

martlesham monthly

MARCH 2015

Produced and Distributed by Volunteers

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**PLEASE NOTE NEXT MONTHS
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**MARTLESHAM MONTHLY ONLINE
www.martlesham.org.uk**

DISCLAIMER

The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor.

MARTLESHAM VILLAGE HALL

TOP STREET

Although we have regular bookings for evenings throughout the year, morning and afternoon sessions are available. The hall is ideal for small groups who need to meet at a reasonable cost, discount for residents of Martlesham.

For any queries or bookings please contact 01473 623655.

THIS MONTH'S PHOTOGRAPH

Auster JIN Alpha built in 1947 carried Gordon Kinsey and Paul Firman to and from the last day of flying at Martlesham on March 26th 1979. The plane was piloted by Leo Brome. A tribute to Gordon Kinsey who passed away a few weeks ago.

Thanks Gordon for being such a friend to the Community here at Martlesham.

COMMUNITY RESPONDERS

Martlesham Community Responders are a group of 3 volunteers (funded entirely by donations) who are trained to provide first aid and resuscitation skills. We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact, Paul Stockdale 01473 621225 (e.mail: paulstockdale@btinternet.com)

POLICE

Community Police Officer PC 1732 Rachel Cable

In case of emergencies please always call 999.

In non-emergency situations call the the new number 101.

E-mail: the Safer Neighbourhood Team kesgrave.snt@suffolk.pnn.police.uk

GIRLGUIDING MARTLESHAM

For all NEW enquiries to join Guiding as a young member or adult volunteer, please visit www.girlguiding.org.uk/interested or call 0800 1 69 59 01.

For general enquiries about Guiding in Martlesham, please contact

Hannah Panting
(hannahpanting@hotmail.com
Martlesham District Commissioner

Or Chris Cooper Martlesham District Wait List Coordinator 01473 626024,

1ST MARTLESHAM SCOUTS

For all enquiries regarding joining the group, becoming a helper or hiring of the Scout HQ please contact Rachel Pennick 01473 610437

MOBILE LIBRARY TIMES

TUESDAY 24 March, 21 April, 19 May

Angela close: 1.35–1.50pm

Redwold Close: 1.55–2.10pm

Falcon Mobile Home Park: 2.20–2.50pm

Douglas Bader: 3.00–4.30pm

THURSDAY 12 March, 9 April, 7 May

Douglas Bader: 10.15–11.45am

THE MARTLESHAM HEATH PAVILION

The Pavilion is a great location for a children's party at weekends. If you want to book the Martlesham Heath Pavilion or need more information please call the booking secretary on 07732 199 712 Alternatively, you can book on our website:

<http://www.martlesham.org.uk/pavillon/index.htm>

which also contains details of our current rates and hiring conditions

MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

To enquire about booking Martlesham Community Hall or the Richards Room please telephone the Booking secretary on 01473 623203 who will be available to help you with your enquiry or will telephone you back if not available.

Alternatively e-mail the new e-mail address **martcomhall@btinternet.com**

MARTLESHAM PARISH COUNCIL

Neighbourhood Plan boundary consultation now In progress (closes 9 March 2015)

Suffolk Coastal District Council (SCDC) is currently consulting residents on both the proposed Martlesham Neighbourhood Plan boundary and the Woodbridge boundary area. Usually, a neighbourhood area covers a single parish area. The application by Martlesham Parish Council does just that. However, the application by Woodbridge Town Council extends partially into Martlesham Parish to include the Seckford Heights and Dukes Park housing areas as well as the Woodbridge Town Football Club site. An area can be only covered by one Neighbourhood Plan so we strongly encourage parishioners to express their views to the District Council, with a copy to the Clerk please. Full details can be found at: <http://www.suffolkcoastal.gov.uk/yourdistrict/planning/review/community/consultation/#apps>

Please also refer to the Neighbourhood Plan Team's dedicated article in this newsletter & their website: <http://martleshamnp.onesuffolk.net/>

Bike Trails

Did you know that the council has a Bike Trails site? Does your family use it? Do you want it to continue to be available? We need some help in keeping the site operating. Users are encouraged to help maintain the runs and jumps. As well as encouraging more users we need adults to help and assist with the general operation of the site. It would be a shame to see the site close because of lack of help or interest. In the past many young people have had tremendous fun here and it is a facility for young people which is so often lacking. If you can find time to help - young or older - a user, parent, grandparent, local

resident or general good citizen willing to assist - please contact the Clerk for more information. We would be delighted to hear from you as we want to keep this site open for the benefit of our young people.

Martlesham Recreation Ground, The Street

There are problems with dog fouling at the Recreation Ground. The majority of dog walkers do act responsibly and it is unfortunate that their reputation is being harmed by a few who are inconsiderate. It is an offence to not clear up immediately after your dog has fouled any public land. Offenders may face a fixed penalty fine of £80, or a fine of up to £1,000 on conviction. Bagged dog waste may be put in any litter or dog bin, or taken home and put in your grey-lidded bin.

We are working with the District Council to address the problem and they have been patrolling the area and offering advice. We would like to be able to identify and trace any offender(s) so that the matter can be taken up directly with them in an effort to try and eliminate the problem at its source. If you witness a dog fouling offence and have any information that may enable any offender(s) to be tackled such as name, address or vehicle registration, time and date when the offence occurred, please contact Suffolk Coastal Services Ltd as soon as possible on 01394 444000 or by e-mail on scsltd@ncsgrp.co.uk, or report it to the Clerk. We would also welcome your response to a short survey which might help us to find solutions to the problem. It can be found on the home page of our website: <http://martlesham.onesuffolk.net>.

What have we been doing recently?

- The Common: working closely with the Greenways Project, grant funding from the Butterfly Conservation was obtained to help us manage the growth of plants such as gorse;
- Recreation Ground: trees planted by Martlesham in Bloom, hedge cut back to improve visibility for vehicles entering & exiting;
- 2 grit bins purchased and sites agreed with Suffolk County Council, at the request of parishioners.
- Responding to SCDC's consultation on Site Allocations & Area Specific Policies

Forthcoming meetings:

Parish Council – Wednesday 04 March 2015

Recreation & Amenities Committee – Wednesday 11 March 2015

Finance & General Purposes Committee – Wednesday 18 March 2015

Parish Council – Wednesday 01 April 2015

All meetings start at 7.30pm in the Parish Room, Felixstowe Road, and are open to the public, who are welcome to ask questions or make comments to the council during the adjournment.

Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

01473 612632

e-mail: clerk@martleshamcouncil.org.uk
website: <http://martlesham.onesuffolk.net>
for latest news & events

Parish Office opening times: 9am – 12noon, Mon – Fri, excluding public holidays, but please book an appointment in advance.

Martlesham Monthly

MARTLESHAM NEIGHBOURHOOD PLAN – UPDATE

Neighbourhood Plan Boundary – On 18-December 2014 we resubmitted our Neighbourhood Plan boundary area. Again matching the Parish Boundary but adding in additional input as suggested by “Locality.org” the Government agency that has been supporting us. Suffolk Coastal District Council accepted our submission on 26-January 2015 and the 6 week consultation period began, closes on 9-March. It so happens Woodbridge have also submitted a Neighbourhood Plan and have included the northern boundary of Martlesham. Suffolk Coastal will make the final decision but we have consulted with the local residents on 7-Feb in Seckford Heights, Dukes Park and California for their thoughts on which Neighbourhood Plan they would like to be a part of. More details on the boundary can be seen on our website <http://martleshamnp.onesuffolk.net/>

Adastral development – The Court ruling went ahead on 22 January, however, the Judge is considering his decision. At time of writing (7 Feb) we expect a decision to be made in approx 2 weeks' time. Regarding a Memorandum Of Understanding (MOU) with Suffolk Coastal District Council about community involvement in the design and planning of Adastral Park, we don't expect any progress prior to the legal decision.

Neighbourhood Planning – We met with our planning consultant on 5-Feb. Using our survey results we shall be identifying the top items we need to address as part of our Neighbourhood Plan and provide evidence. This will involve collecting additional information from various sources. We are in need for support from the local community. If you are able to volunteer your time to help us please contact us through the Martlesham Parish Clerk on 01473 612632 or email us at martlesham2028@gmx.co.uk

CHRIS BLUNDELL'S DISTRICT COUNCIL REPORT MARCH 2015

This is the last report I am able to write before we enter the period known as 'Purdah'. What that means is that for the few weeks prior to the election I along with all other prospective candidates have to restrict my activities during that period and not meet in council except for essential legal duties such as planning determination. I will however continue to keep an awareness of events. I believe that it may be helpful to highlight some key dates for everyone.

1. 23rd March Notice of Election
2. 31st March to 9th April Nomination papers presented to the Returning Officer.
3. 10th April Statement of Nominations issued.
4. 20th April Last day for registration of new electors.
5. 21st April Last day for registering postal votes.
6. 22nd to 29th April Postal voting papers issued (These must be returned on time).

It is important to note also that there will technically be three ballots.

1. A ballot paper for the District Council for which every eligible elector will be able to vote for up to TWO candidates.
2. A ballot paper for a Member of Parliament for which every eligible elector will be able to vote for only ONE candidate.
3. A ballot paper for the Martlesham Parish Council for which every eligible elector will be able to vote for up to FIFTEEN candidates. However if the number of candidates for the Martlesham Parish Council does not exceed fifteen candidates this means that there will be no contest and hence no Ballot paper. If there are more than fifteen candidates there will be a ballot.

To determine the true will of the electorate I do hope that everyone will use their votes either by post or on polling day. It is a treasured right that we must all preserve in a democratic society. If you would like to discuss these or any other matters with me, you can do so either by phone on 01473 622716 or by e-mail to chris.blundell@suffolkcoastal.gov.uk.

MARTLESHAM PARISH COUNCIL

Forthcoming Martlesham Parish Council Election - Your Village Needs You! NOBODY CARES MORE ABOUT YOUR COMMUNITY THAN YOU AND YOUR LOCAL COUNCIL DO!

Parish Council elections will take place on the same day as the General Election this year on Thursday 07 May 2015. We encourage you to consider taking an active part in the way Martlesham Parish Council makes its decisions and spends your money. If you wish to stand for election, you will need to consider which ward you will stand for - Martlesham West, Martlesham North or Martlesham. You can find out more about this through the Martlesham Parish Clerk or Suffolk Coastal District Council. Detailed information is on SCDC's website: <http://www.suffolkcoastal.gov.uk/yourcouncil/elections/townparish/>. Nomination forms will be available from SCDC in March and need to be returned to SCDC no later than 4pm on Thursday 9 April. Ballots will only be held if more candidates than are required for each ward stand for election.

You need no special qualifications to become a councillor but an essential requirement is an interest in looking after your parish for the benefit of the community. Please come along and meet us and see how council meetings are run at any of our forthcoming meetings (details in our regular article).

The Council's current activities include:

- maintenance of footpaths and the Common
- provision and maintenance of bus shelters, litter and dog-dirt bins and seats
- maintaining four play areas and bike trails
- grass cutting and maintenance of the Green and Recreation Ground
- development of a Neighbourhood Plan
- responding as a consultee to major development & minor planning applications in the parish
- working with the County & District Councils, the Police and other local organisations to ensure the delivery of services to meet local needs.

You don't need to be interested in all these things and, with our committee structure, you can get involved in those areas where you think you can help the most. Come & join us!

Annual Parish Meeting –

**Wednesday 22 April 2015, 7.30pm,
Parish Room**

Not a formal meeting of the Parish Council! Come along and find out what we've been spending your money on during the year and find out what other local organisations have been up to. Have your say about issues that affect Martlesham too. For the financial year 2015-16 we have awarded grants to British Red Cross, Disability Advice Service (East Suffolk), Greenways Countryside Project, Home-Start, Kesgrave Library Community Group, Martlesham Bowls Club, Martlesham Conservation Group and Martlesham in Bloom. Cheques will be presented at the meeting.

All welcome.

Light refreshments included!

MARTLESHAM COMMUNITY COUNCIL

Reg. Charity no 273769

JUMBLE, BOOK & PLANT SALE

The Pavilion,
The Drift, Martlesham Heath
10 am to 12 noon

Saturday 7th March 2015

Admission 30p
Books from 5p each

*For further information about the above or
about Martlesham Community Council
please contact:-*

*the Secretary, Jackie Bear on 01473
623007.*

MARTLESHAM MONTHLY LEAFLETS

**An A5 leaflet, advertising your
business, or a club's forthcoming
event, can be inserted in an issue of
the Martlesham Monthly.**

**For the cost of only £25 you can reach
2850 households and businesses in
Martlesham, Martlesham Heath, and
Brightwell.**

**For further details e-mail
martleshamleaflets@talktalk.net**

**1ST MARTLESHAM SCOUTS INVITE
YOU TO SUPPORT THEIR**

Easter Craft Fair

Saturday 14th April

10-12

@ the Scout HQ, Martlesham Heath next to
St Michaels church

Various stalls Raffle Crafts for children

Free entry Refreshments

All proceeds to re-new roof
appeal

EASTER AT BRIGHT STARS

During the spring term we have been finding out about Jesus as we head towards Easter, with singing, stories, games and making crafts to take home. If you are a baby, toddler or preschooler who would like a fun start to your week we would love you to come along with your parents, grandparents and/or carers to join us at Bright Stars. We meet 10:30am on the 2nd and 4th Mondays of each month during term time at St Michael's Church Centre, Martlesham Heath IP5 3PL. Each session is free, full of fun children's activities and is followed by refreshments and a chance to play, while the adults that you have brought along enjoy a chat! Why not come and visit us? You are welcome to just turn up on the day at any of the sessions, however if you would like any further information feel free to telephone us on the phone numbers below. We look forward to welcoming you!

Our remaining session dates for the Spring term 2015 are: March 9th, March 23rd

For further information please contact:

Jennie Fidler Tel.07584 420729, Sonya Burrows Tel.01473-625196

or Sue Lambert Tel.01473-624130

CALLING ALL MUMS..... The next meeting of MARTLESHAM MUMS' CLUB will be held between 12.45 and 2.30p.m. at St. Michael's Church Centre, Martlesham Heath on Tuesday, 3rd March. We will start the meeting with a snack lunch which will be provided for you for a donation of £2.00 per adult. We will then be joined by Emma Ruddy from Kesgrave Library who will give us a taster session of the 'Tot Rock/Baby Bounce' sessions which she runs at the library. We invite all mums, grans and carers with babies and toddlers to join us.

Mums, Grans, Carers, Babies and Toddlers are also invited to come to the DRINKS AND DRIBBLES BABY CAFE which will be open at St. Michael's Church Centre between 10a.m. and 12 noon on Thursdays, 5th and 19th March. This is a drop-in for the buggy brigade. We can offer refreshments, friendship and toys.

For more information please feel free to ring Sue on 01473 624130.

THE SAPLINGS

Baby Room, Preschool, Breakfast Club, After-School Club & Holiday Club

Week Commencing the 9th Feb 2015 our Preschoolers are busy celebrating Chinese New Year: making lanterns, lucky money envelopes and tasting Chinese food in our role play chinese restaurant, also Amy will be helping After School Clubbers make dragons and shadow puppets.

After the half term holiday we have lots to look forward to as the spring fast approaches! There will be a chance to dress up as your favourite ever book character for world book day on the 5th March . There will also be an opportunity to spend time with your child at our Mothers stay and play sessions to celebrate Mothers day, week commencing 9th March.

We have some fundraising going on throughout the month as the children can come in dressed in red and with red noses too in aid of comic relief. On Saturday the 21st March we will be holding our annual Easter Fair @the saplings from 10am till noon. There will be lots of craft activities for the children to do and much more.

In the baby room our little seedlings will be exploring signs of spring and baby animals.

The Easter holiday is from the 30th March to the 10th of April. Please keep an eye out for details and activities on our our website: thesaplings.org.uk/holiday_club.php

We have spaces in all our rooms and funded two and three year olds can use their funded sessions throughout our opening hours and 'stretch' funding across Holiday Club.

For more information, please call: 01473 614753, email: news@thesaplings.org.uk, or visit our website: thesaplings.org.uk

GROWING GUIDING....MARTLESHAM!

How would you like to go Zorbing? climb a mountain? take young members to a pop concert just for young women? Brush up your Zumba? or teach & learn new skills & crafts? All these things are available through Girlguiding.

We are looking for Adult leaders, (18yrs+) for our Rainbow Unit, in Martlesham. We would love to be able to offer the Guiding experience to more young people, but in order to do this, we need your help. If you can spare a couple of hours each week, enjoy working with young people & want to make a difference in their lives, please contact us. No previous experience of Guiding is required.

To find out more about volunteering, please contact:-

Hannah Panting (District Commissioner) at hannahpanting@hotmail.com or

Jo (County Outreach Worker) jo.d@btinternet.com

Alternatively, use the Girlguiding UK website www.girlguiding.org/interested to register interest for your daughter(s), as we still have a few spaces available at Brownies & Guides.

Thank you.

**PORTAL WOODLANDS
CONSERVATION GROUP**

On the 17th January our Nature Explorers group had the task of checking, logging, cleaning and repairing the bird boxes in Portal Woodland. Three teams, each with a ladder, set off to reach the high (and low) bird boxes; the high being for tits like great, coal and blue while the low, open nest boxes are usually inhabited by birds like the robin and wren. The teams climbed ladders and unscrewed the boxes then checked for and recorded the findings of last year's inhabitants. They then removed debris, repainted and repaired any damages before being fixed back in position. We did this in January as the boxes are uninhabited. Now the boxes are ready for the nesting birds in spring. Out of the 36 bird boxes surveyed, 78% of the tit boxes and 11% of the open boxes had been occupied.

The volunteer working party braved the cold when once again working on the tumuli (two Bronze Age burial mounds), clearing the felled trees to give the site full historic protection.

Visitors to the woodland may have heard a tawny owl in the late evenings, unfortunately the woodlands owl box is currently home to a family of grey squirrels.

We would like to say "thank you" to the local person for the donation of English bluebell bulbs - we look forward to them flowering later in the spring. We welcome offers of native plant species.

Dates for the diary:

The Annual General Meeting, Monday 2nd March, 7:00pm at Martlesham Parish Room. All welcome.

Volunteer work morning, Saturday 21st March, 10:00 - 12:00.

Nature Explorers (11 - 18 year olds), Saturday 21st March, 9:00 - 11:00.

Nature Watch Club (5-11 year olds), Sunday 5th April.

New volunteers are very welcome. Please do visit the website <http://pwcg.onesuffolk.net/> or email pwcg.martlesham@gmail.com for further information.

By Sam Cork - Nature Explorer.

MARTLESHAM CONSERVATION GROUP

Many thanks to all those volunteers who came along to our last work party on the 9th of February. The work followed up on previous work parties undertaken by the group and involved removing small trees, brambles and re-growth from an area of heather on the heath SSSI that was cleared a few years ago. Much of the management undertaken work undertaken on the heath is aimed at retaining or recovering areas of heather as it supports a wide range of wildlife including insects, reptiles and birds.

Larger areas of the heath have been cleared by the contractors and volunteers who have worked over the winter period returning more areas towards more open heathland. Please can we encourage members of the public to stay off these areas and give the wildlife chance to recover and recolonise. Hopefully the rabbit population on the heath will take over the main job of maintaining these areas in the longer term.

During March migrating birds begin to arrive. The Chiff Chaff is one of the first, usually arriving in mid-march and may begin to occupy our local woodlands in the second half of the month. The cheerful repetitive song of the Chiff Chaff is a welcome addition as it reminds us of warmer times to come. Other migrants with more varied song such as the Willow Warbler and Nightingale should arrive in April. All these birds were present on our heath last year, contributing to the rich soundscape of birdsong.

In March we will have our regular work party on Sunday 8th March at 10 am on the heath following up on the Megabash event that took place on Saturday 21st February.

Please get in touch if you would like more information about our events and activities or just turn up on the day.

Phil Smith 01473 625630

MARTLESHAM HEATH AVIATION SOCIETY

In a packed Community Hall on Friday, 6th February we were entertained by Mr Mike Bettell who delivered an illustrated talk about this RAF career.

Air Commodore Mike Bettell OBE now lives at Little Bealings. His RAF career spanned much of the time of the so called, "Cold War" period when the Soviet bloc faced the NATO allies in a tense stand-off which finally eased in 1991.

Mike joined the RAF in 1962 and spent five years at RAF Wattisham on Lightnings of Treble One and 29 squadrons. In 1969 he converted to Phantoms, which was the aircraft type that he was associated with for much of his career. He was promoted to Wing Commander in 1979 and later as an Air Commodore filled several important roles including being personal staff officer to the C-in-C in Germany, commanding RAF Waddington and appointed an ADC to Her Majesty the Queen.

Several other important posts followed before Mike finally retired in 1999. A career which can only be described as glittering! His often humorous talk included an account of a typical training mission to intercept Russian surveillance aircraft that often flew close to our air space. A more detailed account of the evening can be seen on our website, WWW.MHAS.ORG.UK

A vote of thanks was given by Alan Smith.

Our next meeting, on Friday March 6th will be in the Community Hall, Felixstowe road as usual and will feature an illustrated talk by Mr Rod Dean, "Flying and Displaying Vintage Aircraft." Exploring 30 years of display flying with an emphasis on classic vintage aircraft.

Meetings start at 7.30pm with a tea/coffee break at half time. Non-members are welcome for a payment of just £3 at the door.

Alan Powell 622458. www.mhas.org.uk

MARTLESHAM SURGERY – UPDATE FROM THE PATIENT GROUP

At our January meeting, we were pleased to welcome Dr Fitzgerald back after her surgery - part time for now. We have written to thank Dr Tobias for his exceptional cover during last year's shortages.

We had much to discuss including progress with our action plan from our 2014 survey and were pleased to see a number of improvements have already been made as a result of patients' feedback. There won't be a 2015 survey as we're still implementing the action plan, but all GP practices are required to ask patients if would they recommend them to their friends and family. You can find these short survey forms in the surgery waiting room or online at www.mhdoctors.com. Among the many targets set, surgeries are being assessed on how many people give feedback.

We asked if the list of medication attached to each prescription could be updated to remove items which are no longer current. Some of these drugs may no longer be recommended for the same condition, so keeping them on a patient's prescription list can be more confusing than useful. We were advised that patients can ask to have their medication lists updated whenever they visit a doctor or nurse.

COFFEE SHOP UPDATE

St Michael's and St Mary's are planning to open a not for profit coffee shop in St Michael's church. The work is currently ongoing with a new coffee bar area, a new toilet for anyone with disabilities and a baby change unit. All being well the work will be finished early summer. We are looking forward to providing a comfortable place to meet and to enjoy a quality cuppa and home baked scone with your friends. We anticipate opening from 8.30 – noon and will soon be recruiting volunteers to work in the coffee shop. With serving, cleaning and baking fresh scones and cakes, there will be lots to do. Our next big task is to find a name. If you have any good ideas, please feel free to pop them in St Michael's letter box.

Rev Margaret Rittman
Curate

MARTLESHAM BRASS

'Making Music Fun In East Anglia'

On Saturday 7th March please join our Preliminary Band for 'Tea & Tunes' at St Michael's Church Centre, Martlesham Heath, between 10.00 and 12.00. This is a chance for this band to showcase their talents. There will be craft & cake stalls & refreshments will be available. Admission is free.

On Saturday 11th April we are delighted to welcome Richard Marshall, Principal Cornet with the world famous Black Dyke Band. He will hold a workshop for band members during the day, and will perform in a concert with Martlesham Brass Main Band in the evening. Ticket details will be available next month.

Our band welcomes new players young and old, with or without experience. Our aim is to encourage anyone who feels they would like to play in a brass band to come and have a go! If you would like to join us, or if you already play or have previously played a brass instrument and feel that you would like to come along and meet us, please contact us via the website or use the contact details below.

Liz Howard. (Publicity Officer)
e_m_howard@talk21.com
01473 625617.

Registered Charity No.1100922. Visit our website www.martleshambrass.co.uk

SUFFOLK WILDLIFE TRUST

Our next indoor meeting will be on Thursday 19th March at 7:30pm in the Woodbridge Community Hall when Haidee Stephens of Suffolk Coasts and Heaths will be talking to us about Suffolk's Estuaries. All are welcome, no need to be a member. Admission is only £2.

Phil Smith 01473 625630

MARTLESHAM CARPET BOWLS

We have now played 13 of the 18 league games, winning 7 and losing the other 6. Several of the away games were lost on the shots and we are just holding on to the 3rd place

We held a Fun Day on Sunday 25th January and 18 members played bowls related games competitively. Each member brought an item of food and we all enjoyed a delightful, very varied lunch. The overall winner was Sheila Beer, with John Orvis a close second.

Sadly we have lost two of our former members since the last magazine went to print. Joan Woolley died at the beginning of January and her funeral will be at the end of February, and Geoff Waugh whose funeral was on 11th February. This was attended by several members representing the club. Geoff's wife Maggie is still a valued member and we look forward to seeing her back in our midst in the near future.

In the Club Competitions Peter Mullett is our new Mens Champion, beating David Bright in the final. The Ladies competition is still at the semi final stage and the Club Championship is under way. The Pairs competition will be played on Sunday 22nd of February and the triples in March.

The arrangements for our Annual Dinner are now complete and once again will be held at the Alnesbourne Priory, as usual the dinner will be followed by a Quiz and a draw, the generous prizes for which are provided by the club. This is somewhat later than usual but the last 2 years there has been a problem with the weather so the decision was taken to delay the meal until March. A full report next month

Judith Longman

MARTLESHAM IN BLOOM

Bulb planting

Throughout the parish there will be a lot of daffodils in flower this spring providing a beautiful floral display for all to enjoy. They have been planted over the years by Martlesham in Bloom and many other volunteers, the latest were planted earlier in the winter by Martlesham in Bloom at each end of Felixstowe Road.

Tree planting

We have been busy tree planting this winter as we were successful in being given over 400 small trees under the Woodland Trust's Community Tree Scheme. These have been planted in Martlesham Recreation Ground alongside the riverside fence. They will provide a hedge of mixed species that will provide an attractive screen in front of the fence and will help improve the biodiversity of the area. Some of these free trees have also been planted in the corner near the Bowls Club in order to provide a hedge screen between the Recreation Ground and the commercial area of Sluice Farm. We were also given a young oak tree by a resident and this has been planted near the Community Hall.

Our AGM will be held on Wednesday 29th April at 7.30pm in the Martlesham Parish Room, Felixstowe Road IP12 4PB. Everyone welcome.

If you would like any further details on the above or any other Martlesham in Bloom activity please contact

J Maureen Burrows (Secretary)

MARTLESHAM LADIES CLUB

We are all looking forward to Spring after braving cold and icy conditions to attend our February meetings.

On 5th March Joy Bounds will give a talk entitled The Life and Times of Joan of Arc. Joy has given talks to us previously so we know we will enjoy an interesting evening.

On 19th March Marilyn Coates will tell us about the Samaritan's Purse Operation Christmas Child.

Easter will soon be here and on 2nd April there will be an Easter Quiz and a Bring and Share Supper.

Meetings are held on alternate Wednesday evenings at 7.30pm in the Richards Room.

For more details phone Doreen Boar
01473 622768.

MALGA (MARTLESHAM ALLOTMENT AND LEISURE GARDENERS ASSOCIATION) - 2015 AGM, 10 March 2015

A handful of people came to last year's AGM in March 2014. We re-elected a committee, to run MALGA on a 'caretaker' basis for 2014/15. This meant we agreed not to meet and act unless we had a realistic offer of allotment land or the planning background changed significantly.

Why did we decide on this? Well - as previously highlighted, even after several years concerted effort, MALGA has not secured an allotment site within Martlesham Parish. The current wait for the Local Development (planning) Framework and a decision about the Adastral Park development means the situation is unlikely to change significantly, at least within this Committee year. i.e. availability of suitable land and willingness of landowners to lease it for allotments.

Nevertheless it will shortly be time for the next AGM - to be held on Tuesday 10 March, 7.30pm, at the Parish Room (Martlesham Community Hall buildings, Felixstowe Road). We will again consider if MALGA has a viable future or should be wound-up. If you're in any way interested in allotments within Martlesham, can you please attend this meeting, to help agree the best way forward. If you are a past MALGA member we'd be really pleased to see you and hear your views.

If anyone would like any further background information or to share ideas or views with me beforehand, please either call me on 01473 622721 (evenings/weekends) or email me via (info@malga.org.uk). Ian Read Chairman MALGA

HAVE YOU EVER WANTED TO SING IN A MALE VOICE CHOIR? NOW IS YOUR CHANCE TO HAVE A GO

To all men in Martlesham and the surrounding area. Do you like singing and think you would like to have a go at singing in a male voice choir?

Then Saturday 7th March is a date for your diary. The Suffolk Constabulary Male Voice Choir (and you do not have to be a policeman to be a member!) is holding a Come and Sing at

The Low Hall,
Kesgrave Scout Hall,
IP5 1JF

between 10.00am and 1.00pm.

Admission is free and you don't have to pre book. Light refreshments will be available.

Singing in a male voice choir is great fun and an enjoyable experience.

To find out more or to register your interest contact

Stephen Wade

scmvc@scwade.eclipse.co.uk or
telephone 01449 672600.

MARTLESHAM HISTORY SOCIETY

The next meeting of the Martlesham History Society will be on Monday 13th April 2015. Remarkable Women of Ipswich ~ Ann Day This is opportunity to discover how women have contributed through the ages to all aspects of Ipswich life. Although many of their achievements have been and remain unrecognised, you will find that each of these women to be remarkable in their own way.

Meetings are held at Pavilion, Martlesham Heath, Ipswich, IP5 and commence at 7.30pm.

Admission fee is £2.50 and meetings are open to all.



NEWS FROM ANGLIA CARE TRUST

Hi everyone we are Anglia Care Trust a local charity right on your doorstep with our offices located on The Square in Martlesham Heath.

We are focused on supporting vulnerable adults and young people across the County. We seek to improve both the quality and standard of life of those in need for the benefit of the individual and the community.

Volunteers Event

We recently held a Volunteers Event at our offices in Martlesham to thank our volunteers for their support and to share their success throughout the past 12 months. We were treated to the inspiring story of Curtis Blanc on how volunteering had turned his life around enabled him to set up his musical artist development agency in Ipswich.

Domestic Abuse Awareness

On Wednesday 18th March we shall be holding a Domestic Abuse awareness and information evening from 6.00pm – 7.30pm, at Anglia Care Trust offices, Unit 8, The Square, Martlesham Heath, Ipswich, IP5 3SL

A chance to hear how Anglia Care Trust is delivering front line services to victims across Suffolk. You will learn what domestic abuse is, its prevalence and how to recognise common effects and signs of abuse. We will discuss the services available to victims of abuse in your area and what you can do to help. Please contact admin@angliacaretrust.org.uk or call 01473 622888 if you would like to attend

We have a number of volunteering roles available

- Appropriate Adults
- Money Advisers
- Independent Visitors for children in care
- Advocates for children in care
- Mentors for both young people and adults
- Supporters for those who are victims of domestic abuse
- Mediators for both family and neighbourhood mediation

We provide free training and pay your expenses. Our next training sessions are scheduled for April.

If you would like to help others, expand your skills and experience and give something back to the community then we would love you to be one of our volunteers. Please contact

stephenstokes@angliacaretrust.org.uk for more information Or visit our website at www.angliacaretrust.org.uk

Best regards

The Anglia Care Trust Team

WHOLESOME WINTER TREATS AT THE KESGRAVE AND MARTLESHAM COUNTRY MARKETS

Country Market's "home-baked" label means "extra special": there's nothing like a cake fresh from the oven or home-cooked cookies and savouries to make you forget the rigours of a cold frosty winter. Smother your toast with British butter and delicious fruit jam or our newly available Seville marmalade for a tasty treat in the morning or at tea-time: don't miss it! There's surely a jam or marmalade to suit every taste, all made by local producers: come and find it.

Our butcher is with us every week at Kesgrave (except jumble sale day) and he offers freshly packed locally farmed meat of all varieties and cuts at good prices.

Easter is early this year and you can buy and order hot cross buns, chocolate cakes and other goodies for your family and friends. Bags, beads and birthday cards: our crafters have been sewing lovely bags, padded pouches for your Kindles and tablets, pretty and unique jewellery, charming cards of Suffolk scenes, and other unique gifts all at pocket-money prices and hand-made locally.

Come and see our range of fresh food and handmade crafts at Kesgrave Market - Saturdays, 9.30 -11.30, Scout H/Q, Twelve Acre Approach, near Tesco; Martlesham Heath Market, behind the Douglas Bader pub - Tuesdays, 9.30 - 11.15. There's tea, coffee and something to eat at both venues: why not treat yourself this week?

Margaret Gayfer 01473 623849

KESGRAVE WI

Our next meeting is on Thursday 5th 2015 at 7.15 in the Kesgrave Community Centre when we all being shown how and actually make a Fascinators by Anita Josselyn Visitors are very welcome to join us. For more information call our Secretary Di. Chilver on 01473 611415

MARTLESHAM W.I.

Mention Sizewell C around these parts and it's likely to be met with a strong reaction, for or against. But how many of us know the facts. ? So we felt it would be good to get some information from the horse's mouth as it were. Accordingly at our next meeting we are having a talk and "demonstration" on the subject by Nicola Corbett, Communications Officer at EDF Energy. There should be plenty of time to ask questions, especially about safety and how our patch will be affected by the inevitable increase in traffic along the A12 during construction. That will be on Friday March 20th at 7.30 in the Richards Room behind Tesco. Competition is for a fancy candle.

By this time we shall have already attended the Suffolk East Annual Meeting at Trinity Park on March 3rd to which a good number of us are going. And there are several interesting events in the offing organised by the County Federation, from Pistol shooting to a "Buns, Boobs and Bras" afternoon when we shall be getting more information about how to look out for signs of trouble from a nurse from the breast care unit at Ipswich Hospital, and a talk on getting the right bra from a fitter from M&S. With tea and buns, it sounds like an unusual and informative afternoon.

Do come along with your questions on March 20th, you will be most welcome. More information from Anne on 01394380110. Susan Cunliffe

MOTHER'S UNION NOTICES FOR MARCH

On Wednesday March 4th at 2.30pm
Maureen will speak about FIND The food bank in Ipswich.

On Wednesday April 1st at 2.30pm
Rev'd Tricia Shuler will talk about The Mercy Ships.

Both meetings at St Michael's.Church Centre

All welcome.

MARTLESHAM COMMUNITY HALL MANAGEMENT COMMITTEE

Reg. Charity 1009602

Annual General Meeting

Thursday 19th March 2015

7.30 pm

The Parish Room(adjacent to the Richards Room), Felixstowe Road IP12 4PB

We look forward to seeing parishioners, regular hirers and anyone interested in the halls at this meeting.

If you would like to know about using the halls as a regular hirer or for a one off event please contact the booking secretary on any of the ways below as at the moment there are some spaces available in the halls. The Martlesham Community Hall Management Committee is made up of the regular hirers of the halls and parishioners all on a voluntary basis

Address: *The Booking Secretary.*

Martlesham Community Hall, Felixstowe Road, Martlesham. IP12 4PB

Tel. Booking Secretary. 01473 623203

e-mail. martcomhall@btinternet.com

MODERN PATCHWORK AND QUILTING CLASSES

I am running patchwork and quilting classes on Martlesham Heath suitable for Beginner and Intermediate sewers. The classes are from 9.30 to 4.30 and cost £20. You will need to bring a packed lunch and your sewing machine.

My next class will be on Friday 6th March when we will be making cute Easter Chicks who hold a surprise crème egg!

On Friday 13th March we will be learning a design called 'Cut-Up 9-Patch' which can be made into a cushion, a table runner or even be the start of a lap quilt. It is a simple design which, when complete, looks like it was much more complicated to do – very impressive to show to others! It is suitable for beginners and sewers with a little experience.

The next class for beginners will be on Saturday 14th March when we will be making a cushion cover. There are several designs and you will learn to use a rotary cutter and sew perfect seams!

Later on in the month we will be making a log cabin wallhanging which is suitable for intermediate sewers.

If you would prefer to come to an evening quilting group where you can bring an unfinished item you would like help with or start something new or just come for a chat, the next dates are Wednesday 4th March, Wednesday 18th March and Wednesday 1st April, 6.30 to 9.30pm, £5, including refreshments. You don't have to have been to my classes to join in!

If you would like further details then please contact me, Gillian Strange.

Tel: 07708258765

Email: gillian_strange@talk21.com

NO MORE FEAR

The recent news seems to be full of items discussing why people have a fear of speaking in public to any size audience. A survey in schools just last week found pupils apparently fear more than anything else standing up in class talking or presenting on any given subject.

If one of your goals for 2015 includes overcoming a fear of speaking before groups or to improve your leadership skills, then you need to come to learn more. The one thing is for certain it is a skill that can be quite easily learnt. Just a few practice sessions in front of a supportive audience can work wonders.

All this and much more can be experienced by going to one of a number of local speakers clubs in this area. Just come along for an evening to observe and see whether you can see the benefit of such a meeting. Meetings take place every 2 weeks for about 2 and half hours with a club membership of around 15/20 members.

Guests are always very welcome at our meetings and can take part or sit back and watch the proceedings.

If you would like to become more confident speaking before an audience come and meet us in the Richards Room, Martlesham Community Hall, Felixstowe Road, Martlesham, Woodbridge, Suffolk. IP12 4PB. We meet every other Thursday at 7.00 pm for a 7.15pm start and finish at 9.30 pm.

Meeting dates: 12th February, 26th February, 12th March, 26th March.

Phone Brian Wilcox on 01 473 658 496 for more detail

<http://www.speak-easy.org.uk>

THE WEDNESDAY WOOLLY WONDERS

If you enjoy knitting or would like to learn or share your skill, the Wednesday 'Woolly Wonders' will be meeting in the scout HQ, next to St Michael's Church centre, 10-12, 11th and 25th March. We are a friendly group who have now been meeting for 8 months. You can participate in group projects or bring your own to share. We have supported many charities since June. The Lighthouse Project in Ipswich, a school for deaf children in Rwanda (which has resulted in local women there forming their own knitting group), AgeUK, Suffolk, and Help for Heroes are just a few of them, as well as sharing our skills and forming new friendships. We have also enjoyed a spinning demonstration and a trip to Hobbycraft in Chelmsford last month.

£2 each per session includes coffee/tea and biscuits and a donation to the scouts for use of their HQ. We look forward to seeing you.

BRUSHSTROKES ART GROUP

The Art Group has changed venue from St Michaels Church annex to the side room in the main church, if the church is in use then we meet at 28 Westland...but still the same time and happy bunch of people!

If you would like to keep your hand in arts and crafts and need to set aside some time to do it regularly, with company, then join us. We meet fortnightly on a Thursday at 7.30pm and have occasional workshops and demonstrations. Our last demo evening was with talented Claudia Myatt who showed us her methods of watercolour and ink, we are looking to do another workshop on acrylics soon.

For more information please contact Sue Sharman 01473 610474 - email susannah.sharman@btinternet.com

FLAUNT YOUR FLOWERBEDS FOR ST ELIZABETH HOSPICE

Green-fingered supporters are needed to open their gardens to the public from May to September, in aid of St Elizabeth Hospice.

By opening your garden for one morning or afternoon this summer you can make a difference and help St Elizabeth Hospice continue to improve life for over 2,000 local people living with a progressive illness every year.

St Elizabeth Hospice is looking for a wide variety of displays. So whether your garden is traditional or contemporary, tranquil or tropical, cosy or large, why not invite others to admire your horticultural skills whilst raising funds for your local Hospice? You could even get the entire village involved, with the whole community opening their gates and sharing their glorious gardens with the public.

If you would like to open your garden this summer, or for more information, please call 01473 723600 or email fundraising@stelizabethhospice.org.uk

St Elizabeth Hospice is an independent charity which provides services free of charge in East Suffolk and South Norfolk. The Hospice costs millions of pounds a year to run, and relies on donations, fundraising and gifts in Wills to meet the majority of these costs.

"CRUCIFIXION" BY JOHN STAINER

at St John the Baptist Church, Main Road, Campsea Ashe IP13 0JH

on Good Friday 3rd April 2015 at 7:00 pm
The Gippeswyk Singers Chamber Choir conducted by Geoff Lavery are performing the "Crucifixion", a beautiful and moving choral work by Sir John Stainer (1840-1901) which vividly portrays the events of Christ's crucifixion. Similar to the Great Passion settings of Bach, it was first performed in 1887 and combines recitatives, solos and choruses around the ethereally beautiful centrepiece meditation "God So Loved the World". It also contains 5 specially written hymns to be sung by the congregation and is a dramatic and fitting piece for Good Friday.

Soloists are Gill Peck (Soprano) and Graeme Ludwig (Bass) with Peter Clayton (Organ)

Admission is free with a retiring collection.

WOMEN'S WORLD DAY OF PRAYER SERVICE

To be held at St Michael's Church
Centre at 10.30am.

Theme: Jesus said to them " Do you
know what I have done for you?"

The service has been prepared by the
Christian women of The Bahamas.

Other services locally.

St John's Church Woodbridge at 2.0pm

St Andrews Church Melton at 7.30pm

All welcome.

Mothering Sunday

This year Mothering Sunday is celebrated on 15th March. The date varies because it is always the fourth Sunday of Lent and as Easter varies (Easter Sunday is the Sunday after the paschal full moon which is the first full moon after 20th March if you are interested, I know you aren't) so Lent varies.

Celebration of Mothering Sunday in England dates back to the 1600s. Many years ago it was considered important for people to return to their home, or mother, church once a year and the custom developed of this happening on the fourth Sunday of Lent. The return to the mother church came to be a time for family reunions when children who were working away from home returned home. It was common at that time for children to leave home and start work as young as ten years old, many being household servants or apprentices living in the home of their employer. They would be given a day off to return to their mother church and their mother. On the way they would often pick wild flowers. Others would be given a rich fruit cake baked with marzipan in the middle, simnel cake, made by the cook of the big house for the child to take to their mother. People who were fasting during Lent often kept the cake until Easter Day hence the tradition of simnel cake at Easter.

Today Mothering Sunday is more often marked by commercial cards and – if you are lucky – breakfast in bed. It is however a good time to remember with thankfulness all that our Mothers do, or did, for us. For some that will be an adoptive mother or a relative other than a birth mother but whoever it was who:

Comforted you when you were a sick toddler

Was the only parent standing in the rain cheering the junior football team

Bit their lip when you dyed your hair green

Still turns round in the supermarket when someone says, "Mum"

Knows they do the most important job in the whole world

The Bible says, "Many women do noble things but you surpass them all." Mothering Sunday is a good day to say, "Thank you, Mum."

Tricia Shuler

Vicar

BRIGHTWELL CHURCH

With spring just around the corner, at Brightwell Church we are beginning to feel rejuvenated by the prospect. As usual we will be joining with other churches around us with the series of Lenten Evensongs. This year the circle has been widened to include Services at Nacton, Levington as well as those formerly in the Waldringfield Benefice. Meanwhile Weekly Services continue with 8.00am Holy Communion on 8th and 22nd March but there will be NO EVENSONG at Brightwell on 15th March (at Hemley) and 29th March (Waldringfield)

Brightwell Men in Sheds will continue to meet in March (12 and 26th) and new members are always welcome.

For information on any of the above points contact-
Geoff Lambert PCC Secretary 01473624130
brightwellchurch@btinternet.com

AGE UK SUFFOLK'S FORGET-ME-NOT TIME OUT

Age UK Suffolk holds Forget-Me-Not 'Time out' around the county to offer a social time to those with dementia, or memory problems, and their carers. The Forget-Me-Not 'Time out' in Martlesham is held at the Martlesham Bader Court and is called Relax and Reminiscence ('R&R'). The event is an open afternoon to relax, socialise and reminisce about past memories. Which may include Music The club is held every second Tuesday of the month. The starting time is 2pm and finishes at 4pm. The cost is £2.00 which goes towards the tea and cake that is provided.

For more information, please contact Vicky Hutchinson, Age UK Suffolk's Dementia Community Development Officer, on 07841 460379 or email
Vicky.hutchinson@ageuksuffolk.org

HOME-START SUFFOLK COASTAL



Could you be a Home-Start Volunteer?

Home-Start Suffolk Coastal is a charity which provides support to families in the Suffolk Coastal and East Ipswich area. We support families who have at least one child under 5 and for whom life is an uphill struggle. Over the past year we have supported over 140 families for many different reasons including families where there is illness or disability, families experiencing mental health issues or feeling isolated and families who have twins or triplets.

Support is provided by volunteers who are parents themselves or have parenting experience. Before visiting a family, volunteers attend a preparation course to look at their own experiences and cover subjects such as child protection and local facilities for young families. They are then matched one to one with a family to offer whatever help is needed, a confidential listening ear, an extra pair of hands and eyes, time to spend with the children or support through a difficult time. All volunteers will have an enhanced DBS check.

Once matched with a family, volunteers receive ongoing support, training and expenses.

We offer either a one week course (Mon-Fri) or a course which is held one day a week over a 9 week period. Courses are run term time only.

If you would like to find out more please ring Louise or Sarah at Home-Start Suffolk Coastal on 01473 621104 or visit www.homestarteastsuffolk.org.uk or email office@homestartcoastal.co.uk

**Building
God's
Family
Together**

THE CHURCH IN MARTLESHAM & BRIGHTWELL

PARISH MINISTER: The Revd Tricia Shuler 17 Lark Rise Martlesham Heath IP5 3SA
01473 612659

CURATE: The Revd Margaret Rittman Woodlea The Street Martlesham 07914 771061
(working days: Sunday, Wednesday, Thursday)

READERS: Carolyn Smith 74 Heathfield, Martlesham Heath.
Malcolm Rittman, Woodlea, The Street, Martlesham

ELDERS: Margaret Rollins 9 Angela Close, Martlesham. 01473 623868
Liz Welham 23 Deben Avenue Martlesham Heath. 01473 622709
Lynn Wilder Kenton Nr Debenham. 01728 860627

Services for the Month	Martlesham Heath St Michael's	Martlesham St Mary's	Brightwell St John's
Sunday 1st March	9.45am All Age Service	11am Holy Communion (Prayer Book)	8am Holy Communion
Sunday 8th March	9.45am Holy Communion with Junior Church	11am Morning Worship	6.30pm <i>Evensong at Levington</i>
Sunday 15th March	9am Breakfast@9	11am Holy Communion	8am Holy Communion
Sunday 22nd March	9.45am Holy Communion with Junior church	11am Morning Prayer	6.30pm <i>Evensong at Nacton</i>
Sunday 29th March Palm Sunday	9.45am Benefice Holy Communion with Junior Church		
Friday 3rd April		11am Hour at the Cross	6.30pm Hour at the Cross
Sunday 5th April Easter Sunday	9.45am All Age Celebration	11am Holy Communion	8am Holy Communion
Midweek Services	Holy Communion each Wednesday at 10 am in St. Michael's. A warm welcome awaits you at all our services		

March Prayer Diary Please include the following as an addition to your daily prayers

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| <ol style="list-style-type: none"> 5. The residents of Carlford Close 6. Women's World Day of Prayer and the women of The Bahamas 7. Give thanks for the gift of music with Martlesham Brass and local music groups 8. Give praise to God on the first day of the week 9. Bright Stars for children & carers 10. Lent lunches and our lent meditations 11. The residents of Carol Avenue 12. Those residents who are housebound 13. Give thanks for the gift of creativity and local art & craft groups 14. The shops and staff in our community 15. Give thanks for all mothers on Mothering Sunday 16. All local youth clubs, Scouts and Guides 17. Those struggling with illness or loneliness 18. The residents of Chandos Court 19. For primary school children as they experience the Easter Story in St. Michael's church 20. Give thanks for the gift of food and pray for local pubs and cafes | <ol style="list-style-type: none"> 21. All teachers & school staff as they reach the end of the school year 22. For the church communities as they meet to worship God 23. Give thanks for health and fitness and local sport and exercise groups 24. District & Parish councillors 25. The residents of Chandos Drive 26. Those who volunteer to maintain heathland and woods 27. The children and staff in nurseries and playgroups 28. Give thanks for marriages and pray for those in difficulties 29. Remember Jesus Christ at the beginning of Holy Week 30. All families, for fun and safety in the school holidays 31. Those facing redundancy <p>April</p> <ol style="list-style-type: none"> 1. The businesses and employees in our community 2. On Maundy Thursday pray for those struggling to make ends meet 3. On Good Friday remember how much God loves us 4. For peace & joy through the holiday weekend |
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