaker David Kenny from English Heritage. David gave a very informative presentation on Bronze Age burial mounds and how important they are to our nation. Three years ago David had visited to help plan our project to preserve the two burial mounds in Portal Woods, and had returned to review how we had been progressing. At the AGM, he commented how pleased and impressed he was with what we had done so far, and how the mounds have the same protection as Stonehenge.

The main business of the AGM was to elect the Committee, with all the current members being returned for another year. The deserved winner of the Nature Explorers Award was Sam Alexander, and David did us the honour of presenting The Powling Cup to Sam.

This year's programme of events for our Nature Watch Club starts this month. Please send an email to [pwcg.martlesham@gmail.com](mailto:pwcg.martlesham@gmail.com) to book a place for your child (5 to 11 years old) or to find out more about the Club.

Thankfully it seems that warmer weather is finally with us and so an ideal time to visit the woods for a stroll and to enjoy the spring flowers.

### **Diary Dates:**

**Volunteer Work Morning** Sunday 19th April, 10:00am – Noon—Meet at the Education Area.

**Nature Watch Club** Sunday 5th April, 9:00am –11:00am Meet at the Control Tower.

2015 dates are on <http://pwcg.onesuffolk.net/> For more information email us at [pwcg.martlesham@gmail.com](mailto:pwcg.martlesham@gmail.com) or phone Martlesham Parish Council on 01473 612632.

## **MARTLESHAM BOWLS CLUB**

Martlesham Bowls Club members have been busy during the winter months preparing for the coming season which begins on 18th April.

We are a small, friendly club and actively enjoy playing bowls, playing both friendly and league matches as well as social bowling on a Thursday and Saturday afternoons for members new to bowls and those who just enjoy a friendly roll up.

We will be holding an open afternoon on Saturday 23rd May for anyone to come along and see for themselves whether bowls might be for them.

If in the meantime you would like more information or wish to join our Bowls Club

## **KESGRAVE HIGH SCHOOL PAMPER NIGHT**

Once in a while everyone deserves a pamper session to just kick back and relax, and spend some quality time with friends, so why not come along to Kesgrave High School, Thomas Theatre on Friday April 17th, from 7:30 – 10pm. There will be the opportunity to have a variety of professional pamper treatments, including nails, eyebrows, reflexology, Swedish massage and facials. Or have a browse around the stalls selling jewellery, cosmetics and luxurious foods whilst having a coffee and a chat with your best friends. Tickets are £3, to include a free mocktail.

Tickets are available from the main school office, or contact 07752056789; tickets will also be available on the door. If you wish to have a stall at the evening for a treatment or to sell products (cost of £10), please ring 07752056789. All funds raised go towards the Shamwari Expedition to South Africa in 2016, an expedition for young adults to work on one of South Africa's largest game reserves and develop a sustainable project for the community. So come along to this one time only event, and give yourself the pampering you deserve!! Alex Heeney



David Kenny presents the Nature Explorers Award to Sam Alexander

## **MARTLESHAM AND DISTRICT FLOWER CLUB**

The final stages of the closure have now been completed with the auditing of the accounts. The remaining funds have been divided, as promised, between three charities each receiving £340; they are The Air Ambulance, Suffolk Carers and The National Lifeboat Association.

Thanks to everyone for their loyalty shown towards the club and especially to Margaret, our Treasurer, for "winding-up" the accounts. Florence.

## **GET READY FOR SPRING!**

Come and join us for a Spring Craft Fair held in memory of Kate Wasyluk, who lost her life in a tragic accident on Foxhall Road, Ipswich in 2009. A number of well-known local craftspeople will exhibit their work, which includes textile art, visual art, ceramics, paper crafts, bead arts, woodwork and much more. Come and find a unique gift for a friend or loved one or simply relax over a cuppa and cake.

Saturday 11 April, 10 am – 4pm at Bealings Village Hall (Lodge Road, Little Bealings, Woodbridge, IP13 6LJ). Entry is free and refreshments will be on sale throughout the day - proceeds to East Anglia's Children's Hospices.

## **SUFFOLK WILDLIFE TRUST**

Our next indoor meeting will be on Thursday 16th April at 7:30pm in the Woodbridge Community Hall when Ieuan Evans of the British Trust for Ornithology will be talking to us about "Tracking Birds - Unravelling the Mysteries of Bird Migration". All are welcome, no need to be a member. Admission is only £2.

Phil Smith 01473 625630

## **HELP FOR HEROES FUNDRAISER**

We are rising to the challenge and 'Baking for Heroes'. We have teamed up with local businesswoman Sarah Pearsons to host a Pampered Chef fundraiser on Thursday 30th April, 7pm at Kesgrave Library.

We'll provide 'traditional' themed baked goodies for you to enjoy whilst Sarah will demonstrate a variety of baking equipment and cookware for sale.

We hope you can join us for an enjoyable evening of cake and fundraising for the charity Help the Heroes.

Emma Ruddy, Baking Club

## **MARTLESHAM W.I.**

Our February meeting was momentous as we made a big decision on the future of our W.I. It started normally enough with a talk by the always excellent Joyce Kimber on "Codes Cyphers and Enigma" which was fascinating, and left us with a desire to visit Bletchley Park where so much amazing work was done. After tea, we held a discussion on whether we should change the time of our meetings, and by a large majority we voted to change to an afternoon format. So from September we shall still meet in the Richards Room, but at 2.30 - watch this space for further details.

Meanwhile during the summer we shall continue to meet at 7.30 and our April speaker on Friday 17th will be Pat Shannon on "Less Well known China". As most of us know little about China this should be an enlightening evening. Competition – a piece of china (although I think the talk will be about the country rather than porcelain!).

The Suffolk East Annual Meeting at Trinity Park was, as usual, an excellent day with a variety of speakers. The exciting news on the centenary front was that we have been invited to Buckingham Palace for a garden party in June – well one person from each W.I. can go – so there will be a hotly contested ballot.

Do come along to our friendly group – visitors are always welcome.

For more information contact Anne Bennett on 01394380110.

Susan Cunliffe

## **MARTLESHAM LADIES CLUB**

We have three meetings planned for April. Looking forward to Easter, we will be holding our Easter Party on 2nd April with a Bring and Share Supper and Easter quizzes and games.

On 16th April Laurie Wiseman will tell us about A Year in the Life of a Beehive and on 30th April Susan Doe will give a talk entitled Lady Sue Ryder and the History of her Charity.

We are having lunch at the Wilford Bridge on 21st May and other summer outings are being arranged.

Meetings are held on alternate Thursday evenings at 7.30pm in the Richards Room.

To find out more phone Doreen Boar 01473 622768.

## **WEDNESDAY WOOLLY WONDERS**

If you enjoy knitting or would like to learn or share your skill, the Wednesday 'Woolly Wonders' will be meeting in the scout HQ, next to St Michael's Church centre, 10.30-11.30am on the 8th and 22nd April. We are a friendly group who have now been meeting for 9 months. You can participate in group projects or bring your own to share. We have supported many charities since June. The Lighthouse Project in Ipswich, a school for deaf children in Rwanda (which has resulted in local women there forming their own knitting group), AgeUK, Suffolk, and Help for Heroes are just a few of them, as well as sharing our skills and forming new friendships. We have also enjoyed a spinning demonstration and a trip to Hobbycraft in Chelmsford.

£2 each per session includes coffee/tea and biscuits and a donation to the scouts for use of their HQ. We look forward to seeing you.

## **WOODBIDGE AND DISTRICT LIONS**

With Spring upon us we look forward to a new season of fundraising. Our popular car boot sales in Hamblin Road, Woodbridge resume on Sunday April 26th and thereafter on the last Sunday of each month throughout the summer.

Future events will include the Woodbridge Regatta, a repeat of the highly successful art sale and the Martlesham 10km Fun Run in the autumn. All proceeds from public events are channelled back into the community, supporting a variety of Lions and local initiatives.

Always seeking to balance our community and social activities, the past couple of months have seen the Club host a reception for our Young Leaders and their parents, an evening speaker and a theatre trip. For more on who we are and what we do, please see our website, [www.woodbridgelions.org.uk](http://www.woodbridgelions.org.uk) or call 0845 832820.



## **MOTHERS UNION**

### **Meetings for April and May**

On Wednesday 1st April at 2.30pm  
Rev Tricia Shuler will speak about The Mercy Ships.

On Wednesday 6th May at 2.30pm  
Genna Smith will tell us about her work with EACH.

Both meetings at St Michael's Church Centre

Everyone most welcome.

## **AGE UK SUFFOLK'S FORGET-ME-NOT TIME OUT**

Age UK Suffolk holds Forget-Me-Not 'Time out' around the county to offer a social time to those with dementia, or memory problems, and their carers. The Forget-Me-Not 'Time out' in Martlesham is held at the Martlesham Bader Court and is called Relax and Reminiscence ('R&R'). The event is an open afternoon to relax, socialise and reminisce about past memories. Which may include Music The club is held every second Tuesday of the month. The starting time is 2pm and finishes at 4pm. The cost is £2.00 which goes towards the tea and cake that is provided.

For more information, please contact Vicky Hutchinson, Age UK Suffolk's Dementia Community Development Officer, on 07841 460379 or email [Vicky.hutchinson@ageuksuffolk.org](mailto:Vicky.hutchinson@ageuksuffolk.org)

## **"CRUCIFIXION"**

### **BY JOHN STAINER**

at St John the Baptist Church, Main Road, Campsea Ashe IP13 0JH

on Good Friday 3rd April 2015 at 7:00 pm

The Gippeswyk Singers Chamber Choir conducted by Geoff Lavery are performing the "Crucifixion", a beautiful and moving choral work by Sir John Stainer (1840-1901) which vividly portrays the events of Christ's crucifixion. Similar to the Great Passion settings of Bach, it was first performed in 1887 and combines recitatives, solos and choruses around the ethereally beautiful centrepiece meditation "God So Loved the World". It also contains 5 specially written hymns to be sung by the congregation and is a dramatic and fitting piece for Good Friday.

Soloists are Gill Peck (Soprano) and Graeme Ludwig (Bass) with Peter Clayton (Organ)

Admission is free with a retiring collection.

## **The Long Silence**

At the end of time billions of people were seated on a great plain before God's throne. Most shrank back from the brilliant light before them but some groups near the front talked heatedly with belligerence.

"How can God judge us? What does he know about suffering?" asked a young woman as she lifted her sleeve to reveal a tattooed number from a Nazi concentration camp. "We endured terror unimaginable...beatings...torture...death."

In another group a boy lowered his collar. "What about this?" he demanded showing an ugly rope burn. "Lynched for no crime but being black."

In another group was a pregnant schoolgirl looking at her feet. "Why should I suffer? she muttered, "It wasn't my fault." Far across the plain were hundreds of such groups each with a complaint against God for the evil and suffering he had permitted in his world. How lucky, they said, was God to live in heaven where all was sweetness and light. Where there was no fear, fear, hunger or hatred. What did God know of all that man had to endure in his world as he lived his sheltered existence.

So each of these groups sent forward their leader, chosen because he or she had suffered the most. A Jew, a black man, someone from Hiroshima, a thalidomide child, someone crippled from birth. In the middle of the vast plain they consulted with each other and at last they were ready to present their case. It was rather clever. Before God could be qualified to be their judge he must endure what they had endured. Their decision was that God should be sentenced to live on earth as a man.

Let him be born a Jew, let the legitimacy of his birth be doubted. Give him a work so difficult that even his family will think him out of his mind. Let him be betrayed by his closest friends. Let him face false charges, be tried by a prejudiced jury and convicted by a cowardly judge. Let him be tortured. At the last let him see what it means to be terribly alone. Then let him die so there can be no doubt he died and let there be a great host of witnesses to verify it.

As each leader announced his portion of the sentence there were murmurs of approval. When the last had finished pronouncing sentence there was a long silence. No one moved. No one spoke. Suddenly all knew that God had already served his sentence.

(source unknown)

Tricia Shuler  
Vicar

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## **PEDAL FOR A PURPOSE WITH HOSPICE'S SUFFOLK**

### **SPORTIVE CYCLE EVENT**

Cyclists, join St Elizabeth Hospice's Suffolk Sportive and pedal for a purpose this April.

The local charity are holding their annual cycle event on Sunday 26th April and it's suitable for cyclists of all abilities.

Starting and finishing in the gorgeous surroundings of Alton Water, riders have a choice of a 40 or 80 mile routes or a shorter family ride, taking participants through the scenic Suffolk countryside; or an off-road circuit around Alton Water.

The routes have been planned with the assistance of experienced cyclist Matt Kerr, a Hospice supporter and member of Ipswich Bicycle Club. Matt's mother Ann was cared for by the Hospice, and died there after a year-long battle with lung cancer.

Joanne Rodger, Events and Challenges Fundraiser at St Elizabeth Hospice, said: "Our cycling events have always proven popular, and we hope this fantastic location and our great range of routes will help get cyclists of all abilities involved in supporting their local Hospice.

"We ask participants to raise as much sponsorship as possible - any funds you raise will make a difference and goes towards providing vital care and support to our patients and their families."

Registration is open now and is £30 for the longer routes or £12 for the family and off-road routes. To sign up now, visit [www.stelizabethhospice.org.uk/events](http://www.stelizabethhospice.org.uk/events)

**Building  
God's  
Family  
Together**

**THE CHURCH IN MARTLESHAM & BRIGHTWELL**

**PARISH MINISTER:** The Revd Tricia Shuler 17 Lark Rise Martlesham Heath IP5 3SA  
01473 612659

**CURATE:** The Revd Margaret Rittman Woodlea The Street Martlesham 07914 771061  
(working days: Sunday, Wednesday, Thursday)

**READERS:** Carolyn Smith 74 Heathfield, Martlesham Heath.  
Malcolm Rittman, Woodlea, The Street, Martlesham

**ELDERS:** Margaret Rollins 9 Angela Close, Martlesham. 01473 623868  
Liz Welham 23 Deben Avenue Martlesham Heath. 01473 622709  
Lynn Wilder Kenton Nr Debenham. 01728 860627

| <b>Services for the Month</b>           | <b>Martlesham Heath<br/>St Michael's</b>                                                                         | <b>Martlesham<br/>St Mary's</b>                                        | <b>Brightwell<br/>St John's</b> |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------|
| <b>Friday 3rd April<br/>Good Friday</b> |                                                                                                                  | 11am Hour at the Cross <i>then<br/>Walk of Witness to St Michael's</i> | 6.30pm Hour at the Cross        |
| <b>Sunday 5th April<br/>Easter Day</b>  | 9.45 Easter Praise for all ages                                                                                  | 11am Holy Communion                                                    | 8am Holy Communion              |
| <b>Sunday 12th April</b>                | 9.45am Holy Communion with<br>Junior Church                                                                      | 11am Morning Worship                                                   | 6.30pm Evensong                 |
| <b>Sunday 19th April</b>                | 9am Breakfast@9                                                                                                  | 11am Holy Communion                                                    | <i>8am Holy Communion</i>       |
| <b>Sunday 26th April</b>                | 10.30 Benefice Service at St Michael's followed by Annual Meeting and Bring and Share Lunch                      |                                                                        |                                 |
| <b>Sunday 3rd May</b>                   | 9.45am All Age Service                                                                                           | 11am Holy Communion (Prayer<br>Book)                                   | 8am Holy Communion              |
| <b>Midweek Services</b>                 | Holy Communion each Wednesday at 10 am in St. Michael's.<br><b>A warm welcome awaits you at all our services</b> |                                                                        |                                 |

**Prayer Diary** Please include the following as an addition to your daily prayers

**5th " Rejoice the Lord has risen again"**

6th Bank holiday for good weather  
7th Give thanks for love of family & friends  
8th residents of Church Lane  
9th rejoice in the beauty of Spring flowers  
10th for all gardeners & farmers  
11th for the Coffee Shop project at St Michael's Church  
**12th for all in Junlor Church today**  
13th for all attending History Society meeting this evening  
14th for those who mourn  
15th residents of Clayton Court  
16th for the hungry & unemployed  
17th for all who attend the Friends on Friday meeting  
18th those awaiting results of medical tests  
**19th for all who attend church today**  
20th remember the housebound  
21st all who care for others with love & compassion.

22nd residents of Coopers Road  
23rd St Georges Day- for all English saints and martyrs  
24th for all with ongoing health problems.  
25th St Marks Day- may we spread his good news today & always  
**26th for the Church Annual Meeting today**  
27th for a long & happy retirement for Rev Tricia Shuler.  
28th for local & national governments  
29th residents of Copse Close  
30th those who work in our local hospital, hospice & care homes..  
**MAY**  
1st St Philip & St James- may we to be faithful servants  
2nd for worldwide justice & peace.  
**3th that we may welcome newcomers to the churches.**  
4th for all on holiday this week.